

Baylor Lariat

WE'RE THERE WHEN YOU CAN'T BE



DO OR DOUGHNUT? pg. 5

NOVEMBER 18, 2015

WEDNESDAY

BAYLORLARIAT.COM

FOOD DESERT

Food drive reaches out to Wacoans

KATIE GROVATT
Reporter

Nine food pantries around the Central Texas area are joining together this Friday to collect food for families across the state. Known as Food For Families, this one-day event is the largest food drive in Texas.

Caritas is one of the nine agencies in the community that will benefit from this food drive and help provide food for Waco families.

Caritas provides food for 100 families a day. They supply around 70 pounds of food per each family daily, therefore estimating about 35,000 pounds of food a week, Monday through Friday. Food For Families collects an estimated 400,000 pounds of food for the Waco area, which only last Caritas for a few months.

Buddy Edwards, directive executive of Caritas of Waco, said the food drive alone will not be enough to stock the shelves for the whole year, but it helps them out tremendously.

"It is a huge effort that really benefits us and our clients, without it we would be much worse off," Edwards said.

The Food For Families food drive will be collecting their donations at KWTX-TV station at 6700 American Plaza in Waco. Donations will be taken from 6 a.m. until 8 p.m. Those who visit grocery stores during that day can also opt to buy extra food items and donate them right at the store.

Top items that are needed include any type of canned meats, canned vegetables, cereals, pastas and sauces. All items must be nonperishable. Baking items such as flour, sugar and corn meal are also encouraged.

"A third of the Waco population lives in poverty, and 50 percent of the population live within 200 percent of the federal income guidelines for poverty. It's a community-wide issue we have to address," Edwards said.

Larry Holze, Director of Municipal Information for the city of Waco, said the focus on poverty in Waco is in accordance with the Prosper Waco plan led by Matthew Polk. This plan addresses three core areas that need focused concern. Health, education and financial literacy are all three dependent on each other, Holze said. The Food For Families food drive focuses on the health aspect of the trio, ensuring that families are nourished in order to be successful in education and financial literacy.

Edwards said that Waco has a huge food insecurity problem.

"Individuals who do not know for sure if they will have tomorrow's breakfast, or tonight's meal

FOOD >> Page 4

STATE OF THE UNION



Richard Hirst | Lariat Photo Editor

EMERGENCY ACTION In light of recent events in Missouri and racism issues around the country, the NAACP had an Emergency Black State of the Union to discuss how to better encourage diversity on Baylor's campus.

Diversity Discussion

NAACP meets to hash out ideas to diversify campus as a whole

EMMA KING
Staff Writer

Diversity and minority student retention issues were discussed Wednesday night during the Emergency Black State of the Union, which was a part of NAACP Week. The state of the union was held in conjunction with the Association of Black Students Coalition of Black Ambassadors, the African Student Association, the National Pan-Hellenic Council, National Association of Black Journalists and Heavenly Voices.

"This meeting is just a time to roll out what we have been doing as black student leaders, what we have presented to our administration and what administration has done," said Erin Gaddis, Baylor's NAACP vice president.

The emergency meeting was called in response to the situation at the University of Missouri to ensure the community that Baylor students and administration have already been working together to address

diversity and culture on campus.

The meeting focused on 13 suggested solutions to improve the retention of African American students at Baylor.

Gaddis said the suggestions are the result of a three year NAACP project. Some of their ideas are already being acted on, others will take more time and money.

The recommendations and their statuses are:

Recruiting and retaining more students of color outside of sports teams:

Gaddis said this is a constant work in progress.

Building or designating a multicultural center or building:

Dr. Kevin Jackson, vice president for student life, said a multicultural center will be a part of the plans for a new student life center in the next few months.

"I hope you see that we are making progress, but for as much progress as we

have made there is much to be done," Jackson said. "A multicultural center in a new student center is essential."

He said they are also looking at different options for a multicultural center before the new student center is planned and built.

A domestic exchange program between predominantly white institutions and historically black college and universities:

Dr. Edwin Trevathan said a program like this is a matter of matching curriculum with other universities, but that plans are in the works.

"We're very excited about it because it's not only an opportunity for Baylor students to go to these universities for a semester, but also for those students to come to Baylor and experience a semester here," Trevathan said.

A greater campus wide appreciation of black art and social life through

NAACP >> Page 4

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BODY IMAGE

Students look at media effects on eating disorders

HELENA HUNT
Staff Writer

Introduction to Mass Communications is a class of about 300 students. It introduces many of these students to the history, evolution and influences of the mass media. Each year when he teaches his class of hundreds, Robert Darden gives a lecture on the effects of advertising on men and, even more significantly, women. He explains how the images presented by the media present unrealistic ideals and goals that negatively impact media consumers' self-esteem, body images and personal welfare.

Professor of journalism, Darden said that each year students come to him personally expressing the significance of that lecture.

"Each year I'm contacted by an increasing number of students who are struggling with body image or know someone who is," Darden said. "It's a dark, dirty secret, and it's a relief to talk about it."

This year, Fordland, Mo. freshman Collin Kensinger was inspired by the class to create a survey for his fellow Baylor students, to poll whether they were just as affected by idealized media images.

He gave the survey, which asked questions about participant's body images, to about 100 female students studying in Moody Library. The results confirmed what the class had taught about



Courtesy photo of Charlotte Astrid and Creative Commons

IMAGE >> Page 4

GOT SOMETHING TO SAY?

We want to hear it. Send us your thoughts: LariatLetters@baylor.edu



AMONG THE FEAR AND CONFUSION,
THE DEBATES AND POLITICS,
AND THE BARRAGE OF SOCIAL MEDIA,
WE TAKE A MOMENT TO REFLECT AND TO PRAY.

WE PRAY FOR THE CITY OF PARIS,
THE FAMILY AND FRIENDS OF THOSE WE HAVE LOST,
AND FOR GOD'S WILL TO BE DONE IN FRANCE
AND THROUGHOUT THE WORLD.

GRACE, MERCY, AND PEACE.

Paris attacked by Islam extremists, not indicative of entire Muslim faith

ALEX BENNETT
Reporter

We are all only human, and it's understandable that in the wake of recent events, one of the first questions we ask is "Why?" Why were more than 120 people murdered in Paris? Why would people blow themselves up and murder innocent civilians, and then claim it was actually "carefully chosen targets" they were killing?



And firstly, one of the most important answers is that there is no one simple answer. If you want to blame Islam as a whole, you have to first realize it has more than 1.5 billion followers, with at least as broad a difference between Muslim individuals

in terms of beliefs and practices as any other religion.

Many Muslims in many nations do not follow violent practices or advocate violent beliefs. They contextualize what happened in the past, make a judgment on what is or isn't acceptable now, and choose what interpretations to believe and how to deal with the facts as they are.

While there are some people who still generalize all Muslims to be part of a violent and hateful religion, there seems to be a growing number of people who note that those extremists comprise a tiny minority of Muslims compared to the vast majority who do not engage in suicide bombings or militaristic jihad.

Yet there are still some who believe Muslims need to return to the origin of what Islam was originally like during the time of Muhammad. Centuries ago, the actions of Muslims against their enemies did include some horrific and barbaric practices, but these were considered relatively more normal or acceptable at the time.

What the Islamic State appears to be doing is looking at how Islam is practiced now, rejecting it, and claiming that they've established a legitimate caliphate under which Sharia law must be implemented. Some Muslims in other countries are so overjoyed about this self-proclaimed caliphate in Iraq and Syria that they have been scrambling to join them in their struggles, no matter what degree of barbarity is apparent.

The point is, we do nobody any good by generalizing and discriminating against Muslims who have nothing to do with terrorist attacks. If we are to actually make a difference, first we need to educate ourselves. An alarming number of people are eager to point out why things have all gone wrong in this world, despite the fact that empirical evidence shows we are actually in one of the most peaceful times in all of history in terms of casualties as a result of warfare.

When the incredibly vast majority of a group of people denounce suicide bombings and the actions of the Islamic State, it's important to realize that if you try to just claim something is the result of Muslim countries or Muslims in general, you're painting a huge variety of separate peoples with an overly broad brush, and failing to accurately address reality.

How do we stop terrorist attacks like those in Paris from happening? We can at least start by educating people on what is and isn't Islam, and who is or isn't a terrorist. We can start by practicing Christian virtues like those of loving one's neighbor as you would love yourself. We can start by showing solidarity and sympathy for the victims of violence.

In this time of grief and mourning, we should also strive to discover what went wrong to allow this breach of security, and we should recognize what practices might be useful for decreasing the chances for a tragedy of this scale to ever happen again.

Alex Bennett is a junior journalism major from Flower Mound. He is a reporter for the Lariat.

France not only place to suffer over weekend

DANE CHRONISTER
News Editor

Over the past weekend, there were many things that made the world seem all out of whack. Most notable of the events this crazy weekend will be known for were the ISIS terrorist attacks in Paris.

The world was in shock after hearing that Paris suffered a massacre of more than 120 people killed in gunfire and blasts around the city.

However, a day before the Paris attacks, two suicide bombs were set off in Beirut, Lebanon, killing 43 civilians and wounding hundreds. ISIS claimed this deadly attack as well, yet not much mention of this incident was made by the media

While both attacks sparked a global and united outrage, Beirut received very little of the sympathy this weekend as the world lit up blue, red and white in solidarity for Paris, similar to the sentiments lavished on the United States after the 9/11 attacks.

Perhaps the reason Beirut did not receive the same attention was because the world arguably sees France, specifically Paris, as a safe place. War has not been conducted on its soil in decades, and the people are not subjected to persecution or the fear of it daily. The same cannot be said of many countries in the Middle East. Many people, even those in Beirut, didn't expect this once-safe place to be affected.

But Lebanon should not be overlooked by news coverage or our sympathy. It seemed tons of people were unaware of such things happening outside of the Middle East and or in neighboring countries simply because, in this day and age, we are so used to hearing it now. We've become jaded and numb to the atrocities that happen on a regular basis in countries where we expect it, and we mourn heavily for the parts of the world we think are off limits.

While everyone is praying for Paris, I hope people realize these kinds of things happen every day in the Middle East. France isn't the only country affected by this event over the weekend, even if many people think it was. We should band together globally to stand against acts of terrorism, not just in defense for the safe places.

Dane Chronister is a senior journalism major from Houston. He is the news editor for the Lariat.

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Opinion

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Editorials express the opinions of the Lariat Editorial Board. Lariat letters and columns are the opinions of an individual and not the Baylor Lariat.

Lariat Letters

To submit a Lariat Letter, email LariatLetters@baylor.edu. Letters should be a maximum of 400 words. The letter is not guaranteed to be published.

Baylor Fitness hosts health seminar

ASHLEY WEBB
Reporter

Baylor Fitness will hold the Eat Right, Lift Strong seminar at 5:30 p.m. today at 308 McLane Student Life Center. All Baylor students, faculty and staff are invited to attend the free event.

The seminar is a way to give students and staff the opportunity to learn more about the services that the SLC offers.

With the holidays coming up, the Peer Nutrition Educators (P&E) and personal trainers have decided to host a seminar to provide tips and give information on healthy eating and exercising correctly.

"The students will be leaving the seminar with several tips: how to eat better, exercise healthier," said Van Davis, assistant director for fitness and nutrition education. "And the important thing is that, in each segment, we are going to include healthy tips for the upcoming holidays like eating healthily and staying fit during the holidays."

Students and staff can expect a wide variety of topics at the seminar,

such as how to get back on track if they don't exercise over the break, pre and post-workout nutrition and the proper usage of supplements.

"I've been a personal trainer at the SLC for the past four years, and we wanted our student body to be as educated as they can be when it comes to eating and training," said Robinson senior Bilal "Bill" Siddiq, a personal trainer at the SLC.

Siddiq will focus on warm-up and cool-down stretches, which seem simple but are often done incorrectly. He said people should do dynamic stretches before a workout and static stretches after. Siddiq will demonstrate these stretches at the seminar.

Davis is really excited about the seminar and hopes that people will gain new information to continue with a healthy life.

"I'm hoping that when people leave this presentation, first, they are more aware that we [the SLC] have great personal trainers who are nationally certified, and, secondly, we have great P&E staff," Davis said.

People should RSVP at van_davis@baylor.edu to secure a spot.



Photo Illustration by Trey Honeycutt | Lariat Photographer



Associated Press

DRIVERLESS Google is testing its self-driving cars in Austin in hopes of creating a safer roadway.

Big Texas welcome for self-driving cars

PAUL J. WEBER
JUSTIN PRITCHARD
Associated Press

AUSTIN — With Google's self-driving cars slowed in a gridlock of California regulation, Texas is offering a fast lane.

Officials in Austin have embraced the technology, a welcome so warm that the mayor used talking points written by a Google lobbyist when the tech titan began testing prototypes on their streets over the summer.

That embrace came as state transportation and safety policymakers were struggling with whether they share Google's vision of getting the public access to cars that have neither a steering wheel nor

pedals sooner rather than later.

For now, Google's test cars have an employee in the driver's seat, ready to grab the wheel should the onboard sensors and computers get in trouble. Four months into Google's test drives here, Texas transportation officials appear unsure how to oversee their safe operation. Unlike California, where regulators have been drafting regulatory rules to give the public safe access to the cars, Texas has no obvious restrictions on self-driving vehicles.

Google wants to keep it that way. The tech titan believes vehicles with just a button to start and stop — and no other way for passengers to maneuver them — would be legal without any change to Texas law.

State officials would not comment on their take, but one legal scholar said Google's read of state law was not farfetched. "A reasonable interpretation is that an autonomous vehicle would be legal" in Texas, said Bryant Walker Smith, a law professor at the University of South Carolina.

The company expanded testing to Austin to challenge the cars in a new environment where drivers and pedestrians are unaccustomed to seeing them.

"Austin has always been enthusiastic about innovation," said Chris Urmson, who has led Google's self-driving car project for several years. "The people there have been incredibly welcoming."

Thanksgiving comes to campus in form of dinner

ZACH NICHOLS
Reporter

Student government and Student Foundation are hosting the All-University Thanksgiving Dinner from 5-7 p.m. today in Fountain Mall. The meal will be immediately followed by Fall Festival.

"There are going to be music, festivities and fellowship," said Dr. Elizabeth Palacios, Dean for student development and adviser to the junior class. "This is a time where people can sit down together, talk and have a meal."

"This event provides everyone a time to rest, have some fun and realize that being a Baylor Bear means you live in a loving community."

Dr. Elizabeth Palacios | Dean for Student Development

The dinner will feature a brief speech from Dr. Kevin Jackson, Vice President for Student Life, hitting the traditional highlights of Thanksgiving with a blessing and commentary on thankfulness.

This event marks a milestone regarding student government and Student Foundation.

"This is really the first time that student government and Student Foundation have cooperated in the

creation of an event," Palacios said. "I think that represents the community we live in here at Baylor."

The feast and following festival will both be free to attend, thanks to a donation from Aramark. Timeless classics are featured on the menu, including turkey, pumpkin pie and side dishes.

"Aramark has been extremely generous with the donation of all of this food," Palacios said. "It means that this meal will be available to anyone that would like to attend."

While the Aramark Corp. is better known around campus by the dedicated workers keeping hungry Bears nourished in Baylor's numerous dining halls, the business also has a hand in catering events around campus.

"We've had a partnership for many years with Baylor University," said Brittany Bonta, Aramark senior catering manager. "We think the catering just really enriches the entire experience."

To assist in working off a few of the calories eaten at the meal, the Fall Festival will feature games and hot chocolate, sending students into the Thanksgiving holiday with a bang. The festival will last from 6-8 p.m., and will be held at the same location as the dinner.

"All around the nation, this has been a period where college campuses have been filled with unrest," Palacios said. "This event provides everyone a time to rest, have some fun and realize that being a Baylor Bear means you live in a loving community."

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Republicans rush to shut borders to Syrian refugees

ERICA WERNER
Associated Press

WASHINGTON — Republicans urged an immediate closure of America's borders to Syrian refugees Tuesday, drawing angry denunciations from President Barack Obama and other Democrats and igniting an emotional debate about U.S. values in the wake of the deadly Paris terror attacks.

"Pause" was the word used by both new House Speaker Paul Ryan of Wisconsin and Senate Majority Leader Mitch McConnell of Kentucky, urging at least a temporary halt in the resettlement of Syrians and disputing Obama administration claims that the small numbers making their way here so far are being thoroughly investigated.

Obama, speaking Wednesday morning in the Philippines, deemed their words offensive and insisted, "It needs to stop."

"Apparently they're scared of widows and orphans coming into the United States of America," Obama said.

The administration showed no sign of backing off its plans to bring an additional 10,000 Syrian refugees to the U.S. and mounted a hasty defense of its vetting process, which Attorney General Loretta Lynch assured Congress is "robust."

Homeland Security Secretary Jeh Johnson, who briefed House members Tuesday night, said, "It's important to me that the vetting that is conducted is thorough, it's careful."

Yet there were signs that Democratic allies might abandon the White House on the issue. Chuck Schumer of New York, the third-ranking Senate Democrat, broke with most in his party and told reporters that a pause in accepting Syrian refugees "may be necessary."

Schumer's comment underscored what could become an increasingly uncomfortable position for Democrats as worried voters seek assurances that Friday's carnage in the streets of Paris will not be repeated here. Some lawmakers pointed to indications that one of the Islamic State attackers carried a Syrian passport and may have arrived in France among waves of desperate refugees. Yet Germany's top security official said the passport might have been a fake intended to stoke fears.

Amid the uncertainty, Ryan confronted an unexpected foreign policy test in his third week on the job. Ahead of a classified briefing Tuesday evening for lawmakers he assembled a task force of committee chairmen to bring refugee legislation to the floor as soon as this week.

"The responsible thing is to take a pause in this particular aspect of this refugee program in order to verify that terrorists

are not trying to infiltrate the refugee population," he said.

McConnell echoed that call, remarking, "It's pretty clear how the American people feel about this."

After an initial meeting of the House GOP task force Tuesday, aides to Majority Leader Kevin McCarthy said the focus of legislation would be on stopping Syrian refugee resettlement until the administration can offer assurances that no terrorists are being admitted, including via FBI background investigations. Senate Minority Leader Harry Reid, D-Nev., said the vetting process should be made stronger if possible and the White House was looking at how to do so.

On the campaign trail, GOP presidential candidates denounced the Obama administration's strategy against the Islamic State group that has claimed responsibility for the Paris attacks.

Donald Trump accused the administration of sending refugees primarily to Republican-led states, and more governors announced their objections to receiving any refugees from the civil war in Syria. Those governors included at least one Democrat, Maggie Hassan of New Hampshire, who is running for the Senate.

Jeb Bush endorsed the idea of a pause in accepting Syrians while officials determine how best to evaluate them. He said that refugees "don't normally come with embedded terrorists in their midst, and that's the challenge."

The backlash against Syrian refugees rose up just a few months after a photo of a small boy lying lifeless on a beach sparked calls of compassion for Syrians facing brutality in their home country. Some Democrats and refugee advocates likened the GOP reaction to the U.S. government turning away Jews fleeing Nazi Germany and placing Japanese in internment camps during World War II.

The emotions were also reminiscent of the waves of fears that followed the Sept. 11, 2001, terror attacks, and they emerged with immigration already a fraught issue on Capitol Hill and in the presidential campaign.

"Let us, as legislators rise above petty politics, rise above sectarian fears, rise above the underlying layer of xenophobia that often surfaces in this country at moments like this throughout our history," Democratic Rep. Luis Guterrez of Illinois urged on the House floor. "And let us maintain America's commitment to being a beacon of hope."

Yet few Democrats were so outspoken, and even Republicans sympathetic to their view said they saw a need to act.



Associated Press

LOCKED OUT OF HAVEN In this Nov. 4, 2015, file photo, people wait in line to enter the migrant and refugee registration camp in Moria, on the island of Lesbos, Greece. Some Republicans are pushing back against aggressive opposition in their party to Syrian refugees resettling in the U.S., fresh evidence of a rift within the GOP that threatens to complicate the party's outreach to minorities heading into the 2016 presidential contest.

NAACP from Page 1

concerts and university programming:

Gaddis said this has already started happening thanks to Monday night movies at the Hippodrome and Lecrae's concert in October.

Hiring more faculty of color:

"I think the issue of faculty hirance is obviously critically important and one that I think all of us take very seriously," Trevathan said.

He said the larger and more diverse the pool of applicants almost always means a better and more qualified pool of applicants.

Adding Harambee and Black Student Orientation to university Welcome Week events.

An increased minority organization fund:

Gaddis said \$15,000 has been allocated this year to support minority organizations in their efforts to bring speakers to campus, decorate Homecoming floats or participate in Sing.

A greater fund for the All University Campus Diversity Committee:

Gaddis said that in the past, the committee has only been allocated \$10,000, which leaves them fighting for pennies. She said more funding is on the way now.

A multicultural cabinet through the

university president's office.

A cultural climate check from the office of the president:

Gaddis said this happened at Black Student Orientation this year.

A student chief of diversity officer:

Gaddis said creating and filling this position is in progress.

A chief diversity officer for the university:

Gaddis said this position will be filled soon, and that a committee is hunting for the correct person to fill the job description. Questions or feedback about the position can be directed to CDOGroup@baylor.edu.

Dr. Heidi Bostic, the chief of the committee, said they have received a lot of good feedback, but also a few faculty members who were confused and concerned that the position would change Baylor's values.

She said 99 percent of staff are in support and she said this will not be a shift in Baylor's course.

Ramona Curtis, NAACP's faculty adviser, said Baylor used to have a director of human relations, so the step to hire a chief diversity officer is a step back to that.

"I'm excited that there's talk again of having a chief diversity officer," Curtis said.

A cultural competency and awareness program through BU1000.

Gaddis said this has been addressed in community leader training, student life training and staff training in the fall of 2015.

She also said that the university is in the process of doing a campus wide cultural competency program.

As a part of their own efforts, NAACP will be starting a web series on cultural competence, based on real student experiences.

Gaddis said they will be turning them in to learning experiences and will focus on explaining vocabulary surrounding diversity and racial tension.

Their first episode will focus on micro-aggression and will be based on one of Gaddis' experiences.

To get involved in filming or starring in the series, to offer an experience or to ask about the rest of this weeks events, students can email baylorunaacp@gmail.com.

"It doesn't matter what color you are, you can be culturally incompetent and black," Gaddis said.

Today, NAACP will be going to the Hilton in Waco on University Parks Drive at 7:00 p.m. for the Black Art Experience. Tomorrow, they will be hosting a seminar on correcting credit in Foster at 7:00 p.m. Friday night, NAACP will be participating in community service at the Bledsoe Miller Recreation Center.

IMAGE from Page 1

media dangers and effects.

"I was interested to see if it was apparent on this college campus, and it definitely is, after [doing] that survey. Out of the 100, 20% said they have or have had an [eating disorder]," Kensinger said.

Dr. Emma Wood, a clinical psychologist who specializes in women's and gender issues and self-esteem at the Baylor Health Center, agreed that media images largely contribute to issues of body perception and eating disorders, even among Baylor students.

"The images that we see in everyday life are less impactful than the images we see in the media, advertisements and print. They are very specifically chosen and designed images that impact what we see as normative, even though they are not really normative," Wood said. "I think that Baylor is representative of American culture. It's not immune to the pressure and expectations that general American culture has for women, just because we are a Christian university doesn't mean that students don't struggle."

Wood said that media images of thin women and muscular men come to represent what is normal or natural among viewers, even though they do not reflect the realistic range of healthy body types. When viewers internalize these images, they may come to be dissatisfied with their own bodies.

Bellville sophomore Hannah Byrd has seen this impact in her own life and in the lives of her peers.

"I think it's hard to pinpoint what exactly puts the idea in your head that this is the idealized body, especially when you're younger. It's hard to understand why you think that that's the ideal body type, but I definitely think when that is surrounding you all the time and you only see this one type of body portrayed as beautiful or pretty, I think that affects you, even if it's subconsciously," Byrd said.

Wood said that one must begin to counter these images by talking about them and acknowledging that they do not reflect reality.

"I think we need to be talking about it. We need to remind each other that what we're seeing isn't reality," Wood said.

Darden's aim in his class lecture is to get that conversation started. Students like Kensinger, through their own actions, can keep it going.

Inspired by his initial survey, Kensinger may now recruit students to give girls encouraging messages, along with cards that list helplines for those with serious eating issues.

"I definitely want to bring up a campus movement. It might not generate anything big, but at least get awareness out there," Kensinger said.

FOOD

from Page 1



Courtesy art

for supper, it is very very disruptive in people's lives. It creates a lot of pressure and lots of anxiety when you don't know where your next meal is going to come from, you are very concerned about that," Edwards said.

Edwards said that there are lots of issues with children, particularly in the Waco ISD, as many of these students are on the free lunch program. These students are often supplied a backpack from Caritas to take home with them for the weekend, filled with food items.

"There is a great issue of hunger within our community, that's why Food For Families goes a long way in helping us get the word out about the problem, but also looking at ways we can better address it," Edwards said.

After the food drive is over, there will be a significant need to help pack and sort food items so they can be distributed to the participating food pantries. Volunteers who wish to help Caritas with the sorting process are encouraged to call 753-4593.

The community and public is invited to help Waco in its fight for hunger relief, especially as the holiday season is approaching. But Caritas wishes to remind everyone that there is no slack time throughout the whole year. This issue is one that presents itself constantly and is not one that just needs special attention during the holidays.

"This isn't just a holiday issue, hunger is around the whole year," Edwards said.

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Richard Hirst | Photo Editor

REBECCA FLANNERY
Arts Editor

Enter a classroom with a Shipley Do-Nut bag in hand and prepare to be flooded with glares. The sugary, airy and warm pastry from the most prevalent bakery in town warrants a jealousy any deprived sugar-tooth can muster.

This doughnut craze during the school year is positively affecting business citywide. Myriam Marquez, cashier for the newest bakery on Waco Drive, said the employees anticipate students' business as the busiest time of the year.

"The school year is a big time for us," Marquez said. "When all of the students come back to Waco, we see a lot more customers in here."

Jim Seam, manager of three Waco Shipley locations said while they love to cater to the sugar-fueled desires of students, other Wacoans frequent shops just as regularly.

"Each of our locations serve a different client," Seam said. "The Speight Avenue location obviously serves mostly Baylor students, but the other locations have their loyal followings as well."

Seam's other locations on Waco Drive and Valley Mills Drive deliver fresh doughnuts to the campus location because of its lack of a full kitchen. Marquez said the kitchen staff begins production at 2:30 a.m. every day.

"Our customers at the Waco Drive location are mostly families, parents on their way to work or high school students on their way to school," Marquez said.

The glazed and chocolate frosted doughnuts are the most popular flavors across the board, Marquez said. However, unique to the campus location, students demand more frivolous options like kolaches, cherry-glazed and sprinkles.

"We try to keep up with the demand the students set near campus," Seam said.

Doughnut recipes remain the same throughout all the Shipley locations in the nation, Seam said. The consistency is what keeps the customers coming back for more, Marquez said.

"I really enjoy all the flavors. There's not one I don't like," Seam said. "If I had to pick one, it'd probably be our classic glazed."

Doughnut trends are shown throughout the nation to be rising among all other food competitors. A study conducted by the National Restaurant Association shows doughnut popularity to have risen by 12 percent in the past year alone, the highest percentage increase among other trends measured.

While Shipley Do-Nuts has more quantity over other shops in Waco, bakeries such as Jack 'N' Jill on New Road, Daylight Donuts in multiple locations and Donut Palace in Robinson have their cult followers, too.

"Jack 'N' Jill has been open since the early sixties," said Margaret Kramer, office manager for Baylor's department of journalism, public relations and new media. "They had multiple locations at the time."

Kramer said Lloyd Warren owned the shop until he died in 2009.

"He was Waco resident devoted to making the city sweeter," Kramer said. "Shipley didn't come until later."



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							2		8

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Today's Puzzles

ACROSS

- Abbott and Collyer
- "__ Tree Hill"
- Baseball's Slaughter
- "American __ Warrior"
- Soup server's implement
- Lavin and Ronstadt
- "How __ Your Mother"
- "The Amazing __"
- Expert accountant, for short
- Suffix for command or auction
- Betty White's role on "The Golden Girls"
- Enjoys a winter sport
- "The A-__"
- Actress Susan
- Traditional circle dance at a Bar Mitzvah
- Jethro Bodine's portrayer
- "CSI: Crime __ Investigation"
- Actress Kudrow of "Friends"
- Actor George __
- "Family __"
- "__ Wants to Be a Millionaire"
- Long __; in the distant past
- Actor Christian __
- At a great distance
- TV chef
- 40 Glenn or Eric
- 41 Actor Jason __
- 42 Marge and Homer's boy
- 43 McKinley and Rushmore: abbr.
- 44 "The Blind __"; movie for Sandra Bullock and Tim McGraw

ODOWN

- Late mayor of New York City Abe __
- Mike Vogel sci-fi drama series
- Idiot
- 180° from NNW

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Created by Jacqueline E. Mathews

11/22/15

- In reserve until needed
- "Star Trek: Deep Space __"
- "Pirates of the Caribbean: At World's __"; Johnny Depp movie
- Laurence Fishburne's role on "Hannibal"
- Gelatin made from meat stock
- "__ to Me"; Tim Roth series
- "__ Vegas"
- Actress Downey
- "__ walked out in the streets of Laredo..."
- "The __ Breed"; movie for James Stewart and Maureen O'Hara
- Takes to court
- Very long periods
- __-back; relaxed
- "__ Bloods"
- "Voyage to the Bottom of the __"
- Nicolas and others
- Is unsuccessful
- Building annex, often
- Waste maker of proverb
- Miner's discovery
- One of the Maverick brothers
- Jai __; fast-paced game
- Actor Marshall's monogram
- "__ Evening News with Scott Pelley"

For today's puzzle results, go to BaylorLariat.com

TODAY ONLINE >> @BaylorVBall faces No. 5 Texas at 7 p.m. in Austin

BaylorLariat.com

Heisman Watch: Coleman takes a hit

JOSHUA DAVIS
Sports Writer

Another Heisman candidate fell victim to the dud game in the national spotlight last week.

While the late season marquee matchups present an opportunity to garner support for your Heisman campaign, one slip up can leave you with an uphill battle the rest of the season.

I was surprised by the ineffectiveness of a couple contenders last week, and the inconsistency has put one competitor way out in front. Here are my Week 11 rankings:

1. DERRICK HENRY (ALABAMA, RB)

After the impressive win against LSU on national television, Henry seems to have been given a boost of energy. His effectiveness has been unmatched over the last two weeks as he posted his second-straight 200-yard game.

The 6-foot-3, 242 pound running back has now caught the long time frontrunner in the Heisman race (Leonard Fournette). Henry has 1,458 and an FBS-best 19 rushing touchdowns. The prestigious award is his to lose at this point.

The Crimson Tide are absolutely rolling over teams thanks to their running game, and I don't expect that to end anytime soon. With a matchup against Charleston Southern this week, Henry can pad his stats to build a more impressive resume for December.

2. EZEKIEL ELLIOTT (OHIO STATE, RB)

I never expected Elliott to be this high on my list, but his consistent efforts toppling the 100-yard mark (15 straight games) have him all the way up to No. 2.

While it is surprising, it's like the old saying goes, "slow and steady wins the race." If that's the truth, then Elliott may be able to hoist the trophy in December.

Elliott is the only Heisman candidate whose stock has remained relatively stable all season.

The Ohio State running back continues to be the most dependable asset on the team as he has accumulated 1,425 yards and 16 touchdowns. His performance is the sole reason that the Buckeyes are still undefeated (10-0).

Now the tough stretch for the team from Columbus presents itself. With matchups against Michigan State and Michigan lingering, it sets the stage for Elliott to showcase his talent and challenge for the No. 1 spot.

Strong performances against those teams and I'd have a hard time not voting for Elliott to win it all.

3. LEONARD FOURNETTE (LSU, RB)

I was shocked two weeks ago whenever Alabama absolutely decimated LSU in Tuscaloosa, Ala. After that game, I assumed that Leonard Fournette would be on a mission to get back to the top of the Heisman standings. But it looks like I was wrong.

After laying an egg against Alabama, the Tigers and Fournette followed that up with an abysmal performance against the Arkansas Razorbacks.

The LSU running back failed to top the 100-yard mark for the second straight week and has registered 122 total yards in his last two games combined. Remember when we used to question his play if Fournette didn't go over 150 yards?

The New Orleans native has 1,474 yards and 17 touchdowns on the season, but at this point, it will take miraculous performances from Fournette to win the Heisman.

He'll certainly be in New York when December rolls around, but time is running out for him to take home the prize.

4. COREY COLEMAN (BAYLOR, WR)

Coleman and Baylor failed to take advantage of the national stage as they lost to Oklahoma, ending a 20-game winning streak. The All-American wide receiver caught three passes for 51 yards and was barely noticeable.

Although Coleman started out the season with impressive numbers, that's not what matters to Heisman voters.

Early season stats are good enough to put you on the list, but your performances late in the season are what determine your chances of winning the coveted award.

With 1,229 yards and 20 touchdowns, I believe Coleman will be selected as a finalist and go to New York when the season ends.

He will have to perform extremely well down the stretch for any chance at the Heisman, though.



Sarah Pyo | Lariat Photographer

ONE MAN TO BEAT Junior running back Shock Linwood sheds a tackle during the Baylor-Oklahoma game Saturday at McLane Stadium. The Bears, then-ranked No. 6, lost to then-ranked No. 12 Sooners 34-44.

Rankings Reaction

Baylor gets demoted after loss to OU

TYLER CAGLE
Sports Writer

After suffering their first loss of the season, the Baylor Bears fall out of my top four College Football Playoff rankings.

While the Bears were certainly disrespected by the committee, their loss does give way to some shake up in bottom half of the rankings.

All of the top four teams came away with a victory this weekend, little shake up in the official top four occurred. In fact, I completely agree with the committee's selections.

Here's my take on the final four heading into this weekend:

No. 4 NOTRE DAME

I'm officially on the Notre Dame bandwagon. After losing their starting quarterback to a season ending ankle injury, the Fighting Irish have willed themselves to a 9-1 record.

Their only loss on the season is to Clemson, at Clemson.

In a monsoon. By two. The Fighting Irish have been flying under everyone's radar either because they usually play on NBC or because everyone already hates them.

What cannot be hated about the Fighting Irish is their resiliency and ability to overcome early season strife.

The Irish have beaten opponents down with a heavy run game and a great play action pass game.

Deshone Kizer has been tremendous filling in for Malik Zaire and it only helps

that he has Will Fuller to throw to on the outsides.

Three Irish players have rushed for over 300 yards this season and with a defense that has played above average (44th in terms of total defense), the Irish have a good chance to remain in the top 4.

No. 3 OHIO STATE

The Buckeyes seem to be a repeat story of Florida State last year. They are undefeated and the defending champions but they have been less than impressive so far this season.

With J.T. Barrett resuming his role as the starting quarterback, he just hasn't had the same effect as last year. The Buckeyes are turnover prone on offense, spotty on defense, and way to talented to only beat Illinois 28-3.

The Buckeyes have had numerous scares and this weekend against Michigan State will surely define their season. The talent is undisputable but the results just have not shown.

Nevertheless, the Buckeyes should remain in the top four based on their record and potential alone.

No. 2 ALABAMA

Alabama is by far the best one loss team in the nation and they have shown it. Their defense has played to its usual Nick Saban standards in the last two weeks and they are just now rounding into form.

After holding down Leonard Fournette, and Dak Prescott in back to back weeks, the Crimson Tide have solidified themselves

amongst the nation's elite.

They also field one of the nation's elite running backs in Derrick Henry, who is surely at the top of everyone's Heisman lists.

Henry has carried the load for the Alabama offense, rushing 240 times for 1,458 yards and 19 touchdowns.

With a portable offense, a stout defense, and special teams that are almost flawless, Alabama should run the table yet again and position themselves in the playoff in back to back seasons.

No. 1 CLEMSON

There is no doubting the placement of Clemson at the number one spot. They have no losses unlike Notre Dame and Alabama and have actually played decent opponents, unlike Ohio State.

Clemson is perhaps the only team in the nation that has an elite offense and an elite defense as well. Offensively, the trio of Deshaun Watson (QB), Wayne Gallman (RB) and Artavis Scott (WR) is a lethal combination.

The Tigers could explode at any time and they have shown that they can also slow down the pace in tight games.

Defensively, the Tigers have one of the nation's top units.

They rank 3rd in pass yards allowed per game, 25th in rushing yards, and only allow opponents to score an average of 18 points per game, 15th in the country.

Expect Dabo Swinney and the Tigers to dance their way to an ACC championship.

KILLING IT IN THE CLASSROOM



Sarah Pyo | Lariat Photographer

Baylor volleyball had eight players selected to the 2015 Academic All-Big 12 Volleyball Team on Tuesday, including a league-best six first-team selections, tying with Kansas.

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