Baylor Lariat THERE WHEN YOU CAN'T BE

FEBRUARY 12, 2019

TUESDAY

BAYLORLARIAT.COM



Opinion | 2 Save your money

Don't waste your hard earned cash on meal subscription boxes.



Arts & Life | 6 **Underground poets**

Baylor students use poetry for healing, to overcome and be heard.



Sports | 7 & 8 **Bears win OU game**

The mens basketball teams takes down OU with a 6 point lead.

Orgs. sell **V-Day**

MADALYN WATSON Staff Writer

Valentine's approaches, many students are finishing up gifts that will embody their admiration and appreciation to their loved ones.

Lucky for last minute shoppers, several on-campus organizations will hold Valentine-themed sales on the love-centric holiday and will donate their profits to charities.

Frantic last minute shoppers will have the options of different flowers, baked goods and sweets as well as books to purchase.

The Zeta Chi chapter of Alpha Delta Pi (ADPI) will have their Roses for Ronald sale on Fountain Mall from 9 a.m. to 2 p.m. on Feb. 14.

Flower Mound sophomore Samantha Dietzler, the recruitment and marketing vice-president of ADPI, said that in addition to selling roses for \$2 each, they will sell little

going to go to the Ronald

with cleaning and preparing meals when they volunteer at the Ronald McDonald house.



VALENTINES Several organizations will be hosting Valentine's Day sales around campus. Events will be on Fountain Mall throughout the week and events hosted on Feb. 14 are in the photo above.

A day in the life of a Sing chair

GRETA GOULD Reporter

From the performance in 1953. students have gone above and beyond to showcase their organization in All-University Sing. Sing has become a tradition at Baylor University, going from "eight clubs singing three songs each" to over seventeen groups, the Student Activities website

Students are given the opportunity to put on a 7-minute performance of singing and dancing in order to compete against other organizations. These performances are created and choreographed by Sing chairs who devote hours of their weeks to composing an act.

Sing chairs are elected each organization participating. These Sing chairs will construct an act from the ground up which includes themes, songs, choreography, backdrop, lighting and many other components.

Temple senior Tristen Coffee is currently serving as one of Chi Omega's five Sing chairs. Coffee serves as the backdrop chair where she focuses on creating a unique backdrop to go along with the theme of their act.

"Being a Sing chair is a big undertaking," Coffee said, "I don't think you realize how much work goes into it until you are in the position, but it really

has been one of the most rewarding and formative experiences I've had in college."

Sing chairs tend to be chosen based on an application and interview process. People are chosen to be Sing chairs based off of leadership and communication skills as well as prior experience in vocals or dance, Coffee

After performing for two weekends in a row, judges will vote on which acts will progress to Pigskin in the fall. Pigskin allows for the top eight acts to perform during Homecoming weekend in the fall. Of these eight acts, three are given awards for

Southlake senior Lauren

bags of chocolate for \$1. "All of the proceeds are

McDonald house in Temple, which is the house that we go to to volunteer pretty much every month," Dietzler said. The sisters of ADPiIhelp

V-DAY >> Page 4

first, second and third place.

Lucas served as a sing chair for Kappa Kappa Gamma sorority last year. During her time as a sing chair, Kappa's act, "Kappa Karwash" placed second in All-University Sing. "Being a Sing chair was

a whirlwind of emotions," Lucas said. "So many hours behind the scenes go into the act that people don't realize or see and just rallying together 250 girls is a tough thing to do, but it was so worth it because we ended up getting second place which was really gratifying and amazing."

chairs Sing participants devote hours of their weeks to these

SING >> Page 4

BUM.E.D.S. to raise money for Waco community

MADALYN WATSON

Staff Writer

On Tuesday, Baylor University's Medical Ethics Discussion Society (BU M.E.D.S.) will host their first fundraiser of the semester at the Raising Cane's at 801 J H Kultgen Expy. From 5 to 9 p.m. Cane's will donate 15 percent of the proceeds to the philanthropies supported by BU

According to BU M.E.D.S, they are a community that loves to discuss medical ethics in small group settings. The organization also brings in speakers who experience ethical issues in their professional careers.

Tulsa, Okla. sophomore Dylan Gould, the fundraising chair for BU M.E.D.S., said that the organization supports these philanthropies through service as well as fundraisers.

"It's incredibly rewarding because we get to see firsthand the impact that we're making on these people," Gould said.

Some of the local organizations supported by BU M.E.D.S. are Mosaic, Mission Waco and Caritas of Waco.

"It's ethically just that we give back to our community, and that's one thing BU M.E.D.S.

is all about," Gould said. Members of BU M.E.D.S. serve these organizations around the Waco community multiple times a week. BU M.E.D.S. works with Mission Waco from 4:45 to 6:15 p.m. on Mondays and Tuesdays, Caritas of Waco from 2:40 to 4 p.m. on Wednesdays and Mosaic from 1:45 to 3:15 p.m. on Fridays.

"Although medical ethics is our primary focus, service is something that is very integral to what our society is about," Gould said.

The six aspects of the organization include: discussions, speakers, socials and mentoring, as well as service and fundraisers, according to their website.

They hold weekly meetings dedicated to discussing ethical dilemmas on Thursday evenings in the Baylor Science Building (BSB).

Kingwood senior Savannah Cruz, the president of BU M.E.D.S., said the discussions inspire students to start thinking about how they would handle ethically gray situations in the medical field.

"The purpose of BU M.E.D.S. is to give people that want to become health care professionals, and even people that are just interested, the ability to put themselves in a situation and think about what they would do,"

Cruz said medical ethics is not taught in classroom settings during undergraduate or medical school because it is not something that

can be taught. "It's not something that is easily teachable. It's more of like something you have to

experience," Cruz said. BU M.E.D.S. addresses issues many students may not have to think about until they

BU MEDS >> Page 4



Photo courtesy of Savannah Cruz

BU MEDS Baylor University's Medical Ethics Discussion Society (BU M.E.D.S.) to host their first fundraising event of the semester on Tuesday at Raising Cane's. 15 percent of the proceeds will be donated to philanthropies supported by BU M.E.D.S.

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GOT SOMETHING TO SAY?

We want to hear it. Send us your thoughts: LariatLetters@baylor.edu

EDITORIAL



Rewon Shimray | Cartoonist

Eat Economically

Meal delivery services waste money, time

Cooking is a worry to many college students, especially when they're on their own for the first time. You can't rely on your mom to make you lunch or the dining hall to always have food ready for you. It's now up to you to make your own meals.

This scares a lot of college students, and many turn to meal prep services like Blue Apron or HelloFresh to plan the meal for them. It sounds like an appealing option because all you have to do is fire up the stove, but these services are a waste of money and not worth your time.

It's nice to not have to go grocery shopping and to have the ingredients hand-picked for you, but the meal prep services cost more than going grocery shopping. Meal-kit services cost about \$10 per person for each meal — at least \$7.50 per person less than dinner at a full-service restaurant, including tax, tip, parking, and other costs. Home-delivered meal kits sound appetizing. However, a meal kit — while less expensive than dining out - still costs more than buying food at the grocery store and preparing it at home.

Even if you don't like grocery shopping, you can use Shipt or any other grocery store's delivery service, like HEB's "HEB to you" which offers home delivery and curbside pickup. There are alternatives to going grocery shopping without having to succumb to meal-kit services.

If you aren't already a chef at heart, why would Blue Apron or HelloFresh make you one? In theory, having food magically appear at your door will make you want to cook. But if the ambition and desire aren't there to make your own food to begin

with, then you likely won't want to cook the delivered ingredients either. You may start out strong, but it's going to end up being more cost-effective in the long run to try buying your own ingredients and starting out on your own first.

A positive to these meal-kit services is you can use them to help you learn to cook. You can take advantage of the trial period and use that period to learn how to cook, gaining necessary skills and techniques. HelloFresh, for example, is currently offering \$60 off of your first three boxes. But after the first round of the deliveries end, it's not worth your time to continue the subscription, because you can go grocery shopping and get the same ingredients for less money now that you have the tools and experience to cook on your own.

The packages these kits are delivered in are also not environmentally friendly. There is a ton of leftover waste from all of the ingredients that were delivered. And in the case of Blue Apron, the service delivers 5 million meals per month. That is an incredible amount of waste. Not only is the packing waste a problem, but if you can't find the time to make your meal in time, the ingredients could go bad before you even use them.

Overall the cons outweigh the pros for meal-kits. They're not cost effective, they harm the environment, and they won't motivate you to cook if you aren't already inclined to fire up the stove. If you're looking for an easier way to make food at home, you can look up simple recipes online or try cooking with a

COLUMN

Free food isn't worth health issues

MCKENZIE OVIATT

Broadcast Reporter

As a child, I remember driving past McDonald's and asking my mom what the "M sign" meant. Fast food, processed goods and "kid food" were never allowed in the house. My parents were both college and later professional athletes who took their health seriously. As kids, my brother and I never noticed the difference between how we ate versus other kids our age. At birthday parties, I never found the cake or soda desirable because I wasn't addicted to the flavor.

This lifestyle followed with me until I came to college.



As an athlete on the Baylor softball team, I was introduced to the wide variety of Texan food. I tried authentic Texas barbecue, kolaches and sweet tea for the first time. Initially, I did not enjoy these foods, but I started to learn that if free food is offered, you take it. Living on a budget for the first time was a huge incentive to start appreciating all the free meals. It wasn't until the end of my freshman

year that I noticed my health deteriorating.

It began with rashes that resembled eczema. I went to the doctor's office multiple times, but they only offered creams that might alleviate the symptoms, but nothing cured the root cause. I lived with the eczema and when I went back home for the summer, my symptoms improved. My diet changed due to my mom's homemade meals and living a healthy lifestyle. In the moment, I never thought my diet was correlated so strongly to my health conditions.



In the moment, I never thought my diet was correlated so strongly to my health conditions."

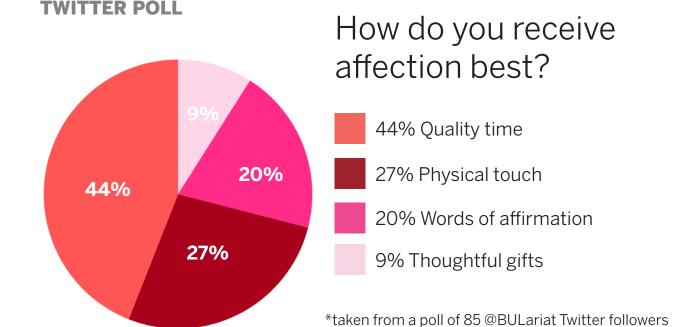
Flash forward to my sophomore year, I would wake up in the middle of the night with nausea and symptoms of food poisoning. For months on end, I would feel too sick to get out of bed. The eczema spread like wildfire. And after eight different doctor examinations, no one found the cure. I was diagnosed with multiple diseases and conditions I had never heard of before.

After listening to multiple podcasts and venturing through the WebMD pages, I decided to go back to the basics. I tried the Whole30 diet, cutting out all processed and sugar-laden foods. Those 30 days helped tremendously, but I still experienced a moderate amount of pain.

Looking for any cure, I sought out a natural pathologist who specializes in allergies. With palms sweating, I pulled out my wallet to pay for an expensive allergy test. It seemed like my bank account suffered as much as my body did as I tried to find the reason behind all the pain I experienced. Finally, the allergy test read that I was allergic to everything aside from four food families. These allergies included all genetically modified foods, processed foods and sugar as well as any inflammatory foods. Devastated, I called my mom questioning why this was happening to me. All the traditional Western doctors I saw denied that the reason behind my pain was what I put into my body. The denial of food as medicine or as a poison completely undermined their medical practice.

Eating a plant-based, whole foods clean diet for six months revolutionized my health. I have not had one stomach pain, cold, flu or grogginess since I changed my diet. I do not think food is the sole cure to all diseases, but I now firmly believe that any disease or health condition can be greatly alleviated with the best medicine — healthy

Mckenzie is a senior journalism major from Irvine,



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Opinion

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Lariat Letters

To submit a letter to the editor or guest column, email submissions to LariatLetters@baylor.edu. Lariat Letters should be a maximum of 500words. The letter is not guaranteed to be published.

ACADEMIC STRESS

Tuesday, Feb. 12th Exhale // 11:00am-3:00pm SUB Den Contemplative Prayer // 12:30-1:00pm BARC

Buttoned Up // 3:00-4:00pm SUB Barfield Mental Health Panel // 3:00-4:00pm Dr.Pepper Hour Dogs on the Mall // 4:00-6:00pm Fountain

Mall

Free F45 Class // 6:45-8:00pm SLC 3rd Floor

HEALTHY RELATIONSHIPS Wednesday, Feb. 13th

Free Yoga Class // 12:15-1:15pm SLC 3rd Floor

Contemplative Prayer // 12:30-1:00pm BARC Therapy Dogs // 2:00-3:30pm BARC Domestic Violence Awareness // 12:30-3:30pm Fountain Mall

Free Sweet Treats // 12:30-3:30pm Fountain Free F45 Class // 6:45-8:00pm SLC 3rd Floor

FIGHTING STIGMA Thursday, Feb. 14th

Hope, Peace, Love // 9:00am-8:00pm BSB Contemplative Prayer // 12:30-1:00pm BARC

Carnations & Candy // 11:00am-2:00pm Fountain Mall

Free F45 Class // 6:45-8:00pm SLC 3rd Floor Healthy Relationships Seminar // 7:30-8:30pm BSB A207

FITNESS & HEALTH Friday, Feb. 15th

Outdoor Yoga // 11:00am-12:00pm SUB Bowl Love the Run You're With 5k // 5:30pm Fountain Mall

Free Blacklight Bowling // 9:00pm-1:00am SUB Game Room

Sundown Session feat. Ralph Breaks the Internet // 9:00-11:00pm (first showing) 11:00pm-1:00am (second showing) SUB Den

Claire Boston | Multimedia Journalist

BU celebrates mental health awareness

CAMERON STUART

Radio Director

Student Government is hosting its first ever campus-wide Mental Health Awareness Week from Feb. 11 to Feb. 15, highlighting mental health issues that students face.

In years past, the Baylor Counseling Center has hosted mental health awareness events in February and student government hosted a Mental Health Awareness Day around the time of final exams in May. This year, the two organizations, with the help of several others around Baylor, teamed up to make the event an entire week

Sarah Bhimani, director of administration in the executive branch of student government, is one of the main people responsible for organizing this week and its activities.

"We wanted each day to have a theme, one that students can relate to," Bhimani said. "Those themes are going to include academic stress, spiritual stress, healthy relationships and the stigma that surrounds mental health."

Student government's events are primarily Monday and Tuesday, which include conversations on spiritual wellness and abuse, and a

screening of the movie "Inside Out" played in the SUB on Monday night. Tuesday's events are centered around Dr Pepper Hour, with tables representing different campus organizations and discussions about the rigors of academic

When Bhimani and the rest of the executive branch met before the school year, this week and the issues surrounding is were a pivotal point of focus.

"Student government is starting to care more about what the students want and what the student voice is," Bhimani said. "We discussed our top five issues for students

and mental health awareness kept coming up in our talks."

Dr. Jim Marsh, the executive director of counseling services at the counseling center, hopes this week will serve as a way for students to be able to meet therapists before even having to visit the counseling center.

"It's a great way to meet a mental health professional," Marsh said. "So we hope that by meeting us, it takes the barrier down of the thought of 'hey, who are these guys?"

The counseling center's main event will take place on Thursday in the Baylor Sciences Building. The event, which is one the counseling center has ran for several years, is called "Hope, Peace, Love" and aims to have students enjoy food, movies, activities and more to shed light on mental health stigma, according to their fliers.

Marsh also thinks issues lie with students not knowing enough about the counseling center and being nervous to make an appointment.

"In the recent mental health survey, most students said they didn't come to the counseling center because it's too expensive, and it's actually free," Marsh said. "We are always working to make sure students know we exist, and that we're here for them."

For Bhimani, the call to organize this Mental Health Week Awareness from Baylor's own mission statement.

"I love Baylor's mission statement because I think everyone can relate to it, whether they're Christian or not," Bhimani said. "We all come here with the goal of academic excellence, and mental health is such a critical part of that — no matter who vou are."

For more information on this week's events, you can follow Baylor Student Government on Facebook.

Friends For Life volunteers appreciated at event

MADALYN WATSON

Staff Writer

Friends for Life hosted a We Love our Volunteers Valentines Event to show their appreciation of their about 1200 volunteers from 2 to 4 p.m. on Sunday, Feb. 10th.

In the Waco Friends for Life office, volunteers who have helped improve the quality of life for senior citizens and people with disabilities gathered for Valentine's Daythemed desserts, photos and a recognition ceremony.

The executive director, Inez Russell, founded Friends for Life 30 years ago because she was unable to find an organization that could give a support system to the elderly that had no family or people to take care of them.

"This year, we celebrate 30 years of serving the elderly and people with disabilities, and we do that in several ways," Russell said.

The event was dedicated to recognizing the hard work of Friends for Life volunteers to help celebrate the fact that the organization is turning 30 this

"Volunteers are an amazing part of what we do at Friends for Life. They help people know that they're not alone. They're our eyes and ears with clients that we might not get to see as often as we'd like to see them," Russell said.

Friends for Life operates an adult daycare center, a guardianship program that allows the organization to serve as a guardian to people without them, a Money Management program that aids people who need help with their finances and an Adopt a Grandparent program, as well as other programs with the help of their volunteers.

lots of ways that they make

life better for these people," Russell said.

To show their appreciation, Russell thanked everyone for the help and a few volunteers spoke about their experience with Friends for Life in front of the crowd.

Cumming Ga. sophomore Morgan Halverson spoke

Volunteers are an amazing part of what we do at Friends For Life. They help people know that they're not alone."

INEZ RUSSELL EXECUTIVE DIRECTOR OF FRIENDS FOR LIFE

about her experience working with the Adopt a Grandparent

started talking about pimento cheese grits. She started telling me her recipe about [how she] makes them and I was like, I love her," Halverson said.

She emailed the volunteer coordinator and asked if the woman she spoke with on the phone about grits could be her adopted grandparent.

"I try to call her once a week. If we can't hang out, I just chat with her as long as she wants. When we do hang out, it gets pretty wild. We watch some Hallmark [movies], and we will eat good food," Halverson said.

Halverson said she loves talking and spending time with her adopted grandmother.

"You wouldn't think volunteering would be fun, but it is. Especially when you have a cool [adopted] grandmother," Halverson said.

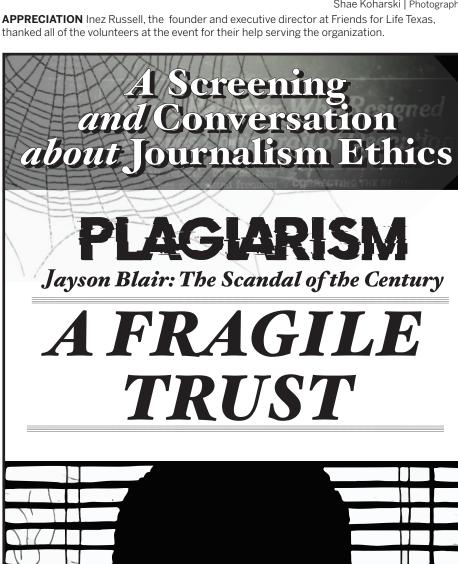
After Halverson and a few other volunteers spoke, Russell asked all of the volunteers to stand up, state their name and something about their experience volunteering.

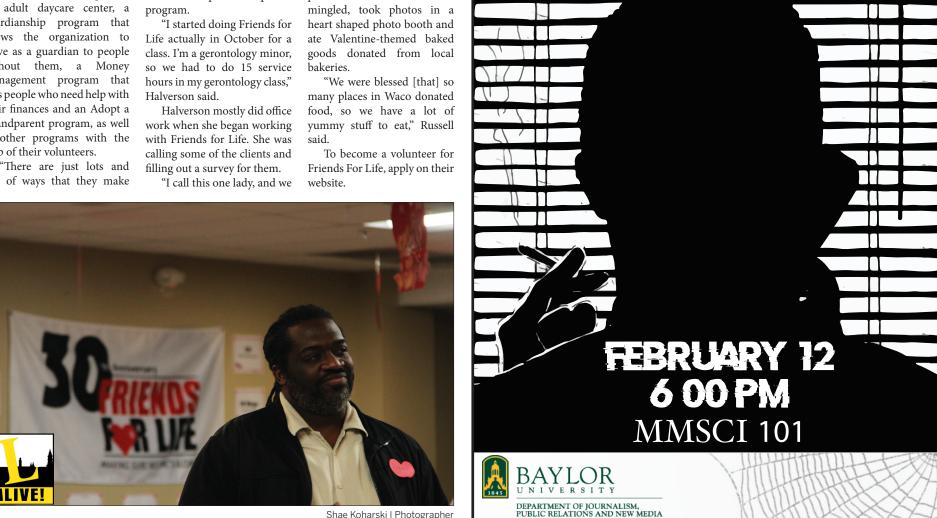
While the volunteers in the audience stood up, Friends for Life employees passed around gifts for each volunteer as a thank you for all their hard

"We have this gift that we made for them, and many of our clients signed the back of the gift, so that was fun," Russell said.

During and after the presentation volunteers







Shae Koharski I Photographer

VOLUNTEER Friends For Life celebrated 30 years of serving the elderly and people with disabilities and honor the ones who serve at We Love Our Volunteers Valentines Event

V-DAY from Page 1

"Basically, the [Ronald McDonald] houses are placed near medical centers," Dietzler said. "It's a place for families to stay when they have children going through intensive medical treatment."

Dietzler said that the houses are a place for these families to decompress while staying close to their children. The Ronald McDonald houses are meant to serve as a home away from home.

"They don't have to commute far distances, if their house isn't near a medical center where they can seek the proper medical treatment they need," Dietzler said.

Students can also buy flowers from the fraternity, Tau Kappa Epsilon's (TKE) Carnations for a Cause sale that is going on all week.

The carnations can be preordered for \$1 at their booth in the SUB and will be handed out this week on Fountain Mall. For every five carnations they sell, they'll give one for free.

The proceeds of their Carnations for a Cause event will go to their philanthropy St. Jude's Children's Research Hospital.

Sigma Tau Delta, Baylor's chapter of the International English Honor society, will be selling having their Literary Cupid bake sale in the lobby of the Carroll Science Building from 10:30 a.m. to 3 p.m on Valentine's Day, Feb. 14.

The baked goods sold will include cookies, brownies, macaroons and other goodies, along with some vegan and gluten-free options. Their prices will fall into the \$1 to \$2 dollar price range.

New Braunfels senior Morgan Pettis, the secretary of Sigma Tau Delta, will be making vegan banana bread for the bake sale.

"Whenever you buy one of our baked goods, you get to pick one of the literary quotes because in theory, it's a Valentine to give somebody," Pettis said.

Last year, Sigma Tau Delta divided the Valentine's Day notes into four categories that convey varying levels

Time: 2/8/2019

Offenses: Epra -

Department

Accident Failure To Stop And Identify

Disposition: Being Handled By Waco Police

of commitment: 'Marry me now', 'We're Okay', 'Friends' and 'Never talk to me again.'

"Not all of them are romantic quotes, some are for friendships, for acquaintances, crushes, like literally the varying levels of commitment you could have," Pettis said.

Members of Sigma Tau Delta submit their favorite lines from books, poems and other literary pieces of work.

"It's really nice for the people who forget it's Valentine's Day, and they got to get their person something last minute," Pettis said.

This year, all of the money made from their Literary Cupid Bake sale will be donated to Benetch, a non-profit organization that provides technology to people with disabilities that helps them read.

Also, the Sociology of Undergraduate Lives (SOUL) will be giving out baked goods to people who sign up to receive updates on their events in Vera Martin Plaza from 10 a.m. to 2 p.m. on Valentine's Day.

Other sweet such as Chocolate Covered Strawberries, will be sold by the women of the Alpha Eta chapter of Hermandad de Sigma Iota Alpha, Inc. (SIA) Sorority in the SUB from 10 a.m. to 5 p.m. on Valentine's

The milk and white chocolate covered strawberries can be pre-ordered for \$3 for two strawberries and \$5 for four strawberries. The payment should be sent to their Venmo @BaylorSIA.

All of the proceeds of the sale will go to Hermandad de Sigma Iota Alpha, Inc.'s philanthropy, Camp One

According to their website, Camp One Heartland aims to help children and families with medical problems or social isolation.

In addition to all these flower and sweets sales, the Phi Alpha Theta history honor society is having Valentine's Book Sale all-day in the Tidwell lobby on Feb. 13 and

BU MEDS from Page 1

are working with patients in very frantic and dire situations.

"There's a lot of different philosophies on ethics. There's a lot of different ideas about what is morally right or wrong. There's a whole conglomerate — these very distinct types of things that are affecting ethics," Cruz said.

The discussion format allows students to learn from each others' experiences.

"I think my favorite one

of our discussions that we have ever done was over physician-assisted suicide. Not because I was an expert on the subject, but because I wasn't," Gould said.

Willow Park junior Patton, Tacker the discussions chair of BU M.E.D.S., re-addressed the four pillars of medical ethics during the weekly discussion meeting on Feb. 9.

Patton said that the four pillars of medical ethics autonomy, beneficence, nonmaleficence and justice. This framework of the four pillars originated from the book, "Principles of Biomedical Ethics" by Tom Beauchamp and James Childress.

"We try really hard to keep the pillars in mind when we're talking, but it's easy to let them slip away," Cruz said.

During the meeting, members debated several potential scenarios while keeping these four pillars in mind and deciding which

pillar triumphs over the others in their personal

"Sometimes those pillars conflict with each other, so that's another thing that we talk about. Like, 'How do you navigate [medical ethics] when your pillars, that you make your decisions off of, end up conflicting with each other?" Cruz said.

Some of their future discussion topics are organ donations and artificial intelligence in medicine.

Shoe drive to benefit Venezuelans

MADALYN WATSON Staff Writer

The Latino Pre-Health Student Association (LPHSA) is holding a shoe fundraiser until March 10 to benefit Venezuelans who are dealing with the consequences of populist policies. The boxes are placed throughout campus in order to collect 2,500 pairs of shoes.

Cypress senior Giana Rodriguez is president of the new organization. LPHSA is in its second semester of existence and currently has 110 members who regularly attend meetings. Whereas the first semester was primarily focused on drawing members, Rodriguez is now placing a higher focus on service this spring

"When I originally founded this organization, I knew that I wanted to form something that was on a more global level," Rodriguez said. "We were already making an impact here on campus and in Texas, but I wanted to do something for our friends and family abroad."

The shoe drive is working with Cuatro Por Venezuela in order to get the shoes to Venezuela. The be given to Funds2Orgs the campus population that

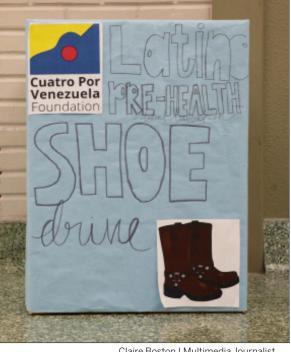
in exchange for money to purchase the packages. Venezuela is currently in crisis as riots erupt and many citizens are dealing with hyperinflation, hunger, disease, soaring crime and death rates.

"Cuatro Por Venezuela, with the crisis, was the first thing that caught my attention. They really reach out to every aspect to what a human needs," Rodriguez said. "Once I looked into it, I was like 'yes, this is perfect' because we don't lose anything, and we're also helping them reach their goals."

Rodriguez believes raising money for one country does not diminish the needs of other countries but that of the different Latino countries, Venezuela is in most immediate need of help from Baylor's campus.

"[The rations are] super overpriced, and so people are getting hurt from all the riots," Rodriguez said. "With everything being so expensive and with the huge divide, how are they supposed to be able to get what they need when the country is just torn apart? It's just very sad."

Daniel Medina, San Antonio senior and shoes LPHSA collects will neuroscience major, thinks



Claire Boston | Multimedia Journalist

SHOE DRIVE The Latino Pre-Health Student Association (LPHSA) will be holding a shoe drive in the SUB until March 10 to benefit people in Venezuela.

is aware of the Venezuelan crisis is primarily of Hispanic heritage. He believes LPHSA is bringing a heightened awareness due to the connection to other organizations and the collection boxes placed visibly on campus. Medina credits this to LPHSA's momentum from last semester.

"I feel like this semester they're more on top of it. More service events, more people are showing up," Medina said. "I just feel like the environment is so welcoming to see what LPHSA is. It has a lot of potential to grow."

Rodriguez acknowledging that last semester was primarily for

membership growth. but this semester she wants the pre-health organization to focus on the basic reason for the membership. LPHSA has raised their service requirement from two hours per semester to 10.

"As a Christian university, we are called to help people regardless of where they come from, where they live, even though they're not our next door neighbors," Rodriguez said. "I try to be like what's going on and where can I help because just being selfish and just thinking about ourselves in our day-to-day lives is not the best thing - knowing that there's other people who don't have the privilege of going to school."



Photo courtesy of Greta Gould

SING Baylor sing chairs are nominated by their respective organizations and tasked with crafting their numbers from the ground up including themes, song, choreography, brackdrop, lighting and more.

Property <\$100 (Class C)

Offenses: Theft Of

Time: 2/8/2019

Disposition: Suspended

Time: 2/8/2019

Offenses: Alcohol: Possession Of Alcohol By A Minor

Disposition: Cleared By Arrest Time: 2/9/2019

Offenses: Epra -Burglary Of Motor Vehicle

Disposition: Being Handled By Waco Police Department

Time: 2/9/2019

Offenses: Epra -Burglary Of Motor

Disposition: Being Handled By Waco Police Department

Time: 2/9/2019

Offenses: Epra -Burglary Of Motor

Vehicle

This weeks crime: 2/8 - 2/12

Disposition: Being Handled By Waco Police Department

Time: 2/9/2019

Offenses: Theft Of Property >=\$100<\$750

Disposition: Suspended

Time: 2/9/2019

Offenses: Epra Burglary Of Habitation

Disposition: Being Handled By Waco Police Department

Time: 2/10/2019

Offenses: Assault Family Violence (Class A)

Disposition: Cleared By Arrest

Arrest Log:

Time: 2/8/2019

Offenses: Possession of alcohol by a minor

Disposition: Released

Time: 2/10/2019

Offenses: Assault Family Violence (Class A)

Disposition: Misdemeanor

SING from Page 1

acts in order to make them as best as they can be. Most organizations have three to four practices per week, which can go late into the night. Most of the time, Sing chairs stay later and are working on the act seven days a week.

"Sing has really been my whole life this semester," Coffee said. "We practice for two hours every night Monday through Thursday, sometimes even Sunday through Thursday, and then each week varies because you have to plan for open stages, tech rehearsals and costume fittings."

Another major component of putting on an All-University Sing performance are the Student Production

Committee members who also devote hours of their weeks to assisting the Sing chairs.

San Antonio senior John Abiassi served as a student producer for a year before he moved to Dallas to pursue his degree in the nursing program.

"We are the unbiased sounding board of the whole operation," Abiassi said. "You're literally there from the conception of the idea to the moment your chairs hear the results."

Student producers are assigned acts in which they are able to watch practice and performances in order to provide helpful feedback about the act which Sing chairs may not have noticed, Abiassi said.



Photo courtesy of Greta Gould **SING** Last years Kappa Kappa Gamma sing chairs pose for a photo after their Sing number hits the stage.

Luikart's Foreign Car Clinic



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Infiniti and American Cars

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BAYLORLARIAT.COM

BE MY VALENTINE

Find out the perfect Valentine's date for every stage of relationships.

pg. 6



WHAT TO DO

Check out where to be and when this week in Waco.

pg. 6

It got to the point where I was writing my thoughts on napkins, sticky notes and keeping them. It became therapy for me."

Jade Moffett

POP NEWS

After winning a Grammy for the best rap album, fans were shocked to find that Cardi B deleted her instagram.

Pure Power of Poetry

Students find purpose, community through poetry

LINDSEY REYNOLDS

Reporter

Poetry: a nuisance to some and an outlet for others. Many students on campus use poetry to heal, to overcome and to be heard.

Poetry is a prominent element of the underground artist community on campus. Many of these artists write lyrics for musicians and excerpts for promotional videos, but some write for their own health.

Austin senior Jade Moffett said she believes poetry initiates personal discovery. During her freshman year, Moffett recalls having trouble handling her emotions in a healthy way. Prompted by her mother, Moffett began to transcribe her thoughts in the form of

"It got to the point where I was writing my thoughts on napkins, sticky notes and keeping them," Moffett said. "It became therapy for me. I hated keeping a journal because I didn't have anything to say. Now I have something to say."

So began her poetic journey. In 2018, Moffett published her first collection of poetry, titled "Running Through Brick Walls." The entries throughout the book promote feminine themes and bring prominence to realistic self-discovery as a woman, as a black woman and as a human in general.

"I wanted to focus on who I was before, when I was going through a lot and not handling things properly," Moffett said. "It was very private to me."

Moffett gained inspiration to write her book through an unlikely source: SZA's song "20 Something." The song describes the plight of a woman in her 20s who feels as if she's contributed nothing to the world, and how she wanted to create something that was hers.

"I wanted to own something too," Moffett said.

When asked about Baylor's underground artistic nmunity. Moffett expressed her fondness for the group of artists. She once hosted a small concert in her apartment, where she invited a few singers and musicians to share their sounds. Moffett also performed a spoken-word piece that gained her recognition.

"The art community at Baylor is fantastic," Moffett said. "As a community, they're so cool."

For Aurora, Ill. junior Sierra Raheem, poetry quite literally became her voice when she was young. Born with a cleft palate that hindered her speech, Raheem often read the books her grandmother gave to her as a child. It was then that Raheem realized written words could carry just as much weight as the spoken word.

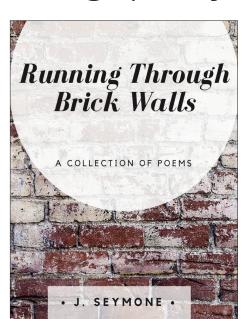
I always enjoyed writing because it gave me a voice," Raheem said. "I wanted to influence and encourage people."

Raheem took a public speaking class in which she was responsible for presenting an effective argument. She decided to write a poem instead.

"I was able to persuade them through spoken word," Raheem said. "After that I was like, 'Wow! This is a medium that is so powerful.' Words have power and they can influence

One of Raheem's poems has been selected to be featured in Baylor's literary magazine "The Phoenix" during the Beall Poetry Festival in April.

There is an array of opportunities on and off campus for poets looking to share their work. The Beall Poetry Festival in April, hosted by the English department, brings many poets together in appreciation of this literary art form. Several local businesses like Common Grounds host open mic nights for artists to share their work. The Waco Poets Society hosts monthly events, and some organizations on campus hold open-mic nights during the semester for student to share their passion for poetry.



Photos courtesy of Jade Moffett

PUBLISHED After finding personal healing through poetry, Jade Moffett published her book "Running Through Brick Walls" in 2018.



POWER OF POETRY For many Baylor students, poetry is a form of personal expression that helps with emotiona healing and personal expression. Austin senior Jade Moffett discovered poetry during an emotionally challenging time, and that art has since become one of her greatest passions and outlet.

61st annual Grammy Award Winners



Photo courtesy of Recording Academy

Album of the Year

Kacey Musgraves, "Golden Hour"

Record of the Year

Childish Gambino, "This is America

Song of the Year

Childish Gambino, "This is America"

Best New Artist

Dua Lipa

Best Pop Solo Performance Lady Gaga, "Joanne"

Best Pop Duo Performance

Lady Gaga and Bradley Cooper, "Shallow"

Best Country Album

Kacey Musgraves, "Golden Hour"

Best Pop Vocal Album Ariana Grande, "Sweetener"

Best Traditional Pop Vocal Album

Willie Nelson, "My Way"

Best Rap Performance

Kendrick Lamar, Jay Rock, Future and James Blake, "King's Dead"

Best Rap/Sung Collaboration Childish Gambino, "This Is America"

Best Rap Song

Drake, "God's Plan"

Best Rap Album

Cardi B, "Invasion of Privacy"

Best Rock Performance

Chris Cornell, "When Bad Does Good"

Best Alternative Music Album Arctic Monkeys, "Tranquility

Base Hotel& Casino"

What to do for Valentine's Day

Are you taken/single? How would you describe your relationship? Casually Dating BF/GF Do you see it Are you lasting? adventurous? Nope Yep Yep Nope Have they Drive until seen you eat you find a sloppy food? restaurant vou've never tried. Get food to go. Drive to the first Nope Yep patch of grass

> Go to your favorite restaurant. Grab some grub to go. Head home and watch "The Notebook" while eating

> > chocolates.

you can find.

Picnic: Get to

know Waco

and each

other a little

more with this

adventure!

Moroso's

and a walk:

The perfect

time to

define the

relationship

Baris and

Annie's: Test

whether their

love is true

with sloppy

food!

Taco Bell and a

car chat: Eat some

cheap delicious

food and tell them

it's over!

Celebrate the beautiful opportunities that only Seriously Dating vou're only afforded when Are you trying living a single to test your lifestyle. relationship Meditate on one more time the wonderful before you go financial ring shopping? benefits of being alone and not having to spend money Nope Yep on flowers, chocolates and other memorabilia Dinner and an that have escape room: no lasting Put yourself value. Treat through a vourself to a high-stress large portion situation on of food from a romantic vour favorite holiday and restaurant see if you still and cuddle get along. It's up with your the perfect favorite TV test! show, movie or book. Hang Cook a meal out with your together and other single visit Lover's friends and Leap at party like Cameron Park: it's 2012. It's the perfect Avoid posting evening for

Tuesday, Feb. 12

Baylor Jazz Ensemble | Jones Concert Hall | 7:30 p.m. | Free| Come listen to the Baylor Jazz Ensemble perform the music it's prepared this far in the semester.

Peter and the Starcatcher | Jones Theatre | 7:30 p.m. | \$17 | Come see the opening of Baylor Theatre's first show this semester.

Open mic night at The Backyard Bar, Stage & Grill | 8 - 9 p.m. | The local venue will host its weekly mic night. Slots are given on a first-come, first served basis.

Wednesday, Feb. 13

Christian Writers Workshop | First Baptist Church | 6-7:30 p.m. | Free | The group will have seven more Wednesday night meetings.

Therapy Dogs | Beauchamp Addiction Recovery Center | 2-3:30 p.m. | The BARC will host dogs therapy dogs from Angel Paws. All are welcome to attend.

Open mic night at Common Grounds | 8-10 p.m. | Free | The local coffee shop will host its weekly event. All are welcome to perform. Slots are given on a first-come, first-served basis.

Peter and the Starcatcher | Jones Theatre | 7:30 p.m. | \$17

Thursday, Feb. 14

See flow diagram to the left

Moulin Rouge shadowcast | Waco Hippodrome Theatre | 7 p.m. | \$10 | The cast will perform on stage in front of a showing of the film.

Sherman's will 77475 WINDOW YES, OPEN PO, KILLGRAVE? IT! OH, AND

Lagoon By: Jim Toomey







RIDDLE ME THIS

What do an island and the letter 'T' have in common?

Check the Lariat Instagram story tomorrow for the answer!

WEIRD WARDROBE ACROSS

1 Ill will

Accepted blame humbly

14 Creatures

21 Person of the hour

imparting a

26 Tricky rascal

31 Room, in Spanish

33 Appropriate

35 Gemini, e.g.

style

51 A Marx brother

— Zedong

62 Stew sphere

magazine?

72 See 49-Across

74 Go bonkers

80 Do a tally of

85 Be in debt to

88 Frequently, to a poet 89 Pull sharply

90 Waist wear inscribed with

bodies?

94 Castle trench 96 ERA or RBI

102 Verbal gems

104 9-to-5er's relieved cry

PREMIER Crossword

anything on

social media

about "singles

awareness

day."

22 Bill Clinton's #2 23 Formalwear

pleasantly optimistic feeling? 25 Flier Earhart

32 G-men, e.g.

court?

growth 38 "Oh, sure!"

44 ICU tubes

1920s-'30s design

50 Royal flush card

54 Ukraine city

60 Kilt wearer

63 Moral errors

64 Actress Perlman

73 Abbr. of fair hiring

athletic wear?

82 Abbr. in personal ads

83 Sir Andrew — Webber

84 "— Day Will Come"

86 Writer Joyce Carol

97 Sit as a model 98 Outerwear with huge pockets to hold LPs?

108 Telegraphic code creator

two lovebirds,

looking to

solidify their

love.

20 Mafia code of silence

27 Some pipe shapes 28 Model of iPod 30 Weasel's kin

underwear in a law

37 Unwanted plant

39 Neckwear making people unable to move?

45 Burnt residue 48 Yellow hue 49 With 72-Across.

Toadstool-shaped headwear? 109 Slave away 110 Inside info

65 Women's wear encircling a

71 Tooth filler

76 Beach where everyone dons

DOWN 1 Boulders 2 Oven brand

3 Sherpa land 4 Deep fissure 5 An Amerind 6 Brit. mil. fliers

7 Get — of (obtain) 8 Implements 9 Closing parts images of sun-orbiting 10 Homer Simpson cry 11 Rusty color

> 12 Avenged 13 Singer — Marie 14 Sheep's call 15 "Rum Punch" novelist

> > 16 "Yeah, makes sense" 17 Nick of film 18 Heartache

Leonard

111 Pro at taking dictation

114 Summer wear depicting

119 Messenger of the gods

cartoon scenes?

118 Looked scornfully

120 Rains cold pellets

112 Frozen spike

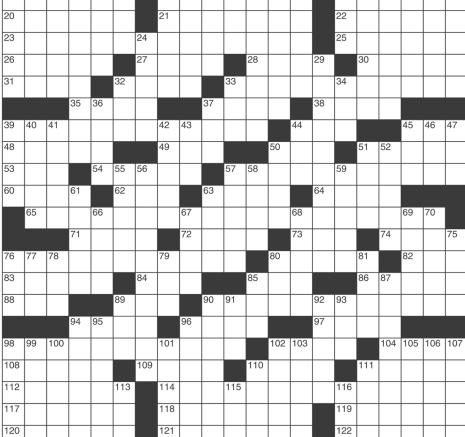
117 Weasels' kin

121 Mean rulers

122 Big bother

15 | 16 | 17

By Frank A. Longo



19 Scorches 24 "Angie" star Davis 29 "Tommy" actor

32 E-I linkup33 Royal flush card **34** They're shot from air rifles 36 Modest reply to kudos

37 Comical sort 39 Scots' toppers **40** Many Apples 41 Paperless novel, e.g.

42 Turkic language 43 Bit of lifting lingerie 44 I, to Freud

45 Curved line 46 Mani offerer 47 Quick trip 50 Helper: Abbr.

51 Gardening implements 52 Stock up on 55 As is fitting 56 Grabs the attention of

suddenly **57** Cut to bits 58 Counteract

59 Buckeye State sch. 61 A bit drunk 63 Plaintiff

66 Regretted deeply **67** Lysol target 68 Jon who played Napoleon

Dynamite 69 Join together © 2019 by King Features Syndicate

75 Earring part 76 "I'm Real" singer's nickname 77 Pixie

78 Deteriorate 79 Kiss go-with, often 80 Stupefy

81 Seal schools 85 Mel who wore #4

87 Helpers in crime **89** — Mahal

90 Painter's studio 91 Used a sofa 92 Elected (to)

93 Platform for Apple devices 94 Biceps, e.g.95 Brunch dish

96 Thin

98 Slightly off 99 Regional 100 Hush money

101 Slide on a sled, say 102 Polyphonic choral piece 103 Opinion pieces 105 Lysol target

106 It's gathered in recon 107 "Pippin" director Bob 110 Mend, as socks

111 Mets' former stadium 113 Ending for lion or seer 115 — culpa

116 "Zip it!"

BATTER UP >> Baseball and softball open their home schedules this week. Find coverage at

BaylorLariat.com

Women's Basketball **Weekend Brief**

Lady Bears pick up 27th straight victory over TCU

JESSIKA HARKAY

Sports Writer

No. 1-ranked Baylor women's basketball snapped Texas Christian University's five game win streak after defeating the Horned Frogs 89-71 Saturday afternoon at the Ferrell Center for the Lady Bears' 27th straight win over TCU.

All-American senior center Kalani Brown had a season-high game with 32 points, going 11-for-12 on field goals and 10-for-10 on free throws to help the Lady Bears improve to 21-1 (11-0) with their 34th straight Big 12 win.

TCU fell to 0-4 against ranked teams this season with two of the losses coming from the Lady Bears. Although the Horned Frogs took a loss, TCU head coach Raegan Pebley said she is proud of the way her team competed.

"It's not the result we came here for and prepared for but I'm always proud of my team and proud of the women they are, and the toughness that they continue to show," Pebley said.

The Lady Bears got off to a slow start. Baylor had four turnovers within the first five minutes of the game as TCU aggressively came in with rotation plays and accurate 3-pointers (3-3) from senior forward Amy Okonkwo, giving TCU its first nine points of the game. With four lead changes throughout the first quarter, TCU's ability to cause turnovers and capitalize off them kept the game close with Baylor leading 23-20.

The slow start for the Lady Bears continued into the second quarter, as a five-second violation, aggressive double teams by the TCU defense and struggling offense contributed to the drought. The Lady Bears were 0-for-2 on 3-pointers as TCU made five in the first half. Yet, the Lady Bears defense kept them in the game, scoring 14 points off TCU turnovers.

Going into the half, Okonkwo carried the Horned Frogs with 18 points, allowing TCU to stay within seven points, 38-31.

The third quarter opened as a foul match with eight fouls in the first three minutes of the quarter, five of which that came from Baylor. Yet momentum grew for the Lady Bears as Brown scored 13 points in the third, matching her first half statistics. The Lady Bears went into the fourth outscoring TCU by 10 points and being able to hold Okonkwo to only four points.

By the fourth quarter, the Lady Bears led 65-47. In the fourth quarter alone, the Lady Bears had 10 assists, finishing the game with 30 and showing the power and communication the offense had throughout the game to finish on a high note, 89-71.

The Lady Bears next play Kansas State at 7 p.m. Wednesday in Manhattan, Kan.



Shae Koharski | Multimedia Journalist

STOP ON A DIME Baylor sophomore forward Mario Kegler looks to pass against Oklahoma on Monday at the Ferrell Center. The Bears defeated the Sooners 59-53 to snap a two-game losing skid

Mason returns as men's basketball completes season sweep of Sooners

DJ RAMIREZ Sports Writer

The Baylor men's basketball team broke its two-game losing streak with a 59-53 win over Oklahoma on Monday night at the Ferrell Center. The win marks Baylor's fourth season sweep against the Sooners

Head coach Scott Drew said although the Bears didn't play how they wanted offensively, their defense allowed them to come out on top.

"We didn't offensively execute as well as we would have liked, but we did a great job in defending and giving ourselves a chance to win," Drew said. "Oklahoma's got one of the top 25 defenses in the country for a reason and they do a tremendous job."

Senior guard Makai Mason was back in the starting lineup after missing Saturday's Kansas State game due to a toe injury. While he only scored six points in the game, he had a game-high eight assists. Drew said he thought Mason did a good job managing the game even though he wasn't at his best.

"As a coach you love tough, hard-nosed guys," Drew said. "But you love guys that don't mind playing when they're not a hundred percent to try and help the team win, and that says a lot about his character."

The Bears fell into an 8-1 deficit within the first four minutes of the game. Oklahoma took an early lead on free throws due to Baylor's five fouls.

After a 3-pointer by sophomore guard Mario Kegler, Mason got the rebound and drove it down the court but missed. Junior guard Devonte Bandoo then tied the game with a three.

The Sooners retook the lead, but

sophomore forward Mark Vital scored to put the Bears ahead once again.

Freshman forward Matthew Mayer then got the rebound and scored a 3-pointer assisted by Mason, but Oklahoma junior forward Matt Freeman tied the game for the Sooners.

We didn't offensively execute as well as we would have liked, but we did a great job in defending and giving ourselves a chance to win."

> SCOTT DREW | HEAD COACH

Oklahoma senior guard Christian James hit a three right at the halftime buzzer to put the Sooners ahead 34-31 but the call was taken back, leaving the game

tied at the half 31-31.

field goal percentage and a 53.3 percent in three-point percentage at the half.

Mason opened the scoring for the Bears in the second half after going scoreless in the first. He hit a jumper to put Baylor ahead 33-31, but Oklahoma responded right after to tie the game at 33.

Mason hit another jumper to retake the lead, but the Sooners tied it once more at 35. Kegler then scored to put the Bears ahead before the first time out of the half. He then gave Mayer an assist to give Baylor a six-point lead with a score of 41-35.

Freshman guard Jared Butler and junior guard Devonte Bandoo gave the Bears an 11-point lead with 10 minutes left in the game, but little by little the Sooners cut it down to one.

Oklahoma retook the lead on free throws, leaving Baylor trailing by one with five minutes left in the game, but Bandoo answered with a three to put the Bears on top once more.

Mason put the cherry on top of the win with two free throw shots after he was fouled on by Oklahoma junior forward Kristian Doolittle.

Bandoo was named Player of the Game after scoring 19 points and going 5-for-7 on 3-pointers. Bandoo said his teammates did a great job finding him on the court.

"I'm getting used to this role, not just coming off the bench and providing support," Bandoo said.

Both Oklahoma and Baylor ended the night with a 38.9 field goal percentage, both going 21-54, and they both had 10 turnovers each. The Bears out-rebounded the Sooners 34-33.

Baylor will travel to Lubbock to face Texas Tech at 1 p.m. Saturday.

The game was tied five times in the first half. The Bears had a 41.7 percent in



FOLLOW THROUGH Baylor junior guard Devonte Bandoo watches his shot against Oklahoma on Monday at the Ferrell Center. Bandoo scored 19 points on 5-for-7 shooting from 3-point range in the Bears' 59-53 win over the Sooners. Baylor completed the season sweep of Oklahoma after defeating them 77-47 on Jan. 28.

Sports Schedule

Softball @ UTSA

Wednesday, 6 p.m. San Antonio

Women's Basketball @ **Kansas State**

Wednesday, 7 p.m. Manhattan, Kan,

Baseball vs. Holy Cross

Friday, 6:35 p.m. Baylor Ballpark

Softball vs. Sam Houston State & Southern Miss

Friday, 3 p.m. & 5:30 p.m. Getterman Stadium

Men's Basketball @ Texas Tech

Saturday, 1 p.m. Lubbock

Women's Basketball vs. Oklahoma

Saturday, 7 p.m. Ferrell Center

Lesser-known sports deserve more support

JESSIKA HARKAY

Sports Writer

As a sports fan, or a young adult trying to engage in studentlife, there's nothing better than showing up to a packed sporting event with everyone engaged, everyone screaming and everyone making the environment more fun than watching the game itself.

If you're someone who isn't quite into athletics, it's an opportunity to have fun, meet new people and overall do something outside of your dorm in little old Waco.



But if you're anything like me, the only sports that pop into your head are probably the most common ones, specifically basketball and football. I'm guilty of it. There's no way you'd casually find me saying, "Wow that tennis match was so exciting," to my friends or that I would intentionally go out of my way to watch softball, soccer, etc. — but that's something I would like to see changed.

It began with becoming a sports writer for the Lariat. Otherwise, I probably would have been to at least half as many basketball games that I've gone to this semester. But as a reporter, you have no place to be biased. You get to watch the game, the fans and the emotions of everything in between from a small distance. Going to my first basketball game as a reporter, I was able to see things from a slightly different perspective than the average fan.

I got to see the passion of both teams and their fans. I got to see the cheers got louder and how the excitement in the student-athletes' eyes grew when they heard the student-led chants. I got to see how much effort is behind the scenes of the game. Before and after.

SPORTS TAKE

The thing we tend to forget is though we're at a competitive school, student-athletes are closer to us than we think. They're still young, learning and thriving off having someone behind them cheering them on.

If you've ever been an athlete, you know the satisfaction behind having cheers grow and roar. You know the satisfaction of finishing a tough game and coming out on top and feeling almost like a hero to your fellow classmates. You know the heartbreak of losing a tough game and wishing you could've fixed one or two mistakes.

As students, and better yet, as a Baylor family, I believe we have to do a better job of supporting our lesser-spoken-about sports. Not only to cheer our athletes on, but to create more opportunity for the Baylor community to get together and cheer



Lawist File Disets

NATIONAL CHAMPIONS The Baylor acrobatics and tumbling team competes in a meet in March 2018 at the Ferrell Center. The Bears have won four straight national championships. Other lesser-known Baylor sports teams such as baseball, softball and men's tennis are ranked in the Top 25 this year.

for something

The most memorable games, athlete or viewer, don't come from the games themselves, but the environment that we were engulfed in during the game. For me, the best games were the ones that everyone was passionate about, involved in and interested in.

Don't get me wrong, even now it doesn't sound the most appealing to go to a track and field event or a softball matchup, but that's because the rest of the student body believes that too. If the hype shifted and surrounded all our sports, I know it would be a different story for a lot of students contemplating whether

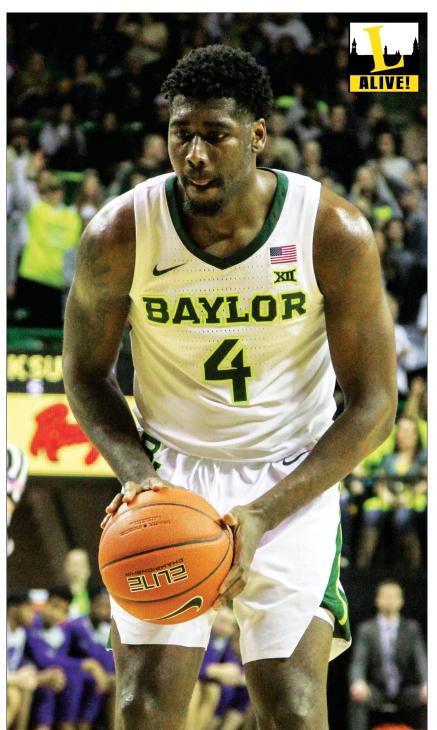
they wanted to go to one of those games.

Let's talk about winning the Texas Bowl this season, and how the Lady Bears basketball team is No. 1.

Let's also talk about how our baseball, softball and men's tennis teams are all ranked in the Top 25 or that our acrobatics and tumbling team has won four straight national championships or that our soccer team won the Big 12 championship.

With even our less-spoken-about teams being in the top of the conference, the least we can do is cheer those athletes on and take advantage of our ever growing and successful sports programs.

In battle of Big 12 leaders, Baylor falls to Kansas State



Shae Koharski | Multimedia Journalist

LINE IT UP Baylor sophomore forward Mario Kegler gets ready to shoot a free throw against Kansas State on Saturday at the Ferrell Center. The Bears fell to the Wildcats 70-63 to drop to third place in the Big 12 Conference standings while Kansas State tightened its grasp on the No.1 spot.

Equestrian Weekend Brief

Baylor stays perfect at home with win over No. 7-ranked Oklahoma State

BEN EVERETT

Sports Editor

No. 5-ranked Baylor equestrian defeated No. 7 Oklahoma State 11-8 Saturday at the Willis Family Equestrian Center in the first conference meet of the spring season.

In fences, Baylor took a close 3-2 win led by points from junior Madison Day, senior Shannon Hogue and freshman Catherine Moorhead. Day's score of 88 gave her Most Outstanding Player honors.

In reining, the Bears picked up a 3-1 victory. Freshman Maggie Cincotta, sophomore Sydney Scheckel and junior Georgia Smith secured points for Baylor, with Scheckel earning MOP with a 72.5 score. The Bears led 6-3 at halftime.

In flat, four Bears scored to give Baylor a 4-1 win. Sophomore Rachael Davis led the way with 91 points for MOP honors.

In the final event of the day, horsemanship, senior Kaylee Mellott was the only Bear to get on the board as Baylor fell 4-1. Mellott still earned MOP with a 76.5 score.

Baylor head coach Casie Maxwell said the Bears wanted to stay consistent throughout the day and they did just that.

"Overall, [it went] awesome," Maxwell said. "Goal of the day was to start with incredible momentum, lots of camaraderie [and] just really come out strong and ride

strong until the last ride, and we did that."

The Bears will next face No. 8 Georgia on Feb. 23 at the Willis Family Equestrian Center.

OFF-CAMPUS LIVING

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