

# Baylor Lariat

WE'RE THERE WHEN YOU CAN'T BE



OCTOBER 25, 2016

TUESDAY

BAYLORLARIAT.COM

## St. Jude recognizes Baylor Tri Delta

**BROOKE BENTLEY**  
Reporter

While Greek life is often portrayed as a mere social club, each group has a philanthropy upon which it can make an impressive impact.

Tri Delta's national philanthropy, St. Jude Children's Research Hospital, researches and treats childhood cancer and other life-threatening diseases. Unlike most hospitals, St. Jude never charges the patient's family for the child's treatment or accommodations surrounding it.

According to its St. Jude representative, Baylor's chapter of Delta Delta Delta recently moved up to the No. 5 fundraising chapter of Tri Delta in the U.S. and to the No. 1 fundraising Tri Delta chapter in Texas. Having raised over \$184,000 in just the past year, this group of women has begun to impact the lives of children and their families across the nation.

Giving up their fall break for a nine-hour bus ride, 48 members of Baylor Tri Delta traveled to Memphis, Tenn., where they toured St. Jude and were able to see the impact of their fundraising.

As they passed through halls filled with pictures of St. Jude patients with fellow Tri Deltas from across the nation, the women said the experience was beyond anything they could have ever imagined. One group was stopped and thanked by a woman whose granddaughter was being sent home to spend her final moments with her family due to an inoperable brain tumor.

"A woman named Beth came up to us and thanked us for helping fund Tri Delta Place," San Antonio sophomore Paige Hardy said. "She told us how her granddaughter has been losing a battle with brain cancer and that being able to stay for free so close was a huge blessing. All of us were in tears."

Due to their recent fundraising accomplishments, the women received a tour of Tri Delta Place, St. Jude's short-term stay facility for patients and their families within walking distance from the hospital, as well as a trip to the hospital's Delta Delta Delta patient care floor in the main building.

Hoover, Ala., junior Anna Beth Mann was also with Hardy's group when the woman approached them in Tri Delta Place. She said that hearing the woman's story and meeting her granddaughter completely changed her perspective on why they raise money for St. Jude.

"While it is an honor to be recognized as a donor

**ST. JUDE >> Page 4**



Timothy Hong | Lariat Photographer

**MORE THAN MEETS THE EYE** Families and students meander through the aisles of a local costume shop. Psychologists say costume choice may be impacted by personality and social standards. They also may differ based on age.

## Costume Psychology

What you dress up as for Halloween may say a lot about you

**KAYLA FARR**  
Reporter

Witches or cats, mummies or ghosts, deer or doctors. There are so many Halloween costumes out there, so many characters that one can be on Halloween.

What a person dresses up as says a lot about them, said Dr. Wade Rowatt, a professor of psychology.

"Kids, teens and adults likely choose Halloween costumes for different developmentally appropriate reasons," Rowatt said. "Kids dress up for fun like their favorite animals and characters. College students and adults, on the other hand, can get into characters that allow them to try on different identities they may not be able to express on a daily basis."

Dr. Sara Dolan, neuroscience graduate program director, said there is more than one reason why people dress up as certain

characters.

"I think there's probably two reasons that may be interrelated," Dolan said. "I think one reason is that people want to feel a part of a crowd; so if their friends are dressing up, they want to dress up. I also think that the choices people make in their costumes might reflect either what they think is popular, or they might be trying to communicate something psychologically."

According to an article by Psychology Today, people try to dress up like people they are not. Someone who is a waitress isn't likely to dress up as a waitress for Halloween.

Dolan said people might be trying to communicate a side of their personality that they don't show often or at all.

"They might be trying to show a part of their personality that they are particularly proud of," Dolan said. "For example, men that dress up in superhero costumes. They

may either want to communicate to people that they are proud of their masculinity or they may be trying to tell people that they wish they were more like this. So they may feel that they are not as much of a savior or hero as they want to be, so this is their chance."

Dolan said people are more likely to follow the trends when they are younger and less so as they get older.

"I think if people's friends are dressing up, they want to dress up to be a part of what their friends are doing," Dolan said. "I think especially younger people are more likely to choose costumes that are looked upon well by their friends. People are trying to display parts of themselves that they probably don't otherwise display at other points in the year. This is their chance to act out that role and not get in trouble with their friends for it."

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## Walk-N-Roll promotes disabled employment

**MEGAN RULE**  
Staff Writer

The sixth annual Walk-N-Roll Celebration in honor of National Disability Employment Awareness Month took place at 10 a.m. Friday at Heritage Square Park.

The walk wasn't a 5K-type event, but rather a free gathering for people to come together and learn about the opportunities for people with disabilities to find jobs. The event was put on by a collaboration with the Heart of Texas Workforce and local vendors, complete with free food, music and the live broadcast from 94.5 The Beat. The resource fair featured more than 30 vendors participating and giving out information about their organizations, including Coca Cola and Frito Lay.

"I think it's really important to make Central

Texas people aware of the disabilities and support it year after year," said DJ Batman of 94.5 The Beat, the official DJ of Baylor volleyball and Baylor basketball. "Our station is happy to continue to do it; as long as they do an event, we'll be here to do it."

According to Hobbs, chairman of the walk, the event began as White Cane Day to bring awareness to those who are blind and require a cane. The event then expanded to include people with additional disabilities. Hobbs worked on the event last year as a committee person and this year agreed to take it on as chairperson.

"Either you can walk with disabilities or you can roll with the wheelchair," Hobbs said. "We enhanced the name and included more people with disabilities."

Hobbs also said he was excited as this was the first



Liesje Powers | Photo Editor

**WHEEL OF A GOOD TIME** The Walk-N-Roll event took place at 10 a.m. Friday at Heritage Square Park. Attendees celebrated National Disability Employment Month.

year with a job fair on site. There were more than 10 employers on the site of the walk to interview people and help them find jobs if necessary.

"Any opportunity we have to create awareness about the productivity and contribution of people with disabilities to the surrounding community

is a blessing," said Kelly Yarbrough, co-chair of the Waco Mayor's Committee for People with Disabilities.

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GOT SOMETHING TO SAY?

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COLUMN

## Educators have a chance to be better than good

ISABELLA MASO  
Reporter



Throughout my college career, I've come across some good professors, but in all of the classes that I've taken, I have had only two truly great professors.

Including the courses I'm in now, I have taken 43 classes. Assuming there was one professor per course, that's 43 people that have been in charge of my learning here at Baylor. And of the 43, only two have made the cut. To put that into perspective, that means 4.65 percent of the total number of educators that have been above average and fall into my category of great professors.

I suppose it's important to explain the distinction of a good versus great professor. I would say a good professor taught what was expected when coming into a course. For example, the material that is easily found when you open a textbook.

While learning the required material is important, with an above-average educator, there is an added layer to the experience that you gain when in their class.

In theory, what you learn in a classroom is supposed to prepare you for situations that arise in life. A great teacher is someone who teaches you how to apply the knowledge, instead of simply memorizing it.

There are other things to learn in a classroom besides what's in a textbook, and the two professors who were great, who took my educational experience above the average, had some similarities in terms of personality.

According to the National Education Association, "Showing students you care about them helps create a positive, supportive relationship and helps build an environment where learning can flourish."

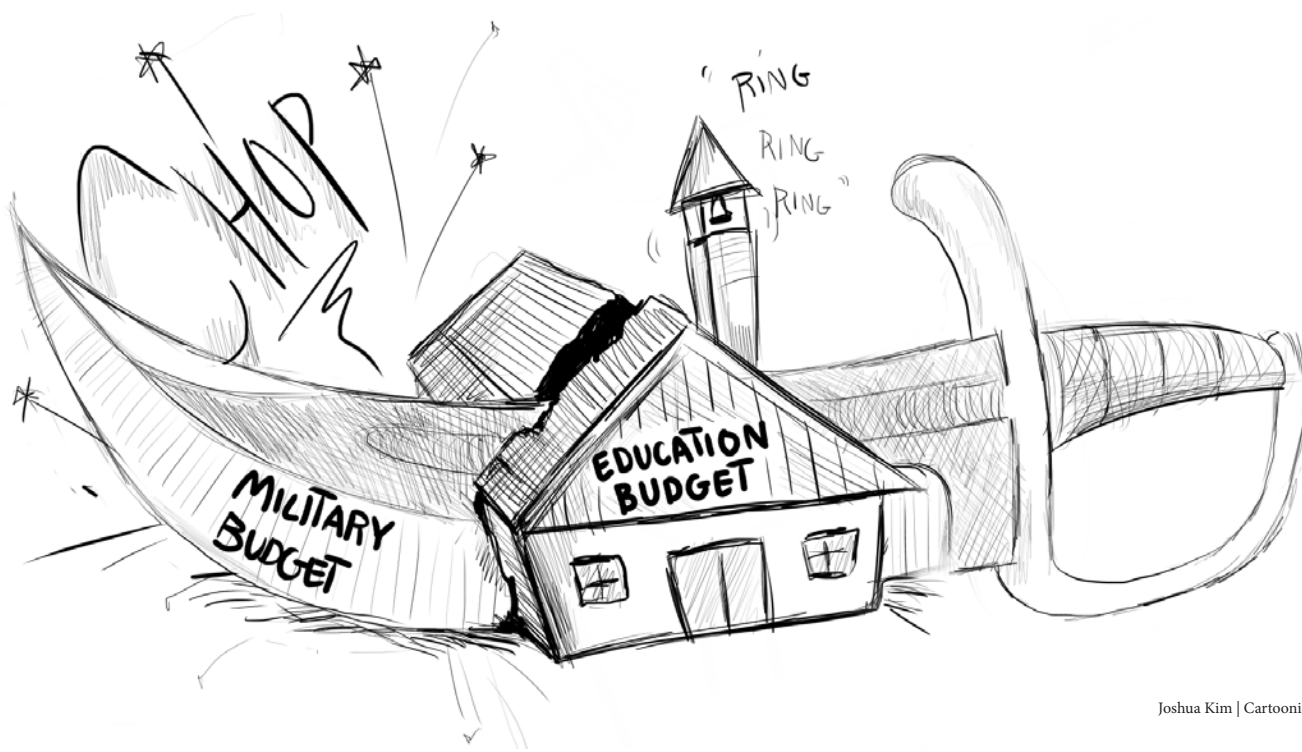
I have come up with four traits that overlapped between the two professors: empathy, humor, competency and compassion. These teachers had empathy for understanding that school is a temporary stage of life and for many students, "real world situations" are already occurring — Familial problems, money problems and relationship problems to name a few. Their humor to address issues, some of which did not even pertain to course material, made them seem human and relatable, as opposed to a teaching robot. They had competency in the subject matter they were teaching. Both professors were well versed in their subjects and when they taught, students could tell they really cared. Their passion allowed them to be better educators. And lastly, they both displayed compassion towards me, which I think is the trait that is most vital in taking an educator from good to great.

Both of the professors cared how I was doing and, at times, were OK with my course work taking a backseat in priority when I was simply, just not OK. In those moments they understood that life happens and tried to make it easier for me to stay healthy and sane. I hope that at some point in your college career you too can experience "great" in a professor because you may just learn more than what you signed up for.

As stated before, there is more to teaching than meets the eye. An educator that does their job and truly cares about their students can be a rare find. And to me, they have made all the difference.

*Isabella Maso is a senior journalism major from Frisco.*

EDITORIAL



Joshua Kim | Cartoonist

## Reallocate military funding

ISIS has people turning to violence abroad, North Korea's nuclear program is proliferating and nearly half a million Syrians have died in the country's civil war.

Knowing that these events are taking place, it makes sense that people are worried about the United States' national security and military strength. However, the military should reallocate some of its funds to local matters such as the health and education of today's youth.

Though the U.S.'s discretionary budget puts education as the third-most invested-in industry, it trails behind the military by a whopping \$530 billion annually. Simply moving \$5 billion from the military to education could drastically offset some of the underperformance issues of lower socio-economic school districts.

This comparatively small amount of money won't put that much pressure on the military; it will continue to have more funding than the next seven

countries combined.

That being said, in regard to education, the U.S. still ranks as one of the highest in dollars spent per student. However, this is not reflected in global scoring. In fact, compared to the best performing countries, U.S. students are only ranked at 17 for global testing averages.

The government could conduct research as to why dollars spent are not translating to higher student test scores by reallocating a few billion off the military budget. Such research would include comparing the U.S.'s education model to those of the higher-performing countries and making adequate adjustments to the curriculum.

For example, the Finnish schooling system has gained global recognition in recent years — ranking sixth, second and third in math, science and reading, respectively. One of the noticeable differences in the Finnish model is that students get 15-minute breaks after every 45 minutes of instruction, whereas the U.S. is scaling back

recess time for students. Finnish public schools are also funded by the national government, whereas U.S. schools only receive federal funding in the form of grants — basic operation costs are left up to local and state governments.

Other than conducting research with the reallocated money, schools could also use better funding for feeding their children. This doesn't mean offering more students free or reduced lunches, but actually providing quality meals. One only needs to look up pictures of other countries' school lunches to quickly see how large the discrepancy is.

By spending money on nutrition for today's youth, the government could help mitigate the childhood obesity epidemic, which, according to the Centers for Disease Control and Prevention, "has more than doubled in children and quadrupled in adolescents in the past 30 years."

All this being said, national security is obviously still

important. Depleting military funds drastically would be unwise and unsafe, but a revamp of how the military spends its money could possibly reveal a surplus. For example, while many citizens are worried about national security, the defense branch receives the least funding of all branches.

Also, the military spent \$200 billion in 2015 on the maintenance and operation of their bases, including the ones abroad. By readdressing which branches are prioritized and scaling back foreign operations, some of the money left over would do well in updating the American education system.

To many, our national security seems at risk. Who can blame them? By simply clicking a link, one can watch all sorts of horrors online. However, we believe a proper reevaluation of military spending is in order, and our under-educated and improperly nourished youth deserve better federal funding.

COLUMN

## Mary Lou Retton: More than an Olympian

SHAYLA KELLEY  
Reporter



My whole life, I have constantly been asked the same question: "What is it like to have Mary Lou Retton as a mom?"

I would always answer them the same way, "Well, she's like any other mom. She still takes my phone

away and grounds me. The only thing that's different is that she has to stop and take pictures with random people."

My mom has been speaking publicly since she was only 18 years old. After she won the Olympics in 1984, she was named "America's Sweetheart," and she captured the hearts of many Americans whose eyes were glued to the television that summer.

I always heard the same things about her growing up — that she was amazing, she sparkled wherever she went and she

really made an impact on people's lives. I was finally able to fully understand how amazing she was on Oct. 13.

Until Oct. 13, I had never heard my own mother give a speech. On Oct. 13, 2016, at McLane Stadium, my mother spoke during the Acrobatics and Tumbling Kick-Off Dinner.

When she got up on stage in the Baylor Club, the crowd was silent. My tiny 4-foot-9-inch mother had hushed the entire room. Before she even spoke, I was proud to call her my mother. You could feel her positive energy as she stood on the stage.

I noticed little children's eyes sparkle as they watched her speak, possibly dreaming about the same Olympic dream. The funny thing is, I have heard her "Olympic Story" thousands of times, but I actually learned some random things that I did not know.

For example, how she literally only had six weeks to fully recover from her knee injury right before the Olympics. I wasn't able to actually understand how difficult this was until something similar happened to myself. I also have been through knee

surgery, and while my case was more severe,

I still could not imagine only having six weeks to recover from someone cutting into my flesh — and not only recover, but to get to Olympic shape. It made me respect her more from an athlete's perspective rather than just a daughter's perspective.

But the most important thing that I learned is that my mother is fearless. Sure, her Olympic story is one for the books (it actually is in a book), but just her stage presence and the way she connects with people she had never even met was something that I was able to take away with a smile. After her speech was over, I rushed to my feet, teary eyed and started the clap.

"So did I do OK?" she asked me as she stepped off the stage. I nodded my head "yes" because I was afraid I might cry. She will never fully understand the effect that she has on people, and the effect she had on me that day. I am so proud and blessed to be able to call her my mom.

*Shayla Kelley is a senior journalism major from Houston.*

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# From Mexico to Texas: making Baylor home

**BRIANNA BASSETT**  
Reporter

Many students call Baylor a home away from home, and Monterrey, Mexico, senior Priscila de Alba is no exception. De Alba shares her experience going to school in a different country and reflects on how, through different communities and her Baylor family, she has found a home away from home at Baylor.

**How did you make the decision to go to Baylor?**

I was already accepted into the University of Mexico in Monterrey, but if I got into Baylor, then I was going to Baylor, and I didn't think I was going to get accepted, but then I did.

**What has been the biggest challenge of going to school in a different country?**

The culture shock. I lived very close to the U.S., so I was thinking it wasn't going to be as much of a culture shock, but I really wanted to get immersed in American culture, so I decided to not have any Latin friends for the first two years. I really had to learn and not take things personal. I started to notice I would take things personal that weren't meant to be. I just learned really quickly.

**What have been some of the cultural differences you noticed right away?**

Well, I feel like the hugs is the first thing that comes up, because when we say hello to someone, we give a cheek kiss and we front hug. So I came here and started doing that, and people thought it was weird.

**How did you get involved as a freshman when you first came to Baylor?**

Honestly, there were so many things. I felt like I found a really great community with my church and my sorority, and I just felt like people were interested in knowing more about another culture. I wanted to know more about their culture, so it was this mutual thing of us wanting to know more about each other. It was a learning experience, and they weren't expecting me to know everything.

**Where have you found your most supportive community at Baylor?**

I would say through church, and I was really

hungry to have strong community being away from home. I knew Baylor was a place I could find family away from family, so really quickly I went to church, and I started having those relationships with different people through life groups, college service and things like that.

They really just wanted to know about my life and what things I struggled with, and they wanted me to grow in my experience, and they were older than me so I admired them. I just wanted to take in as much as they could show me. I was like a sponge, just learning everything I can. It was amazing, and now I get to be that for other people.

**How is dating different in Mexico?**

It is a sequence of events that happen. So you start hanging out, you're very good friends and you go on dates. But you don't really call them dates and you are not exclusively "dating" that person. Then you tell that person that you love them, but it's like less than I love you, it's an "I like you." Then you keep going on dates.

It's a much longer process than in the States. Then from there, they tell you that they love you, you always have a talk of how many children you want to have, and that they love you and want to marry you. And then you become boyfriend/girlfriend. They always ask you to be their girlfriend; they never just assume that you are.

**Spanish is your first language. When did you learn English?**

I kind of learned it in school, but my teachers had very strong Spanish accents. My parents speak English, and I would get home and start telling them what I learned and they would say, "Priscila, that's not how you say it."

I learned bad English growing up, but coming to Baylor and having American friends, I was like, "Correct me. I don't care; correct me," and they would constantly help me. I feel like you could barely understand my English freshman year, and now I feel like we can have a good conversation.

**How has the language barrier been for you?**

My first class ever at Baylor was speech, and we had to give a speech every day. I remember driving to Baylor for the first time, and my dad asked me to call someone on the phone from Baylor. I start speaking, and when I hung up he started laughing. He was like, "Priscila, why are you faking your English? That's not how you speak," and my mom turned and hit him in the



Photo courtesy of Priscila de Alba

**BAYLOR ACROSS BORDERS** Monterrey, Mexico, senior Priscila de Alba poses with her parents and sister. De Alba, originally from Mexico, shared some of her experiences and how she has adjusted to life in America and at Baylor.

arm and was like, "That's how she speaks."

So having my first class be speech class – it was going to be horrible. I was shaking, and I thought everyone was just going to laugh, but after the first speech, everyone said that my English was good, and I thought, "OK, maybe it isn't as bad as I thought it would be. I would practice every day, and I am very cautious of the way I [pronounce] things. So when I'm tired, you cannot understand me, but when I am awake and clear, I am like, "OK, this is the way I need to speak and be clear."

**Since there was a language barrier, how did you decide on your communications major?**

I chose my major because of that speech class freshman year. I loved that speech class, and I love how it is challenging for me, so it's not something that just comes easy. I was in speech classes in high school, and I was so bad, and it was a challenge for me to want to be better. It was a good type of challenge.

**What was the biggest sacrifice you had to make going to school in a different country?**

I would say being away from my family. My mom and dad would always come home from work, and we would all sit down and talk together. And there was so much space for them to correct me or tell me what their opinion was, and we would just talk for hours at night. Then coming here and not having that, and I was

worried. What if I am messing up? Who is going to correct me in my life?

I still feel so young, and I'm still messing up a lot and I still need people to tell me that's not what I should be doing. So being far away from family and just missing that strong bond because being on the phone and FaceTime is not the same thing.

**What did you do to set yourself up to be successful at Baylor, and what advice would you give to another student who is looking to go to school in another country?**

I think I'm still trying to figure out, but I think the main thing is knowing that you are not alone. For the longest time, I always felt like I was alone because I had to go study and I had to read over the chapter a lot more times than I would have to if I was reading it in Spanish. But I would say, just knowing there are other people struggling with the same things. So figuring out a group in your class and making friends that you can study with and going into office hours. The teachers blew my mind, and that's not an experience I had in Mexico – just them really wanting you to succeed. They would be like, "Yes, you can call me. You can text me whatever time." I thought, "They're like my friends."

I feel like I was able to make it through Baylor because of my friends, the community and the professors being willing to go above and beyond to teach a class and really wanting me to understand.



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# France moves migrants from makeshift camp

**ELAINE GANLEY**  
Associated Press

CALAIS, France — France began the mass evacuation Monday of the makeshift migrant camp known as “the jungle,” a mammoth project to erase the humanitarian blight on its northern border, where thousands fleeing war or poverty have lived in squalor, most hoping to sneak into Britain.

Before dawn broke, long lines of migrants waited in chilly temperatures to board buses in the port city of Calais, carrying meager belongings and timid hope that they were headed to a brighter future, despite giving up their dreams of life across the English Channel in Britain.

Closely watched by more than 1,200 police, the first of dozens of buses began transferring them to reception centers around France where they can apply for asylum. More police patrolled inside the camp, among them officers from the London police force.

Authorities were expected to begin tearing down thousands of muddy tents and fragile shelters on Tuesday as the migrants vacated them.

Migrants have flocked to the Calais region for nearly two decades, living in mini-jungles. But the sprawling camp in the sand dunes of northern France became emblematic of Europe’s migrant crisis, expanding as migrant numbers grew and quickly evolving into Europe’s largest slum,

supported by aid groups, and a black eye on France’s image.

“It’s not good, the jungle,” said 31-year-old Mahmoud Abraham of Sudan. “Eating not good. Water not good, shelter not good, no good toilets.” He said he would leave Tuesday when lines were shorter, gesturing to a black knapsack that was all packed to go as proof he was ready.

Home to migrants from Afghanistan, Sudan, Eritrea, Syria and elsewhere, the closing of the camp fell like a stone on many as the reality of the evacuation sunk in and plans had to be made. Uncertainty and a lack of precise information left many fearful.

By nightfall on Monday, French Interior Minister Bernard Cazeneuve

said 1,918 people had been processed and sent to 80 centers around France. Another 400 unaccompanied minors were being housed in heated shelters at the camp.

The numbers were lower than the 3,000 expected to be evacuated Monday. The operation, expected to last a week, would continue as long as necessary, Cazeneuve said. “This is an operation we want to be peaceful and under control. So far it is,” he said.

Authorities say the camp holds nearly 6,500 migrants, while aid groups put the number at more than 8,300, with more than 1,200 unaccompanied minors among them.

Unaccompanied minors, many with family members in Britain, were to be housed on-site in containers

set up earlier this year as their files are studied in London to see if they qualify for a transfer across the English Channel. The humanitarian organization France Terre d’Asile says 1,291 unaccompanied minors live in the camp.

In a breakthrough, Cazeneuve announced late Monday that Britain had agreed to take in unaccompanied minors with family ties in Britain, an important step after months of prodding by France.

Officials have said that there will be a solution for each migrant, though expulsion may be among them for those who don’t qualify for asylum. Meanwhile, France will spend 25 euros a day on each migrant in the reception centers, according to officials.

## ST. JUDE from Page 1

for this nonprofit organization, the greater honor is found in being able to be the hands and feet of Jesus on this earth,” Mann said. “We serve St. Jude so that others may find comfort. We serve St. Jude so that others may find healing, and we serve St. Jude so that the Lord may be glorified and His presence known.”

While some girls go through sorority recruitment without considering philanthropy as criteria, many of Baylor’s Tri Delta members chose their chapter because of its work with St. Jude.

Boerne sophomore Meredith Steward said her high school best friend’s battle with acute lymphoblastic leukemia, spanning from seventh grade to a relapse her freshman year at Baylor, highly influenced her decision to join Tri Delta.

“I went into rush week with all these thoughts running through my head, knowing that the statistics of survival rate for relapsed A.L.L. was much, much lower,” Steward said. “I was already interested in Tri Delt, but I was still on the fence, so when I found out during rush week that Tri Delt’s philanthropy was St. Jude, I got this amazing sense of purpose and feeling of belonging in the chapter room.”

For some members of the chapter such as McKinney senior Amanda Pace, the trip is too special to only experience once as this weekend marked her second visit. On this trip, she saw a patient in a wheelchair leaving a “No Mo Chemo” party with her family, which the hospital throws when a patient completes their chemotherapy treatments, and reflected on how Baylor Tri Delta incorporated this into its philanthropy day theme this past spring during recruitment week.

“We crossed paths with a young girl and her family holding balloons that said “No Mo Chemo!” just like how we threw a “No Mo Chemo” party during recruitment week to celebrate the excitement that the children experience when they finally finish their chemo treatments,” Pace said. “We cheered for her, and it was amazing seeing the unexplainable

happiness of the girl and her family as they waved at us, seeing that we were wearing Tri Delt shirts.”

While in Memphis, the chapter also had the opportunity to visit with St. Jude patient Cole Harrison, who withdrew from his freshman year at Baylor in September after being diagnosed with lymphoma.

“The Harrisons have said that the support of Baylor and of Tri Delta members have raised Cole’s spirits unlike anything they have thought possible,” said Dr. David Henry, Baylor Law School professor and Baylor Tri Delta faculty adviser. “More than ever before, I remain so proud to serve as an adviser to such an inspiring group of young people as those of Baylor’s Delta Delta Delta.”

After giving Harrison a basket of Baylor gear, the girls taught him how to do their “Delta move” while he taught them how to do “the flounder,” a dance move he claimed he brought to Baylor. Over the course of the trip, Harrison bonded with the girls over a BBQ dinner at Memphis’ famous Rendezvous, swing dancing with Baylor Tri Delta’s philanthropy chair, who organized the trip, as well as going on horse and carriage rides around the city.

“He literally lightened up the room when he walked in, and his positivity was absolutely contagious,” Austin junior Sarah Brodsky said. “The way he was able to joke and remain so hopeful and joyful in what I am sure is the darkest time of his life spoke volumes.”

Of the chapter’s \$184,000 that they raised last year, \$156,000 of that was raised solely from its annual letter writing campaign, where most members write around 50 personalized letters to friends and family asking them to support St. Jude. The rest of the money was raised through Baylor-specific events, “Delta Night Live” and “Game Day.”

“At the heart of Tri Delta’s purpose is a genuine desire to serve others, and these girls embody that so well,” Bradenton, Fla., junior Allison Malcom, Baylor Tri Delta’s



Brooke Bentley | Reporter

**TRI DELTA** The Baylor chapter of Tri Delta visited its philanthropy, St. Jude Children’s Research Hospital, over fall break. A group of Tri Deltas tour the hospital and view the St. Jude’s “Alphabet Wall,” which patients at the hospital make.

philanthropy chair, said. “Driving these events are girls that truly care about St. Jude and benefitting the families facing the realities of childhood cancer, and I think that is how we are able to raise so much money even through simple events.”

Baylor Tri Delta’s annual “Game Day” event Nov. 12 on Fountain Mall will be during the Baylor versus Oklahoma football game and will include food, drinks and a large projector showing the away game. All proceeds from tickets and T-shirts will go directly to St. Jude.

## WALK from Page 1

The event is not a fundraiser. According to Yarbrough, the ultimate goal of the committee is to support full integration of people with disabilities into all aspects of the community. Walk-N-Roll was put on in conjunction with National Disability Employment

Awareness Month to do just that. Partners of the event combined their efforts to create this specific awareness day to celebrate the month and recognize the efforts of employers to “integrate people with disabilities into their workforce,” Yarbrough said.

Elite Therapy Center was one of many sponsors for Friday’s event. Karen Oakley, marketing director for the Elite Therapy Center, said the center focuses on collaboration with patients and the people involved in their life.

“We strive to support

local groups and celebrate the National Disability Employment Awareness Month through this great event,” Oakley said. “We look forward to meeting many who are seeking information about our services or are benefactors of speech, physical and occupational therapies.”

## Preparing for Scaring



Liesje Powers | Photo Editor

**HAUNTED HOUSE** West Linn, Ore., senior Tyler Cox, Long Beach, Calif., senior Brock Meckelborg and Houston sophomore Ben Wells work Monday afternoon to help set up the tent for Fright Night, hosted by Fiji. The tent will be up and running at 8 p.m. Wednesday through Friday night on Fountain Mall.

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## CrossFit enters school

**JOHN KEILMAN**  
Tribune News Service

CHICAGO — The most popular Physical Education class at Waukegan High School takes place in a basement field house that has the ambience of a dungeon. Sweating is assured. Vomiting is not unusual.

It's the school's version of CrossFit, the intense and trendy exercise regimen that has exploded in popularity over the last 16 years, spawning thousands of gyms, more than 1 million devotees and a professional competition broadcast on ESPN.

Schools around the Chicago area have adopted CrossFit to stir student interest at a time of rising youth obesity, and some say it's reaching children left cold by traditional gym classes.

"I think it's a great way to teach kids lifelong fitness, especially those kids who aren't interested in hockey or soccer or basketball," said teacher Tracy Haraf of Alsip's Stony Creek Elementary, which devotes half of its PE days to CrossFit exercises. "They think it's tough, but I think they have a lot of fun doing it."

But some doctors and researchers advise caution, saying the weightlifting-oriented workouts can lead to injuries, particularly when performed by the inexperienced. CrossFit Inc., the company that certifies trainers and licenses gyms, has fired back at that assessment, and



Tribune News Service

**BURPEES FOR THE WIN** Students from Waukegan High School in instructor Greg Moio's CrossFit physical education class did a five-minute group burpee ladder activity at the end of the class on Sept. 28 in Waukegan, Ill.

the controversy is playing out in a pair of vitriolic lawsuits.

Yet gym teachers like Waukegan's Greg Moio, whose two-campus school has about 650 kids taking CrossFit each day, say the risk of injury can be curbed with proper supervision and CrossFit's flexibility.

Moio pointed to a workout called "Death by Burpees," where every 1 minute and 20 seconds, students run a

lap and perform an escalating number of burpees — a movement involving a squat, a pushup and a leap with hands held above the head. The challenge is to keep going as long as you can.

"That's the great thing, because something like running the mile, the worst kid is always last," Moio said. "Everybody knows who's last; that's a terrible feeling for a kid. Now, the last person is the best, and no one knows

who dropped out in round three because they're too worried about trying to get their own butt around the (track)."

CrossFit bills itself as a pathway to all-around fitness, including strength, flexibility and endurance. It combines weightlifting with calisthenics and cardio work to create high-intensity workouts, often named for fallen members of the American military.

## Sweeney Todd spooks audiences

**LINDSEY MCLEMORE**  
Reporter

"Sweeney Todd: The Demon Barber of Fleet Street" is not for the faint of heart.

Filled with romance and morbidity, "Sweeney Todd" tells the story of a barber who returns to London from serving a jail sentence for a crime he did not commit. Sweeney Todd, the barber, returns to find that his wife has poisoned herself and the judge who sent him to prison has adopted his now teenage daughter, Joanna.

Todd opens a barbershop above Mrs. Lovett's meat pie shop, where Todd takes revenge on his enemies, giving them the closest (and last) shave they'll ever get and then leaving their remains with Mrs. Lovett to be turned into meat pies.

Waco Civic Theatre performed Stephen Sondheim's complicated 1979 musical score to near perfection

on Sunday.

The beautiful ensemble harmonies were tight with few noticeable errors.

The dueling duets featured in "Kiss Me" were very impressive. Joanna (Caroline Bowman) and Anthony

### REVIEW

(Tim Griffin) could be heard clearly despite Todd (Seth Sutton) and Judge Turpin, (Bill Selby) singing about something completely different on the other side of the stage, which combined to create a beautiful harmony.

Fans of the film version, directed by Tim Burton in 2007, will be delighted to see the musical go even deeper and darker into the mind of the deplorable Judge Turpin and see more personality and development in characters like The Beadle, Judge Turpin's right-hand man.

Despite the cast's beautiful performance, some interesting choices in costuming were distracting.

"Sweeney Todd" is set in mid-19th century London, which was easily portrayed through period clothing and set design. However, some

ensemble cast members wore hats and goggles more resembling modern steam punk fashion than 1850s Victorian fashion.

Those steam punk accessories took away from the terror normally instilled by "Sweeney Todd" and made those characters seem more cartoonish than ghoulish.

A steam punk version of "Sweeney Todd" does sound interesting, but in this case, having those types of accessories on only a small number of characters was a distraction from the otherwise beautiful performance.

"Sweeney Todd: The Demon Barber of Fleet Street" is a delightfully dark musical, perfect for getting in a good scare around Halloween.

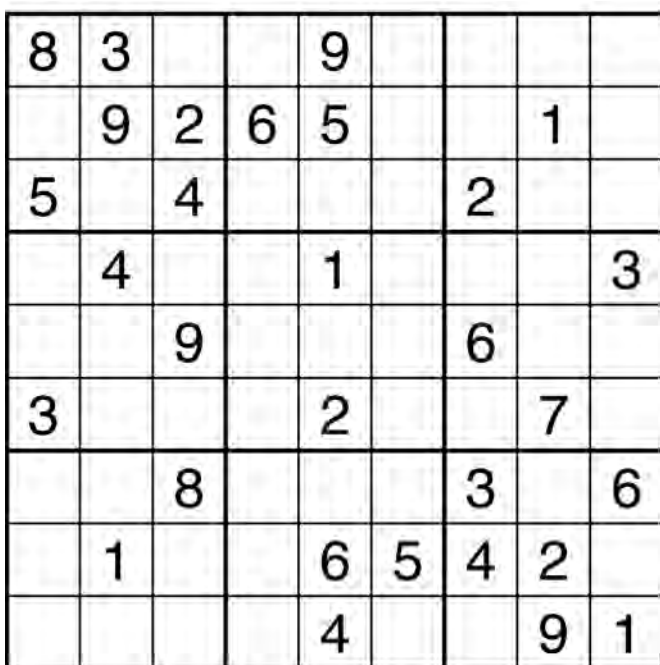
Rated PG-13, "Sweeney Todd" features violence, sexual innuendo and strong language. This musical is definitely not suitable for children.

But be sure to try the meat pies at concession. They're delicious.

### THE DETAILS:

**Showtimes:**  
7:30 p.m. Thursday-Saturday  
2:30 p.m. Sunday  
7:30 p.m. Nov. 3 - Nov. 5  
2:30 p.m. Nov. 6

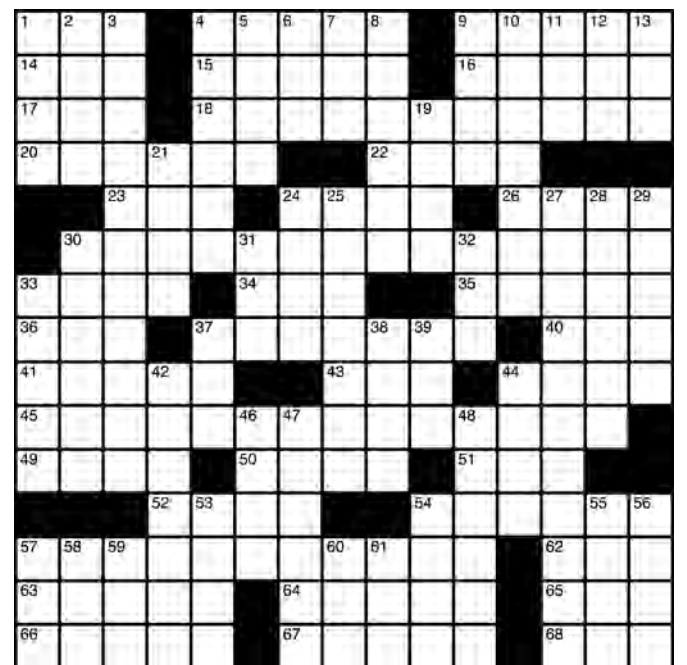
**Ticket prices:**  
Thursday and Sunday - \$16 for student, military or senior otherwise \$18  
Friday and Saturday - \$18 for student, military or senior and \$20 otherwise **purchase** at [www.wacocivictheatre.org/movies/sweeney-todd/](http://www.wacocivictheatre.org/movies/sweeney-todd/)



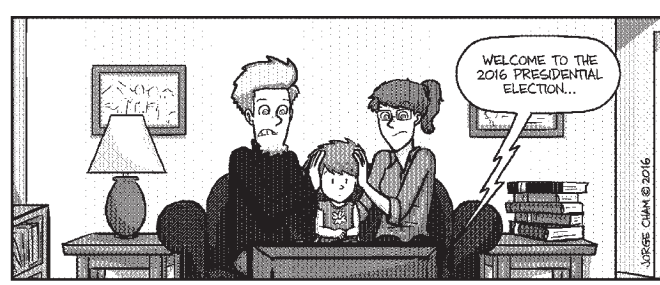
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### Today's Puzzles

- Across**
- 1 \_\_\_ for the course
  - 4 Proverb
  - 9 Wire fence stickers
  - 14 Winner of the most 2016 Olympic medals
  - 15 Prize founder
  - 16 Accustom (to)
  - 17 \_\_\_ Tin Tin
  - 18 "We're done here. Please leave"
  - 20 For mature viewers
  - 22 Foot prettifier, briefly
  - 23 Miss. neighbor
  - 24 Grape-Nuts cereal brand
  - 26 Big Board letters
  - 30 Lone source of local entertainment
  - 33 Pop in a glass
  - 34 Wonder
  - 35 Longtime name in Syrian leadership
  - 36 Prereq for a lifeguard
  - 37 Fred Flintstone's boss
  - 40 CBS logo
  - 41 Yoga position
  - 43 Conservationist's prefix
  - 44 Part of 14-Across: Abbr.
  - 45 Eschew modern conveniences
  - 49 Worrisome grades
  - 50 Misplace
  - 51 Tennis do-over
  - 52 Open house offering
  - 54 Great suffering
  - 57 Like the child of your first cousin, to you
  - 62 Great Lakes' \_\_\_ Canals
  - 63 Baseball legend Satchel
  - 64 Dior skirt style
  - 65 "\_\_\_ the President's Men"
  - 66 Does' mates
  - 67 Cares for
  - 68 Sound on Old MacDonald's farm
- Down**
- 1 Sound of a contented kitty
  - 2 Great Wall setting
  - 3 Deliver a tirade
  - 4 Sometime soon



- 5 "Let's Make a Deal" selection
- 6 \_\_\_ Dhabi
- 7 Emerald, e.g.
- 8 Slip by
- 9 Texas city of 1.3 million, familiarly
- 10 Consecrates with oil
- 11 It may be unearned
- 12 Compadre
- 13 Clinch, with "up"
- 19 Mythical Himalayan
- 21 Singer Fitzgerald
- 24 Feline feet
- 25 Brunch servings
- 27 Ill-tempered Looney Tunes character
- 28 Persuaded
- 29 Week or rear add-on
- 30 "My bad!"
- 31 Needlefish
- 32 Scottish denial
- 33 Nearly boil
- 37 Long March leader in 1930s
- China
- 38 Tylenol target
- 39 One may be stubbed
- 42 Retirement fund
- 44 Belligerent god
- 46 Chimney part
- 47 Word processing category involving page dimensions
- 48 Moves smoothly
- 53 Lodes and lodes
- 54 Patch up
- 55 Hershey's caramel candy
- 56 Modern-day carpe diem spelled out at the starts of 18-, 30-, 45- and 57-Across
- 57 Black \_\_\_: covert missions
- 58 D.C. ballplayer
- 59 Spy. novel org.
- 60 "¡Viva el matador!"
- 61 \_\_\_ Scully, Dodger announcer for 67 seasons



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For today's puzzle results, please go to [BaylorLariat.com](http://BaylorLariat.com)

LISTEN ONLINE >> "Don't Feed the Bears" >> Previewing the NBA season

BaylorLariat.com

## BU volleyball ousts Sooners

**NATHAN KEIL**  
Sports Writer

Baylor volleyball is off to one of its best starts in school history. The Bears climbed up to No. 31 in this week's RPI, a tool that the NCAA uses to rank schools based on wins, losses, and strength of schedule. Included in this start was a brutal and tough four-set win over Oklahoma on Saturday 22-25, 25-11, 28-26, 27-25. It is their third consecutive win and their first win over the Sooners since the 2011 season, a milestone the Bears are well aware of.

"I think we're in a new era of Baylor volleyball. We're never going to have this exact same team again," said junior middle hitter Camryn Freiberg. "We're trying to leave a legacy here, not just in volleyball but how we are living our lives."

Baylor concluded its initial run through the conference with the win against the Sooners. The Bears finished 6-2 overall and 4-1 in conference play at the Ferrell Center, which is important as they will play five of their eight remaining conference contests on the road.

"The team is really coming together, and we're beating teams that we haven't beat in long time," sophomore outside hitter Ashley Fritcher said. "I think we're turning heads. It's a good thing."

Baylor, perhaps still a little worn out from their five-set win over Iowa State on Wednesday night, struggled to establish any kind of rhythm on the attack or on the serve in the opening set. This resulted in uncharacteristic errors on the serve receive and in the team's communication.

They exchanged points and traded leads six times. As the set played on, Oklahoma's play got cleaner and crisper. Ultimately, these errors would be the downfall for Baylor in the first set as they dropped the opener, 25-22. Baylor was only 13 for 41 on attacks with eight errors, including an extremely quiet three kills for redshirt junior outside hitter Katie Staiger.

"They weren't dialed in that first set, and that was discouraging to see," said head coach Ryan McGuyre.

That weariness and lack of focus didn't last long as Baylor came out firing in the second set, establishing themselves offensively with a 12-5 spurt to begin the set. The Bears would continue to dictate play in in the second set with the help of repeated and relentless kills from Frieberg. After the quick start, Baylor completed a comfortable

25-11 victory in the second set. "[Frieberg] cleaned up the net so well today and did a lot of things that won't show up in the stat line," McGuyre said. "Instinctively, she gets her hands on balls, digs balls out of the net and scrambling. She extended a lot of rallies that you don't usually get from the middle. It's a testament to her work ethic. She believes at [5 feet 11 inches] that she's the best middle in the country, and we aren't going to tell her any differently."

The third set mirrored the first with its back and forward nature. Similarly, Oklahoma began to take control, building a three-point lead at 20-17, but Baylor refused to go away quietly as they rallied to take a 24-23 lead. With the set tied at 24 apiece, Baylor won a key challenge to keep their hopes alive.

In a set featuring 13 ties, Baylor managed to pull out a gritty 28-26 win in the third, in large part to the play of Fritcher and Frieberg at the net.

The fourth set remained right on par with the intense, back and forth struggle for control that sets one and three had. After facing a set point at 25-24, Baylor rallied once again to take the final three points, the last on a perfect placement ball by senior setter Morgan Reed in the back right corner of the court, securing the win.

With the win over the Sooners, Baylor notched its 18th win, surpassing their total from last season, and now sits alone in third place of the Big 12 behind Texas and Kansas. Baylor may be entering the most difficult portion of its season, as it will now hit the road for the majority of the second half of the conference circuit, including the next three games.

McGuyre said Baylor will look to continue to get big contributions from other players outside of Staiger like they did Saturday from Freiberg, Fritcher and sophomore outside hitter Aniah Philo. Freiberg finished with 14 kills, Fritcher 13 and Philo 15, all career highs.

Baylor will also need to rely on the stellar play of its defense as it looks to maintain its success on the road.

"Our defense has to travel," McGuyre said. "When we go on the road, we have to take our defense with us. That means tough serves and digs that we can turn into kills."

The first stop on the three-game road swing will be on Saturday against the Kansas State Wildcats. The match is set to start at 7 p.m.



Timothy Hong | Lariat Photographer

**NOT HIGH ENOUGH** Senior midfielder Ashley York battles against a Kansas Jayhawks defender to get the ball on Sunday at Betty Lou Mays Soccer Field. The Bears lost 3-1.

## Soccer hits roadblock

**NATHAN KEIL**  
Sports Writer

Baylor soccer dropped its final two Big 12 matches of the regular season over the weekend - First, a 1-0 heartbreaker on Friday night to Iowa State and then a 3-1 decision against Kansas on Sunday afternoon.

On Friday, the Bears battled for 102 minutes before sophomore forward Klasey Medelberg powered one to the back of the net, ending the marathon match.

"You have to give credit to Iowa State. They're a good team, a tough team. We knew that coming in, and we knew they weren't going to quit or back down," said head coach Paul Jobson. "It didn't matter how many shots we had or misses we had; they were in the game until the very end."

Baylor opened the game strong and in attack mode. The Bears dictated the pace of the match as well as ball possession on their way to nine first-half shots, including five on goal. Sophomore midfielder Sarah King had three scoring opportunities that were just a bit off or that were denied by junior goalkeeper Lindsey Hendon.

"We had so many shots on goal. We had the chances, they just didn't

fall our way tonight," King said. "It's motivation for the next game, and moving forward those chances will eventually fall."

The opportunities didn't come quite so easily in the second half as the Cyclones elevated the intensity and pressure on defense, limiting the Bears to only one shot in the second half. However, Baylor had several corner kicks in the first extra period that nearly ended the game if not for a late deflection and stellar play from Hendon.

"Their goalkeeper played great; she had some fantastic saves," Jobson said. "A lot of credit to Iowa State. They know how to pull out wins and they did tonight."

Unfortunately for Baylor, Sunday's result proved to be no better as they fell to the Jayhawks 3-1 in their final regular-season game at Betty Lou Mays Soccer Field.

"Playing Baylor is always a battle, and today was no different," Kansas head coach Mark Francis said on Kansas' official athletic website. "I didn't think we played particularly well, but we really grinded [sic] it out, especially late in the second half."

The match was fast paced and well contested from the very beginning. The Jayhawks got on the board first when freshman defender Addysin

Merrick scored on a free kick in the 22nd minute, giving Kansas a 1-0 lead.

That lead would last less than 10 minutes after the Bears capitalized on an opportunity. After a handball penalty by the Jayhawks in their own box, sophomore forward Lauren Piercy scored her seventh goal of the season on the ensuing penalty shot, evening the score at one apiece.

The score would remain tied at one until the Jayhawks tacked on two goals to put away the Bears in the final 12 minutes of the match. The first one came in the 79th minute on senior forward Ashley Pankey's goal to the far post. Two minutes later, senior midfielder Jackie Georgoulis scored from nearly the same spot, icing the match for the Jayhawks.

"I didn't think we were sharp," Jobson said. "I think a lot of the game was kind of back and forth, but they capitalized on their opportunities and we didn't, and that's really the difference in the game."

With the win, Kansas improved to 9-4-4 overall, 4-1-2 in Big 12 play, as they head into their final match against Iowa State on Oct. 28.

Baylor now has a bye week before the team travels to Kansas City to participate in the Big 12 championships Nov. 2 to 6.

October is National Cybersecurity Awareness Month

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