The National Champion Baylor women’s basketball team visited the White House April 29 and met with President Donald J. Trump.

The Lady Bears captured their third national title on April 7 with a thrilling 82-81 win over Notre Dame in Tampa, Fla. With the win, Baylor became just the third program to claim three national championships, joining UConn and Tennessee.

This was Baylor head coach Kim Mulkey’s third trip to the White House. Mulkey and the Lady Bears previously met with President George W. Bush in 2005 and President Barack Obama in 2012.

Baylor President Linda Livingstone and first gentleman Brad Livingstone accompanied the Lady Bears on their trip.

The team visited the Washington Monument, Lincoln Memorial and the Martin Luther King Jr. Memorial as a part of the trip.

At the White House, the Lady Bears were served a selection of food from McDonald’s, Wendy’s, Burger King and Chick-Fil-A.

Baylor went 37-1 this season, with its only loss coming to Stanford on Dec. 15. The Lady Bears were led by All-American senior center Kalani Brown, who was selected No. 7 overall in the WNBA Draft.

Final Four and National Championship games, was selected No. 15 overall in the WNBA Draft.

The Lady Bears return three starters for the 2019-20 season, including Big 12 Defensive Player of the Year Lauren Cox, as they look to defend their title.
Students explore new majors

MADALYN WATSON
Staff Writer

For freshman of fall 2018, only 2.1 percent of students entered Baylor as undecided majors, according to the Baylor University Institutional Research and Testing profile of first-time freshmen. However, that doesn’t mean all other Baylor students stick to the major they enter with. As of December 2017, about 30 percent of undergraduate students change their major during their first three years of college, according to the U.S. Department of Education.

Los Angeles sophomore Eric Albano made the decision to switch from interior design to the pre-business track at the end of his freshman year. “If I pursued interior design, art would kind of turn into a chore rather than a hobby, and I think it would be more fun as a hobby, rather than having to be forced to produce something. The art related to my job would turn very formulaic. I don’t think it would be fun for me at all,” Albano said.

Albano’s father owns an apple orchard in the Central Valley of California. He explained that getting a degree in business means he could possibly take on roles such as a farm manager, working beside his father in the family business.

“I worked [for my dad] over the summer thinning trees in the orchard. The people who I work with are very interesting. They all come from different backgrounds — most are not from the United States; most are from South America,” Albano said.

Dallas junior Folaké Obasanya said she was inspired to switch from double majoring in sociology and journalism to majoring in social work. “Specifically with sociology, I did not like the lack of job security for after college because that was a big fear of mine and my mom, so I [added] journalism,” Obasanya said.

Obasanya had an internship with Sunshine Gospel Ministries in Chicago, where she worked with kids in impoverished communities. During a train ride that summer, she complimented a woman’s tattoo of a bicycle, and it changed her path at Baylor.

“She was telling me that she was a social worker. I was like ‘social worker?’ I’ve kind of heard of those, but she was specifically a litigator, or she was working to be a litigator. And [she said] ‘Yeah, I’m just really passionate about social justice,’ and I was like, ‘Wait, I am really passionate about social justice,’” Obasanya said.

She looked into social work as a major when she returned to Baylor and realized it was what she wanted to do for the rest of her life.

Houston junior Karin Simpson began her college education with three semesters at Houston Baptist before transferring to Baylor University last year as a health science studies major with a pre-physical therapy concentration. At the start of this semester, she changed her major to sociology. Simpson explained the reason she decided to change her academic path was because she realized she was not as passionate about the profession as she thought she was before.

“I realized that the people around me who wanted to do physical therapy were actually out there actively shadowing physical therapists and excited about it, and I was just sitting at home and fine. I didn’t really care that much, or as much as I thought I did. It didn’t bother me that I wasn’t shadowing physical therapists, and I think that was definitely a big, red flag. I realized that I don’t think that’s for me,” Simpson said.

After taking a sociology class at Baylor, Simpson not only realized there were similarities between the two fields — that they both help people — but also that she felt a stronger tie to the subjects discussed in her sociology classes than in her health science classes.

“I am happier in this major. I enjoy sitting down in the classes and being like, ‘So tell me more,’ or ‘What is going on?’ Like I enjoy going to the classes,” Simpson said.

Obasanya had some advice for other Baylor students who may be in a similar position.

“If you feel like you want to change your major, just do it. Give it some time, pray about it or get some guidance from other people. Everything will work out,” Obasanya said.
Baylor students share what makes classes great

When a typical Baylor student goes through four semesters of college classes, it's inevitable that many pass through the mind and become forgettable. Only a few stand the test of time. Only a few become classes the student will remember going forward.

Wichita, Kan., junior Julia Rogg said her favorite class at Baylor was Social Dance, which is taught by Regina Nix. "My arm was in a sling for the beginning part of the semester, and Professor Nix took the time to encourage me and make me feel known. I love when classes bring relaxation and joy, and that's exactly what she brought to the equation," Rogg said.

Rogg said teachers that genuinely care about their students' feelings and success are what change a class from good to great.

Citing other reasons, Kansas City, Mo., junior Madyson Quest said World Cultures was her favorite class at Baylor because of the class discussions. "My favorite class was World Cultures with Dr. [Lynn] Tatum, because it was eye-opening to understanding cultures that I knew absolutely none about. It was an open discussion-based class that was honest about big topics such as Islam," Quest said.

While many students agree that discussion-based classes are more engaging, many students disagree on structure dynamics within a class. Depending on a student's personality, different types of teachers are enticing. "The professor was loony. Not his personality necessarily, but the structure. I like that in a professor," Quest said.

A free-spirited student might prefer a less structured class environment, because it takes the pressure away of being exact. However, a more structured student might get anxiety from the same setting. Rogg has strong feelings about disorganization within a classroom. "I hate a disorganized professor," Rogg said. "It adds to the stress of the class."

Denver junior Mykenna Nichols says she dislikes when professors think they are motivating students by discouraging them. "I've had a really terrible experience with a professor in the sciences, and he does this. It gave me major anxiety during tests because he would say, 'I can stare at all of you and see who is going to be a doctor based on the way you take a test.' It just feels super condescending, and no one can work well under those conditions within a classroom," Nichols said.

Extreme negative and positive elements of a classroom often reside in a student's memory best. Nichols said that while she has had a few tough professors, many were life-giving and exciting to be around. She is thankful for Baylor's professors and the motivating atmosphere that often resides within the school's halls.

HIT THE BOOKS With one semester coming to a close, another soon follows. Students across campus describe what classes stood out to them in both good and bad ways.
Faith Animating Baylor and Beyond

The Institute for Faith and Learning was founded in 1997 to assist Baylor in achieving its mission of integrating academic excellence and Christian commitment and its goal of becoming a university of the first rank committed to its Baptist and Christian heritage.

Our work includes…

**Forming Students**
- Crane Scholars Program for undergraduates
- Conyers Scholars Program for graduate students

**Fostering Faculty Development**
- Communio: A Retreat for Baylor Educators
- Forming Character in the Classroom workshops
- Character Across the Curriculum initiative

**Cultivating Faithful Scholarship**
- Medical Ethics Seminar
- Baylor Symposium on Faith and Culture, “The Character of the University,” October 17-19, 2019
- Bill and Roberta Bailey Family Lecture in Christian Ethics

Lifestyle website Buttoned Bears connects students with creativity

**BRIDGET SJOBERG**
Staff Writer

Created by three Baylor students who had the idea to promote fashion in the campus community, lifestyle site Buttoned Bears has grown into a popular online space for students to express themselves creatively.

Buttoned Bears posts articles three to four times a week with topics ranging from fashion to lifestyle to Waco eats and just about everything in between. The site also has a section titled “So Hot Right Now” that features a different Baylor student every week and how they incorporate their own personal style into their day-to-day life.

Peoria, Ill., senior Amanda Seaboch serves as the Editor-in-Chief of Buttoned Bears and appreciates how the site encourages students to be comfortable with expressing their own unique style in what they wear.

“I firmly believe that you can wear anything as long as your wear it with confidence,” Seaboch said. “The confidence with which people wear clothes is what makes it stylish. If you like something, then that’s your style and you should be confident in that.”

On a campus where T-shirts and Chacos are the norm, Seaboch sees Buttoned Bears as a place for students to find clothing and lifestyle inspiration that stands out from the crowd.

“For Baylor, when you walk on campus a lot of people look the same- a lot of people stick to pastel Comfort Colors t-shirts and Nike shorts,” Seaboch said. “There's nothing wrong with that if that's what you like, but for others, what they wear can be a way to distinguish themselves and show personality through their clothes, and that's OK too.”

Buttoned Bears also plans a Pop-Up shop every year, providing a market environment for vendors from Waco and surrounding areas to sell and showcase their products. Live music and food are also typically included.

One of Seaboch’s favorite aspects about working with Buttoned Bears is spending time with and bouncing ideas off of her team of writers, editors and photographers.

“We all share the vision that we want this to be fun — we don't want it to feel like work,” Seaboch said. “It's awesome seeing so many different people from various years and majors that have the same thing in common that's unique and different. I love the creative energy everybody has.”

Seaboch said the best way to stay connected to Buttoned Bears is by reading the content on their website, and following @Buttonedbears on social media, especially on Instagram.

“Having a popular fashion and lifestyle site for Baylor students offers more space for creativity and inspiration,” Hanson said. “Buttoned Bears is a good way to get to know the personalities of other Baylor students beyond academics or clubs.”
Since it opened in 2015, the Paul L. Foster Campus for Business and Innovation has offered four stories of study space for students. This spot is especially popular for business students looking to study between classes, but students of all majors enjoy the clean architecture and relaxed ambiance of the business school. The building also offers study rooms that students can use to work on group projects in a quieter setting. For a quick snack or cup of coffee, Au Bon Pain sells sandwiches, pastries and more for hungry students.

Waco weather is notoriously indecisive; one day it may pour rain and the next day will be bright and sunny. To take advantage of those warm afternoons, students often take to Vara Martin Plaza to study. Some lounge on the benches while others tie up hammocks. With campuswide Wi-Fi, students can even study on their laptop while soaking up the sun. The plaza is located outside the Bill Daniel Student Center, making it easy to grab a quick snack from the SUB. In addition, the nearby Rosenbalm fountain offers calming white noise.

Most Baylor students will admit to spending at least one late night in Moody Memorial Library. Complete with ample printers, a Starbucks and a technology support desk, Moody Memorial Library attracts students of all classifications and majors. The building is centrally located at the end of Fountain Mall and includes outside seating for students to enjoy the nice weather while cramming for tests. It has been infamously dubbed Club Moody because students often congregate and bond with their peers as they write essays and review notes.

Open until 1 a.m. most nights, Moody Memorial Library provides a community of hard-working students working on various assignments at all hours.

Where to study on campus

1. **Moody Memorial Library**

   ![Moody Memorial Library](image1)

   Most Baylor students will admit to spending at least one late night in Moody Memorial Library. Complete with ample printers, a Starbucks and a technology support desk, Moody Memorial Library attracts students of all classifications and majors. The building is centrally located at the end of Fountain Mall and includes outside seating for students to enjoy the nice weather while cramming for tests. It has been infamously dubbed Club Moody because students often congregate and bond with their peers as they write essays and review notes.

2. **Vara Martin Daniel Plaza**

   ![Vara Martin Daniel Plaza](image2)

   Waco weather is notoriously indecisive; one day it may pour rain and the next day will be bright and sunny. To take advantage of those warm afternoons, students often take to Vara Martin Plaza to study. Some lounge on the benches while others tie up hammocks. With campuswide Wi-Fi, students can even study on their laptop while soaking up the sun. The plaza is located outside the Bill Daniel Student Center, making it easy to grab a quick snack from the SUB. In addition, the nearby Rosenbalm fountain offers calming white noise.

3. **Paul L. Foster Campus for Business and Innovation**

   ![Paul L. Foster Campus for Business and Innovation](image3)

   Since it opened in 2015, the Paul L. Foster Campus for Business and Innovation has offered four stories of study space for students. This spot is especially popular for business students looking to study between classes, but students of all majors enjoy the clean architecture and relaxed ambiance of the business school. The building also offers study rooms that students can use to work on group projects in a quieter setting. For a quick snack or cup of coffee, Au Bon Pain sells sandwiches, pastries and more for hungry students.

   ![Paul L. Foster Campus for Business and Innovation](image4)

   Students from all majors can enjoy the abundance of tables and chairs when they study in Paul L. Foster Campus for Business and Innovation.

   ![Paul L. Foster Campus for Business and Innovation](image5)

   ![](image6)
Baylor celebrates recent 100 million-dollar donation

An anonymous donor recently made a donation of 100 million dollars to Baylor. The donation was made in response to Baylor's recent Give Light campaign, an effort to raise money to accomplish the university's Illuminate strategic plan. The 100 million-dollar donation is also the largest the university has received to date and will assist in Baylor's goal of reaching 1.1 billion dollars.

President Linda Livingstone said a large portion of the donation will go toward supporting on-campus facilities and matching gifts made by future additional donors.

“The gift will support a couple of areas—there will be some elements that relate to facilities that you'll be hearing more about in the not-too-distant future. A portion of it will also go directly into supporting academic efforts with regards to Illuminate,” Livingstone said. “It will do that through the Baylor Academic Challenge, which is designed to help us create new endowed chairs across our campus. We will match gifts between $1.5 and $3 million — currently on campus we have five chairs that are funded at 2 and a half million dollars or more and this gift will allow us to add around 17 new endowed chairs over the course of the next several years.”

Livingstone sees the donation's assistance to the Baylor Academic Challenge as a way to strengthen the university's Christian mission by attracting faculty dedicated to what Baylor stands for academically and spiritually.

“This will be critical in helping strengthen our Christian mission, certainly as we hire faculty into the endowed professorships over the coming years.”

LINDA LIVINGSTONE | UNIVERSITY PRESIDENT

New university provost Dr. Nancy Brickhouse, who officially assumed her position on May 1, also sees the donation and the Give Light campaign as a way to strengthen Baylor's Christian message and dedication to a variety of departments.

“We have a strategic plan that is remarkable and a focus on our foundational Christian mission, the undergraduate education, elevating research and elevating our performance in both athletics and the arts,” Brickhouse said. “We have an opportunity in front of us with Illuminate—to be a voice in the world, a force for good in the world, a beacon of light for the rest of the world to see, not for our sake but for God's sake.”

Livingstone also hopes the donation helps further Baylor's reputation as a research university by bringing in faculty members dedicated to pursuing research that involves students at the undergraduate and graduate levels.

“Within the aspects of Illuminate, we hope to strengthen the undergraduate educational experience and our research component—as we bring in faculty who are doing significant research, that will strengthen our research endeavors and will give more opportunities for our students, both undergraduate and graduate, to be involved in that research. To have five now, and eventually around 20 endowed professorships, will lead to growth in opportunities for students to work with faculty and strengthen the learning experience and research components, both of which are critical to the goals in Illuminate,” Livingstone said.

Other recent significant donations include $15 million, which will be used to renovate Tidwell Bible Building and a donation to be spent on a new visitors' center on University Parks Drive.
New Student Programs bridges gap for transfers

SAVANNAH COOPER
Reporter

Every fall and spring semester, the Baylor community grows with transfer students. A transfer student is defined by anyone who’s taken academic course credit after their high school graduation date with some exceptions. However, transfer students experience their various transfer experiences at different parts in the year.

Five years ago, Transfer Student Success Center director Joe Oliver became the inaugural holder of the position. He saw a lack of support on campus for students after they get through admissions and welcome weekend activities.

“I was the first person on campus to think through what does it mean to support and care for transfer students once they get here,” Oliver said. “They are wonderful folks in admissions who focused on transfer students, but once they get here how are they supported, cared for and how do we help them out? That’s my role.”

Oliver said his personal affinity for transfer students is so strong because he transferred twice while pursuing his undergraduate degree. Through his experience, he said he knows firsthand how challenging it can be.

According to Baylor Institutional Research and Testing, there were 352 transfers in fall 2018.

Mount Pleasant senior transfer Rachel Fernandez first learned about Baylor when she was in eighth grade. She said the beauty of Baylor’s campus instantly captured her and stayed with her all the through high school when it was time to apply for college.

Fernandez spent a year at Northeast Texas Community College and applied to Baylor as a transfer and was accepted. Her dream become reality.

Fernandez said she found herself in a place of isolation that she didn’t see coming. It’s called transfer shock, the moment when you can’t connect with fellow first-year students because your age and stage in college isn’t reflective of theirs.

“You can’t connect with those who are doing the traditions for the first time because the people you were supposed to do it with have already done it,” Fernandez said.

In the spring 2018 semester, a new program started underneath the transfer student umbrella. Its goal is to help students with each step along the way during their transition. There are three groups: transfer ambassadors, transfer mentors and a transfer event team, with three student leaders overseeing each respective group.

The transfer ambassadors represent Baylor on the front end. They reach out to prospective and incoming transfer students before they arrive, letting them know that someone is on campus thinking about them.

Transfer mentors meet one-on-one with transfer students once they get to campus and support them individually. They meet frequently in the first six weeks of the semester to answer any and all questions, offer help and be a familiar face to hear them out.

The transfer event team plans events to help transfer students with their overall transition to Baylor life.

Fernandez joined this team of volunteers and said she wanted to become the exact person she needed when she first arrived on campus. Through the course of her work, she said she now feels as though she’s become a Baylor Bear.

“It’s seeing my transfer ambassador kids who fully took my advice, got plugged in and are doing amazing, doing successful – that is the moment I was like I’m a Baylor Bear, I was here for these students and I’m the reason that they are not having to struggle like I did,” Fernandez said.
Design Den promotes hands-on learning

In many educational settings, teachers employ a variety of methods and philosophies to transfer knowledge and experience to their students. But a more recent trend in education, called the Maker Movement, is shifting the paradigm and encouraging students to gain knowledge and understanding through their own hands-on experiences. The Mayborn Museum Complex has a space called the Design Den, which is solely dedicated to this educational philosophy, and four Baylor students are interning in the space this summer.

According to Adweek, the Maker Movement encourages learners to tap into their “self-reliance and combine that with open-course learning.” Equipped with the materials they need, learners are encouraged to tinker and experiment with the supplies to reach some sort of conclusion or point of understanding in their own unique way, as opposed to other teaching philosophies that propose a more rigid method of learning with a predefined outcome.

Emily Clark is the Design Den coordinator and leads all of the activities that go on in the area.

“I gather supplies, think of activity ideas, train staff to be stellar maker facilitators and spend time sharing ideas and strategies with other maker educators throughout the museum field and in the K-12 education field,” Clark said.

The Maker Movement has prompted many museums and schools to open areas like the Design Den that promote hands-on, open-ended and collaborative learning.

“We encourage our visitors to learn how to do something new, but also to strengthen their collaboration and communication skills as they work with other visitors. It’s a space built on creative community,” Clark said.

While most of what goes on in the Design Den is geared toward enriching and educating the young visitors who come through the museum, previous interns said they learned just as much through their time in the Design Den. Fort Worth senior Carinna Polley interned in the Design Den last summer.

“What I did was plan activities that were STEM-based for middle-school-aged to elementary-school-aged kids and just encourage them to learn outside the classroom,” Agwamba said.

Beyond the daily activities of working with visitors to the museum, the interns also helped lead several summer camps, which involved more in-depth activities. Agwamba said. With a variety of children coming the museum daily, the interns were tasked with meeting the needs of an array of learning styles.

“I learned about how there are different types of learners,” Agwamba said. “Not all kids learn the same way. That was a great thing to kind of explore as the summer went by. Some kids learn by observance, some kids learn by doing and some kids learn by jumping into it head first.”

The Design Den Maker Internships run from May 28 through Aug. 9.
Rock climber Mac Murchison discusses fear, fun, falling

MAYA BUTLER
Contributor

On Baylor’s campus, the ROCK stands at a proud 53 feet inside the McLane Student Life Center. Here, students, faculty and staff alike challenge their rock-climbing abilities and test their mental and physical fortitude. Baylor also has its own rock climbing club that competes against other colleges across Texas. Dallas senior co-captain of the rock climbing team, Mac Murchison, shares his love for rock climbing and all its unique facets.

How did you get involved in rock climbing?

The honest story is that when I was a senior in high school, I toured a bunch of different colleges, and the first thing that Baylor has when you walk into the SLC on Baylor’s tour is the gigantic rock wall… I had not rock climbed very much before then, but I took one look at it, and I knew that I was going to like that place. So on the very first day of my freshman year of classes, I think I spent four hours at the rock wall, and from that point on, I think my entire freshman year, I spent about at least three to four hours per day, every weekday at the rock wall.

The rock climbing team here accepts people from all different experiences, whether you’re a beginner or whether you’ve been doing it for years. How do you guys help each other work as a team?

We mostly just have everybody do the best that they can. Whenever I go to the climbers preparing for a competition, I’m trying to give them advice on how to get ready for that competition. The first thing I started with at the beginning of the competition season is that they need to remember to have fun. As much as the team exists to compete against other teams, it’s more about the climbing than it is about the winning.

You have to be able to enjoy yourself while you’re doing it. I start with that, but then I figure out what their skill level is. I have them push to the next tier… You don’t make them do training routines, but you might have them try routes that you know you can’t do, because that’s how you get stronger. And the harder you can climb, the more routes you can do in the world, and the broader your climbing horizons will be.

What would you say is the hardest aspect of rock climbing?

The fear of falling is a very, very tough obstacle to overcome. For myself, it’s never been a big problem. But we do have people on the team who are very afraid of lead climbing because the falls are bigger, there’s more potential to get hurt… They know that the rope is going to catch them and keep them safe, but that doesn’t make it any easier… What the mental game is changes depending on the situation; sometimes it can be fear, sometimes it can be being so close to being able to finish a route that you just shut down on the hardest move, which happens a lot with me… You need a certain amount of climbing wisdom to try and get past those things in your head.

What advice would you give for beginners who are interested in rock climbing?

I would tell them to have a respect for the sport. Have a respect for all the things that make the sport possible, that goes from the rocks that exist in the world that we are able to climb… Once you have a respect for those things, just climb as hard as you possibly can.
Snapshots of a year at Baylor

- The Lady Bears basketball team won the national championship on April 8, 2019, in Tampa, Fla. Shae Koharski | Multimedia Journalist
- Baylor Theatre puts on several shows throughout the year. One of the shows from 2019 was "Dear Edwina." Lariat File Photo
- The homecoming bonfire is one of Baylor’s longest-standing traditions. Baylor mascots Bruiser and Marigold celebrate with students on Fountain Mall. Lariat File Photo

Top 5 Baylor traditions

- Fountain hopping
- Running the Line
- Tortilla tossing
- Homecoming bonfire
- Diadeloso

Learn more at www.baylorlariat.com

- Baylor football finished its 2018 regular season 6-6, and welcomed one more win at the Texas Bowl to end the year 7-6. Lariat File Photo
- Freshmen at Baylor get the opportunity to run in the Baylor Line, a time-honored tradition celebrated at every home game. Lariat File Photo
- Students chill out on campus during Diadeloso, Baylor’s annual “day off,” which includes plenty of activities and live music. Lariat File Photo

Homecoming Bonfire 2019
Baylor Theatre productions: Dear Edwina
Baylor Football 7-6
Diadeloso 2019
Run the Baylor Line
Welcome to Waco
10 things every student must do before graduation

There are more things to do in Waco than can be completed in four years of college. But while you’re here, these are the top 10 most crucial experiences every Baylor Bear needs to experience before walking across the graduation stage.

1. Visit the Waco Mammoth National Monument
   This monument is located less than 20 minutes away from Baylor, and the fossils there are the only recorded evidence of a nursery herd of ice age Columbian mammoths, according to National Park Services. Tickets are $4 for students, and the park is open from 9 a.m. to 7 p.m. seven days a week.

2. Attend a concert at Common Grounds
   How cool is it that we not only have a hip, local coffee shop so close to campus, but that the space doubles as a concert venue on the weekends? Tickets for these shows are anywhere from $10 to $25 and can be purchased on Ticketfly.

3. See a movie at the Waco Hippodrome.
   The Waco Hippodrome has been showing films and theater performances for more than 100 years and offers showings of popular films multiple times each day. Waco is a city that’s big on tradition, and it’s always fun to think of Baylor students from a different decade doing the same thing you’re doing.

4. Try a new local coffee shop or restaurant
   This is a really easy one to check off. Waco’s local food scene is very up-and-coming, and there are plenty of places to test out. Some of our personal favorites include Stone Hearth Indian Cafe, Hecho en Waco and Pinewood Coffee Roasters.

5. Have a mental breakdown and/or take a nap in Moody Memorial Library
   Let’s face it: We’ve all had that one impossible class that makes us want to cry or scream or eat a tub of ice cream.

6. Enjoy a play/musical/opera put on by Baylor students
   Baylor’s music and theater students spend hours perfecting these shows, and these performances can be just as fun, if not more fun, than a Baylor football game.

7. Attend a multicultural event
   Baylor is home to more than 40 multicultural organizations, and there is almost always something going on in the Bill Daniel Student Center or on Fountain Mall. Step out of your comfort zone and get to know students who come from a different culture than you. A full calendar of events can be found on the Department of Multicultural Affairs website.

8. Play a game of capture-the-flag (or Frisbee golf, or hide-and-go-seek) around campus with a big group of friends
   Ideally, you’d need a dozen or so people to play any of these games, but aside from getting everyone together, there’s not much planning necessary.

9. Take your favorite professor out to lunch
   Nearly every student can say that they have at least one professor that made a notable impact on them during their time at Baylor. Invite them to Penland Crossroads if you’re balling on a budget, or the Baylor Club if you’re feeling fancy, and make sure to let them know how much you appreciate their role in your life. If you can’t afford a lunch, or maybe don’t have that kind of relationship with the professor, send them a handwritten thank you note.

10. Grab some friends and go fountain hopping
   Students who attend Baylor Line Camp take part in this campus tradition before they’re even technically real freshmen. If you were a Line camper, use this as a chance to re-connect with the people you met that summer, and if you didn’t make it to Line Camp, now is your last chance to enjoy the various fountains around campus.
Hey Sugar satisfies Waco’s sweet tooth needs

“"I really like when people come in and they’re looking for something really specific and we have it,”’ Coleman said. “Something that they’ve looked for forever or that’s nostalgic that they haven’t seen since they were young or a kid.”

Hey Sugar also has its own brand of homemade ice cream. To mix it up, customers can purchase any soda from the soda room and have a float made with an ice cream flavor of their choosing. The ice cream bar also offers malts and sundaes.

Unfortunately, Hey Sugar is currently out of the unique chocolate-covered bacon treat that Coleman said was the most interesting thing in the shop.

“A lot of people would come off of the Waco tours and the Trolley and automatically ask for the bacon,” Coleman said. Although the bacon isn’t available, more adventurous and experimental customers might try the barf and pickle sodas which are still available, according to Coleman.

A Waco native, Coleman says her favorite part of working at Hey Sugar is meeting new people and interacting with customers from around the world. She said she has seen Waco grow tremendously in the past few years and says the growth is good for business.

“We get a lot of tourists. So I get to meet people from different countries. People come here from Australia, Canada,” Coleman said. “We’re not their prime destination. It’s mostly for Magnolia. But we’re one of their other stops.”

Tourists aren’t the only ones that might enjoy Hey Sugar. According to Coleman, Baylor students often come in to take pictures or hang out in the soda room.

Burbank, Calif. Senior Tenley Patterson said she goes to Hey Sugar for photo shoots with her friends. Patterson’s favorite photo prop is a lollipop.

“It’s a fun place for pictures because it’s so colorful,” Patterson said.

There is currently no student discount at Hey Sugar, but according to Coleman, one could be on the way.

“We’re trying to implement [a student discount] and maybe a rewards system, like a punch card,” Coleman said. “That’ll be in the works.”

Coleman said she hopes that students who may call Waco home for four years might still be drawn to the store.

“A lot of Baylor students aren’t from Waco, so they’re ultimately tourists too,” Coleman said.

The Waco location of Hey Sugar will have its three-year anniversary in May.

“We have all new management so if people come in now it’s even better than before,” Coleman said.

Hey Sugar is open from 11 a.m. to 8 p.m. Sunday through Thursday and 11 a.m. to 10 p.m. Friday and Saturday.

Learn more about our program at: baylor.edu/ccms
Local Tonkawa waterfall offers relief from heat

ADRIENNE REDMAN
Reporter

Students needing a break from the Waco sun this summer may find Tonkawa Falls, located in Crawford, a great spot to cool off.

York, Pa. senior Magdalayna Drivas has been going to Tonkawa Falls since her freshman year. Drivas said she saw a picture of the swimming hole on Instagram and thought it “looked like a fun spot.” Not having her own car, Drivas convinced her friends to take a day trip. She said she ever expected to find a hidden oasis just 30 minutes from campus.

“I honestly wasn’t expecting it to look like [the picture],” Drivas said. “But it’s actually really pretty.”

According to the Waco History website, Tonkawa Falls gets its name from the Tonkawa Indians who lived in the area for centuries. However, increasing numbers of settlers eventually drove the Tonkawa off of the land and forced them to relocate to reservations in Oklahoma where their descendants still live today.

Today, Tonkawa Falls is a popular swimming hole with large waterfalls and cliffs. Austin senior Eliana Rodriguez said that she’s seen visitors jump from the cliffs into the water.

“I’m afraid of heights,” Rodriguez said. “So I’ve never done it, but my friends do it every time we go.”

For students like Rodriguez, there are plenty of other things to do at Tonkawa: climbing the waterfall, taking a dip in the water that flows from the falls to the Bosque River or just lying in the sun. Visitors can have lunch under one of the pavilions, and then take the stairs down to the swimming area. Rodriguez suggests binging a blanket to sit on while hanging out by the water.

Four-legged friends are also allowed in the park, but food and drinks are not allowed near the swimming hole, Rodriguez said. For visitors wanting to pack lunch, there are picnic areas above the falls.

According to Rodriguez, future visitors may want to call ahead before making the drive to Crawford. Late last summer, Rodriguez and her friends drove out to Tonkawa, but once they arrived the water levels at the falls were “too low for swimming.”

“They posted signs that the park was closed,” Rodriguez said. “We were so disappointed because school was about to start.”

The Tonkawa Falls Facebook page posts updates for the park, including information about water levels. According to the page, the best time to visit the park is early summer, just after the rainy season. Another way to check if the park is open ahead of time is by calling Crawford Chamber of Commerce.

The park also offers a campground for RV’s and tents, starting at $10/night per tent, according to the Facebook page.

For students looking for adventure, relaxation or just a break from summer classes, Tonkawa Falls is a great option just outside of Waco.

“It’s really been one of my favorite memories from Baylor,” Drivas said.
Welcome to Waco
Dear incoming freshmen and visitors,
Welcome to Waco! We’re glad you’re here, and we hope you enjoy all that our city has to offer. You can experience everything here, from eating at amazing restaurants to seeing beautiful works of art to getting out and active with the community.

To: Incoming Freshmen and Baylor Visitors
One Bear Place, Waco TX 76798
Sic’em Bears!

Shae Koharski | Multimedia Journalist
LOVE AND LUNA This juice bar blends fresh fruit juice and also supports victims of sex trafficking with its proceeds.

Claire Boston | Multimedia Journalist
BAKED GOODS Owned and run by a Baylor alum, Lula Jane’s serves the best home-baked treats in town.

Claire Boston | Multimedia Journalist
CULTIVATE The newest gallery in town, Cultivate 7Twelve offers different collections for viewing every month.

Claire Boston | Multimedia Journalist
1,000 HOPES Waco was gifted with a new mural this fall, painted and designed in collaboration with Waco ISD.

Claire Boston | Multimedia Journalist
FRIENDLY Baylor PD and Waco PD host several events to connect with students and the Waco community.

Claire Boston | Multimedia Journalist
HIKING Cameron park hiking trails are now offering guided tours with park rangers.

Claire Boston | Multimedia Journalist
COMMUNITY Waco offers a First Friday event where stores in town offer discounts and sales on the first Friday of the month.

Take advantage of the adventure, and find the Wack in Waco!
The Baylor Lariat
On a Christian campus like Baylor, it’s common for students to embark on mission trips to countries around the world or spend their time leading a summer camp. Although these activities are often fun experiences, they are also composed of hard work on a day-to-day basis.

It’s common to see social media posts about volunteering on a trip or working a camp and to notice smiling faces and people playing with cute kids. These types of experiences often do involve fun interactions with kids, but they can also require manual labor, long hours and a strong mindset.

Lone Tree, Colo., sophomore Cassidy Campbell has spent three summers serving on mission trips in Nicaragua and said the experience on these trips can often be different than what people may perceive on social media.

“Going on a mission trip really requires being prepared for anything because it’s not an easy thing to go through,” Campbell said. “I would never want anyone to go into a mission trip just wanting to take cute pictures with kids and post them on Instagram — if that is where anyone’s heart is, they shouldn’t go because there is so much more to these trips that isn’t posted about.”

Campbell stayed in a compound while in Nicaragua that included a church, the pastor’s house, an orphanage, a school, basketball courts and small houses for volunteers to stay. She described the day-to-day service work as a rewarding experience but also one full of long hours, requiring stamina.

“While the kids were all at school in the mornings, we would work on a service project — the first year I went, we worked on a basketball court for the orphanage and the other years we made a huge cement wall to cover the entire compound because it’s in a bad area. We made cement and worked to build the wall up — it was great seeing the process through the weeks we were there and after coming back a year later,” Campbell said. “After the morning, we would keep working on the project or go to the dump, feeding center, hospital or prison.”

Campbell said that volunteers would serve food to families scavenging near the dumps or provide meals to and play with children at a center where thousands of kids would receive their one served meal a day. If volunteering at a hospital or prison, they would also serve food, as she said those staying don’t receive food unless their family or outsiders bring them something.
Acai bowl, smoothie business to open this summer

BRIDGET SJOBERG  
Staff Writer

Mamaka Bowls, a popular California-inspired acai bowl and smoothie shop from Arkansas, is opening a second location in this summer, and it just so happens to be in Waco.

Mamaka was founded by mom-daughter duo Carrie and KK Hudson, who opened their first storefront in Fayetteville, Ark. in May 2018. Originally from the Dallas area, KK Hudson said she is excited to bring Mamaka to Texas, particularly in a college town like Waco.

“Whenever we realized that we could open a second store, we really wanted to be back in Texas since it’s where my family is from,” KK Hudson said. “My dad and I went to Waco back in December of last year and fell in love. There’s so much personality there and it felt similar to how Fayetteville is for us. There are also so many small businesses and the people are amazing—everyone we’ve interacted with is so kind and helpful. We also love the college town world and are excited to be close to a campus.”

Mamaka Bowls sells both acai bowls and smoothies, and Hudson sees the shop’s unique granola recipe and thick base consistency as two factors that make their bowls stand out.

“We are super transparent with all of our ingredients—everything listed on the menu is all that goes into the bowls,” KK Hudson said. “For our bowls, we use completely frozen fruit and nothing has any added sugar and we don’t add yogurt. The bowls are also super thick—we make them as close to an ice cream consistency as possible so you don’t feel like you’re eating a smoothie. Our granola is also to die for—my mom came up with the recipe.”

Despite their storefront opening just one year ago, Mamaka Bowls truly began when KK Hudson was in high school. She spent summers with her family in Laguna Beach, Calif., and loved the acai bowls and beach culture.

“We came back to Dallas at the end of summer and felt like there was nowhere that had acai bowls,” KK Hudson said. “During the start of my junior year of high school, I didn’t want to go a whole school year without an acai bowl so my mom spent time in our kitchen coming up with a granola recipe and an original base.”

Her mom began delivering homemade bowls to her in high school and her friends and other students began to notice the bowls and request them as well. From there, a small delivery business began during KK Hudson’s high school lunches, continuing for a year. KK Hudson restarted Mamaka again while attending the University of Arkansas by making and delivering the bowls from her house.

“I made a website and was going to have my friends start ordering online to come pick up at my house. Two weeks into the summer, I began having moms, daughters, high schoolers, middle-aged men and just a lot of people ordering online and showing up at my door to pick up a bowl,” KK Hudson said.

“Towards the end of the summer my mom and I realized we need to do this legitimately and stop making bowls out of our houses. We began looking for spaces and fell upon our location in Fayetteville.”

KK Hudson said that the new Waco shop will have a similar design and feel as the store in Fayetteville to create consistency between the locations.

“We fell in love with the design of our first space and researched a ton on what we wanted it to look like,” KK Hudson said. “We want to keep the Waco shop consistent, so it will probably look similar. We’ll have garage doors and swings in the front and keep blue floors with a bar counter where you can watch people make everything.”

Laguna Beach, Calif., sophomore Ashley Shelton is excited for a place in Waco to serve bowls inspired by southern California with healthy ingredients and toppings.

“When I found out another acai bowl place was opening I got super excited—acai bowls are probably my favorite taste of home in California,” Shelton said. “I also love the fact that the idea for Mamaka Bowls originated around Laguna. There are so many delicious and trendy food places in southern California, but Laguna is especially known for their acai bowls and small-town health kick.”

Mamaka Bowls will be located at 215 S University Drive, on the opposite corner of Fuzzy’s Taco Shop.
Buzzfeed Waco article garners mixed reviews

EMMA WHITAKER
Reporter

Since the publication of the Buzzfeed News article “'Fixer Upper' is Over, but Waco's Transformation Isn't,” the Baylor community and Wacoans have both positively and negatively responded. The article criticized Magnolia, Antioch Community Church, Waco Tours and other Waco developments.

The article was written by Anne Helen Petersen, a senior culture writer for BuzzFeed News. In the article, she said she has always been impressed with Chip and Joanna Gaines' home renovating dynasty, which she witnessed through the HGTV show Fixer Upper (2013-2018).

Petersen said Waco is more than what meets the eye on public television. She also said she noticed the issue with gentrification in Waco, which is renovating or rebuilding a community so that it conforms to middle-class needs, often at the cost of lower income families and people.

"There is, after all, a Waco that you don't see on 'Fixer Upper' — a Waco that's over 21% black, over 32% Latino and where 26.8% of the city lives beneath the poverty line," Peterson said in the article.

While some people in the Baylor community don't agree with Petersen's arguments, Colorado Springs junior Megan Peck, who works for Waco Tours, agrees with the writer.

"Often I feel like there is a white savior mentality here in Waco — this idea that a neighborhood is struggling until the white comes with big business and makes the place oh so much better," Peck said.

Petersen says the growth of Magnolia has resulted in gentrification within Waco because the leadership roles within Waco community come from Antioch Community Church, where the Gaines family attends. However, Dr. Charles Ramsey, Baylor Baptist student ministries director, said the article seemed unfair to Antioch.

"Antioch seems to have more blending than most churches within the Waco area. I have seen the pastoral staff. One of the senior pastors is African American, Vincent Carpenter. One of their college pastors, Olayinka Obasanya, is African American. They have a female pastor, Madison Echols. They are doing a lot better than so many other churches at blending within their actual leadership within the congregation," Ramsey said.

On the other hand, Peck said she stands by Petersen and challenges churches like Antioch and other organizations to make diversity not just a priority, but the priority.

"It's pretty obvious that Waco is segregated. I'm always surprised by people that slap my shoulder and congratulate me for caring about 'social justice.' Do you not read the Bible? Jesus equals justice. You can't say you love Jesus and not have justice on the top of your priorities. Justice is literally his heart," Peck said.

The article also dives into the poverty gap between Baylor's side of the Brazos river and East Waco. Petersen interviewed Andrea Barefield, the Waco City Council Member who represents a district that includes East Waco. Barefield is quoted in the article saying she found that the business development is often owned by white men.

"No one's saying don't grow, but you have to do it intentionally and thoughtfully and through a lens that acknowledges the layers of systemic racism that led us to this moment. How the government controlled which types of people got access to houses, to business ownership, to everything. You have to unpack all that, understand all that. And don’t be offended if I don't trust you," Barefield says in the article.

Cairo junior Dareen Habashy said she doesn’t find the article helpful in solving these types of problems in Waco. She said she has many friends who anguish over the issue of diversity within Antioch, but the article vilifies people, which causes people to become defensive, instead of actually creating meaningful conversations.

"I don't know if anything beneficial will come from the article," Habashy said. “With things involving the church, many people need to realize these kind of issues on their own terms. It affects people in a deep way that you can't simply understand from an article."

However, Peck said she believes the article started a good conversation. Peck said she wants to formally apologize to the people in Waco because of the hurt that could be caused from the church.

"Church communities don't realize the part they often play in enabling racism. Just because you're not adamantly being racist, doesn't mean you're fighting it either," Peck said.
They would also spend time praying with them or sharing stories or testimonies. “The work is a lot harder than others may see — from an outside perspective, people see posts on Instagram or Facebook but no one really knows every detail about what happens,” Campbell said. “Even going into my third year of the trip, I thought I had seen it all, but I never want to be comfortable — I was always praying for God to open my eyes to something new, no matter what that would consist of.”

Campbell emphasized that mission trips require hard work every day but encourages anyone interested in embarking on a mission trip to embrace the experience and constantly look for ways to grow or see things from a new perspective.

“Taking cute pictures with kids you meet is so fun, but there is so much more that goes into this type of work that people don’t know about. It’s often the same with camp — my roommate was a counselor last year and she told me all the details, and it involves a lot of genuinely hard work,” Campbell said. “My advice to anyone who is interested to do it 100% — going on these trips has been the most life-changing thing I have ever done. If you go, be open about what God could do through you, and don’t take the easy route on anything or be comfortable. Definitely always be praying for God to work through you, and he will.”

Maud freshman Ericka Carr has attended summer camps every year from age 9 to graduating high school. She has also volunteered at camps and is working at Student Life Camp this summer. She described the day-to-day routine of camps as consisting of long hours while also spending time worshiping God and partaking in activities together.

“Every day we start super early with setup — both of the camps that I worked with started with a worship gathering and then were followed by activities like recreation, Bible study, missions or free time to play sports, swim or nap,” Carr said. “After dinner, there’s a bigger worship service to end the night.”

Carr said it’s easy to become exhausted physically and mentally at summer camps due to the long hours and constant activity, but the overall outcome is worth the work put in.

“Every day at camp starts really early and ends really late, so when you’re working non-stop for six days a week for three months, exhaustion is inevitable,” Carr said. “Camp tired is a different kind of tired, though. It’s a state of max physical exhaustion but never-ending emotional energy. It’s a feeling of ‘I could really use a nap but also I couldn’t be happier to be here’ every second of the day.”

Carr said she sees different camps as having unique experiences and encourages anyone interested in pursuing leadership to go for the experience and find a good fit.

“I think a lot of people see camp posts on social media and assume it’s like hardcore babysitting, but that’s not the case most of the time. It’s important for people to understand that every camp is different, so what one person posts isn’t always what every camp looks like. It’s not that their posts are a misrepresentation — it’s just that each camp and location offer a unique experience,” Carr said. “I’m not a fan of summer but I spend my year waiting for camp season because it’s that incredible. Camp has changed my faith, work ethic and love for people — it’s changed my life.”
Helping U Find That Place Called Home.

Ask About Our Lease Specials!

- Providing homes to Baylor students for 36 years
- Apartments, Houses, Condos and Duplexes
- Visit our leasing office at 400 LaSalle Ave.

For more information on availability of properties, call 254-753-5355
www.brothersmanagement.com