Celebrating Baylor’s cheer

The Baylor University Spirit Squad is celebrating 100 years of spirit and the 1988 NCAA men’s basketball championship team.

Baylor’s cheer leaders had been dancing as early as 1914, and the tradition continues today. The spirit squad is composed of all five sports teams, and the squad includes male and female athletes. The spirit squad danced at the 1988 NCAA men’s basketball championship game, and the team went on to win the championship.

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Back in the day, it was different. I would try to get up before 5 a.m. Sometimes we would dance in front of the crowd, and we would have fun.

When Bell was on the sidelines, the songleaders would dance to the fight song and other cheers. Bell said that during her time at Baylor, she enjoyed the traditions from the past, including the fight song and other cheers. She said that the tradition of the Baylor spirit squad and the songsleaders will return to the dance competitions.

The spirit squad is composed of all five sports teams, and the squad includes male and female athletes. The spirit squad danced at the 1988 NCAA men’s basketball championship game, and the team went on to win the championship.

“Back in the day, we did it a little differently. I would try to get up before 5 a.m. Sometimes we would dance in front of the crowd, and we would have fun.” Fuller said.

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Baylor’s cheer leaders had been dancing as early as 1914, and the tradition continues today. The spirit squad is composed of all five sports teams, and the squad includes male and female athletes. The spirit squad danced at the 1988 NCAA men’s basketball championship game, and the team went on to win the championship.

The tradition of the spirit squad is the same today as it was in the past. The songleaders would dance to the fight song and other cheers. Bell said that during her time at Baylor, she enjoyed the traditions from the past, including the fight song and other cheers. She said that the tradition of the Baylor spirit squad and the songsleaders will return to the dance competitions.
The power of self-autonomy is a force that each person must harness for their own benefit. It's about making decisions that are best for you, even if it means going against conventional wisdom or societal norms. The power to choose, the ability to take responsibility for your actions, and the capacity to think for yourself are all aspects of this power that you must cultivate.

The Power of Presence
The last force you will grow to be is the power of presence. This comes from being fully present in the moment, truly engaging with the world around you. It means being aware of your surroundings, of the people you interact with, and of your own emotions. Being present is a powerful tool for self-awareness, and it can help you reconnect with the world around you.

The Power of Silence
The silence you create for yourself is powerful. It allows you to tune out the distractions of the world and focus on your own thoughts and feelings. It's a time to reflect, to think, and to reconnect with yourself.

The Power of Meditation
Meditation is another powerful tool for personal growth. It allows you to clear your mind of the noise and distractions of the world, and to focus on the present moment. It can help you manage stress, increase your focus, and improve your overall mental health.

The Power of Sharing
Finally, the power of sharing is a force that you can use to help others. Whether it's sharing a story, a piece of advice, or simply your presence, the power of sharing can be incredibly powerful. It can help others feel heard, seen, and valued, and it can help build stronger connections between people.

In conclusion, the power of self-autonomy is a force that each person must harness for their own benefit. It's about making decisions that are best for you, even if it means going against conventional wisdom or societal norms. By utilizing each of these powers—self-autonomy, presence, silence, meditation, and sharing—you can become a force for good in the world, and help to create a better future for all.

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The solution isn't to get rid of the furry friends, Hunter said, but instead to educate the students and professors outside Castellaw Communications Center. “There’s often an issue with new students coming in, and they miss their pets at home, or they’re thinking about getting a pet, all the responsibility and all the stuff they need to think about beforehand,” Hunter said. “They realize they’re going home and they don’t have a way to transport the pet. Sometimes the thinking is that it’s kind of a pet to the pet go out instead of taking them to a shelter.”

Hunter continued explaining that throughout years of students letting pets go, the cats have been able to find homes. After a few generations, the once household animals became domesticated. “Even as a part of freshman orientation, or something, just talking to students if they’re thinking about getting a pet, all the responsibility and all the stuff they need to think about beforehand,” Hunter said.

As for Shadow, she has found her place. “The door was open and she probably catches some mice. You know, it’s going to be a sad day when she’s not here,” Parrish said. “I think she doesn’t think much of having around. Kind of a show of a little bit more of a human side of what we’re doing here and that’s a good thing.”

MBA ‘Done in a Day’ event decides admittance in 24 hours

SARAH PINKERTON

Staff Writer

Monday’s “Done in a Day” event allowed Baylor MBA applicants to fit their entire application, interview and acceptance process into a 24-hour window. The event was held in the Paul L. Foster Center for Business and Innovation.

The event was geared toward individuals who have already submitted an application, but many prospective applicants attended as well. “It’s a great way to introduce directors of admissions in the graduate business program, planned and hosted this event for Baylor students. “The day is designed to give our prospective MBA students all access to all things Baylor MBA while introducing them to the culture of the program and the Baylor University.” Sanders said.

Maria Morales Menendez, current MBA student from Lexington, Ky., has attended the event in the past and said the efficiency of “Done in a Day” and the ability for her to visit Waco with her classmates was key.

In addition to an admissions interview and the ability to network with current MBA faculty and students, attendees were able to sit in during a MBA class and work with current students on a case study.

“I had a great conversation and being able to problem-solve with other people,” Morales Menendez said. “By them setting that up for me, it really made it easy for me to see that Baylor is about collaboration and learning through conversation.”

They were then able to hear presentations from the Career Center and student services as well as scheduling appointments with their advisors and career management team.

There was also a panel of faculty members representing cybersecurity, data analytics and entrepreneurship and corporate innovation. All are available as part of the MBA. In addition, health and MBA programs held separate breakout sessions.

Two more sessions help students understand the various areas of focus offered in the MBA program, said. “It helps students understand what the career options are associated with each concentration.”

A new speed-networking session was also introduced to allow attendees to meet and connect with current students, staff and ask questions in a quick setting.

After the conclusion of the event and interviews, students will receive an admittance decision within 24 hours, making the Baylor MBA program the only one at Baylor to offer an event like those prospective students.

“It’s a fast-paced and well-organized event that really puts our fantastic facilities, our extremely well-qualified faculty, passionate staff and outstanding students on display,” Sanders said.

Shadow’s story: inspiring positive pet treatment

JESSICA HARKAY

Bell Memorial Library

Carrollton Communications Center has a special four-legged friend who has taken over a dormitory in the building and has since become a personal greeter.

Joannah Scott, senior manager of Mitchell Parrish said the black cat turned Shadow first appeared three or four years ago. After the cat’s curious appearances at the building, different staff members began to have cats in their dorm and suite.

Now the space is decorated with a bed, blanket and occasional students stopping by between classes to say hello.

“Shadow was adopted, essentially,” it’s going to be a sad day when she’s not here,” Parrish said. “I think she doesn’t think much of having around. Kind of a show of a little bit more of a human side of what we’re doing here and that’s a good thing.”
"Tailgate Guys’ to bring new tailgate experience for Baylor football fans

MEREDITH PRATT
Staff Writer

Tailgate Guys, a company specializing in tailgating services, will be partnering with Baylor Athletics for the 2020 football season. The no-contact tailgate option was brought to the tailgate experience by Baylor fans at McLane Stadium with tailgating services from company Tailgate Guys.

Founded in 2009 at Auburn University, Tailgate Guys has developed over 50 partners nationwide in the past 10 years and is partnered with nine Big 12 schools, as well as many other colleges, NFL, MLB and NBA programs.

Tailgate Guys services include loading and unloading assistance, cookers with ice, tents, tables, chairs, custom tailgate signs and equipment cleaning and breakdown. Local food and beverage services will also be available for purchase.

The tailgate packages start at $1,040 and cover the entire season, and single-game rentals will be available for select games. The packages and their individual pricing can be found on their website.

Alexa Korte, regional director of sales for Tailgate Guys, has conducted several phone calls with Baylor fans to answer questions they have concerning the partnership.

"Thank’s been a lot of misinformation," Korte said.

CAREER from Page 1

transformational education that you get. This is part of your curriculum.

Cefaratti said the Career Center’s best tips for preparing for Career Day include doing your part, trying on your credits, who you are and what your goals are. "Chandra said. Practice in the mirror a couple times…maybe with your professors that you’re comfortable with, and make sure you’re able to deliver it in a confident manner and able to share your story with grace."

Despite the push for campus-wide involvement, Cefaratti said she believes that there has been an increase of on-campus hiring around Career Day. Another said she believed students believe if they’re underclassmen or not a business major, they cannot attend.

"Looking for a job is not fun or easy, and I think a lot of students are very intimidated by it," Cefaratti said. "Going to the career fair is a safe way to do it. You can go, you can talk to different employers, you can practice introducing yourself in a real environment."

VIRUS from Page 1

this virus spreads quickly because of the time gap between when someone becomes infectious and when their fever subsides. "[Four people out of 100] would be a low number if it’s in one’s system. There is a significant asymptomatic period. This means people will get it and they’re infectious, but they’re not clinically sick or it’s not obvious that they’re sick with the (coronavirus) in particular," Schultz said. "So they are otherwise likely to continue living their lives because it feels like a sick with this virus spreads quickly is because of the way the disease progresses might be and then the symptoms ramp up afterwards."

Networking and creating that elevator speech, where you’re selling yourself and your experience to Baylor fans at McLane Stadium on April 18 to preview their services to fans. "Tailgate Guys are absolutely the best in the business," Rhoades said. "They get it."

POLITICAL from Page 1

an establishment candidate, I will always stand with our veterans and our national security force."

Jaramillo, the third Democratic hopeful, said he was running "to improve the economy, unemployment and healthcare. I believe that the Affordable Healthcare Act individual mandate was unconstitutional, it hurt people like me, working people that couldn’t afford insurance," Alamo Rowin said. "I think that we see that in the VA system, which the government run, there are a lot of deficiencies that we see when the government controls things. I also do not believe that it is the role of the government to encourage healthcare because I believe that healthcare is a service. It is not a right."

Republican Kristen Alamo Rowin said her proudest issues were "family issues," as well as the economy, unemployment and healthcare.

I firmly believe that the Affordable Healthcare Act individual mandate was unconstitutional, it hurt people like me, working people that couldn’t afford insurance," Alamo Rowin said. "I think that we see that in the VA system, which the government run, there are a lot of deficiencies with the way that government controls rights. I also do not believe that it is the role of the government to encourage healthcare because I believe that healthcare is a service. It is not a right."

"That’s one of the issues that I have concerning the partnership." Foster said. "I think that we see that in the VA system, which the government run, there are a lot of deficiencies that we see when the government controls things. I also do not believe that it is the role of the government to encourage healthcare because I believe that healthcare is a service. It is not a right."

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Many fans called Korte afraid they would lose the tailgating spot they have had for years or more minutes if they could continue to bring their own food to the tailgates. Korte said that 95% of the phone calls have been positive once she explains the new options and procedures to fans.

"We are gauging that in any individual that has had current tailgates made because we understand that it’s an investment," Korte said.

Fans can also continue to bring their own chairs. TVS and other personal items to the tailgates. Current tailgates can reserve their tailgate location from March 5 to April 30.

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Look into life at Homestead Heritage

PHOEBE ALWINE  Reporter

Pottery spinning, yarn weaving, wood chippings, metal tools and the smell of baked goods are some of the treasures at Homestead Heritage, a community approximately 20 minutes away from Baylor.

Homestead pride falls on being an intentional Christian community valuing sustainability, agriculture, self-sufficiency and craftsmanship. Scattered on 500 acres and consisting of a craft village, farming land, pastures and housing, the close-knit community is home to around 1,000 members.

Homestead Heritage’s website states that while not affiliated with a larger organization, it shares beliefs with many Christian groups such as Baptist, Mennonite and Amish.

“We are non-denominational, but our roots do go back to Anabaptist movements,” Hailey Scarbrough, a potter at Homestead, said. “The community stresses the importance of bringing the Bible into everyday activities. The website also states that members believe in living a simplistic life, which is a main reason for their agrarian and craftsmanship lifestyle.

“Raith has to do with everything I do and the kind of person I’m hoping to be,” Angela Annunziato, a grizzled worker at the Homestead, said. “Their faith and beliefs lead the members of the community to utilize craftsmanship as one of the main resources to life at the Homestead. Their skills include pottery, blacksmithing, basket weaving, carpentry, the gristmill, yarn weaving and agricultural work.

“Products made from scratch are of a higher quality than factory-made products, and it’s very concerning to see something that you made from scratch,” James Collins, blacksmith at the Homestead, said. “Most people in the community have knowledge in each of the different crafts.”

Children in the community begin crafting at a young age. “I was taught the arts at a young age as far as the crafts are concerned,” said Angela Annunziato, a gristmill worker at the Homestead to local Wacoans and other non-community members is blacksmithing.

“The advantage to farming our own food is that we know where it comes from,” Annunziato said. “Most people in the community have knowledge in each of the different crafts.”

“We offer many classes here for crafting. People will come in here and spend eight or nine hours with us,” Scarbrough said. “I teach most of the [pottery] classes and I’ve personally become good friends with a lot of people in the surrounding Waco area.”

The Homestead offers around 120 classes at The Ploughshare Institute for Sustainable Culture. Classes include woodworking, blacksmithing, basket weaving, knitting, yarn spinning and kitchen skills.

“During these classes, people learn key craftsmanship skills taught by various craft masters of the community. Offering classes enables the Waco community to learn the ways of the Homestead Heritage.


“The Thanksgiving Fair is an annual tradition bringing thousands of outsiders to The Homestead. This action-packed two-day event includes craft demonstrations, agricultural exhibits, live Gospel music from the Heritage Choir and Orchestra, food and shopping.

“We will basically have a new menu every season because different foods grow better in different seasons,” Andrew Taylor, the general manager of Café Homestead, said.

“Due to the Homestead’s emphasis on growing in its own produce, all of the food at Café Homestead is all natural and mostly organic.

“The Homestead’s focus is on self-sustaining, agriculture-forward, craftsmanship lifestyle. For the members of the community greatly value the connections with the surrounding Waco area.

FIRE UP IMAGINATION One of the classes offered at the Homestead to local Wacoans and other non-community members is blacksmithing.

Another member of Homestead Heritage community makes a blanket using a loom in the fiber crafts cottage which is one of the buildings of Homestead’s Craft Village.
Local art gallery displays abstract expressionism

ANDIE CHILSON

Reporting

Abstract expressionists and college artist Chelsey Smith brings an eclectic body of work to Waco's Kieran-Sistrunk Fine Art Gallery as its featured artist in February.

Smith's work will be exhibited through Feb. 28 at the Kieran-Sistrunk Fine Art Gallery, located at 2129 Washington Ave. “Smithy found us,” Kieran-Sistrunk Fine Art Gallery co-owner Susan Sistrunk said. “He came walking in a few months ago and said, ‘How would you like to show my work here?’”

Sistrunk said the duo has featured artists from Texas and Louisiana in the gallery, which has been open since March of last year. So far, the gallery has sold 60 original works — a great feat for a new local gallery, according to Sistrunk.

However, Kieran and Sistrunk are discerning about the artists they feature in their gallery. “They have to have quality work, and they also have to have a body of work … and something that’s kind of cohesive in nature,” Kieran said.

In addition to a robust body of work, Kieran and Sistrunk also look for artists who know how to present their pieces well. “Training education is key,” Sistrunk said. “If an artist knows how to frame and show their work in their gallery, they also have to have a body of work … and something that’s kind of cohesive in nature,” Kieran said.

“In addition to drawing inspiration from his personal experiences and the music he listens to, Smith also said he likes to title a piece of art after starting it. “I’m listening to smooth jazz, then the colors will be Hush and greens, but if I’m listening to blues jazz, it gives me a different perception of jazz music.”

Smith said he draws inspiration from his memories and music, particularly jazz. The abstract, varied nature of his work reflects his memories and music, particularly jazz. “I’m listening to smooth jazz, then the colors will be Hush and greens, but if I’m listening to blues jazz, it gives me a different perception of jazz music.”

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Kieran and Sistrunk will exhibit Smith's work in their gallery through February. Before they welcome a new artist in March. To learn more about the gallery, local Wacoans and Baylor students can check out the exhibit on Facebook.

WHAT TO DO IN WACO

TUESDAY

Barnes Decorative Arts Course: American Decorative Arts (1660 – 1840) | 6 p.m. - 9 p.m. |Education Center at the Texas Ranger Hall of Fame & Museum, 102 Texas Ranger Trail | $75 or $50 (students) for the entire course; $15 per course for up to three courses

Karaoke Tuesday | 6:30 p.m. – 9:30 p.m. | Buzzard Billy’s Swamp Shack, 100 N Interstate 35 Frontage Road | Free

WEDNESDAY

The True Love Dating Show | 8 p.m. - 11 p.m. | Waco Hippodrome, 724 Austin Ave. | Tickets range from $49.75 to $99.75 | Lyle Lovett and his Acoustic Group Concert | 8 p.m. - 11 p.m. | Waco Hippodrome, 724 Austin Ave. | Tickets range from $49.75 to $99.75 |

The Love Dating Show will lead to a few of Waco’s eligible bachelors and bachelorettes winning a date from his new album, “Release Me.”

Open Mic Night | 8 p.m. - 10 p.m. | Common Grounds, 1123 S. Eighth St. | Free

Thursday

Galentine’s Trivia and Waffles | 6 p.m. - 8 p.m. | Painting with a Twist, 1621 N Valley Mills Drive | $45 | This event is for ages 15 and up

Valentine’s Dinner | 6:30 p.m. – 9 p.m. | Honky Tonk Kid BBQ, 112 Mary Ave | $55 | By reservation only, the dinner features four courses

Ayham Hammour (piano) Concert | 7:30 p.m. – 9 p.m. | Roxy Grove Hall, Waco Hall | Free | Ayham Hammour is an active performer, most recently giving recitals in prestigious concert halls of Austria, Poland, Spain, and Slovakia and Italy

Blind Date with a Book: Galentine’s Day Edition | 7 p.m. – 9 p.m. | Fabled Bookshop & Cafe, 215 South 4th St. | $25 (one book, one drink and one dessert)

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Bears still on top of CBB

MATTHEW SODERBERG
Sports Writer

On Monday, Baylor men's basketball was ranked as the No. 1 team for the fourth time in a row. Big 12 teams have also been ranked for five weeks this season, more than any other conference in the country.

Bears and Baylor have been ranked in the top five for the past month, with West Virginia right behind No. 14. The defending national runners-up in Texas Tech hovering around the edges of the rankings. Baylor junior guard MaCio Teague said they are proud to be the top team in the nation.

"We get everything we want done," Teague said. "We just try to embrace that and we know that it helps us in the long run. ... It feels good and everything to be No. 1. We don't really think about it too much because when you get promoted. ... We just try to stay locked in night in and night out and go 1-0 each game." (Parker Vetro/Staff Photographer)

On top of the high ranking, Baylor's schedule is also among the toughest in the country. According to KenPom, the team has had the 43rd-hardest schedule this season, and an even harder one in the country. According to KenPom, the team has had the 43rd-hardest schedule this season, an even harder one in the country.

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As a coach and leader,

"I think all the people in Waco ought to be proud that [Drew] has been here long, has built this thing into a national championship-type program," Boynton said. "I hope we get a lot of respect for him and his staff and the way they go about things, and his kids play the game the right way ..."

"When you get a group of guys who have bought into everything, you develop a culture out on the court and being the best that they can, you have a chance to be very, very good nationally."

"It’s definitely been better than it was but I believe we truly don’t have a true home-field advantage," Carver said. "I go to a lot of away games and see their fan sections. They can be bad that way too much because that’s when you get complacent … We’re just trying to stay locked in night in and night out and go 1-0 each game."

"My dad grew up a Baylor fan, so he raised my brother and I back in his home state and loves the opportunity to be closer to home and stay a transformation at Baylor to bring an even better home-field advantage."

"It means the world to me as a coach to have the fans support us and be able to make their voices be heard inside the Ferrell Center."

"We support all of the coaches and teams at Baylor Athletics and the most is positive, energetic and passionate fans I have ever been around," Boynton said. "He brings blood and gold, and I know the coaches and student-athletes are grateful for his efforts."

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The XFL season ended last weekend with the Kansas City Chiefs taking the Super Bowl LIV trophy home. But this wasn’t a new league that has come about to fill the appetite of football fans. WWE chairman Vince McMahon brought back the XFL this weekend, which only survived for one year in 2001.

The XFL has eight teams, so there were two games on Saturday and two on Sunday. There are quite a few former NFL players in this new league. White most were not big-time NFL players, there are a few recognizable names on XFL rosters.

The first game of the season was held Saturday in Washington, D.C., between the D.C. Defenders and the Seattle Dragons, which the Defenders won 35-19. The game was tightly contested for three quarters, until the Defenders broke a 19-19 tie late in the third with a touchdown pass from Cardale Jones to Rashad Ross.

Yes, that is the same Cardale Jones who came out of nowhere and led Ohio State to a national championship in 2014 during the first-ever edition of the College Football Playoff. Jones served as an NFL backup quarterback for a few years and is now a starter in the XFL.

The only road team to win in week one was the St. Louis BattleHawks who went to Dallas and took down the Dallas Renegades 15-9. BattleHawks quarterback Jacob Tuiasosopo showed out, completing 20 of 27 passes for over 200 yards and a touchdown. He also had nine rushes for 77 yards. The Renegades have a couple of former NFL running backs on the roster in Matt McGloin and only two QB hits LA had for the whole game.

In addition, the backup quarterback for Los Angeles is Matt McGloin, who spent some time at quarterback for Baylor in 2018, splitting time with Charlie Brewer in a few games that season.

The XFL's week one was a relative success, as between the 15,000 and 20,000 fans showed up for each game. The television ratings for the first game between D.C. and Seattle, which was broadcast on ABC, drew 3.3 million viewers, exceeding McMahon's expectations. McMahon's football league will last longer this time around according to 247sports. The big question now will be whether McMahon’s football league will last longer this time around than it did in 2001.