

Baylor Lariat

WE'RE THERE WHEN YOU CAN'T BE



FEBRUARY 12, 2016

FRIDAY

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Banned

Hoverboards not allowed in residencies

LIESJE POWERS
Reporter

Hoverboards and similar lithium battery-powered transportation devices will no longer be allowed in residential facilities as of spring break 2016.

The change is being made due to safety concerns, according to an email from Baylor Campus Living & Learning.

"We started looking at [hoverboard policies] shortly after winter break when the stories of them catching on fire became a national headline," said Ryan Cohenour, associate director for housing administration. "Also, when airlines banned them, it caught our attention."

The timing of the policy change is intended to give students a chance to take their devices home over the break, Cohenour said. The number of students in dorms who use hoverboards is very small, according to various community leaders and office assistants.

"I think if it's a hazard then it should definitely be enforced," said Emily Fields, the office assistant in South Russell Residence Hall.

Students will not be able to ride, store or charge hoverboards in Baylor residencies once the policy goes into effect. Hoverboards will be added to the list of prohibited items and will be monitored by both regular and random safety checks by community leaders.

"I think they have equal weight [to other prohibited items], as they pose a safety risk to other students," Cohenour said. "We aren't designed to have them on campus because of potential risks to other students."

No mentions of removal of hoverboards from campus as a whole have been made.

"I think when they are being charged and not monitored, that is one of the bigger issues," Cohenour said.

Included in the email informing of new policies are links to reported incidents and investigations dealing with hoverboards spontaneously combusting due to the engineering of the devices. Also, there is a link to the U.S. Consumer Product Safety Commission, that includes a letter

BOARD >> Page 4



Penelope Shirey | Lariat Photographer

TAKE A BREATH The Counseling Center offers a free yoga class in Russell Gym led by Sheridan Aspy on Thursday as a part of Hope, Peace, Love week. The week culminates with the Love Day Carnival at 5:30 p.m. in the Baylor Sciences Building today, followed by the Love the Run You're With 5K.

Hope, Peace, Love

Counseling center promotes mental health awareness through activities

KENDALL BAER AND
KALYN STORY
Assistant Web Editor,
Staff Writer

On Wednesday, the Baylor Counseling Center kicked off its "Hope, Peace, Love Week" with events ranging from a talk on "Finding Mr. Right" to a free showing of the Disney film "Inside Out".

With this week, the counseling center hopes to reduce the stigma surrounding mental health and encourage students to talk about their health and to take care of themselves by increasing visibility and conversation.

One event the counseling center held Wednesday was a screening of "Inside Out" in the Bill Daniel Student Center. They provided popcorn and gave away prizes as an incentive for students to take a break from their busy day to focus on their mental health.

"Mental health will catch up to you," said Dr. Emma Wood, the staff psychologist and coordinator of

outreach said. "Taking two minutes out of your day to take care of yourself will go a long way."

One of the events held specifically dealt with the idea of anxiety and the college student. "Understanding Anxiety: The No.1 College Student Mental Health Concern" was held on Thursday, Peace Day, at 3:30 p.m. in the Baylor Sciences Building.

Dr. Jim Marsh, director of counseling services, led the presentation, beginning with what anxiety is and why anxiety gets a hold of people. He acknowledged that control is most often the key theme with anxiety and most people who experience anxiety have trouble connecting with their sense of vulnerability.

"I wanted to be informed," said Corona, Calif., senior Anthony Gasso. "I wanted to learn a little bit more about anxiety and the symptoms."

Marsh said there are three different models that help explain the different forms of anxiety. The first is the cognitive model that typically results from negative or

illogical thoughts. Marsh said the key to resolving this type of anxiety is by changing the way one thinks.

"For people with social anxiety for example, a common denominator is the thought or fear that I am going to do something to embarrass myself," Marsh said. "Part of what to do is to help people evaluate those thoughts and change the way they think about things."

The second model is the behavioral model. In this model avoidance of the issue is the cause of the anxiety. In return, exposure to the problem is the cure.

"Actually learning how to do the thing that makes you anxious is the cure for that anxiety," Marsh said.

The third model is the hidden emotion model and, Marsh said niceness is the cause of the anxiety. The key to facilitating recovery is to bring the hidden emotion to awareness.

"Nice people are usually anxious and it can be for some different

Baylor to keep records private

DAVID WARREN
Associated Press

DALLAS—Baylor University can keep private campus police records that detail sexual assaults committed by two former football players against students, according to an opinion issued this week by the Texas attorney general's office.

Releasing the records would violate the victims' privacy rights, Assistant Attorney General David Wheelus said in the letter to a Baylor official.



Elliot

The Associated Press has requested Baylor police records regarding the department's investigation into sex assaults for which the two players were convicted. However, the AG's office said it was responding to a separate but similar request by ESPN's "Outside The Lines."

In arguing that the records should remain private, Wheelus says that the party requesting the information knows the names of the victims, so releasing the records would result in making public "highly intimate or embarrassing details."

The AG's office, headed by Attorney General and Baylor graduate Ken Paxton, declined further comment on the opinion.

ESPN has reported that

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>>WHAT'S INSIDE

opinion



Editorial: While gene research is important, it should not be used to modify embryos. **pg. 2**

sports

Tech Game: Women's basketball gets ready to play Texas Tech on Saturday. **pg. 6**

#WhyIStayed creator to share story on campus

JESSICA HUBBLE
Reporter

Beverly Gooden, a domestic violence survivor and creator of the social media movement #WhyIStayed, will speak to Baylor students Tuesday.

Gooden speak in Jones Concert Hall in the McCrary Music Building from 6 to 8 p.m. She will also speak in all three Chapel services Wednesday. The lecture is free and open to the public.

The lecture is part of the Baylor Academy for Leader Development lecture series. The Academy for Leader Development is a group that provides curricular and extra-curricular opportunities for students to learn leadership skills. The academy sponsors and runs programs such like the Leadership Living and Learning Center (LEAD LLC), peer leaders, leadership minor and the

lecture series. The lecture series strives to bring national and international speakers to campus to discuss pressing social issues.

"I hope that the community at large will come," said Amy Kellner, student leadership coordinator for the Academy for Leader Development. "I hope all audience members will gain a better understanding of domestic violence, increased sensitivity for survivors and that students will consider how they can serve as leaders to prevent domestic violence. For survivors, I hope they understand they are not alone and their stories are important. For victims, I hope they develop a support system and gain knowledge of how to leave their relationships safely."

Gooden started the #WhyIStayed movement in 2014 after hearing multiple people blame Janay



Courtesy Art

INSPIRING CHANGE Domestic violence survivor and creator of the social media movement #WhyIStayed, Beverly Gooden, is coming to speak to Baylor students on Tuesday.

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GOT SOMETHING TO SAY?

We want to hear it. Send us your thoughts: LariatLetters@baylor.edu

EDITORIAL



@asherfreeman

asher

Playing God

Dangers, ethical issues outweigh benefits for gene editing research

Let's 'play God.'

As of Feb. 1, Britain approved gene editing on human embryos.

There are many controversies surrounding gene editing. From a religious standpoint, it is seen as an attempt to create life as God does. Aside from religious beliefs, having the power to modify and create genes presents many concerns. One of these is the aftermath of the experiments. It is not guaranteed that there will be no consequences, which may be seen when the baby is born or even in future generations. Another major concern is the potential future of "designer babies." Gene editing may lead to the option of altering genes to create smarter, better-looking babies.

Genetically modifying human embryos may produce positive results in terms of treating certain illnesses and diseases, but successes may be short-lived. For instance, viruses are constantly evolving. Instead of being a means to cure sickness, the application of this study may possibly lead to the onset of new, devastating epidemics.

The Centers for Disease Control and Prevention states the Influenza A virus, commonly known as the flu, undergoes two different types of transformations. The first is the "antigenic drift." This transformation is gradual and happens through replication. The other is called the "antigenic shift." This second transformation is a major change which results in a virus with a new combination of genes. In 2009, the Influenza A virus experienced an antigenic shift, which resulted in a pandemic. By creating genetically enhanced babies to fend off these viruses, the viruses, instead of being eradicated, may evolve to become stronger and more malicious.

There is also no guarantee that there won't be other forms of genetic disorders. Down syndrome, for example, occurs when there are three, instead of two, copies of chromosome 21. This particular condition is congenital. Even if a child's genes were modified before birth to prevent conditions such as Down syndrome, there is a possibility that a new genetic condition may arise due to natural mutations in future generations.

Considering the risks and ethical issues, many people are against experimentation on genetic engineering, especially when it involves the human genome. What many people forget, however, is the fact that gene

modifications have already been effective since the 1900s, and are necessities in our lives today.

According to the Centers for Disease Control and Prevention, the poliovirus infected 13,000-20,000 people annually before the vaccine was created. In the article "Embryonic Stem Cell Research-Old Controversy; New Debate," Rachel Gold explains that the polio vaccine was developed from experiments on human fetal kidney cells. This discovery has radically reduced the contraction of this virus and has even made it possible to initiate its eradication. The polio vaccine isn't the only one. Vaccines, such as for the Influenza virus and Human Papillomavirus would not be accessible today if not for genetic research and engineering.

Kathy Niakan, a researcher from London, proposed gene editing on human embryos, which was illegal in the UK before it was accepted on Feb. 1. Niakan, along with other scientists, aims to utilize the experimentation for purposes of better understanding the human genome and potentially correcting genetic defects. Although the prospects of finding a cure to cancer sounds appealing, these experimentations must be regulated in order to prevent genetically modified babies. Aside from studying genetic defects, gene editing could lead to the temptations of creating 'super babies.' Scientists have the ability to experiment with genes that code for physical appearances as well as defects. If these studies are implemented on embryos in the womb, it may lead to more wants rather than needs. Parents might want to alter the height of their baby boy or choose "prettier" features for their baby girl. The possibilities are endless.

Gene editing is research that was bound to happen, regardless of the controversies. It is research that is necessary and vital to understanding the complexities of human nature, and it is a means of adaptation to the constantly evolving environment that we live in.

For now, Britain's experimented embryos will not be transferred to women. Although there have been new discoveries of vaccines and treatments through genetic research, there should be strict regulations and supervision when genetically engineering human embryos.

COLUMN

Seen but not heard is sad reality for some women

HELENA HUNT

Arts & Life Editor

When I was 7, I read in one of the "Little House on the Prairie" books that Laura Ingalls and her sisters were expected to be completely silent when company came to call. They weren't to speak or move and could only listen patiently to those with greater knowledge and experience than they had.

My memory is vague on the particulars, but that passage left an impression that still lingers with me more than a decade later (Especially since, in many ways, I still see myself as a child in the company of adults). My voice will contribute nothing valuable to the conversation; it is better for me and everyone else if I stay silent and listen. This attitude of silence, somewhere along the way, became tied inextricably with my identity as a woman. Male leaders, teachers, politicians and classmates told me what to do and think; I listened.

I don't think this preference for silence is isolated to just me, however. Despite pervasive stereotypes of the motormouthed woman, in professional and classroom settings women are generally found to speak less frequently than men. Researchers at Brigham Young University and Princeton found that men generally speak 75 percent more than women in conferences and professional meetings. A study at Harvard Law School found that men were 144 percent more likely to speak voluntarily three times or more in a classroom setting than women were. Men were also found to speak about two-and-a-half times longer than female classmates at Harvard.

And even when women do speak, they are not always heard. A study conducted by a Yale University professor found that, while high rates of talkativeness made men seem more believable to their audiences, it made women seem less so.

These are students and co-workers with equal levels of intelligence, skill and qualifications. The difference between them, as these studies point out, is that male colleagues wield more influence because their voices are louder. And often, women don't learn as well as their male counterparts because they don't participate fully in the classroom's learning process.

My own classroom experience, and that of my peers, tends to confirm the results of these studies. Many of the classes I take are reading and discussion-based courses in the Great Texts program. Students are expected to read Rousseau or Aquinas and come to class prepared for discussion. These classes have, in my experience, often allowed male students to dominate class conversations. They are often

firmer in their opinions and more adamant in expressing them than female classmates like me, who hesitate to speak at all and, when we do, pose our statements as questions.

One of the most rewarding classes that I've had at Baylor was Great Texts by Women. There were no male students in the class, a fact that my classmates both mourned and celebrated.

While male students could surely have benefited from taking the class, my classmates and I remarked by the end of the class how free we had felt to express our opinions that semester without fear of censure. I learned more in that class than I had in any other, because I didn't feel that I was expected to be silent, or that my voice didn't matter as much as someone else's. While I may speak once each period in another class with a more balanced gender ratio, I spoke nearly every time that class met, and formed my opinions much more completely than I had in any other class context.

In another Great Texts class that I'm taking this semester, I'm reading Virginia Woolf's "A Room of One's Own." The book, which was published in 1929 and has had a tremendous influence on feminist thought in the decades since, addresses the scarcity of female voices in the public discourse. Woolf explains that women haven't been able to speak for centuries because of their poor financial and social circumstances. But, she says, it is vitally important that they find the means to speak now, whether it is through fiction, poetry, journalism, philosophy or science. We are all trying to better understand ourselves, after all, and how can humankind be known if half its voice is silent?

Women speak much more loudly now than they did in 1929. Many more of us have the resources to attend college, to work and support ourselves, to have a voice.

But even now, only about 20 percent of op-ed columns like this one are written by women in the traditional media (Although, encouragingly, 38 percent of op-eds are written by women in college newspapers).

I'm not blaming male classmates, professors or employers for the imbalance that so frequently occurs in discussions. It's a problem that goes far beyond individuals and particular circumstances, but it is a problem that we all need to be made aware of, and find a way to address as individuals.

I'm not saying men shouldn't speak at all; reversing imbalanced positions of power is rarely the best solution. Rather, they must learn to speak and to be silent, like the children in "Little House on the Prairie." We're all children, really, and none of us are. We all must speak and let our experiences be heard, and at times we must all be children, listening quietly at the table.

Helena Hunt is a senior university scholar major from Sonoita, Ariz. She is the Arts and Life editor for the Lariat.



LARIAT LETTER: Voting away from home

As an 18-year-old who is interested in politics, I look forward to the upcoming primaries and ensuing elections of 2016 with excitement, as it will be my first time to vote. Yet, with this excitement comes a lot of confusion.

For my first election, I will not be in my hometown, a problem that is shared by thousands of other college student across America. There is something ironic about the fact that as soon as young Americans are old enough to participate in one of the most basic aspects of democracy, it suddenly becomes very difficult to do so. Students become overwhelmed by questions such as: "where am I registered?", "where do I go to vote?", "what if I am an out-of-stater?"

Since college students are busy and overwhelmed with plenty of other difficult problems to solve, civic duty gets

procrastinated a few more years. With a generation largely unimpressed and uninterested in government, should not universities, especially like Baylor, play a bigger role in helping students vote in elections?

Perhaps there could be a place to vote on campus on Election Day and/or an assignment in a political science class that requires students to research how they should vote, be it by registering in Waco or applying for an absentee ballot. Overall there are a multitude of ways that the university could create a more user-friendly voting system to encourage the next generation of doctors, lawyers, business people, and politicians to be active members of their community.

Courtney Sosnowski
Freshman

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Contact Us

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Opinion

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Lariat Letters

To submit a Lariat Letter, email LariatLetters@baylor.edu. Letters should be a maximum of 400 words. The letter is not guaranteed to be published.

Webb decides against third party bid

SAWYER SMITH
Reporter

DALLAS — Former Virginia Sen. James Webb addressed the World Affairs Council about U.S. foreign policy and American politics in general on Thursday in Dallas.

Webb is a recent Democratic presidential candidate who dropped from the race back in October. He has since been considering an independent run for the White House.

Webb said at the hosted luncheon that his bid for the presidency as a third party candidate is not going to happen this year.

"It seems the funding to make a serious attempt is just not there right now. I have reluctantly concluded this is not the time for my campaign," Webb said.

Webb's remarks touched on how he sees his party as a real letdown in recent times.

"I ran for the Senate in 2007 as a Democrat to bring it back to the principles of Jackson, Roosevelt and Truman to the party," said Webb. "It has lost its way, and I have tried to express that repeatedly."

Webb formerly served as Secretary of the Navy under President Ronald Reagan and earned a law degree from Georgetown University. He is an Emmy Award-winning journalist and has authored several popular books including "Rules of Engagement," which was made into a movie. Prior to those achievements, Webb became a decorated Vietnam War veteran. He was awarded the Navy Cross for heroism, the second-highest decoration for the Navy

and Marine Corps, as well as a Silver Star, two Bronze Stars and two Purple Hearts.

Webb shared his insights and opinions about the remaining candidates and about the issues he feels are most important for the country to focus on. He said the No. 1 day-to-day threat to national security is cyberwarfare. Further, he said America's most long-term strategic challenge is a healthy relationship with China and that policy in the Middle East region is most concerning for now.

"No candidate on either side has offered any clear articulation about foreign policy objectives, long or short-term," said Webb. "Hillary has been wrong on every key issue in the Middle East since 9/11, and Rubio has no depth."

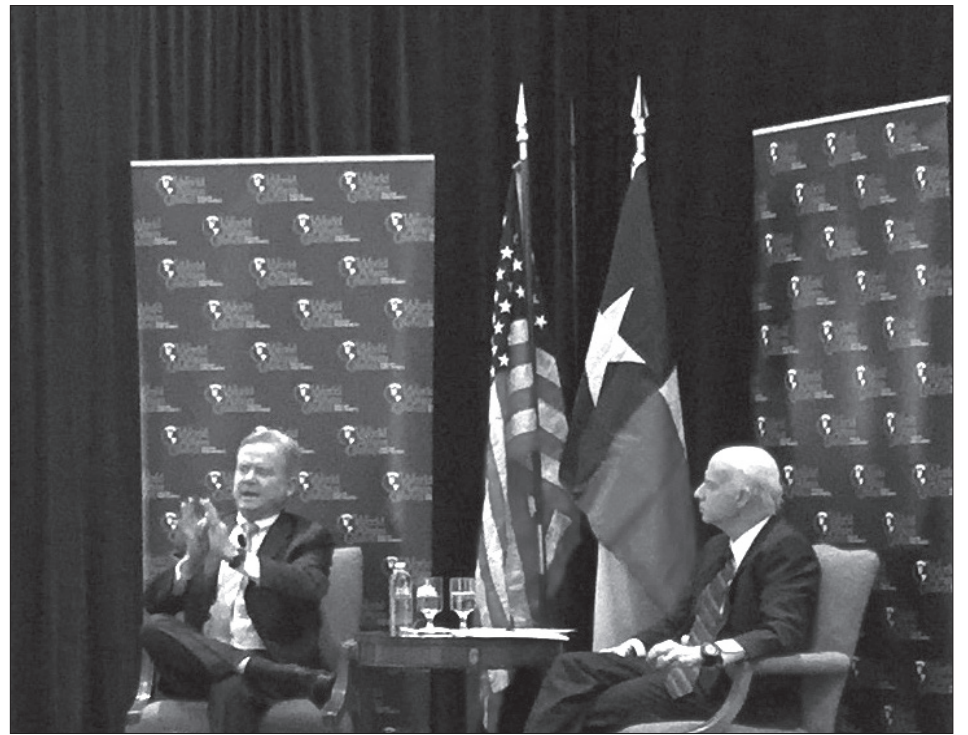
Webb said the invasion of Iraq, the "Arab Spring" and intervention in Libya have caused serious instability in the Middle Eastern region.

"The major goal over there is to maintain stability, protect Israel, keep Iran in check. With regard to the so-called Iran deal, it seems to be a very bad time to be removing economic sanctions from them."

When asked about ISIS and the situation in Syria, Webb said establishing a "no fly zone" sounded good, but he cautioned against doing so without clear objectives.

"We especially should not want to be involved on the ground. We can find ways to protect national security without boots on the ground in this case," Webb said.

President of the World Affairs Council of Dallas and Fort Worth, James Falk, led the



Sawyer Smith | Reporter

ADDRESS Former Virginia Sen. James Webb (left) spoke to the World Affairs Council Thursday in Dallas. Webb expressed his regrets over not running for president and spoke about foreign policy and his thoughts regarding American politics.

discussion with Webb. Falk said many would be let down by Webb's decision to not seek the presidency. When Falk asked if he thought this nation is ready to elect a third party nominee, Webb said, "People are sick of Republicans and

Democrats. We see that anti-establishment people like Sanders and Trump are really tapping into this frustration. If the parties don't regenerate and change, something really big is going to happen."



Associated Press

DISCOVERY Massachusetts Institute of Technology astrophysics professor Nergis Mavalvala, center, takes questions from members of the media as MIT physics professor Matthew Evans, left, and MIT research scientist Erik Katsavounidis, right, look on during a presentation on the discovery of gravitational waves Thursday. Scientists announced their groundbreaking detection of the gravitational waves predicted to exist by Einstein.

Scientists detect revolutionary waves

SETH BORENSTEIN
Associated Press

WASHINGTON — It was just a tiny, almost imperceptible "chirp," but it simultaneously opened humanity's ears to the music of the cosmos and proved Einstein right again.

In what is being hailed as one of the biggest eureka moments in the history of physics, scientists announced Thursday that they have finally detected gravitational waves, the ripples in the fabric of space and time that Einstein predicted a century ago.

The news exhilarated astronomers and physicists. Because the evidence of gravitational waves is captured in audio form, the finding means astronomers will now be able to hear the

soundtrack of the universe and listen as violent collisions reshape the cosmos.

It will be like going from silent movies to talkies, they said.

"Until this moment, we had our eyes on the sky and we couldn't hear the music," said Columbia University astrophysicist Szabolcs Marka, a member of the discovery team. "The skies will never be the same."

An all-star international team of astrophysicists used an exquisitely sensitive, \$1.1 billion set of twin instruments known as the Laser Interferometer Gravitational-wave Observatory, or LIGO, to detect a gravitational wave generated by the collision of two black holes 1.3 billion light-years from Earth.

"Einstein would be

beaming," said National Science Foundation director France Cordova.

The proof consisted of what scientists called a single chirp — in truth, it sounded more like a thud — that was picked up on Sept. 14. Astronomers played the recording at an overflowing news conference Thursday.

"That's the chirp we've been looking for," said Louisiana State University physicist Gabriela Gonzalez, scientific spokeswoman for the LIGO team.

Physicist Stephen Hawking congratulated the LIGO team, telling the BBC: "Gravitational waves provide a completely new way of looking at the universe. The ability to detect them has the potential to revolutionize astronomy."

Congress votes to ban Internet taxes

ALAN FRAM
Associated Press

WASHINGTON — Congress voted Thursday to permanently bar state and local governments from taxing access to the Internet, as lawmakers leapt at an election-year chance to demonstrate their opposition to imposing levies on online service.

On a vote of 75-20, the Senate gave final congressional approval to the wide-ranging

bill, which would also revamp trade laws. The White House said President Barack Obama will sign it.

"The Internet is a resource used daily by Americans of all ages," said Senate Majority Leader Mitch McConnell, R-Ky., who brokered an agreement with a Democratic leader earlier this week that helped clear the way for passage. "It's important that they be able to do all of this without the worry of their Internet access being taxed."

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BAYLOR UNIVERSITY

Study confirms childhood experience, future ties

KALLI DAMSCHEN
Reporter

Misfortune in one's childhood can have enduring, life-long effects, according to new research by Baylor sociology assistant professor Dr. Lindsay Wilkinson.

Wilkinson's research with Purdue University professor Dr. Kenneth Ferraro and University of Toronto professor Dr. Markus Schafer was published in the February 2016 edition of the American Sociological Review.

"We discover that exposure to adversity early in life, such as frequent abuse by parents, affects health decades later," Wilkinson said. "Interestingly, we found that childhood disadvantage not only predicted health problems observed at the initial interview, but new health problems that developed over the next decade."

The study found that growing up with socioeconomic disadvantage and child abuse are both factors that are associated with health problems, fewer social resources as an adult and lifestyle risks, like smoking and obesity.

"This research advances knowledge on the importance of early life conditions," Wilkinson said. "The study suggests that the origin of existing and new health problems in adulthood can be traced back to childhood. By

improving our understanding of this relationship, we can potentially intervene and reduce the risk of poor health among those exposed to adversity early in life."

Data for the study was drawn from Midlife Development in the United States, a national longitudinal study of health and wellbeing. Wilkinson began this study while she was a graduate student at Purdue University. Now that the study has been published by the American Sociological Review, Wilkinson hopes to pursue new research on the topic.

"There is still a lot to be learned about how childhood conditions exact long-term effects on health," Wilkinson said.

The American Sociological Review is a prestigious sociology journal. Sociology department chair Dr. Carson Mencken said, it's been 30 years since a Baylor professor's work was published in the American Sociological Review.

"The American Sociological Review is the top journal in the field of sociology," Mencken said. "Less than five percent of the manuscripts that are submitted to that journal are accepted for publication, and they probably get 500 submissions a year."

Sociology professor Matt Bradshaw said Wilkinson's study is an important contribution to



File Art

MAKING CONNECTIONS Baylor sociology assistant professor Dr. Lindsay Wilkinson helped conduct a study that found a link between childhood adversity and future health conditions.

our understanding of social influences on health, and that sociological research on health has many important implications for society.

"This research helps policymakers and health care professionals, who are working to reduce the impact of social conditions and stressors on the health of citizens through policies at the local, state and national levels," Bradshaw said.

By gaining a better understanding of the relationship between

childhood disadvantage and health, Wilkinson said the risk of health problems can be reduced before they develop.

"Sociological research on health is helping to identify fundamental causes of health care problems," Bradshaw said, "which opens the possibility of changing social structures in ways that prevent problems before they arise. This will not only alleviate pain and suffering, it is also more cost effective."

PRIVATE from Page 1

the university failed to act on three students' allegations that they were assaulted by Tevin Elliott, who earned a Big 12 honorable mention as a sophomore defensive end in 2011. An administrator told one of the victims that

Baylor had received multiple complaints against Elliott and said Baylor could not act because "it turns into a he said-she said," one of the students told ESPN. Elliott was charged and in 2014 convicted of two counts of sexual assault

and sentenced to 20 years in prison.

In a prison interview with ESPN, Elliott, 24, argued the sex was consensual, adding that big-name athletes "could be innocent but we're guilty until proven innocent."

Elliott was convicted a year before a jury ruled that another Baylor football player, Sam Ukwuachu, assaulted a former Baylorwomen's soccer player. He was sentenced to six months in jail for sexual assault.

HOPE from Page 1

reasons," Marsh said. "They want to please everyone and don't want to hurt anyone's feelings so they tend to sweep a lot under the rug. Part of the treatment is to bring that out and talk about it."

The presentation concluded with Marsh discussing the different forms of anxiety and the fears and symptoms that come along with them. He shared that the key to anxiety resolution is realizing the triggers and being able to face the monster itself.

Even though anxiety is the number 1 mental health concern college students are facing today, there are tools and resources available

to combat it, including the counseling center.

"Anxiety doesn't have to control your life," said Houston senior Sarah White. "Talking to someone you trust is the first step on the road to conquering it."

Wood said mental health is extremely relevant to Baylor students and is not talked about enough.

"A college campus is the perfect storm for mental health problems," Wood said. "Students are afraid to talk about mental health and that just feeds the stigma."

Today, Wood will show students how important two minutes are by running a

chocolate meditation kissing booth at the Love Day Carnival in the Baylor Sciences Building atrium from 10:30 a.m. to 1:30 p.m. Wood will teach students to meditate for two minutes while eating a Hershey Kisses.

Wood believes phrases like "The weather is so bipolar," and "That's crazy," contribute to the misunderstanding of mental illness.

In addition to the chocolate meditation, the Love Day Carnival will have an adult coloring book station to help reduce stress. A No Ring by Spring Toss valentine's for a friend cards and "Speed Friending" to help promote healthy relationships. There

will also be a temporary tattoo station with encouraging phrases such as, "Be yourself," and "Just breathe."

The Wellness Center is sponsoring a Love the Run You're With 5k at 5:30 p.m. today. The 5k will start and finish at the bridge behind the BSB and loop through campus.

"Love the Run You're With celebrates happy, healthy relationships with your significant other, friends, family members, mentors and everyone in your life," said Meg Patterson, director of wellness.

STAYED from Page 1

Rice for staying with her fiancée Ray Rice. Ray Rice was a running back in the NFL for the Baltimore Ravens and was suspended indefinitely from the NFL after video surfaced of him punching his future wife and knocking her out.

After seeing these comments about people blaming Janay Rice, Gooden decided to share her own reason for staying in an abusive relationship.

"I stayed because my pastor told me that God hates divorce. It didn't cross my mind that God might hate abuse, too. #WhyIStayed," Gooden tweeted. "He said he would change. He promised it was the last time. I believed him. He lied. #WhyIStayed."

An hour later the hashtag had gone viral and several women were using the hashtag to tell their own stories of why they stayed in abusive relationships.

"I think this is a good thing for students to hear," said San Antonio freshman Ciara Hernandez. "Especially with all the recent controversy. She's showing the women that they should not feel ashamed, it's not their fault and they should seek help. She will give women on campus and women everywhere hope."

It's estimated that in the United States 1.3 million women are domestic violence victims each year. The World Health organization estimates that globally about 35 percent of women have experienced violence in their lifetime. This statistic only includes women who have reported the violence.

Gooden has a B.A. in journalism and communications from Hampton University and a M.A. in social justice and community development from Loyola University-Chicago. She is a Cleveland, Ohio, native and worked in the social justice field as well as human resources before becoming a domestic violence advocate. She has been on Good Morning America, CNN, Time and The Washington Post. Her writing has been in the New York Times and on NBC's TODAY show.

BOARD from Page 1

urging consumers to take caution when considering buying products with hidden hazards like hoverboards.

"I think, this is a good change merely because there is a huge potential for a large disaster and is an easy way to prevent it," Cohenour said. "I think as time goes on, it would be something that technology changes and is something that could definitely be looked at again."

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★ HOW TO BE SINGLE [R] 11:15 1:15 4:35 7:15 9:55
★ HAR CASARI [PG-13] 11:20 2:10 4:45 7:35 10:25
★ DEADPOOL [R] 11:45 12:45 1:40 2:20 3:25 4:20 4:55 6:55 7:50 7:30 8:45 9:40 10:05
★ ZOOLANDER 2 [PG-13] 11:20 12:20 2:00 2:55 4:45 5:30 7:20 8:55 10:00 10:40
★ THE CHOICE [PG-13] 11:10 1:55 4:40 7:25 10:10
★ PRIDE AND PREJUDICE AND ZOMBIES [PG-13] 11:05 1:45 4:25 7:05 9:45
★ THE BOY [PG-13] 10:05 12:35 3:05 5:40 8:10 10:40

★ 30...KUNG FU PANDA 3 [PG] 2:00 3:30 5:00
★ DIRTY GRANDPA [R] 11:25 4:50 10:15
★ THE 5TH WAVE [PG-13] 10:50 1:35 4:35 7:20 10:05
★ FIFTY SHADES OF BLACK [R] 2:05 7:40
★ KUNG FU PANDA 3 [PG] 11:35 4:25 6:55
★ THE FINEST HOURS [PG-13] 4:15
★ 13 HOURS: THE SECRET SOLDIERS OF BENGHAZI [R] 1:00 7:05 10:20
★ THE REVENANT [R] 12:00 3:30 7:00 10:30
★ RIDE ALONG 2 [PG-13] 10:55 1:30 4:30 7:15 9:50

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Waco Weekend:

>> Today

7:30 p.m. — "A Song for Coretta" at the Jubilee Theatre. \$16 for students, \$18 for the public.

7:30 p.m. — "Mary Stuart" at the Mabee Theatre. \$20.

8 p.m. — Dueling Pianos at the Waco Hippodrome. Free.

>> Saturday

9 a.m. — Waco Downtown Farmers Market.

2 p.m. — Valentine's Day Extravaganza at Armstrong Browning Library. \$50 per couple, \$30 per individual. For students, \$35 per couple, \$20 per individual.

2 p.m. and 7:30 p.m. — "Mary Stuart" at the Mabee Theatre. \$20.

7 p.m. — Gospel Fest 2016 at Carver Park Church. \$7.

7:30 p.m. — "A Song for Coretta" at the Jubilee Theatre. \$16 for students, \$18 for the public.

>> Sunday

2:30 p.m. — "A Song for Coretta" at the Jubilee Theatre. \$16 for students, \$18 for the public.

Lifting up their voices

Heavenly Voices Gospel Choir presents Gospel Fest Saturday

JACQUELYN KELLAR
Reporter

At 7 p.m. Saturday Carver Park Baptist Church will sound with gospel music sung by students from all over Texas.

The Heavenly Voices Gospel Choir of Baylor, along with the Department of Multicultural Affairs and the Campus Diversity Committee, presents the annual Gospel Fest tomorrow.

This gathering of music and worship will feature the voices of Dr. Michael McFrazier, a singer who graduated from Baylor and now works in administration at Prairie View A&M University, and Laquinta Pollard, founder of With My Whole Heart, a women's and music ministry.

The festival will also showcase performances by gospel choirs from various universities in Texas. The University of Texas' Innervations, University of North Texas' Voices of Praise and Texas A&M University's Voices of Praise will perform, along with Heavenly Voices Gospel Choir.

Every year, gospel choirs from other universities join Heavenly Voices at the Gospel Fest for not only a performance, but a retreat of sorts. All performers arrive on location in the morning and enjoy breakfast, lunch and icebreakers before practicing for the show in the evening. A different clinician is featured every year and directs a final act with every university's choir singing together. However, the choirs only learn the two songs, taught by McFrazier, two hours prior to the show's opening. This musical improvisation fosters bonding through worship for all members involved.

"The opportunity of having choirs from all over Texas come and worship God together like that is something that's really unique to Baylor," said Puyallup, Wash., freshman Jordan Jorgenson, a member of Heavenly Voices.



Courtesy of Jordan Jorgenson

GLORY AND HONOR The Heavenly Voices Gospel Choir will host university choirs from across the state at Saturday night's Gospel Fest. The choir sings to worship God together.

Each gospel choir will perform one of its own songs before coming together to sing under the direction of McFrazier. Heavenly Voices will perform "Glory and Honor," originally sung by the AME International Mass Choir.

Gospel Fest has taken place annually since 1991, welcoming guests and choirs from across the state for a day of worship. The Heavenly Voices choir itself was founded in 1988 to be an open place for students to worship and sing together. The choir meets 7 p.m. Mondays in Miller Chapel at 524 E. James St.

"Our founder believed that if anyone wants to worship, they should be free to do so," said Denton senior Brittany Ladd, president of Heavenly Voices. "We were founded with a 'no auditions' motto. It's come as you are, even if you don't know how to sing yet."

The same rule applies to their performances; anyone who wants to host Heavenly Voices for an event will not be turned down. The choir has performed at Chapel, other universities and even at President and Chancellor Ken Starr's home for a Christmas service.

"We come together and it's to glorify God. The audience is blessed, the members are blessed and that's what we are here for," Ladd said. "We want to create a space where the community, Waco, Baylor can come and worship God, and that's our purpose in life."

Tickets can be purchased online via Heavenly Voices' Facebook page or at the door. Adult tickets are \$15, and student tickets are \$7. Children ages 10 and below are admitted free. Carver Park Baptist Church is located at 1020 Herring Ave.

Food for Thought adds groceries

HELENA HUNT
Arts and Life Editor

Terry and Jo's Food for Thought, home of fresh and organic dining options just blocks from campus, will expand its restaurant to offer a selection of grocery items in the coming weeks.

While Food for Thought already sells popcorn and cereal in addition to its menu of burritos, nachos and smoothies, the local restaurant will soon add organic produce, farm fresh eggs, milk and other groceries to its stock.

The grocery section will be added to the restaurant's front room, on the other side of the half-wall that greets customers as they enter the restaurant.

"I really expect that it's going to be full-

blown by the start of the next semester," said Terry Otto, the owner of Food for Thought.

The addition comes in response to the dearth of organic and healthy foods in Waco, Otto said. After the H-E-B at 1102 Speight Ave., right across the street from Food for Thought, closed its doors in 2013, Otto said there have been limited food options for the neighborhood that is expanding around Baylor's campus.

"We're adding the groceries because there are so many people coming to this neighborhood, and they have to go to the H-E-B [at 1821 S. Valley Mills Dr.] for food," Otto said. "And if you ever go to that H-E-B in the middle of the day, it's just so crowded."

While fresh, local produce is available at the Waco Downtown Farmers Market, there is not a permanent source of organic and health foods

in the Waco area.

"We don't really have an outlet for organic produce, which I think is really important because so many foods are chemically altered," said Redondo Beach, Calif., sophomore Tayler Berman. "Just the fact that Food for Thought is adding organic groceries is awesome. That's something that I and other Baylor students will definitely take advantage of once the word gets out."

The restaurant sources ingredients from local food distributors like Homestead Heritage, and bulk ingredients come from a national organic food distributor. The grocery section will reflect a similar range of food products, with bread from Homestead Heritage and local produce.

"We look forward getting to serve the Baylor community," Otto said.

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Today's Puzzles

Across

- Item in a '60s drug bust
- Marshal Tito, for one
- Friendly address
- Make effervescent
- Queen's place
- Move on water
- Generic City Hall dog?
- Caucasic chemical
- Toy Barn: "Toy Story 2" setting
- Japanese volcano Mount ___
- Guzzle
- Half a prison?
- Suffix for professionals
- Toon who often wore a Metallica T-shirt
- Why some seek a certain cactus?
- Bacchanal vessel
- Rested
- Choler
- Essay on meditation?
- Arboreal critter
- "___ believer!"
- Icon with a curved arrow
- Eschew medical attention?
- Certify
- LAX stat
- "Let her not say ___ that keep you here": "Antony and Cleopatra"
- Language from which "julep" is derived
- Centrifuge site
- Rosamund's "Gone Girl" co-star
- Green beginning?
- Fighter whose stock greeting affects 17-, 29-, 35- and 45-Across
- However, to texters
- ___ dixit
- Shape, as dough for cloverleaf rolls
- Strong desire
- Lacking a date
- Adam, of the "Bonanza" brothers

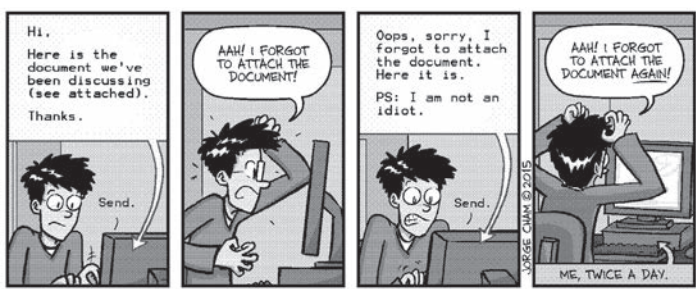
Down

- Holy men who turn prayer wheels

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- Cousteau's concern
- Oxymoronic skiing condition
- All-encompassing concept
- Gillette brand
- "Empress of the Blues" Smith
- "The Tudors" sta.
- Actress Tyler
- GPS datum
- Frost output
- Eponymous South American leader
- Beamish?
- Warning words
- Upbeat
- "Obviously, right?"
- Their colour is affected by melanin
- Fare on a flat tortilla
- ___ test
- Master
- Roofing sealer

- One of a biblical trio
- Global financial org.
- Tournament elimination point
- Diplomatic case
- Dutch landowner in colonial America
- Court action
- Bony
- ___ pin
- Pluto's Egyptian counterpart
- Alternative to de Gaulle
- Buster who portrayed Flash Gordon
- Uncalled for
- Canaanite deity
- Decide
- Lee side: Abbr.
- Cooper's creation
- Honorary legal deg



For today's puzzle results, please go to
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Hanging in there

Lady Bears riding 11-game winning streak in dead heat for title

MEGHAN MITCHELL
Sports Writer

With 11 wins in row under their belt, the Lady Bears look to extend that streak Saturday 2 p.m. in Lubbock against Texas Tech.

The Lady Bears (24-1, 11-1) barely escaped against TCU Wednesday night. A fourth quarter run by the Horned Frogs brought Baylor's earlier lead of 25 down to seven points with just seconds remaining in regulation.

Missed free throws and bad defense by the Lady Bears allowed the Horned Frogs to close the gap when they got hot from the perimeter.

With a lack of leadership from the veteran players, the younger, less experienced players had to step up, said head coach Kim Mulkey.

"The young players carried you last night," Mulkey said. "They were a presence in the paint when our perimeter got beat off the dribble. They did not allow the post players from TCU to score at will, they in turn scored."

"If we hadn't had that lead, I'm not sure we would have won that game," Mulkey

said. "We have to make free throws. I want to be prepared and when you have the lead, maintain the lead and we just didn't do it."

With the Lady Bears clawing their way to the win, 81-75, they will have a similar test against the Lady Red Raiders, who can also shoot the perimeter shot.

"Same stuff that TCU did," Mulkey said. "Take you off the dribble, push you in transition, and they shoot a ton of three's."

"We only won there last year by seven. It's not going to be easy. They will mix their defenses, they will play you man, they will play you the two-three zone."

Although the Red Raiders (11-12, 2-10) struggled against the Lady Bears the first time around, losing by 26, they will be determined to get revenge at home this time around.

The Lady Bears know that the Lady Red Raiders are a tough team and will be challenged in many of the same areas as they were by TCU.

As a team, they are averaging 54.4 points and 34.8 rebounds per game in

conference play.

Freshman posts Kalani Brown and Beatrice Mompremier have come up big for the Bears this season.

"I thought the two freshman posts and Kristy Wallace, in the first half played beyond what you would expect them to do on the road," Mulkey said.

With Brown averaging 8.1 points and Mompremier 7.3, they are more than just dominant presences at the defensive end.

"They have a body and a presence in there that is just going to alter shots," Mulkey said. "So, I don't hesitate now, as you probably have noticed, to take any of those kids and play them."

In the end, Mulkey said it is up to her team to take the step toward winning another Big 12 championship.

"Got to turn it around. You're either going to be a pretender or a contender. Which one are you? That is going to be my challenge to them. People think we are a contender," Mulkey said.

"I don't know if they know about the win streak. I try to tell them, you have this many games left and this is how many you have to win to win a championship, a Big 12 championship."



Mulkey



Richard Hirst | Photo Editor

REACH BEYOND Senior guard Alexis Jones extends for a rebound during the Lady Bears game against Kansas State on Feb. 3 at the Ferrell Center.

OPENING WEEKEND



Lariat File Photo

Baylor softball opens its 2016 season at 6:30 p.m. today against McNeese State. The Lady Bears host McNeese State for a three-game series over the weekend. Games two and three are scheduled for 2 p.m. Saturday and 1 p.m. Sunday.



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