# Baylor Lariat WE'RE THERE WHEN YOU CAN'T BE

NOVEMBER 17, 2017

#### **FRIDAY**

BAYLORLARIAT.COM

Opinion | p. 2

**Eating disorders** The holidays can be hard for people with eating disorders.



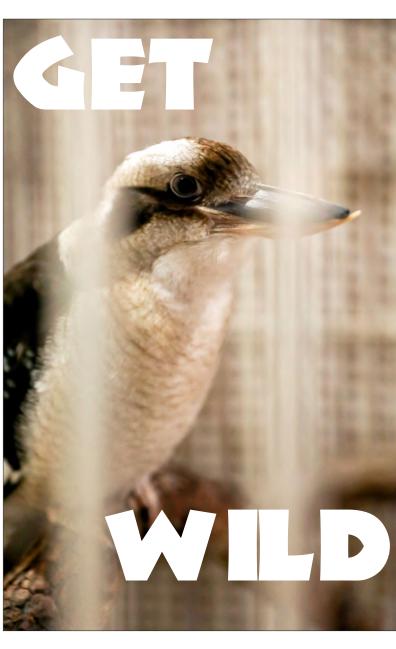
Arts & Life | p. 6 Western wisdom

Learn how Josh Ward got his start before the concert Saturday night.



Sports | p. 9 Coming to a close

Baylor football plays its last home game against Iowa State.







OUTBREAK (Left) Conner, a Laughing Kookaburra, cackles after hearing a triggering noise. (Top Right) Gilligan, a Galapagos tortoise, stretches his neck in anticipation of scratches. (Bottom right) Paisley the possum snuggles up to her handler as she's taken out of her cage

### Volunteers explore the wilderness at Cameron Park Zoo

**COURTNEY SOSNOWSKI** 

Reporter

The first time you go to the Cameron Park Zoo, you may be surprised at its beauty. As you wind through the paths of the natural habitat zoo, you may find yourself so enchanted by the lions and tigers and bears living two miles away from Baylor's campus that you decide you want to stick around.

Cameron Park Zoo has volunteer options almost as diverse as its wildlife. From taking animals off-site, handling them on-site, working special events, tending to animals' needs around the zoo and gardening and conservation, animal lovers ages 18 to 60 can find their niche at the

Libby Colon, a Texas Tech student studying biology at the satellite campus at McLennan Community College, has volunteered at Cameron Park Zoo since she was a teen. She volunteers in various capacities, but her favorite is helping with the otters.

"I absolutely love the otters. They are just so cute," Colon said. "When I get to feed them, it just makes my whole month. I know that sounds crazy, but you just don't understand until you've fed an otter."

Volunteers must work with the education department for 20 hours before handling

animals. The education department closely monitors volunteers to assess their readiness to handle animals, in addition to evaluating the needs around the zoo. Many volunteers are placed based off of their availability.

"You take a written test to be able to handle the animals," Colon said. "It's just general stuff like characteristics of mammals, characteristics

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Liesie Powers I Multimedia Editor

MAKING A DIFFERENCE Student Regents Hannah Vecseri and Will Cassara are the voice of the student body to Baylor's governing board.

## Student regents bridge university gaps

**PHOEBE SUY** 

Staff Writer

For some students, Baylor's Board of Regents is an aloof governing body that meets once in a while to decide things for everyone else. While this is mostly true the regents meets quarterly to make important decisions — the regents are not

as detached, and in fact are taking steps to understand students, according to student regents Houston senior Hannah Vecseri and Keller junior Will Cassara.

For the last five years, at least one student representative has served on Baylor's Board of Regents. Throughout the 20172018 school year, Vecseri and Cassara have worked to share the perspective of the student body with the board. Of the 44 regents, Vecseri and Cassara are the only two capable of sharing the reality of what life like for Baylor students.

"This is a position where your job is literally to talk to students and get to know them and hear their thoughts and concerns, and help the board access those students' thoughts and concerns so they can take it into account whenever they're making these very long-term decisions about our institution," Vecseri said.

As a student regent, Vecseri said she believes it's important to keep decisionmaking "centered on the people this institution is serving, which is students."

**Bridging the Gap** 

In order to effectively operate as a bridge between the board and students, Vecseri and Cassara said they intentionally involve themselves and seek to connect with students from various organizations across campus.

As a University Scholars major, Vecseri said she is involved in three disciplines political science, great texts and finance - that provide her with the opportunity to interact with a variety of people across

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## **CEO** speaks on how to serve, work

**JULIA VERGARA** Staff Writer

The founder and CEO of PacMoore challenged Baylor students Thursday evening with the question, "How can your job be one of the places where you can best serve God?"

Bill Moore's presentation, titled "Faith in the Workspace and Marketplace," took place at 4 p.m. in the Paul L. Foster Campus for Business and Innovation.

"The best place to reach people is in the marketplace - that's where they go to work," Moore said. "If you go to church and try to reach the lost — the lost aren't in church. They don't go there so the best place to reach people is in the workplace."

Moore said his Indiana-based company, PacMoore, is food manufacturing with a mission to transform lives. He began the presentation by speaking about Jamie Wright, a PacMoore employee who went through his own life transformation at PacMoore.

Wright had a difficult background, Moore said. When he first came to PacMoore, he was struggling and having a difficult time working in a corporate setting.

"Typically men like me would say, 'That young man needs to go find success somewhere else.' But that's not what we did," Moore said.

Instead, with the help of the company's spiritual leadership, Wright was able to turn

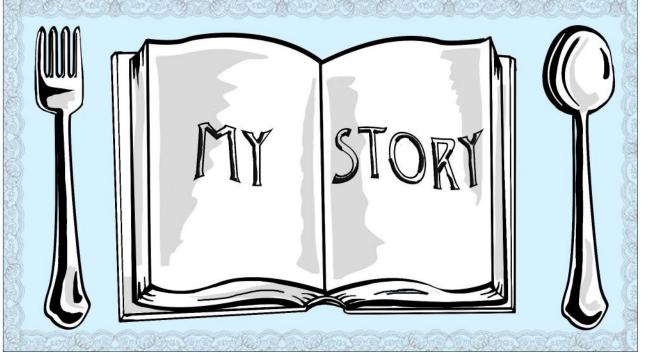
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#### **EDITORIAL**



## Even with an eating disorder, you can survive the holidays

Turkeys and mashed potatoes and stuffing, Oh My!

The holiday season is filled with family traditions and friendly events, many of which revolve around the consumption of large quantities of food. Between copious amounts of Halloween candy, Thanksgiving dinners and Christmas feasts, food is incredibly plentiful from October to January.

For many, these celebrations are a time to enjoy the cuisine and company of the ones they love. However, for one of the 10 million females and one million males in the United States that currently struggle with eating disorders, according to Eating Disorder Hope, a resource for those suffering with eating disorders, the holidays can be a stressful time simply because of the focus on eating, and a lot of eating at that.

National Eating Disorders Association reports that the holidays can affect those with different eating disorders in various ways. For example, if you are struggling with anorexia nervosa, you may be overcome with anxiety about having to sit with your family or friends for long periods of time while they eat and may be worried about coming up with excuses for why you're not eating. In contrast, if you are struggling with binge eating disorder or bulimia nervosa, holiday meals present an ample time to consume as much as you want, which can lead to guilt and shame for those with binge eating disorder, and purging or throwing up for those with bulimia.

While these are only a few examples of the burdens that come with coping with an eating disorder around the holidays,

it is important to know that if you are struggling this winter season, you are not alone in what you are going through. Eating Disorder Hope states that four out of 10 Americans have or will experience an eating disorder in their lifetime, or know of someone who is dealing with an eating disorder.

Although the holidays can be rough, there are ways to cope with being around large amounts of food and large groups of people eating. Mirror Mirror, an eating disorder treatment website, suggests a few options for surviving the holidays. If you are in treatment for an eating disorder or have people in your life who know what you are going through, reach out and share your concerns and uncertainty. You can ask them to take as little or as active of a role as you would like -- from nudging you under the table to remind you to have another bite of turkey, or spending a few hours with you after a big meal to make sure you don't purge, support from a loved one can go a long way.

If you have not discussed your eating disorder with anyone that will be with you during the holidays, there are other ways to make it through. Planning ahead for what you will and won't eat can be helpful, especially for those that struggle with simply wanting to control what they put in their body. Mirror Mirror also suggests that instead of focusing on food, focus instead on your family and the holiday itself. At Thanksgiving, for example, if you find yourself worrying that you're eating too much, try and shift your thoughts to something more positive, such as the people around you, or the football game on TV or all of the Black Friday sales you're going to score at the next day.

While a majority of Americans do not have eating disorders, there are still ways you can help someone you know who does have one of these conditions, as well as ways to avoid pushing them further into their disorder. Don't comment on how much someone is eating, or how little someone is eating, regardless of whether or not they have an eating disorder. If they want to indulge, let them, and if they're quietly munching on a roll and nothing else, don't call attention to it in front of an entire table of people. If you're truly concerned with someone's eating habits, pull them aside and say something to them in private, not in front of a room full of people.

If you notice a family member or a friend that is isolating themselves before, during or after a meal, spend time with them. Although isolation is a key factor in eating disorders, it is also prevalent in other mental illnesses such as depression or bipolar disorder. Simply being present and being there for someone you love can make a huge difference in their holiday

Above all, it is important to remember that if you have an eating disorder and you do end up purging, or you don't eat nearly enough or you eat too much, it is OK. Eating disorders are not cured overnight, and as hard as you may try to make it through the holidays, sometimes it's easier said than done. The crucial part is that you tried, and that you are actively seeking treatment and assistance, rather than dealing with your condition alone. You are not alone, especially during times of giving thanks and spreading love.

#### **COLUMN**

### Cut down on coffee for a bit

#### **RYLEE SEAVERS**

**Broadcast Reporter** 

My name is Rylee and I am a caffeineaholic. I love coffee. Hearing my Keurig brewing liquid gold every morning can pull me out of bed, even if the sun hasn't risen yet. I used to start every morning with a mug of black coffee and follow that up with at least one, sometimes two or three, more coffees throughout the day. As the saying goes, everything in moderation, but the problem is I had

sped right past moderation straight into full-on caffeine dependency.

My solution to the headaches and afternoon crashes that come with mass amounts of caffeine consumption was, naturally, more caffeine. One day in between afternoon coffees, I began to wonder what would happen if I stopped drinking coffee. This sounded like a really dumb idea, but if it had positive effects on my health,

then it was worth a shot. I decided to quit drinking coffee for two weeks and see what happened.

My hypothesis going into this experiment was that after I overcame the initial withdrawals from caffeine, I would sleep better and have more lasting energy throughout the day. I allowed myself tea at first because it has less caffeine

My first coffee-free morning was an early one. I don't have the words to express how disappointing it is to drink tea at six in the morning. I have never been a big fan of tea; it's so weak and dull compared to coffee. I had a massive headache by mid-day, despite drinking lots of water in an effort to avoid this. This trend continued for the first half of week one. Caffeine deprivation-1, Rylee-0.

The headaches continued for the rest of the first week. They were very painful and, at times, made me wish I had never come up with this idea. I began to have much less energy throughout the day. I silently complained to myself every morning about how much I loathe tea. But I did notice that I was falling asleep much quicker at night, a

The headaches lessened going into week two. A few late nights working on homework almost made me crack, but I hadn't come this far to only come this far. During the second week, not only was I falling asleep quicker, but it was also much easier to wake up in the morning. So far, I was seeing progress but I still had low energy in the afternoons. This didn't change at all through the end of the two weeks but, after an unintentional third week coffeeless, I did notice that I started to regain my energy.

All in all, I'm glad I gave up coffee for a time. I am sleeping better and feel that I have more energy throughout the day. But I think the greater benefit of this experiment was recognizing the negative effects coffee was having on

I'm not sure I will continue to stay away from coffee completely, especially with finals week coming up, but I know now that I am better off without it and will never drink as much coffee as I did before this experiment.

There is nothing wrong with drinking coffee in moderation, but my advice to all college students would be to cut down on the coffee if you find yourself reaching for it every time you get tired. It may seem like a solution at the moment, but after a few weeks without it, you will realize it was actually the problem.

Rylee is a sophomore journalism major from Peoria,

## Keith Urban shows female empowerment in new song

#### **JESSICA HUBBLE**

Multimedia Journalist

Female empowerment and country music are not usually two things you find together. Most country songs objectify women, while female country musicians and singers are not



played on the radio as often as their male counterparts. In 2015 radio executive Keith Hill said he advises his stations to only have women country artists as 15 percent of their playlist.

Keith Urban broke the norm Nov. 9 at the Country Music Awards (CMAs)

when he performed his new single, "Female." Urban decided to release "Female" as a response to the Harvey Weinstein scandal. The song details all the roles women play, calls out victim blaming and empowerment of women.

While the song has had many critics, I am excited and proud of Urban's decision to release the song. I was raised listening to country music and have loved it all my life. As I have gotten older, though, I have realized how many modern country songs objectify women and that country radio puts female artists on the backburner.

I find Urban's song "Female" important for many reasons. One of which is that it is so rare for country artists to speak out about hot button issues. It is very important for such a prominent

**BROADCAST MANAGING EDITOR** 

**BROADCAST REPORTERS** 

Christina Soto Elisabeth Tharp

Rylee Seavers MULTIMEDIA JOURNALISTS

Jessica Hubble Will Barksdale

country artist to start this conversation for the genre. Urban made this song a priority, he stopped working on his new album to record this song. He has the potential to be a catalyst for change in the country music world.

One of the most important things I find in the song is that Urban calls out victim blaming point blank. He sings, "When somebody laughs and implies that she asked for it, just cause she was wearing a skirt, is that how that works?" in the second verse. Victim blaming is an issue nationwide, and through those lyrics Urban can reach a different audience than most singers who sing about female empowerment.

Many women have come before Urban with feminist country anthems, such as Shania Twain's "She's Not Just a Pretty Face" and Martina McBride's "Independence Day." A few female country artists have broken the glass ceiling and become country superstars, such as Kelsei Ballerini, Kasey Musgraves and Maren Morris, although they are less prevalent and played far less than the male country superstars.

While many criticize Urban and say that he is a "day late and a dollar short" and he has made this all about himself, I am elated he took a stand in an industry that suppresses women's voices rather than lifts them. I think it's better late than never and I'm glad he is using his platform for good. Now I hope many more artists follow and lift up their female colleagues and pressure radio stations to play their female colleagues as well.

Jessica is a senior journalism major from Arlington.

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#### **Contact Us**

**General Questions:** Lariat@baylor.edu

254-710-1712

**Sports and Arts:** LariatArts@baylor.edu LariatSports@baylor.edu

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254-710-3407

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The Baylor Lariat welcomes reader viewpoints through letters to the editor and guest columns. Opinions expressed in the Lariat are not necessarily those of the Baylor administration, the Baylor Board of Regents, the student body or the Student Publications Board.

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#### **Lariat Letters**

To submit a Lariat Letter, email Lariat\_Letters@baylor.edu. Letters should be a maximum of 400 words. The letter is not guaranteed to be published.

## **D17** riat

## **Thanksgiving Celebration**



Baylee VerSteeg | Multimedia Journalist

**OSO EXCITED FOR THE HOLIDAYS** Members of Baylor a capella group VirtuOSO performed at the All-University Thanksgiving meal and Fall Festival on Wednesday evening on Fountain Mall.

## Student government invites students, community to Thanksgiving dinner

#### MONICA RODRIGUEZ

Reporter

Baylor student government held their annual All-University Thanksgiving dinner Wednesday evening on Fountain Mall. The event was free and open to all Baylor students, faculty and staff as well as their families.

As a popular seasonal tradition among the Baylor community, it was no surprise that the lines for the Thanksgiving feast were already packed with hungry attendees well before the festivities started at 5 p.m.

The menu featured a main choice of roasted turkey breast or pit ham. There were also various sides to choose from, including green beans, corn bread stuffing, cranberry sauce, mashed potatoes and wheat or white rolls. For dessert, the choices were a slice of pecan or pumpkin pie.

This year, there was also a food tent toward the edge of Fountain Mall that catered to those with dietary restrictions and other needs. The long white tables that lined the center of Fountain Mall encouraged students and staff to truly share a sense of community and togetherness in a way most schools usually don't seek create.

"I love how every year this event brings everyone together in the community," said Nashville, Tenn., junior Brendan Finucane. "Being an out of state student, this dinner really justifies the fact that Baylor is truly a second home and family to so many people."

As the evening went on, there were live performances on a stage set right in



evening on Fountain Mall for the All-University Thanksgiving meal.

 ${\it Baylee \ Ver Steeg} \ | \ {\it Multimedia \ Journalist}$   ${\it SECOND \ FAMILY \ Baylor \ students}, faculty \ and \ staff \ gathered \ on \ Wednesday$ 

front of the Rosenbalm Fountain. The first act featured Baylor's own acapella singing group, VirtuOSO, followed by Houston singer and songwriter, Thomas Csorba.

Baylor President Dr. Linda Livingstone was also in attendance with First Gent, Brad Livingstone. In her Presidential Perspective email, Livingstone thanked everyone for their participation in coming together as a community this season.

"Here at Baylor, we are supremely blessed to be at such an outstanding academic institution with a steadfast commitment to our Christian mission," Livingstone wrote. "We have so much

to be thankful for."

Near Moody Memorial Library, there were also volunteers accepting canned goods and non-perishable food items for the new on-campus food pantry coming soon. The pantry is to be called, The Store, and will help students

who are having trouble with their food security.

The All-University Thanksgiving dinner was mainly put on by the junior class officers in student government, Reed Glass, junior class president, Nick Miller, junior class vice president, and Joseph Mohon, junior class secretary/treasurer.

After the dinner, student body president Amye Dickerson, provided a statement on the successful turnout of the event.

"It was wonderful to see so many students and families at All-University Thanksgiving Dinner," Dickerson said. "It would not be possible to serve over 8,500 guests without the Junior Class Officers, Student Foundation, and Aramark staff."

Dickerson also commented on the positive effect the dinner brought to the Baylor community.

## Student Foundation brings fall festivities to Fountain Mall

HOLLY LUTRELL

Reporter

Student Foundation brought Baylor students and faculty together for games and music at their annual Fall Festival event Wednesday evening.

Fall Festival took place in conjunction with the All-University Thanksgiving Dinner on Fountain Mall from 5 to 8 p.m. Student Foundation worked alongside student government to create an event that unified organizations on campus to raise money for their philanthropies.

"We at Student Foundation reach out to other student organizations to come up with a booth or activity idea for the night," said Amelia Baumgardner, Student Foundation co-president. "One of our big focuses this year was increasing philanthropy among Baylor students here on campus."

Student organizations created a carnival on Fountain Mall with game booths lining the perimeter of the grass. Organizations used their game booths to raise money for their chosen philanthropies, Baumgardner said.

Baylor students, faculty and their families could play traditional carnival games such as balloon darts and ring toss. A diverse selection of philanthropies were supported at the event, such as St. Jude Children's Hospital, which is Delta Delta Delta's philanthropy, as well as domestic abuse awareness, which is supported by Alpha Chi Omega.

"My favorite part of Fall Festival is seeing how different student organizations get to show off the ideals that are important to them," Baumgardner said. "All seven of our booths this year had a diversity of philanthropies that they supported, and I think it's really wonderful to see the passion and willingness to give back and support those causes."

Baylor's a capella group VirtuOSO and Houston singer and songwriter Thomas Csorba performed at Fall Festival while students, faculty and their families explored the different booths. Student Foundation members walked around the event in their signature greenand-white striped jerseys to help everything run smoothly. They also held a food drive to collect canned goods for those in need.

Inez senior April Jungbauer, Student Foundation member, said she appreciated that the event was both fun for the participants and raised money for good causes at the same time.

"The Fall Festival provides an opportunity for the Baylor family to come together in a community while also impacting the world by raising awareness about philanthropies and hosting a food drive to help students in need during the holiday season," Jungbauer said.

According to the Student Foundation website, Fall festival was overseen by the Campus Promotions committee. This committee within the organization plans events such as First Year Follies, Fall Festival and the Bearathon race to unite Baylor's campus and support Student Foundation's mission to generate student scholarships.



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AMELIA BAUMGARDNER | STUDENT FOUNDATION CO-PRESIDENT

## BUPD asks community to help prevent bike theft

JULIA VERGARA

Staff Writer

20 out of 29 total thefts in October were bike thefts, according to the Baylor University Police Department's (BUPD) uniform crime reporting statistics

"This is one of these situations where it is a community-police department collaborative effort to reduce crime," said Baylor Police Chief Brad Wigtil.

Wigtil said the community can reduce the opportunity for bike thefts that occur by locking their bikes with the right equipment and registering their bikes with the Baylor Department of Public Safety.

Crime Prevention Officer Scott Curry said he has seen a bunch of bikes just laying up against a bike rack across campus — completely unsecured. Other bikes on campus are not secured properly with the right equipment.

Curry said one bike he came across in the past was worth up to \$400 to \$500 and was only secured with a leather belt.

"Definitely lock your bike, but there are certain devices that are easily, easily defeated," Wintil said

Even an average bike cable can be easily cut through using a regular utility tool that's small enough for a thief to carry in their pocket, Curry said. Instead, BUPD recommends that students use U-Locks — which requires a hydroelectric grinding tool to cut through — to properly secure their bikes.

A big issue in dealing with bike theft is the



Photo Illustration by Liesje Powers | Multimedia Editor **LOCK IT UP** 20 of the 29 reported thefts on Baylor's campus in October were bike thefts.

lack of bike registration. Out of around 800

bikes on campus, only about 20 percent are registered, Wigtil said.

According to Wigtil, early in the morning of

According to Wigtil, early in the morning of Oct. 27, BUPD noticed a man leaving campus riding a bike and towing another. The man was a much older individual and did not fit a Baylor student profile, so they stopped him.

While BUPD was able to arrest the man on certain charges, they could not file bike theft charges against him because they were not registered as Baylor students' bikes.

"I am almost certain they belong to our Baylor students and I can't determine who the owners are so I can't file bike theft charges on this individual until I get the owners," Wigtil said.

Bike registration is also important in finding a student's bike after it has been stolen. If the bike is registered, BUPD will have the serial number on record, Wigtil said. That way, they can use a computer system to alert them if the bike has been taken to a pawn shop. Using the bike's serial number, BUPD is also able to put it into the Texas Crime Information Center and National Crime Information Center's computer system so that if a police officer in another city or state gets ahold of the bike, they can run the serial number and it will tell them that BUPD has reported it as stolen.

Out of the 20 bike thefts in October, only five were recovered by BUPD.

"If you've got a bike on campus, please check and if it's missing go to the police department because right now we've got five bikes that were stolen in October that were recovered and we don't have the owners," Wigtil said.

According to Wigtil, it is not likely that a bike will be recovered after it has been stolen, but without the registration information, it is impossible

In order to encourage students to register their bikes, Wigtil said BUPD will give a free U-Lock to any student that registers their bike at the BUPD station. Students are also able to register their bikes online.

In order to further reduce bike thefts, Wigtil said that BUPD is in the process of bringing "bait bikes" to campus. This technology would alarm dispatch if somebody takes one of them, allowing them to see where it is moving so that they can catch the thief.

"We need the community's help," Wigtil said. "We're going to do our part. We need the community to help do their part and together we can address this issue and I think we'll see some great results."

#### News

## Mayborn Museum makes blankets for Humane Society

**BROOKE HILL** 

Staff Writer

This year, furry friends in Waco will have something to be thankful for, too.

The Mayborn Museum invited people to their Design Den on Thursday night to make fleece blankets to donate for use in animal crates at the Humane Society of Central Texas.

"We are honored to be selected for this wonderful event," said Don Bland, executive director of the Humane Society of Central Texas. "Going into the cooler months, these blankets will be put to good use by the animals at the shelter while they wait for their new homes."

Design Den coordinator Emily Clark said that she looked up national weeks for November and found National Animal Shelter Appreciation Week. This week was actually at the beginning of November, but she still loved the idea.

"I knew that for November it would be cool to do something that was a little more giving back or something ... I knew the fleece blankets, I've done those with kids before for the animal shelter back when I lived in Austin," Clark said. "I knew it was a really easy project and most animal shelters welcome blankets and so I reached out to the Humane Society and they said that

they would love to have us do that for them and be able to donate them."

Design Den has a few events each month during summer and typically just one a month during the school year. Clark said before the event that their goal is always to have around 50 people, but that they have sometimes gotten up to 100 on a good night.

"We have done sewing one time up here as one of our themes this past summer, and it was one of our most popular," Clark said. "People really loved getting to do that kind of thing. We won't be doing a lot with sewing machines this time, but I think just working with fabrics, people don't do very often anymore. So I'm just excited to see how our visitors react



Jessica Hubble | Multimedia Journalist

**LEND A HAND** Samantha Johnson cuts fabric to make blankets for dogs at the Human Society while her mom, Gia Chevis Johnson, overlooks.

and if they find it fun. I also am excited because doing an activity like this, it's a really social activity, so I'm hoping we have people kind of stick around and want to chat. We always like to see our activities become a sort of social collaboration. I'm hoping that that happens."

Each day in Design Den, visitors can use materials to build from their imagination. During special Design Den programs such as these, participants are invited to engage in an atmosphere of collaboration and creativity, according to their website.

## Baylor offers professional opportunities on campus

JULIA VERGARA

Staff Writer

With the professional world increasingly

becoming more competitive, internships are increasingly becoming more crucial to impressing future employers. That is why Baylor's Office of Career & Professional Development partners with administrative offices and academic departments each semester to offer students the Baylor On-Campus Internship Program.

Through this program, students are able to gain professional work experience right on Baylor's campus. Departments participating

in the program include Campus Living and Learning, the Baylor Bear Foundation (Athletics), Multicultural Affairs, Engineering and Computer Science, Hankamer School of Business and many more.

Internship Specialist Chelsea Waldrop said that students can start applying for the Spring 2018 On Campus Internship Program positions beginning Jan. 2, 2018. The positions will be open for application a little less than two weeks, remaining open until Jan. 14.

"Students will apply with a resume, cover letter and program application individually for each job they are interested in and qualified for,"

Waldrop said. "All positions will be

listed on Handshake on the Baylor On-Campus Internship Program employer page."

Mount Pocono, Pa., junior Ebonee Washington from and research intern for the student employment office said that Baylor originally just had an on campus employment program but the internship program was created due to the lack of internships that were available in the Waco community.

"There's a lot of different opportunities on campus," Washington said. "They have internships

Washington said. "They have internships opening up all over because the program is becoming larger so I would definitely tell any type of student to check them out, see what's going on."

While Washington is an accounting major, she said her position as a research intern has still taught her a lot about the professional world.

"It's just been helpful in doing basic things like formatting emails to your boss — stuff like  $\frac{1}{2}$ 

that you don't typically do in your everyday life, but it's a good skill to pick up because you'll have to do it in an office setting," Washington said.

When she started working in the position, the student employment office was just getting started at Baylor, Washington said. So as a research intern, her responsibilities involved looking into other schools that had already developed a student employment office and getting information from them so that the office could be structured by looking at examples.

Tomball junior Cassidy Latham, public programs intern for the Mayborn Museum Complex said part of her position is job-shadowing and working closely with the public programs manager.

"For this specific position, I work with the public programs manager and we are in charge of creating content for an over 18 audience at the museum and so that just means planning programs that appeal to different demographics," Latham said.

Latham said that in her position, she gets to see a lot of the behind-the-scenes and corporate aspects of the museum. She has done a lot of presentations for the museum and collaborations with the different teams. For example, she has worked a lot on collaborating

with the communications team over the promotion of programs.

The position has also taught her how to create campaigns, do business proposals and business evaluations, Latham said.

"I'm a communications major so it's been really helpful for learning what I want to do in the future," Latham said. "I think it really helped me learn how much I enjoy project management."

Washington said that through the program, 20 hours per week is the maximum an intern is allowed to work. However, she typically works 10 to 14 hours per week.

Since most Baylor offices close at 5 p.m., Washington said that it makes it a lot easier to put your and effort into the internship but still have time left in the rest of the day to do homework or other activities.

"The balance hasn't been that hard," Washington said. "They make it easy for you to kind of make your own hours, just through preference and what your schedule looks like. They try to work a lot with you through that to make sure you're doing your best in classes as well in the office."

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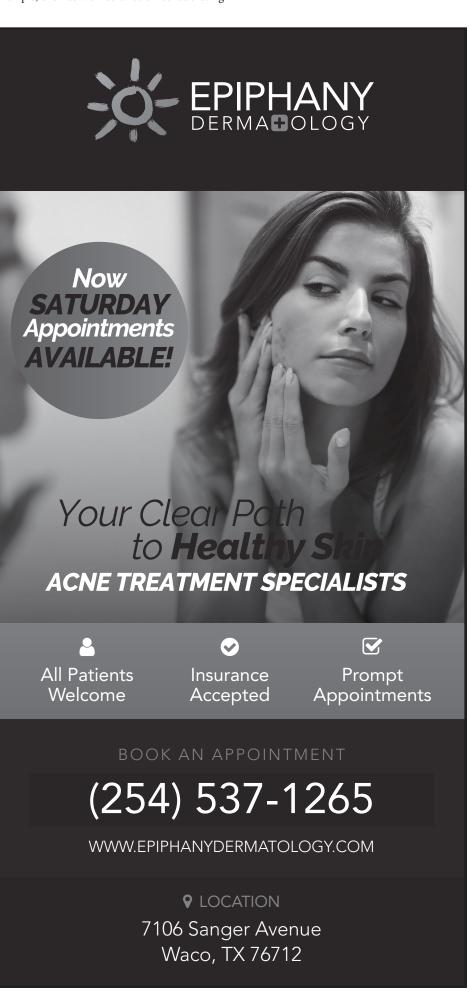
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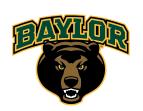
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## Texas singer shares story behind classic country voice

#### JENNIFER SMITH

Reporter

Josh Ward, a country music singer from Montgomery, Texas, was named New Male Vocalist of the Year by the Texas Regional Radio Awards and received song of the year with his hit single "Whiskey and Whitley." Ward will be performing in Waco on Saturday at The Melody Ranch.

Brandy Reed of RPR Media said before Josh formed his band in 2013, he started playing music in the parking lots of the rodeo circuit in 2003. "He has been called a country music

traditionalist, delivering an old- school sound withahauntinglycountryclassicvoice," Reedsaid. According to Ward, music has always been his

dream and he caught the performing bug as a child. "From an early age on, I was always around music," Ward said. "My grandpa and uncles

would always have the radio on at the house. I started singing in the church choir at 4 years old. I just loved to sing. When I learned to play guitar years later, being a country music singer kind of became the dream.'

Ward said he's grateful his music has turned into a business and not just a hobby. Ward appreciates the freedom his job gives him, like how often he gets to travel and the weeks he's able to be home with his family. However, Ward said the freedom doesn't come without its struggles.

"The most difficult part about making music is being gone and missing important things with the family," Ward said. "Sometimes you're gone on birthdays or special little moments; that's a tough one. But there are upsides to that too. We get to run around the country and play for some of the best fans in



Photo courtesy of Brandy Reed

LIVING THE DREAM Texas country singer Josh Ward will be performing at 10:00 p.m. on Saturday at The Melody Ranch. Ward was named New Male Vocalist of the Year by Texas Regional

the world. We get to live out a dream, literally."

One of those dreams was fulfilled the first time Ward heard his song on the radio. He said he never thought in a million years that he would hear himself on the radio.

"It was a blur, I can tell you that. This whole thing from the start to now has been a wild, crazy, whirlwind of a ride, the ups and downs, good and bad," Ward said. "I've been doing this for 15 years and I think we're just now getting 'the look' from a lot of people." Although it has been a blur, Ward's success wasn't handed to him. He went from working in

the rodeo to the oil fields and then straight into the music business. Ward said each field taught him perseverance and the will to succeed, and he hopes to pass that lesson on to aspiring artists.

"My simple advice would be hard work and clean living," Ward said. "You have to have a no-quit, true grit attitude. There's a lot of things that are going to get in your way, but don't ever let anyone tell you that you can't do something. Because it is possible if you put the hard work in and don't let off the hammer, you're going to succeed," Ward said. "And I can honestly say being humble and kind to everyone you meet is where the majority of my success has come from. If you're good to people, they see that in you and they'll be good to you back."

As for his performances, Ward said his pre-show rituals includes praying and listening to the artists he idolizes.

"Praying before I go on stage is a given every night. It's a blessing that I get to do this for a living, so I give thanks to Him first," Ward said. "I need a little quiet time to get in the vibe. I'll listen to Keith Whitley, George Jones and Merle Haggard while I'm getting ready. I honed my vocal skills around those guys because those were my favorites. They knew how to sing heartbreak songs, and I just gravitated to that. I'm a sucker for a sad song, I guess."

And he sings them well, according to one

of Ward's fans, Amarillo junior Grant Gillispie. "He just has something that not many country music singers have anymore. His voice stuck with me because it's like nothing else I hear on the radio. It's a cool thing he did by taking his own path and getting country music back to its old-school roots. You can hear it in his music, and that's what makes him stand out," Gillispie said.

DETAILS	
Date: Sat., Oct. 18	Location: The Melody Ranch
Time:	Price:

Free

10:30 p.m.

## Six Thanksgiving dishes colleges student can make

#### **MEGAN RULE**

Opinion Editor

Traditionally, thinking of Thanksgiving, we tend to think of commercials advertising long tables filled with enormous amounts of food and dozens of people sitting the table. The table is set perfectly, and the aesthetics are on point. Everyone around the table is dressed to the nines and smiles are plastered on faces like they're stuck with a glue stick.

However, that's not the case for everyone, especially college students who don't get to go home. If you're staying on campus for the holiday, don't fret. You can still have the luxury of a home-cooked, healthy Thanksgiving meal with these six easy recipes to celebrate the holiday.

#### 1. Fall Salad

- Ingredients:
- Arugula
- spinach cranberries
- butternut squash almond slivers
- balsamic vinaigrette dressing Time: 10 minutes

Directions: In a large bowl, combine two handfuls of arugula and spinach. Add in cranberries, feta, butternut squash chunks and almond silvers. I usually buy these already cooked from the grocery store, or I have made them ahead of time and refrigerated them. Either way, the salad tastes better when the ingredients are cold. The amount of each ingredient is based on personal preference. Top with balsamic vinaigrette dressing.

#### 2. Roasted Brussels Sprouts Ingredients:

Brussels sprouts



Liesje Powers | Multimedia Editor

**DINNER TIME** Opinion editor Megan Rule shares her favorite recipes for easy Thanksgiving meals that college students can make. Above is a picture of her pumpkin pecan muffins.

- salt and pepper Time: 40 minutes

Directions: Set the oven to 400 degrees Fahrenheit. Wash Brussels sprouts with water, then cut them all in half. Line a baking sheet with aluminum foil and spread the chopped Brussels sprouts over the sheet. Drizzle olive oil on top, then add salt and pepper for taste. Mix with hands to make sure the seasoning is evenly distributed. Put in the oven for about 30 minutes or until roasted to your liking. I like the Brussels sprouts extra crispy, so I tend to cook them until they turn a very dark

#### 3. Cinnamon Roasted Sweet **Potatoes**

Ingredients:

- Sweet potatoes
- olive oil cinnamon

Time: 40 minutes

Directions: Set the oven to 400 degrees Fahrenheit. Wash the sweet potatoes with water, then cut them all in either chunks or wedges. Line a baking sheet with aluminum foil and spread the sweet potatoes over the sheet. Drizzle olive oil on top, then cinnamon to taste. Mix with hands to make sure the seasoning is evenly distributed. Put in the oven for about 30 minutes or until roasted to your liking. I like them extra crunchy, so I tend to cook them until the cinnamon on top turns a very dark brown.

4. Green Bean Casserole Ingredients:

- Yellow onion
- olive oil mushrooms
- garlic parsnips
- sea salt
- green beans

Time: 1 hour

Directions: Chop the yellow onion, then set the stovetop to medium heat. In a pan, add a little olive oil and the chopped onions. Sauté until they turn a golden color, then set aside for later. In a pot, boil the parsnips (about one cup) until they become soft. Using the same pan from earlier, sauté the mushrooms with olive oil (chopped, about 2 cups) until they are a darker brown. Set half the mushrooms aside with the onions. Take the other half of the mushrooms and the steamed parsnips and put

them in a blender along with a cup of water and salt to taste. Blend until the ingredients are creamy. In the pot from earlier, steam the green beans until they are cooked to your liking. In a baking dish, add the green beans, mushrooms, onions, and cream blend. Bake in the oven for about half an hour at 350 degrees Fahrenheit.

#### Thanksgiving Stuffing Meatballs

Ingredients:

- 1 package of extra-lean ground turkey olive oil
- yellow onion
- celery
- carrots
- zucchini sea salt
- garlic powder onion powder

pepper

ground sage Time: 45 minutes

Directions: Finely chop the onion, celery, zucchini and carrots so that you have about a quarter cup of each ingredient. In a pan over medium heat, add olive oil and the chopped vegetables. Sauté until they are soft. In a large bowl, combine the ground turkey and spices (all to taste) until fully mixed. Slowly add in the sautéd vegetables. Line a baking sheet with aluminum foil, then roll the meat into meatballs and place on the baking sheet. Cook in the oven for about 30 minutes at 425 degrees Fahrenheit.

#### 6. Pumpkin Pecan Muffins Ingredients:

- Almond flour
- baking soda
- sea salt
- pumpkin pie spice
- can of pumpkin puree
- vanilla extract maple syrup
- pecans
- coconut oil (melted)

Time: 45 minutes

Directions: Preheat the oven to 350 degrees Fahrenheit. In a bowl, mix about a cup and a half of almond flour, a teaspoon of baking soda, a teaspoon of pumpkin pie spice and a teaspoon of sea salt. Slowly mix in the eggs and pumpkin puree. Then add three tablespoons of the melted coconut oil, a teaspoon of vanilla extract and about a quarter cup of maple syrup. Mix until fully combines (the texture will be thick and sticky). Line muffin tins with wrappers, then fill each muffin hole about two-thirds full of the mixture. Top with chopped pecans and sprinkle pumpkin pie spice over them. Bake for about 25 minutes or until fully cooked through.

#### What to do in Waco this weekend:

9 a.m. - 6 p.m. — Every third Friday and Saturday of the month, White Buffalo Market brings tastefully vintage and handmade goods to Heritage Square, located at Austin Avenue and Third Street. Explore this free market for a perfect holiday gift ... for yourself.

**7:30 p.m.** — VirtuOSO, the 14-member A Cappella group, will perform its nationally recognized performance under the direction of Stephen Gusukuma in the Jones Concert Hall. Tickets are \$5.

**10:30 p.m.** — Rock band The Dimmagios performs for free at Truelove Bar.

#### >> Saturday, Nov. 18

9 a.m. - 6 p.m. — White Buffalo Market continues.

**9 a.m. - 6 p.m.** — Waco Downtown Farmers Market will be bringing local vendors to share agricultural and artisan products for free. The market will be at Fifth Street and Washington Avenue.

**9 a.m.** — Join runners for the 12th Annual Central Texas Turkey Trot at Brazos Park East & Cameron Park. Run through Brazos Park East for a free 5K or 10K run. The winners will receive either a cash prize or Thanksgiving dish.

**10:30 p.m.** — Texas country music artist Josh Ward will be performing at The Melody Ranch, located at 2315 N. Robinson Dr.

#### >> **Sunday, Nov. 19**

**7 p.m.** — Christian band Beautiful Eulogy performs at Common Grounds as part of its "Worthy Tour!" Tickets prices will start at \$10.

#### >> Ongoing

Nov. 4 - Nov. 22 — "Ekphrasis: An Exploration of the Mind Body Soul," the month-long display of artwork from Sixth to Eighth Street, will bring awareness to mental health challenges. The exhibit will be along Austin Avenue and Washington Avenue.

#### Today's Puzzles

#### 1 Type of hippo

- 6 59-Down product 9 Color guard acces-
- 14 Child on TV for decades
- 15 Virgo preceder 16 "I'm here"
- 17 Hummingbird feature? 19 Enjoyed Vegas
- 20 Valley 21 Place to live in Spain
- 23 Sore feeling 24 Purported ancestor of Ragnar Lothbrok on TV's "Vikings"
- 26 Foothills? 29 Crazy scene
- 30 Call-day link 31 Value 32 Did a cobbler's job
- 34 Stain
- 37 Hot Wheels Volkswagen? 41 Hoedown move
- 42 Taking place 44 Is in store for
- 47 Pine product 49 Maker of the
- GreenSaver Produce Keeper 50 Potty-training tool?
- 53 Absolut rival 54 Explosive letters 55 Collector's
- 56 Reveals in an unwelcome way

- 58 Naming
- Lilliputian horse? 64 Nursery supply
- 66 Hiding\_
- 68 Oversaw

#### Down

- shaped leaves 4 Lombardy's capital 5 Everyone in Missis-
- sippi?
- 7 AT&T, for short 8 Grinder
- candy girl" 10 Botanist Gray
- 12 Show one's face 13 Make amends for
- 18 Outdo 25 Hardly a happy
- move on"

### 60 Mouthpiece for a 65 Psyche compo-

6/ No longer an item 69 Teamed (with)

#### 1 Jams

- 2 Good remark? 3 Plants with sword-
- 6 Big ring name
- 9 1969 hit with the line "You are my
- 11 Candy heart words
- 22 Volume measure 24 Abbr. on some cans
- ending 27 Where the Santa Maria sank, nowadays 28 Dined on, biblically
- 30 Dash warning 33 "I suggest you
- 55
  - 35 Pie makeup?
  - 36 Stock
  - 38 Plus
  - 39 Doesn't exactly help one's reputation 40 Stunning or cunning
  - 43 One under a tree, maybe 44 Nissan sedan
  - 45 Start of a pitch 46 Fifth-century Roman Empire
- 48 In a little while 51 1996 A.L. Rookie of the Year
- 52 Psi follower 53 Needles
- 57 Org. whose logo features an
- eagle head 59 6-Across maker
- 61 Awfully long time
- 62 Rocks in a bucket
- 63 "Ideas worth spreading" acro-

For today's puzzle results, please go to BaylorLariat.com

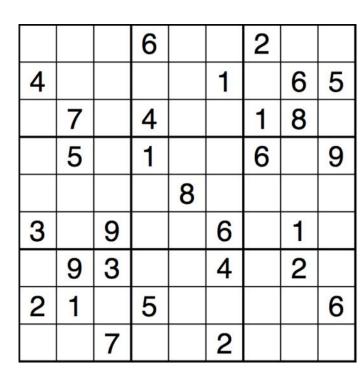












#### **REGENTS** from Page 1

campus. Additionally, Vecseri said she was involved in 11 organizations last semester.

Vecseri said she loves meeting people and set a goal her first semester at Baylor to meet seven new people a week, a goal she consistently beat.

As a former community leader and former president of the Martin Residence Hall leadership team, Cassara said he has received a lot of insight into what his residents and other students are thinking.

In addition to their academic and social spheres, Vecseri and Cassara said they make it a point to attend student-run events like the international student mixer and the black student union event. Vecseri said events like these give them an opportunity to connect with students they wouldn't otherwise meet.

Cassara and Vecseri said they hosted an event last week called "Dinner with Decision Makers." Vecseri said the dinner was an opportunity for students to connect with three regents as well as President Dr. Linda Livingstone, interim Provost Dr. Michael McLendon and dean for student development Dr. Elizabeth Palacios. As the three-course dinner progressed, the decision-makers rotated tables to ensure they had an opportunity to speak with each group. Cassara said there were around 30 people in attendance.

Vecseri said a diverse group of students attended the dinner, including graduate students, law students and students from George W. Truett Theological Seminary and the Louise Herrington School of Nursing.

"It was an amazing opportunity just for the relational part. You know, 'Here's my Baylor experience, here's why I ended up at Baylor, here's where I'm from, how I got to Waco, what am I studying, what do I want to do postgraduation," Cassara said. "[The event] was just an amazing opportunity to help build that relational feeling between the students and these decision makers who are making highstakes decisions for the next five to 10 years."

In addition to attending and facilitating events to foster understanding between students and the board of regents, Cassara said they in close contact with student body president Amye Dickerson as well as vice president for student life Dr. Kevin Jackson.

"We both came in [to the position] and were thinking, 'Man, after everything that's happened, this [dinner] would be such a great opportunity to give students who just don't know who their board is to have an opportunity to gain access to that and get to learn," Vecseri said. "Our goal is really to help students understand the people behind the roles and get to know their character, because if you know someone's character, it just makes it a lot easier to understand where they're coming from and trust them."

#### **Communicating Concerns**

For students who may not have the opportunity to have dinner with a regent, for example, Vecseri said that is what their position as student regents is for. Vecseri said she encourages students to reach out to Cassara or her. They love to meet with students, she said, and are ready to have conversations.

"If you have something specifically that you'd like to talk to an administrator or regent about, we're happy to take that concern forward," Vecseri said. "Seventeen thousand students can't individually talk to these members, but those that want to and have the initiative and have something to say and have something they want to be heard, that's what we're here for and we're more than happy to serve and facilitate in that way."

Some concerns discussed at the dinner included Baylor's accreditation status, Pepper Hamilton's 105 recommendations and diversity.

Cassara said he believed many of the concerns students had were connected with Title IX and the implications that come with that, such as accreditation. Cassara said he believes many of the concerns "have been mitigated" or are "moving forward [with] an action plan on how we're going to address these different areas."

"I think a lot of those areas are being addressed by the board and by the president and that we'll continue to see those initiatives carried out "Cassara said

Vecseri said she came into the position with "a lot more skepticism than was really warranted," but after interacting with board members, she said she's been impressed and inspired by their dedication to Baylor and their commitment to doing things the right way. Vecseri said seeing the board operate has provided her with peace and comfort about the concerns she had as a student.

"Just being in there and seeing them so insistent on doing everything - crossing their t's, dotting their i's, making sure everything is done the right way no matter what the consequences are," Vecseri said. "They've been very adamant about that and that's just been inspiring and definitely helped build my trust in everything that they're doing.'

In Cassara's experience, he said communicating students' perspectives and thoughts to regents hasn't been particularly difficult. The regents don't shy away from the fact that they haven't been to Baylor in several years, Cassara said, and they are "more than eager" to listen to what the student regents have to say. Because of this, Cassara said he has

never felt the need to shy away from sharing something.

Vecseri said she speaks up a lot in meetings and asks a lot of questions. In fact, she said board members have commented to her about it, saying they appreciate her feedback to the

discussion. "I've been encouraged actually to ask hard questions and really challenge things because that helps us really check ourselves and make sure we're headed in the right direction,"

Vecseri said.

Vecseri said if she hears something awful, she will step in and say 'Hey, here's how we're thinking about that,' but she said she couldn't recall a time when she felt she needed to do that.

According to Vecseri, regents frequently ask them what students are thinking because they recognize they don't know and are seeking their perspective for understanding.

Cassara said he has been inspired by the passion the regents have for Baylor.

"I think all of the regents have high aspirations for our institution," Cassara said. "They had a transformative experience here and most of them were very successful post-college because of it. So they want to see that future generations have that same experience."

Vecseri said she was surprised by how relatable board members were. Some are CEOs and others run large companies, but Vecseri said she was amazed at how easy it is to work with them, especially as a student.

Cassara serves on the student life and regulatory affairs committees. Vecseri serves on the academic affairs and student life committees.

Applications for Student Regents are now open and due to the Office of the Vice President for Student Life by 5 p.m. Jan. 17, 2018.

#### **WORKPLACE** from Page 1

his life around and is currently an incredibly productive individual that consistently meets his goals every month, Moore said.

"I look at where I am now," Wright said in a pre-recorded video that was played at the event. "Today, I have an incredible marriage. I'm a father to a 2-year-old son; I have another due in a few weeks. It's the type of life transformation that I would just pray that other people in other companies will get to experience one day."

PacMoore's company strategy is unique, Moore said. Unlike many other companies, they have an employee strategy to help transform

According to Moore, the steps in the company's employee strategy training employees for business, increasing their earning capacity, creating meaningful relationships, helping them resolve any current life issues, introducing them to Jesus Christ and empowering them to help others.

"Our strategy is what's unique," Moore said. "Most businesses don't have an employee strategy. They have an employee retention strategy. They have employee growth strategy. But not a 'How am I going to reach and transform my employees?' strategy.'

In most companies, life transformation is not happening. There are not a lot of companies taking that strategy because it is expensive and it takes a lot of time, Moore said.

"We have a different purpose and it's for you to come build meaningful relationships with us - and us with you - so that your life starts to change and you can address the things that are really holding you back," Moore said.

PacMoore implements several spiritual tactics, Moore said. For example, a giant portion of the company's budget goes toward being able to have seven chaplains available to employees. The company also offers Bible studies and prayer groups to their employees.

"What we typically try to do is get them back to their church of origin," Moore said. "We see a lot of people come from the Catholic church; we don't try to convert them to Protestantism. Some people are Jewish, some people are Muslim — we try to get them back to their church of origin because that's where we think they're going to get connected and where they're going to develop spiritually.'

At the end of his presentation, Moore asked the students, "How will you integrate your work with your Christian commitment?"

It is typically difficult for young Christian's coming out of college to answer that question, Moore said.

There is a misconception about what "real" Christians are supposed to do for a job after college, Moore said. Many people perceive missionary work, working in a church or in a nonprofit position as the jobs for "real" Christians.

However, Moore said that is not true. To prove his point, he showed students a list of Christian business leaders. Some included Chick-Fil-A's Truett Cathy, Walmart's Sam Walton and Standard Oil Company's John Rockefeller.

"Look at the amount of money they generated, the amount of jobs they generated, the amount of lives they touched because of the businesses they've created," Moore said. "That's a powerful testimony to what you can do as a Christian business leader.'

#### **WILD** from Page 1

of reptiles, how to handle the animals properly in front of people and, if you do pass that, then you get to go on to the second step, which is learning to handle each animal individually.

Animal handling is categorized by level. Small mammals such as guinea pigs, ferrets, hedgehogs and snakes under 3 feet are considered level one, while birds are considered level three.

specific volunteers can offer education and opportunities to zoo visitors is through biofact stations. A volunteer can take a particular animal's biofact material and inform zoo visitors more about the animal by showing them anything from bones to artificial stool samples.

"When people come to a zoo, the first thing they think of is entertainment," said Connie Kassner, Cameron Park Zoo education curator. "We want to capture those people that have

come to be entertained and possibly provide some sort of education."

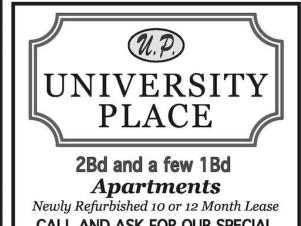
Since Cameron Park Zoo opened in 1993, it has grown from 75 animals to over 2,000. Maintenance of the zoo is a joint effort between the City of Waco and the Cameron Park Zoological and Botanical Society. Since the education department only has two fulltime staffers, the zoo relies on volunteers to keep programs

"People, when they see an animal on TV or a poster about some animal that's endangered or threatened ... feel bad but they don't really feel a connection there." Jacquelyn Wilson, said Cameron Park Zoo education coordinator. "But once you are able to help them form that connection with that animal - which is basically what we do — then people are so much more likely to go out and actually try and do something about it."



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## Bears take on Cyclones for senior day

#### **BEN EVERETT**

Sports Writer

Baylor football closes out its home schedule with a matchup against Iowa State at 1:30 p.m. Saturday at McLane Stadium.

The Bears (1-9, 1-6) will honor 13 seniors in the final home game of the season.

The seniors on the team are linebacker Taylor Young, safety Taion Sells, defensive end Brian Nance, safety Davion Hall, safety Chance Waz, tight end Ishmail Wainright, offensive lineman Tyrae Simmons, defensive end K.J. Smith, offensive lineman Daniel Russell, offensive lineman Mo Porter, wide receiver Tyler Jaynes, wide receiver Blake Murphy and tight end Jordan Feuerbacher.

Head coach Matt Rhule said he has the utmost respect for the seniors for staying with the team despite their lack of success this season.

"I think our seniors are just wonderful people," Rhule said. "That's first and foremost. There are a bunch of wonderful young men in this program. While you could say it hasn't gone the way they wanted it to go, they are a part of rebuilding the program. I think it's important to say that they didn't create the situation. All they're doing is fixing it. And for that, I'm

Rhule was very complimentary of Young, the two-time All-Big 12 linebacker who could have made an impact on a better team but chose to help rebuild Baylor's football program instead.

Rhule said Young has led by example all year and could have a future in coaching when his playing career is over.

"I think Taylor Young is a quiet leader," Rhule said. "He doesn't get up and give speeches before the team, though he's grown into that role. I think the biggest thing he does is lead by example. He works hard and practices hard. I told him that, whenever he's done, if he's thinking about getting into coaching, he needs



Jessica Hubble | Multimedia Journalist

REBUILDING Sophomore wide receiver Denzel Mims fights off Texas Tech defenders after catching a pass Saturday afternoon at AT&T Stadium in Arlington. The Bears lost to the Red Raiders 38-24 and will host the Cyclones at 1:30 p.m. Saturday at McLane Stadium.

to let me know, because he just has a gift of affecting other people, and that's hard to find." Young and the Baylor defense have picked up

their play in the past two games, giving up only 313 offensive yards per game against Kansas and Texas Tech after giving up an average of 465 yards in the first eight games of the season. On the other side of the ball, the young Bears

have had to deal with injuries all season.

The Baylor offense has lost junior wide receiver Chris Platt (knee), freshman wide receiver R.J. Sneed (leg), freshman wide receiver Gavin Holmes (ACL) and sophomore wide receiver Pooh Stricklin (foot). They have all been ruled out for the season.

Freshman quarterback Charlie Brewer, who made his second career start in the Nov. 11 38-24 loss to Texas Tech, said he is getting more comfortable in the offense despite the injuries to the receiving corps.

"I'm getting a little more experience each week and getting more comfortable," Brewer said. "We've had injuries at pretty much every position and we're going to have another group of guys this week that are going to have to step

Against the Red Raiders, Brewer set program records for pass completions with 43 and 63

Brewer will need to be sharp against an Iowa State defense that has only given up 383 yards

The Cyclones (6-4, 4-3) are led on defense by senior linebacker Joel Lanning, who has 99 tackles, seven tackles for loss and three sacks on the season while also appearing at quarterback in all 10 games and picking up a passing and rushing touchdown.

On offense, senior quarterback Kyle Kempt has thrown for 1,209 yards and 11 touchdowns after replacing junior quarterback Jacob Park in the fifth game of the season.

Cyclones sophomore running back David Montgomery is second in the Big 12 Conference in rushing with 936 rushing yards and 11 touchdowns on the season.

The Bears hit the road to face TCU in the final game of the season at 11 a.m. Nov. 24 in

## Daily Bruin talks top 10 matchup

**NATHAN KEIL** 

Sports Editor

In preparation for No. 3 Baylor women's basketball's top 10 road matchup with No.



8 UCLA in Los Angeles, Calif., the Lariat spoke with Ryan Smith, assistant sports editor for the Daily Bruin. Smith said that he believes after suffering an 84-70 loss at the hands of the Lady Bears last year in Waco, Bruins have

the size to remedy

the situation as the

series now turns to Pauley Pavilion. Q: How did playing Baylor last year help prepare UCLA for this year's meeting? What did the Bruins learn about the Bears

in last year's defeat? A: The biggest issue for UCLA in last year's matchup was their inability to grab rebounds. Baylor had 20 offensive rebounds while the Bruins had 25 total. However, UCLA was relying heavily on Monique Billings to carry the load down low last season, and now they have a much deeper front court with the additions of freshmen Lauryn Miller and Michaela Onyenwere. The Bruins are also aware of what Kalani Brown can do, after she dropped 25 points and 19 rebounds on their heads a season ago. I expect head coach Close and her staff have put emphasis on making sure their players know to keep tabs on her at all times. Lastly, UCLA has four of its five starters back from 2016, so I'm sure they have a general idea of what to expect from Baylor a second time

Q: Baylor has tremendous size inside with Kalani Brown and Lauren Cox, both of whom are excellent passers as well. How does UCLA intend to defend the paint to limit their success?

around. That should make things a bit easier

for them mentally.

A: The Bruins may not have the tallest lineup in the country, but they make up for their lack of height with active hands and long arms. With Kennedy Burke and Monique Billings patrolling the low blocks, UCLA has been good at keeping opponents out of the paint. Obviously Kalani Brown and Lauren Cox have size that the Bruins do not see on a regular basis, so it will be interesting to see how UCLA handles the

mismatch down low. I would expect some double teams early in the game, but if that does not work, the Bruins might be out of luck defensively.

Q: Senior guard Jordin Canada is a pivotal piece to UCLA's success. What makes her so special? How does Baylor

contain her? A: Jordin Canada is an unbelievable player, and an even better on-court leader. She makes plays that leave you speechless time and time again, but she also gets her teammates involved at every opportunity. On defense, Jordin has great anticipation skills, and she has a knack for always being in the right passing lanes at the right time. Overall, she is the tone setter, and the Bruins feed off of her play. If Baylor wants to contain her, they will have to slow the pace of play down, control possession and leave her limited space to create. However, that is a lot easier said than done.

Q: How big a factor will the atmosphere at Pauley Pavillon be for the Bruins' energy but also as a disruption for an extremely young Baylor team?

A: Pauley Pavilion has been a huge factor in UCLA's success in recent years. The crowd is always having a good time and the players feed off of their energy. The Bruins have also won 31 consecutive home games, which is the second longest active streak in the nation behind UConn. For a team as young as Baylor, having to travel across the country and then play in an environment like this can be daunting for sure, but they are a talented group and I'm sure they will put together a strong effort.

Q: What is the key matchup to watch? How does UCLA win this game?

**Prediction?** A: Definitely watch out for the bigs. For UCLA, Monique Billings and Michaela Onyenwere are going to have to be at the top of their game if they want to knock off a team as strong as Baylor. Kalani Brown gave the Bruins fits last season, so I fully expect her to come out with some fire of her own. Also, Jordin Canada has been dealing with a knee injury she sustained this past weekend, so keep an eye out for whether or not she looks 100 percent. At the end of the day, however, I do think UCLA wins this game. It will be a packed house on a Saturday afternoon and Pauley is going to be electric. Last year, the Bruins took a seven-point lead into the half at Baylor, but went ice cold the rest of the way and could not hold on. I don't think that happens this time around. 68-62, UCLA wins.



Jessica Hubble | Multimedia Journalist

BATTLING Junior outside hitter Aniah Philo gets low to receive the serve against Kansas State Wednesday night in the Ferrell Center. The Bears defeated the Wildcats in four sets.

## Volleyball serves up sixth straight win

**BEN EVERETT** 

Sports Writer

No. 19 Baylor volleyball took down Kansas State in four sets Wednesday night at the Ferrell Center, 25-14, 20-25, 25-16, 25-19.

The Bears (22-5, 12-3) extended their winning streak to six matches, despite the Wildcats (9-18, 2-12) snapping Baylor's 16-set win streak.

Baylor head coach Ryan McGuyre said the Bears were far from their best despite getting the win.

"Overall, I thought we were flat tonight," McGuyre said. "We weren't at our worst tonight but we were definitely a little flat at times. Not our best overall team match but a win's a win."

Freshman outside hitter Yossiana Pressley picked up

a career-high 24 kills and freshman setter Hannah Lockin set a career high with 16 digs in the win. The two teams battled back

and forth early in the first set,

but a 6-2 run by the Bears

made it a 15-10 game at the

media timeout.

Pressley's seventh kill of the match put Baylor up 18-11 in the first set, prompting K-State to call a timeout.

The Bears ended the set on a 6-1 run, capped off by a joint block from senior middle hitters Tola Itiola and Camryn Freiberg, to win the set 25-14 take a 1-0 lead.

The Wildcats jumped out to a 3-0 lead in the second set before Pressley notched her eighth kill to stop the run.

Senior outside hitter Katie Staiger checked into the game for the first time midway through the second set and recorded her first kill of the match, but K-State continued to control the set, 14-10.

Two challenge calls went the way of the Bears as they mounted a comeback to make it a 17-16 game as K-State

called a timeout to regroup. After tying the game at 17-17, the Bears struggled down the stretch as K-State pulled away to win the second set 25-

20 and snapping Baylor's 16-

set win streak to tie the match

Baylor got off to a better start in the third set, leading 9-6 before the first timeout behind two kills from Staiger.

The Bears pulled away from the Wildcats and never looked back in the second set, winning the set 25-16 on a kill from junior outside hitter Aniah Philo to take a 2-1 lead.

Baylor took an 11-7 lead in a tightly contested fourth set as Itiola picked up her fifth kill of the match.

The Bears held a slight lead throughout the set, and won 25-19 on Staiger's ninth kill to take the match.

Staiger played in her second straight match, after resting and nursing a small foot injury the previous four matches said she loves being back on the court.

"It was awesome," Staiger said. "You don't realize how much you miss it until you can't get it. It was the biggest blessing that God has healed my foot enough to let me come back out here and play."

The Bears take on West Virginia at 1 p.m. Nov. 19 in Morgantown, W. Va.

## Women's club volleyball set to start spring tournaments

#### BRANSON HARDCASTLE

Reporter

Baylor women's club volleyball (7-4) is looking to continue its recent success as it prepares for the spring semester.

The club placed 2nd in the Baylor Women's Club Volleyball Tournament that the club hosted on October 14. On November 4, the club finished in fifth place at the University of Houston Veterans Day Tournament.

The club is highly competitive, with most members having high school and club experience before joining the club.

Montgomery senior libero and vice president Emily Moon said the club added many new freshmen who are ready and excited to play this season.

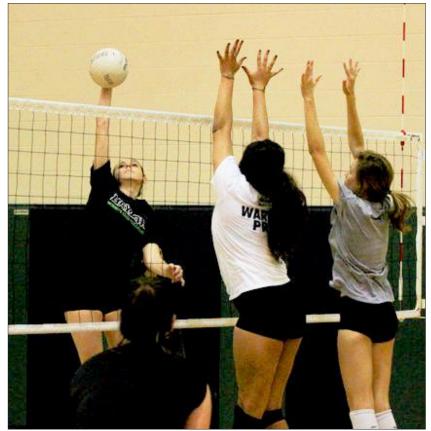
"All of the freshmen are eager to play and they always have a really good attitude. It helps us seniors know that they want to have a really good year as well," Moon said. "They always work really hard, so it definitely helps having them."

The club also added a new coach, Jerry Sorrells, who has experience both as both a coach and a player.

Moon said he has brought a sense of community and professionalism to the club.

"He has put an emphasis on team bonding, which has helped us play better together. We are all friends outside of volleyball as well and that has helped us play better together," Moon said. "He also has taught a lot on technical things such as passing and form. He has taught us more how to do things rather than just playing."

The club plays in the Southern Intercollegiate Volleyball Association against such teams such as Texas A&M, University of Texas, Stephen F. Austin, Texas Tech and University of North Texas. They will play in tournaments throughout the spring that will help seed them for the NCVF National Championship Tournament that will take place April 12-



Will Barksdale | Multimedia Journalist

**PREPARING FOR SUCCESS** Freshman outside hitter Anna Rogoz spikes the ball in the women's club volleyball practice Wednesday night in the SLC.

14, 2018, in St. Louis.

The Southern Intercollegiate Volleyball Association is a league within National Collegiate Volleyball Federation, which is an organization that promotes organized collegiate club volleyball for both men and women.

Cypress junior outside hitter and president Nicole Yeager said this year the club is hoping to receive a high seed going into the national tournament.

"We hope to at least place in every tournament we enter. Our biggest competition is Texas A&M and Texas. We want to beat both of those teams in tournaments," Yeager said. "I think we have a good shot at nationals. Last year it was difficult. It is a very hard tournament because there are so many good teams out there. I think we can do well if we continue to play the way we have been playing."

Yeager said although the club is playing well, there are still things they need to improve, including communication, which will help elevate them to the next level.

The club will host its next tournament Feb. 3 at the McLane Student Life Center.

## NEXT UP FOR SOCCER: USC TROJANS

#### **Friday**

NCAA TOURNAMENT 2ND ROUND 3:30 P.M. ELLIS FIELD, COLLEGE STATION No. 3 USC (15-3-1) vs. Baylor (14-5-2)

## HOW THEY REACHED THE 2ND ROUND

USC DEFEATED EASTERN WASHINGTON 2-1 (20T)

**BAYLOR DEFEATED RICE 3-2** 

#### **USC: BY THE NUMBERS**

Outscored opponents 35-16
Average 18.5 shots per game
Alex Anthony: Leads team with 8 goals
Leah Pruitt: 5 goals, 4 assists
Savannah DeMelo: 4 goals
Tara McKeown: 4 goals
Nicole Molen: 4 goals

#### **BAYLOR: BY THE NUMBERS**

Outscored opponents 32-13
Average 19 shots per game
Aline De Lima: Leads team with 7 goals,
7 assists

Lauren Piercy: 4 goals, 3 assists Julie James: 3 goals





