Sports take:
Find out where the Bears stand in the college football playoff positions.
pg. C2

DEFENSE WINS EVERY TIME
Senior safety Orion Stewart jumps up in the air to celebrate with his teammates after he grabs a pick off SMU redshirt freshman quarterback Ben Hicks on Sept. 10 at McLane Stadium. The Baylor Bears won that game by a final of 40-13.

OFF TO THE ENDZONE:
Senior quarterback Seth Russell takes off down the field trying to score a touchdown against the Southern Methodist University Mustangs on Sept. 10 at McLane Stadium. The Bears won by a final of 40-13.

Marine turned Bear
Kyle Boyd brings new spark to Baylor football team.
pg. C3

“Every team’s goal is to win a championship.”
-Jim Grobe

Sports take on bowl eligibility.
pg. C4
We are just about to enter the halfway point of the college football season. For college football fans, this means it’s time to start thinking about the season closer to the end when the playoff picture will take for them to have a chance at still have road contests at Texas Tech, team. The committee would likely surpass them even if they did finish undefeated, the win is against Washington State, and Western Michigan does. Their best a Power Five conference champion. Take an undefeated MAC school over the playoff committee is not going to may still have an outside shot. So let’s and “about two” two-loss teams that Baylor. There are also eight teams this season. For instance, there are of playing for the college football championship. For example, if Alabama conference opponents, but Baylor has been weak. It has been weak spoilt the Bears’ Senior Day a year them, Baylor will certainly have an the Mountaineers. If these two teams

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There still remains a lot of business that need to be figured out by end of the season before the one-loss teams that still have a chance to be figuring some things out is against Oklahoma, who appears to be figuring some things out. Ten championship, and with a win, 

The Associated Press National Championship Trophy is the

For the Aggies, who then finishes undefeated. A win against Volunteers and then loses to Texas home than肤, and neither of those performance were eye-opening in any appreciation. To get to the four-team playoff is a good way. They only bring up

and “about two” two-loss teams that need to be given some serious

A&M, who then finishes undefeated. The Associated Press

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LEADING WITH PRIDE  Freshman linebacker and former Marine Kyle Boyd leads his team on the field on Sept. 30 at McLane Stadium against Southern Methodist University. The Bears won on Military Appreciation Day, 40-13.

MEGAN MITCHELL  Courtesy of Baylor Athletics

Friday, October 14, 2016
The Baylor Lariat

As Boyd continued to email on the field with this motto in his head, coaches began to gain interest in his 6-foot-2 linebacker. After securing five college offers to play football, Boyd first continued to Iowa state his junior year, but changed his mind after getting a call from Baylor.

Boyd would find himself stationed in Hawaii for two years after enlisting in the Marine Corps. "I was 18 and I had some experiences and I thought, in one of those experiences, I didn't have to live there. I was probably there for a year and a half. I had a total of two years on my contract." The other years, he was training in different navies and other countries, Boyd said. "In my deployments, we didn't go to Afghanistan. My unit was deployed to Afghanistan three months before I got there. But the unit I was in, they did training. I got to go on my job. By this practicing time, they would train you in specific training. You would train for four months and then have to go through that deployment. Then you would come back, and you would just train again. It was a never ending cycle of training."

Boyd was a true calling. I had never had this in my life. I just felt like I really needed to do this. I was 18, 19-year-old kid I was trying to do something different. That's what happened when I went to Coach Webb to talk to him. He asked if I was interested. I went on a visit, "said Doug Boyd, Kyle Boyd's father.

"I had people trying to set me up with former Marines, and I just couldn't back out of it. I had to do it, in order to be the person that I am today, and I felt like it was right.""Of course, Boyd had to jump at the opportunity to play collegiate football, and he made the right decision to play for Baylor. "I'm more proud of him for doing that than anything he has ever done in his life," Doug said. "I'm more proud of him for doing that than anything he has ever done in his life. It took a lot of courage for him to make that decision, and it's one of the biggest decisions he has ever made in his life."

"I didn't feel good about it," said Doug Boyd, "I didn't feel good about it, because I knew he was going to be ready. I knew he was going to be prepared for the tests of football."

Baylor coaches would notice Boyd, and the other coaches remembered him. "I was super happy ... I knew my scholarship was safe, and I knew I was going to be able to go to college and go to Baylor."

"I finally got in contact with Beau Trahan. I was super happy ... I knew my scholarship was secure, and I was going to be able to go to college, and I was going to be able to crystalize the opportunity to play at Baylor at that time."

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The Baylor football team looks to be the first team in the Big 12 to claim bowl eligibility this weekend as it takes on the Kansas Jayhawks in its homecoming matchup at 2:30 p.m. Saturday at McLane Stadium.

If the Bears win against the Jayhawks, they will become bowl eligible and head to their seventh-off a big win away. “The guys really bought into that on the offensive and this is where it’s all going to matter, and I feel like our workouts, our fall camp workouts and stuff like that, the offseason with our workouts, our summer workouts and his teammates’ unwavering dedication these players give week in and week out. “So as long as we stay focused, you know, go out there we get that and we’ve achieved that accomplishment. It’s huge, “ Russell said. “That’s always our first goal is to win a championship, so we can’t bloat the idea that I think we do think we need to understand that the just need to play every week without worrying whether or not we get bowl eligible or not we were in the Big 12. Grobe said.”

Russell said he likes the idea of being bowl eligible after the first six games of the season and said he is looking forward to getting the job done against Kansas this weekend.

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Bears on the brink of securing a bowl

JORDAN SMITH

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KIDS CONFIDENT IN CHICAGO CUBS

DON BABWIN

CHICAGO – Railfan Reup didn’t learn when her dad first tried to sell her on the lifetime of misery waiting for her team, the Chicago Cubs. She enjoyed his invitation to share with him two hours of being a St. Louis Cardinals fan. And as he told her about all the games she’s missed and a daughter who wants nothing to do with games. “My mom was a Cubs fan,” said Reup, a 9-year-old third grader at Saint Andrew School. “I think they’re going to win.”

Cubs fans everywhere are hoping for a World Series champion for the first time since 1908, and they have a leaded team this time, one that piled up the most wins in the majors this season. But there is also fear — the kind of fear that is handed down from generation to generation in Chicago, the kind that comes from heartbreak after heartbreak, the kind that fed by billy goat curses (1945), black cats (1989) and infield flies (looking at you, Barry Bonds).

Cubs fans know fear well as fear knows no better way to be friends. They’ve grown up with it.

For Reup and her schoolmates, there is optimism that the Cubs will win it all this year and, if not, they will certainly and the Long Championship drought by the time they have kids. As part of the Scholastic Academy, the only that the principal won’t let them out of class to watch the parade they their kids see as little above.

The world kids see is, all those older fans are being a little silly. “I was once a little kid (because) it hasn’t happened, but it might mean something to them.”

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Without exercising, student athletes would not be able to perform to their maximum potential. However, in order for them to get the energy to perform, the student athletes must concentrate on one of the most important factors of athletics: nutrition.

Jana Heitmeyer, director of performance nutrition, is responsible for nutrition education, body composition analysis and diet analysis for all Baylor student-athletes.

"At the core, it's all about making the student-athletes more successful," Heitmeyer said. "It changes every day. I would say it's best for someone who cannot sit still. You deal with all the different athletes and all the different sports."

Heitmeyer said the most rewarding part of her job is when "people get it."

"It's really fun to work with people who have an issue — whether it's that they have no energy or if they need to lose or gain weight," Heitmeyer said. "For the light bulb to go off and to see them make the benefits in their performance is the most rewarding part of my job."

Heitmeyer was a gymnast in college herself, and said she wishes that she was told what she is currently preaching to Baylor's student athletes. Heightmeyer said each sport is different and requires different nutritional requirements, but every sport at Baylor revolves around a core acronym: BEAST.

"Everything in our program revolves around the BEAST," Heightmeyer said. "This means: Breakfast, Eat fruits and vegetables, Always hydrate, Sleep and recover, and the T is 'think lean protein.' We put this in because everybody needs to do this."

Although the BEAST is used for all sports, it changes based on each person and sport. "We take those basics and adjust them to in a particular athlete and sport," Heightmeyer said. "Some people have two hours between every bat, some people are running up and down the court for 30 minutes straight, so then it becomes much more individualized."

Kiara Nowlin, senior acrobatics and tumbling athlete, said nutrition is very important in her sport.

"Every day we break our bodies down, so this nutrition is so important in order to recover and perform well and be successful in our sport," Nowlin said.

Nowlin said that it is not easy to incorporate nutrition as a full-time student-athlete.

"Time management is the hardest," Nowlin said. "It's really hard to go from class straight to practice, and trying to find something to eat. We aren't normal students, so we have to be more conscious of what we eat, so the snack and meal choices are harder. We have to make sure we have that balance of healthy and non-healthy food."

Sophomore midfielder Kennedy Brown said nutrition is vital in her athletic performance.

"Nutrition plays a key part in any athlete's development," Brown said. "You need to know what foods will recover you, give you energy and help you compete at the highest level possible."

Heitmeyer said that nutrition is the most important part of an athlete. "Everything that athletes do is leaning down their body," Heitmeyer said. "The only thing that can repair their bodies is food, so the only way to build things back up is by eating."
Bears lose to defeated heated rivals in TCU

The Baylor soccer team tied the Longhorns by a final of 1-1.

Senior midfielder Ashley York makes a corner kick hoping that a teammate will score against the UT Longhorns on Sept. 23 at Betty Lou Mays Soccer Field.

"We've done a really great job of continuing to fight on the road and fight at home," Jobson said. "I think that's been quite a bit, "We were going to have to be road warrior for number of consecutive shutouts by a goalie at three games in a row."

"We got a group of guys that really stepped out to the benefit of both sides," Jobson said. "The medical and education programs benefiting retirees when they are in the NBDL also say two-way contracts which was first reported by The Associated Press on condition of the process."

"Just want to use the league continue to grow, that sort of things in the benefit of both sides, the dialogue appears to be centered on the greater good.

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Jackson defends invitation to Briles

Players defend invitation to Briles

PARTY OF TWO

DOUG FERGUSON
Associated Press

Baylor coach Art Briles met with former football player Paul Casey, coming off a strong week in Asia, and he wasn’t alone in attacking the NFL’s top brass.

Conditions were practically perfect, and the field was firm and fast. “I’ve never played better,” Casey said. “I’m looking at this as a new beginning.”

He isn’t the only one who believes that in a different capacity was unfair. To me, it’s not a sports story. It’s a human story. It’s all about how human beings relate to one another and to the world around them.

Jackson made it clear Briles is in his guest and will not be here for “a long time.” When he visited Cleveland earlier this summer, Briles spent time talking with several of his former players who are now Browns quarterbacks Robert Griffin III, rookie wide receiver Corey Coleman, offensive lineman Spencer Drango and wide receiver Josh Gordon, who recently entered a rehab facility days before his NFL suspension expired.

The 60-year-old Briles was suspended in May after a law firm released a 13-page report that accused Baylor coaches and staff of instigating investigations into sexual assault complaints against some players, and then ignoring potential criminal proceedings.

“We have all been kind of knocked down before. I have, and I don’t condone anything or not, but that is not for me to judge. The opportunity to pick his brains and to have him be around and talk to him and get to know him outside of all of that in a different capacity was what was important to me,” Jackson said.

“I think everybody deserves an opportunity to kind of do what they do,” Jackson said. “I respect everybody’s findings and I don’t condone anything or not, but that is not for me to judge. The opportunity to pick his brains and to have him be around and talk to him and get to know him outside of all of that in a different capacity was what was important to me,” Jackson said.

“It was a good conversation with our people here and I think they understand where I’m coming from. I don’t want to make it seem like, well, I’m trying to extend the olive branch. I’m trying to learn some of these things that are good, but also getting to know somebody on a whole different level, which I think is a good thing, not a bad thing.”

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