Baylor Lariat WE'RE THERE WHEN YOU CAN'T BE

SEPTEMBER 6, 2017

WEDNESDAY

BAYLORLARIAT.COM

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Defending the dream

DACA represented the American dream. It's gone. What now?



Photos | p. 4&5 **Traditions Rally**

Bears represented their school spirit at the annual Traditions Rally.



Arts & Life | p. 6 Pancake earthquake

Five quick, easy and tasty breakfast recipes for rushed mornings.

Baylor settles rape lawsuit

Three former Baylor students file 10th lawsuit

PHOEBE SUY

Staff Writer

Baylor and an alleged sexual assault victim agreed to a settlement resolving a Title IX lawsuit filed in January.

The former student, referred to as Elizabeth Doe sued the university for Title IX violations and negligence. Doe alleged she was gang raped by former Baylor football players Tre'Von Armstead and Shamycheal Chatman on April 18, 2013.

According to the complaint, Baylor's culture of sexual violence was wellknown to the university by the time of Doe's assault. Even after learning that two football players had been arrested for rape, the lawsuit stated Baylor took no action and failed to investigate Doe's

Doe's lawyer John Clune, whose practice specializes in campus rape and Title IX, said that both sides want to keep the terms of settlement private.

"I think she feels like she's glad he's brought the case and she thinks it was helpful, not just to her, but to other people," Clune said. "There's a narrative and set of facts and information that we had that I don't think the other litigants

The lawsuit alleged that between 2011 and 2014, 31 Baylor football players committed at least 52 acts of

"Baylor University has been focused on seeking the appropriate restorative remedies for survivors who have experienced past events of sexual violence within our campus community," the university said in response to the lawsuit settlement. "While we can never erase the reprehensible acts of the past, we hope that today's agreement will allow Elizabeth Doe to move forward in a supportive manner."

Clune said there were some unique, positive things about the way Baylor responded to the lawsuit. He said Baylor never denied the information put in the complaint, nor did it go on the attack toward the victim, which Clune said some schools do.

"I think that [Baylor] continue[s] to make changes, but they know that it takes a long time to turn something like this around," Clune said. "The culture didn't develop in two years and it's not going to go away in two years. It's a long process, but it seems like there's some good people in place that are genuinely interested in having a huge impact on Baylor's ability to respond to these cases and maybe prevent some of these cases better in the future."

The university stated that going forward that its aim is for Baylor to be a model institution for responses to sexual assault.

"All these women want to see Baylor doing a better job," Clune said. "If some of these lawsuits help bring about some of that change, then they feel really good about it."

Three former Baylor students filed the 10th Title IX lawsuit against Baylor on Friday, accusing the university of failing to respond to multiple events

LAWSUIT >> Page 8



DEFEND THE DREAMERS On Tuesday, the Trump administration initiated the phase-out of DACA, a program that aided young immigrants by allowing them to defer for two years.

DACA dreamers

Federal government to phase out DACA

JULIA VERGARA Staff Writer

The Trump Administration has begun to take action toward ending the Deferred Action for Childhood Arrivals (DACA) program.

This program protected young immigrants from being deported by allowing them to request deferred action for a period of two years.

OnTuesday, the Department of Homeland Security initiated the "phase out" of DACA it has plunged all the DACA recipients into and, according to the U.S. Citizenship and Immigration Service's website, they are no longer accepting initial requests for DACA.

The decision to end DACA was met by the opposition of many. Apple CEO Tim Cook took to Twitter to show his support of "dreamers"—a term used to describe undocumented immigrants who have been in the U.S. since childhood. Facebook, Google and other businesses also showed their opposition.

Laura Hernandez, a professor of law and founder of the Baylor Law Immigration Clinic, said that now that DACA has been rescinded,

DACA >> Page 8

New VETS lounge launches

BROOKE HILL

Staff Writer

The new VETS, which stands for Veteran Educational and Transitional Services, lounge, located in the Garden Level of the Sid Richardson Building, opened on Aug. 25. It is designed

Baylor veterans now have a space to

specifically for veterans attending Baylor with the sole purpose of providing the unique support veterans need for the transition from military to college life. Clayton Tynes, the Veterans of Baylor student organization president

said the lounge will help connect veterans on campus. "I think the lounge offers the veterans a place that we can call our own," Tynes said. "It helps us get connected with other veterans around campus. We can plan out our meetings, we can study, we can hang out. It really just reinforces the brotherhood that we

all learn in the military, having this

veterans lounge that's all ours." The lounge includes an American flag themed rug, a foosball table, comfortable chairs, a computer, a microwave and a mini fridge. A quote from Abraham Lincoln is on the wall to remind veterans of the honor Lincoln said they bring to this country.

VETS strives to connect veterans with each other, as well as with resources available to them campuswide. Some of its services include a mentor program that connects vets to faculty that are also veterans in their specific field of study a veterans transition course and career and development resources.

"I think it just provides organic connections," VETS program manager

VETS >> Page 8

New group reaches out to international students

SAVANNAH COOPER

Staff Writer

Middle school friends from an international school in Singapore reunited at Baylor over lunch at Torchy's Tacos and realized that there was no organization on campus that was geared towards students like them.

From that conversation, the Third Culture Kid, TCK, club was born and was formally introduced to campus at 5:30 p.m. Tuesday at the Bobo at their interest meeting.

Kate Hambly, a junior from Lumpur, Malaysia, president and co-founder of TCK, and Kaitlin Turman, Houston sophomore and vice president of TCK, are excited for the unique opportunity as a new organization

on campus that has great flexibility. "We don't want our club to be full of structure and feel like people have to overcommit to it," Turman said. "We're really just wanting to create a sense of community."

TCK is a term that describes the upbringing of various groups of kids who are now older, in college or in a career.

"TCK essentially is your first culture is your parents' culture, second culture is the one you're living in and the third culture is the combination of those two," Hambly said.

As a club, TCK is striving to create a safety net for students who are easing into the American



Baylee VerSteeg | Lariat Photographer

WHO'S YOUR NEIGHBOR Students congregate around international-themed centerpieces at this year's

culture without family, a car or knowledge about basic things most Americans take for granted like our currency system, taxes or the transit system.

Neighbor Night Kick-Off Dinner.

Despite having a four year jump on adjusting to American culture, Turman couldn't find someone that could relate to her and therefore pushed those

emotions away until now. "In high school there wasn't anyone who could relate to me,

so I just pushed those experiences

back in my mind until I got to college and kept seeing people I know from Asia," Turman said. "Even four years later, in a way I'm still adjusting just because it's totally different from the way I grew up."

For the first 30 minutes, of Tuesday's interest meeting, the executive board introduced themselves and casted their vision for the upcoming year. Next, the floor was opened to those who

wanted to share the things they're

hoping to see from the club. Afterwards, the executive board announced that they're looking for a treasurer and people interested in becoming members with a \$5 dues payment.

Directly after their interest meeting, TCK co-hosted a neighbor night, also in the Bobo, with a panel of TCKs discussing their experiences while eating a Malaysian dinner.



GOT SOMETHING TO SAY?

We want to hear it. Send us your thoughts: LariatLetters@baylor.edu

EDITORIAL



Defend DACA, defend the dream

America wants to deport our "dreamers." The livelihood of nearly 800,000 young undocumented immigrants that live and work in America is threatened by President Donald Trump and

President Trump announced on Tuesday that he is ending the Deferred Action for Childhood Arrivals, or DACA, that protects young undocumented immigrants from getting deported. There will be a six-month delay for reinforcement, during which time dreamers can reapply and Congress can pass legislation that could allow them to stay.

Dismembering DACA is a direct contradiction to the American spirit. To defend the American dream, we must first defend DACA.

DACA is a two-year work permit program that protects young undocumented immigrants from being deported if they came to the United States before their 16th birthday. Dreamers must reapply every two years, showing that they are currently studying or have graduated from high school and that they have not be convicted of any felonies. DACA is not a pathway to citizenship.

President Barack Obama issued an executive order on June 15, 2012, announcing that the Department of Homeland Security would not target dreamers for deportation.

Besides protection from deportation, DACA improves lives. DACA recipients can get better jobs, invest in homes and cars and apply for higher education. According to the Center for American Progress, higher wages among DACA recipients translates into an increase of sale and property taxes, which benefits all Americans.

An overwhelming number of DACA recipients pursuing educational fields said that without this program they never would have had such an opportunity. DACA is improving the lives of future generations. But more than anything, it is the right

Republicans have fought tooth-and-nail against DACA, calling it an unconstitutional power grab that changed law without the consent of Congress. But, ultimately, DACA did not become formal legislation and was left in legal limbo.

Throughout President Trump's campaign, he vowed harsh treatment of undocumented immigrants. In June 2017, 10 state attorneys led by Texas Attorney General Ken Paxton threatened to sue the federal government if the Trump administration did not end DACA. Tennessee Attorney General Herbert Slatery III backed out of threats to sue Sept. 1.

The repercussions of ending DACA will not affect the men who will end the program. The repercussions will fall solely on those who were too young to decide to come to America. Young undocumented immigrants only know America as home, and they feel in their hearts that they are American.

Ending programs like DACA is a signal that President Trump's agenda to "Make America Great Again" means reversing Obamaera programs and legislation.

In the eyes of some, DACA is a step forward in treating undocumented immigrants as the neighbors, classmates and people we encounter every day. But, in the eyes of others, DACA is a step away from the "Great America" that President Trump is

But to be a great nation, we need immigrants. As a country built by immigrants, we are going against the very foundation that our country was built on.

Our Founding Fathers immigrated from Great Britain and colonized. African Americans were brought to America as slaves. Immigration, voluntary and involuntary, is the basis of our culture, bringing diversity into our giant melting pot.

We expect our elected officials to make decisions that benefit the country and protect the minority, but dismantling DACA does none of that. The decision to end DACA is insensitive and heartbreaking, and characteristic of President Trump and his administration. Many have taken to social media to express their despair over this decision.

"If Trump decides to end DACA, it will be one of the ugliest and cruelest decisions ever made by a president in our modern history," Bernie Sanders tweeted on Sept. 3.

Congress can act to replace DACA or create a legislative fix, but previous discord on the Dream Act and its "dreamers" may prevent major decisions to be made within the six-month period.

The loss of DACA is a loss to the American people, whether we acknowledge it or not. We lose a generation who can contribute to society economically, culturally and politically. We lose a piece of ourselves and our American spirit.

COLUMN

Our bodies are art, not objects

MEREDITH WAGNER

Social Media Editor

A single lightbulb above my head casts precise shadows over my outstretched limbs. I hear nothing but the scratches of charcoal on drawing pads and the occasional pencil dropping. I can do nothing but breathe.

I didn't sign up to pose half-naked in front of my classmates because I felt adequate, or because I thought it would bring any sort of gratification. I wanted to know what it felt like to show my skin and feel, well, human. I

> wanted to be seen as a work of art as opposed to an object of sexual desire, subject to the predispositions of a sexdriven culture. Most of all, I wanted to break free of my personal insecurities, to come out of the shadows. The best way to do this was to expose myself.

In the studio, I am an object, no different than the boxes or vases students sketch in regular drawing classes. The objectification I feel is

strangely empowering, because the sexual connotations of my being are removed entirely. My hips are studied in relation to the angle of my torso. My legs are the support system of a more complicated structure, like that of a table or chair. My arm is this distance away from my head, which is that distance away from my chest. I am a math equation, a fleshy, bare, glorious puzzle with birthmarks and rough edges, and I don't feel ashamed of it.

Of course, my feeling this way would not be possible if my classmates were not mature. Their viewing my body as a biological map, as something to be neutrally studied and admired, made it possible to feel free in such a vulnerable setting. My hope (some might call it an optimistic fantasy), is that others would be able to feel such freedom in settings where it is not required of their peers to be respectful and supportive. For this to happen, our bodies need to be seen merely as shells, as containers for the soul, deserving of respect; something beautiful not for any visual reason, but simply because it exists.

Being a figure-drawing model has allowed me the freedom to feel vulnerable, expressive and respected all at once, which is what I hope to see within Baylor's campus culture. A human's choice of dress has never been the problem. The problem is the common notion that our bodies are strictly sexual entities. Viewing our bodies instead as art forms can create space for people to be expressive in mature and educational ways, both inside and outside the classroom. This is not to say that we should dress frivolously all the time, or that we should run around near-naked because it's "freeing." I still think there are appropriate and inappropriate times to use one's body to be expressive, and making that discretion is essential for being taken seriously in professional settings. I propose instead that a mere shift in thinking can make something "shameful" actually very beautiful.

The struggle for respect requires a depth of change far beyond owning one's sexuality or expression of body Although a body can be a powerful tool for change, it cannot alone address the complexity of the objectification of humans. It begins and ends, rather, with equipping society to think, to question and to wonder beyond their personal inquiries, and to offer respect in return.

Meredith is a junior journalism major from Omaha, Neb.

COLUMN

The college experience is about more than just you

PHOEBE SUY

Staff Writer

Class schedules, resumes, majors and minors, graduate school - college is all about decisions. Shouldn't there be more?

My younger self dreamed about college, about finally getting out of my too-tiny town and having the chance to decide what it was I wanted to do and who I wanted to be. Now I am here and I wonder if my younger self would be disappointed.



Little Phoebe read too many Magic Tree House books and longed to be an archaeologist. She then figured many of the world's ancient artifacts would probably be unearthed by the time she was able to get to the sites herself. That's fine, she'd always loved the ocean, so marine biologist it was. I'm not sure what happened between marine biologist and astronaut, but obviously the latter is much cooler.

We all begin college with the zealousness of a child. We dreamed different dreams, sure, but that's just it - we dreamed. Somewhere along the way grade point averages, disappointment and, let's face it, reality sets in. It's not unusual to hear people in my generation complaining about the difficulties of "adulting." I know because I've done it, too.

While it's OK to admit we have areas to grow in, I would argue it's even more important to remember what an incredible privilege it is to be a college student in the United States. We have some of the best universities in the world and here at Baylor we have the unique opportunity to pursue our vocational and Christian callings as one in the same.

There are children growing up around the world whose dreams of becoming the first woman on the moon or the next best-selling author may never be realized. There are people who would kill to be in your position, as overwhelmed or inadequate as you may feel. Don't misunderstand this as permission to feel better about yourself because someone else was born in a different situation. None of us get to choose the cards we're dealt, yet here we are.

I've had the opportunity in my short life to travel to numerous countries. I've seen the faded uniforms of grade-school children in Cambodian villages and the calloused feet of men and women whose bare soles leave marks in dirt paths. I've witnessed American excess in cities like Las Vegas and have been moved by the desperate prayers of pilgrims in the Church of the Holy

I can't explain why a great disparity exists within and outside of our country, but one thing that encourages me to keep dreaming is the hope educational opportunities offer all of us.

At the end of the day, many things we worry about as college students won't matter. It won't matter what Greek organization we were or weren't a part of, what kind of grades we made and, to an extent, what major we choose. Going into this new school year, and for some of us, this new chapter in our lives, I think it's important to remember why we are at Baylor in the first place.

I can't answer that for you, but here's my why: What do I know

and whose life will be changed because of it? Phoebe is a senior journalism major from Silsbee.

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Opinion

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To submit a Lariat Letter, email Lariat_Letters@baylor.edu. Letters should be a maximum of 400 words. The letter is not guaranteed to be published.

Baylor Business equips students to lead nonprofits



Courtesy Photo | John Eagle

MAKING A DIFFERENCE John Eagle, bottom right, interned at HELP International summer 2017 in Peru. He was able to receive credit for his internship with Baylor through the Center for Nonprofit Leadership and Service.

COURTNEY SOSNOWSKI

Reporter

Tucked away on the second floor of the Foster Campus for Business and Innovation, the Center for Nonprofit Leadership and Service offers assistance to students who want to earn their living by serving others, or in other words, "to do well by doing good."

The center assists students who have decided to major or minor in nonprofit marketing in three ways: research, teaching and outreach.

Dr. Jim Roberts, Director of the Center for Nonprofit Leadership and Service, has been able to offer career advice to students like Richmond, Va., senior John Eagle. Eagle, a double major in entrepreneurship and nonprofit marketing, landed a summer internship with Generations Adoptions (now Nightlight Christian Adoptions) in Waco with the help of the Center

"My internship that I took this past summer went through the center," Eagle said. "I've gone into that office to learn more about what a nonprofit would look like and also what a job with a nonprofit after school would look like." In the Nonprofit Marketing course, students get hands-on exposure supporting nonprofit organizations by working with nonprofit professionals in the Waco area to help market their businesses. This semester, Eagle and his group will assist Caritas, an organization that provides food and other resources to low-income families in the Waco area.

"Our goal is to help them market, primarily though things that would be free to them," Eagle said. "Social media marketing is going to be a big thing we are focusing on this semester because it's free...the main goal is going to be to market to new donors, new fundraisers and especially volunteers."

New Braunfels senior Charlotte Weston said she didn't know about Baylor's nonprofit marketing emphasis until she was on campus. Now as a double major in Anthropology and Marketing, she wants to focus her marketing work on nonprofits.

"I feel selfish if I'm only working for my own gain," Weston said. "I always try to [ask] how is this particular job or internship or even this major going to affect the people around me and the world in general." Nonprofit organizations are usually public charities that provide services to a community. According to the National Council of Nonprofits, the difference between a for-profit organization and a nonprofit is that any excess money that the business generates is used for its mission, rather than given to private individuals. Many nonprofits are volunteer based, donation based, or both.

By maintaining relationships and connecting students with nonprofits all around Waco, such as the Humane Society, Shepherd's Heart, Neighbor Works, and dozens others, the center equips Baylor students to be innovative and prepared for the unique challenges that nonprofits encounter. The course work focuses on fundraising, strategic planning and promotion of nonprofits.

Students studying in the business school can choose to focus their degree in nonprofit marketing, but a student does not need to be a business major in order to take on a nonprofit marketing minor. Students from various majors, including religion, journalism, and social work have taken courses in nonprofit marketing.

LTVN

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ON THE WEB >>

A how-to lesson with the Lady Bears

By Elisabeth Tharp | Broadcast Reporter



Baylor uses rally to help Harvey victims

By Rylee Seavers | Broadcast Reporter



'Baylor in Zambia' program a possibility next year

MONICA RODRIGUEZ

Reporter

The Baylor Law School recently hosted Zambian legal practitioner Sara Larios to discuss her work with nonprofits in Africa and the possibility of starting a Baylor in Zambia program for students next summer.

Larios assists young people that are having problems in the juvenile justice system in Zambia through an organization called Undikumbukire Project Zambia, otherwise known as UP Zambia.

According to their website, UP Zambia's goal is to help imprisoned juveniles obtain legal representation and social support and advocate for a more restorative justice system.

Larios said that she never imagined becoming a lawyer; all she knew was that she wanted to pursue a career in state legislature and make a difference. However, when a chance to travel to Zambia in January 2009 presented itself, Larios was enamored with the idea of a new adventure. This resulted in her spending the next few years working with Zambian law firms, working with a group of only 10 other people to tackle over 300 juvenile cases.

"The real challenge was trying to convince the people there that the legal system wasn't 'just fine," Larios said. "Zambia has one of the worst prison systems in the world. Many of the juveniles we helped had been in prison for years without legal representation because of how broken the system is."

Without any real sources of formal funding, the organization has helped 90 juveniles get legal representation and court cases.

"The reward isn't monetary," Larios says.

"But just simply knowing that UP has made a
difference in the lives of Zambian children and

the court systems is rewarding enough."

The idea of Baylor developing a study abroad program in Zambia is one the Law School would like to see expand on, according to law school professor Brian Serr.

Serr, along with a handful of Baylor students, were introduced to Larios from Pepperdine University's Uganda trip in 2015. Serr said he was impressed with Pepperdine's program in Uganda and was eager to make a trip to Zambia to witness Larios' involvement within the UP organization.

"The two words that come to mind are patience and persistence," Serr says when talking about Larios. "Her organization has opened up multiple doors in Zambian courts and prisons while overcoming various barriers."

Although UP Zambia doesn't have an official intern program available, Larios is eager to invite Baylor students to Africa in order to offer

a different societal perspective that the country is currently lacking.

Right now, Baylor Law School is looking to get four-ten students to travel to Zambia on internships as early as next summer. There would be two one-month sessions, one earlier in the summer and the second in late June or July.

Baylor law alumnus Anthony Bruster traveled Zambia in May with Serr and Larios to see what the possibility of a Baylor in Zambia program might look like.

"I want to encourage everyone to think about taking on this adventure next summer," Bruster said. "I guarantee that if you spend a month in Zambia, you'll not only have a great career experience, but an incredible life one as well."

DACA from Page 1

A lot of the DACA application processed at the Baylor Law Immigration Clinic are from people who came to the U.S. when they were three or four. Most of them do not even remember their home country because they came over when they were so young,"Hernandez said.

"This is about young people who grew up in America," Barack Obama said in a Facebook post. "Kids who study in our schools, young adults who are starting careers, patriots who pledge allegiance to our flag. These Dreamers are Americans in their hearts, in their minds, in every single way but one: on paper."

According to a press release from the Office of the Press Secretary, DACA made it impossible for President Donald Trump to pursue reforms needed to restore fairness to the U.S. immigration system and protect American workers.

The same press release said that Trump's current priorities include controlling the border, improving vetting and immigration security, enforcing U.S. laws, protecting U.S. workers and establishing a merit-based system for entry.

"I believe that real and positive immigration reform is possible, as long as we focus on the following goals: To improve jobs and wages for Americans; to strengthen our nation's security; and to restore respect for our laws," Trump said in the press release. Dallas sophomore Daniel Shrader and secretary of the Baylor College Republicans said that he believes Trump's decision to end DACA is in the best interest of the country and that the U.S. should come up with a long-term plan to face the immigration issue instead.

Shrader said the system needs to be fixed so immigrants who want to become American citizens can come to the U.S. legally, become citizens and contribute to the country.

"We need to know who's crossing the border so that we can better accommodate those that are looking for a better life here and also protect from foreign threats such as ISIS fighters who may try and enter the country with ill intent," Shrader said.

However, Trump ultimately left the decision up to Congress—calling them to take action in a tweet that said, "Congress, get ready to do your job – DACA!"

A press release from House Speaker Paul Ryan's press office said that Trump's announcement does not revoke permits immediately.

"It is my hope that the House and Senate, with the president's leadership, will be able to find consensus on a permanent legislative solution that includes ensuring that those who have done nothing wrong can still contribute as a valued part of this great country," Ryan said.





PUPPY LOVE Dallas senior and member of the Baylor all-girl cheerleading squad Jade Bailey enjoys puppy kisses during the Traditions Rally. Members of the Spirit Squads and Bruiser took photographs and signed autographs for families and students.



TAKEDOWN Freshman running back John Lovett tries to push through Liberty's junior defensive end Tolen Avery and sophomore safety Brandom Tillmon. Lovett does not have much luck and is taken down by his opponents.



DONATE During the Traditions Rally storage pods were set up on Fifth Street to collect donations for victims of Hurricane Harvey. Montville, N.J. sophomore Grace Hartnett organizes donations to be put in the truck.



RHULE ERA Head coach Matt Rhule smiles during his first game as a head coach at Baylor after giving his team a pep talk in the first quarter.

Tradition runs deep



Liesje Powers | Multimedia Editor

SO CLOSE Sophomore wide receiver Denzel Mims loses his grip on the ball as he moves down the field, just barely missing gaining Baylor a first down. He was being closely chased by Liberty's defense.



JUDAH AND THE LION Judah and the Lion front man Judah Akers sings to a crowd of Baylor students, staff, and faculty at the Traditions Rally Friday night. Judah and the Lion is an alternative band that started in 2011 in Nashville. The band is made up of Judah Akers, Brian Macdonald, Nate Zuercher, Spencer Cross, Dylan Oglesby and Daniel Weatherby



RAINING GREEN AND GOLD Confetti rains down on the crowd as the Judah and the Lion concert comes to a close. After the concert there were fireworks on Fountain Mall behind Patt



TOUCHDOWN Denver freshman Brittney Kerr and Houston freshman Div Sidhu celebrate a Baylor touchdown by running around the end zone with flags that spell out Baylor.



BABY BEAR Future Baylor Bear Elli Lassiter smiled and enjoyed the sights and sounds at Traditions Rally. She was accompanied by her father, Josh Lassiter, who works in the Baylor Admissions Office as a coordinator of admissions visit experiences.



Baylee VerSteeg | Lariat Photographer

TACKLE Junior outside linebacker Clay Johnson and senior safety Jalen Pitre corner Liberty's freshman running back Carrington Mosley.

On-The-Go >> Local happenings: 🔰 @bulariatarts 🗗 The Baylor Lariat 🧑 @baylorlariat







BaylorLariat.com

Eggsquisite Breakfasts

Five savory breakfast recipes to start your mornings healthy and quickly





Megan Rule | Opinion Editor

PANCAKE ME These banana pancakes take 30 minutes to make, but eating syrup and peanut butter together in one meal is worth it.

OATMEAL HEAVEN In only seven minutes, you can create the

under-appreciated berry-infused breakfast oatmeal.

MEGAN RULE

Opinion Editor

Growing up, we've always heard that breakfast is the most important meal of the day. In theory, it makes sense because you're breaking the fast between your last meal and sleep. As a self-proclaimed breakfast connoisseur, I'm always on the hunt for the best, the healthiest and the fastest meals to make. Whether you're looking for something quick and filling, sweet and savory or to impress for your Instagram followers, the following five meals are great for all types of college students.

1. Oatmeal

Oatmeal was always a meal with a bad reputation, but I don't understand why. This is my favorite out of everything on this list because it takes the least amount of time to prepare, it fills me up for hours and it tastes delicious.

Time: Seven minutes

Ingredients: Gluten-free rolled oats (glutenfree is my personal preference, but, if you'd like, you can do regular rolled oats) almond milk, cinnamon, chia seeds, peanut butter and berries

Directions: Put 1 cup of dry oats in a bowl. Then pour the almond milk in—just enough to reach the top of the oats. Put it in the microwave for two minutes. Add more almond milk and microwave for 30 more seconds if you want it gooier, or take it out if you like it thicker and drier like I do. Add cinnamon and chia seeds for taste and texture, one spoonful of peanut butter for some protein and mix together. Top with berries or fruit of your choice. This meal has carbs to give you energy throughout the day along with protein and healthy fats in the peanut butter and chia seeds to keep you full!

2. Two-Way Toast

Make fun of the trend all you want, but toast is a great way to have a solid, balanced meal that satisfies your hunger and taste buds. This meal is pretty quick too, unless you struggle with frying an over-easy egg like I sometimes do...

Time: 10 minutes

Ingredients: Bread of your choice (I use Dave's Killer Bread with 21 whole grains and seeds), half an avocado, one egg, pink Himalayan sea salt, sesame seeds, spinach, peanut butter, chia seeds and cinnamon.

Directions: Put two pieces of bread in the toaster and toast to the level of darkness you like (I prefer darker toast so I tend to turn the toaster knob to a five or six out of seven). On one piece of toast, add spinach then spread half the avocado. Next, sprinkle the pink Himalayan sea salt and add the sesame seeds. On the stovetop, on medium heat, crack one egg. When the sides of the egg begin to crisp, flip it. After about a minute, take the egg off and put it on top of the avacado toast. For the other piece of toast, spread about a tablespoon of peanut butter and top it with cinnamon and chia seeds. If you're in a savory mood, make two of the avocado pieces. Usually I like a little bit of both, so these two toast recipes satisfy both of my tastes. This meal has protein, carbs and fats to balance your body as you start the day.

3. Berry and Spinach Smoothie

Never underestimate the power of a smoothie. This is a great tool to get so much in, and you can even make this to-go. On mornings when I'm rushing, smoothies are my go-to because I can take it with me on my drive to campus. I can also be sneaky and add some spinach for some extra greens that day, but the amount of fruit in this recipe completely masks the taste.

Time: 10 minutes

Megan Rule | Opinion Editor

Ingredients: One ripe banana, 1/3 bag of frozen berries, spinach, Siggi's plain yogurt, almond milk, chia seeds

Directions: In a blender, put the ripe banana, spinach, yogurt, frozen berries and chia seedsin that order. Pour almond milk into the blender to cover the ingredients about three-quarters of the way. Blend on high until the ingredients are smooth. Add more almond milk if you'd like a more liquid smoothie. By adding the frozen fruit last, the smoothie blends better. Like the rest of the recipes, this smoothie has carbs in the fruit, protein in the yogurt and healthy fat in the chia seeds.

4. Banana Pancakes

Pancakes are my favorite food, and this healthy alternative has a great substitute for the flour and sugar that many other recipes have.

Time: 30 minutes

Ingredients: One banana, almond flour, almond milk, one egg, chia seeds, cinnamon, sugar-free maple syrup, peanut butter and fruit.

Directions: Take half the banana and mash it in a bowl. Add the egg, about half a cup of almond flour, and enough almond milk to cover the ingredients. Mix well, then add cinnamon for taste and chia seeds for texture. Add more almond milk or almond flour as you see necessary. On the stovetop, on medium heat, pour the mixture to make a pancake about the size of your fist. Flip once the sides of the pancake begin to crisp and the top of the pancake bubbles. This recipe can make about four fist-sized pancakes. Top the pancake with fruit, peanut butter and sugar-free maple syrup. This recipe takes more time than the others because of the pancake flipping, so a similar alternative is Van's Toaster Waffles (I use glutenfree whole grain).

The toaster waffles take less time and can be topped with similar toppings for similar results. Carbs in this meal come from the pancakes/ waffles and fruit, protein from the peanut butter and fat from the peanut butter and chia seeds.

5. Egg and Veggie Casserole

If you're someone who likes to meal prep your meals for the week, then this breakfast dish is perfect for you. This egg and veggie casserole is great when made on a Sunday then frozen for the whole week, as this recipe makes about five servings. It's great to pop in the microwave for two and a half minutes on weekday mornings, and, when served with toast and fruit, it can be a great and balanced meal.

Time: 30 minutes (two and a half once meal prepped)

Ingredients: 10 eggs, almond milk, two pieces of Aidell's chicken and apple sausage, four vegetables of your choice (I tend to do spinach, broccoli, peppers and mushrooms, but oftentimes I end up using whatever vegetables are leftover in my fridge.)

Directions: Set the oven to 350 degrees Fahrenheit. In a baking dish, crack and whip the 10 eggs along with a dash of almond milk for mixing. Once mixed, add in the chopped pieces of chicken sausage along with the chopped vegetables. Put in the oven for about 20 minutes, or until the top of the casserole begins to turn golden-brown. Take out and let it cool. Serve immediately or freeze for meal prepping. Serve with toast or potatoes to get in some extra carbs, top with avocado to get some healthy fat and add fruit on the side for an extra boost. This is definitely a bigger meal, but for days when you're hungrier or craving something savory, it can easily be popped in the microwave for an all-week satisfaction.

Downtown businesses give locals a preview of future First Fridays

JENNIFER SMITH Reporter

Waco's First Friday is a fun and creative way for local downtown businesses to gain exposure. Last Friday the theme was "Falling for Waco," as 24 shops extended their hours and had special offers for visitors.

Downtown was bustling with people checking out the shops and stops participating in First Friday. One of those stops was the historic Waco Hippodrome, which has been participating in First Friday for nine months.

The Hippodrome offers themed trivia in its upstairs dining area. The theme last Friday was Beatles trivia, to coincide with the performance that night in the theater, the Yesterday Beatles Trivia.

The Hippodrome's First Friday trivia is free and works on a first-come, first-served basis. Event coordinator Dawn Kostohryz said it has been a full house every time.

"The first time we hosted trivia in the bar area was around the new year. We completely packed the place, so the next time we had to expand and prepare for that type of turnout," Kostohryz

Another stop on the First Friday map was Waco 52, a pop-up art gallery showcasing a variety of art and artists. Art lovers filled the gallery and admired the work of local artists while enjoying finger food. Working in-house was Samuel Burr, an artist who primarily works with watercolors.

"The amount of people that pass through the event and the exposure that it brings to your art is tremendous," Burr said. "People talk about it and tell their friends, which is very

Hey Sugar, a downtown candy shop, has also gained exposure since it started participating in First Friday last May. Jackie Castro, the shop's supervisor, said the local people have been very supportive and the turnout has been great.

"People really love our ice cream, so much they keep coming back even after First Friday. So it's fun to see familiar faces because of this event," said Castro.

The local businessmen and businesswomen of Waco have worked hard to bring more recognition to small businesses, local art and the charm of Waco's historic downtown. Kostohryz, Burr and Castro agree that First Friday has brought publicity and support to their businesses in a positive way.

Not only does Waco's First Friday give attention to local businesses, but it also expands



Liesje Powers | Multimedia Editor

FLASHBACK TO FRIDAY "Falling for Waco" First Fridays partner with downtown businesses and restaurants to offer locals extended business hours and special deals

clientele. Georgetown senior Jonna Hardy said she worked almost every First Friday last year for Christi's Interiors, a home decorating store.

"It's great because it increases foot traffic," Hardy said. "The more people you

have in your store, the more likely you are to make a sale, so First Friday really helps in that aspect."

First Friday offers something for all ages and With a variety interests. ranging from Steel City

Pops to Balcones Whiskey Distillery, there is something for everyone on the list of 24 stops and shops.

The next two dates for the "Falling for Waco" First Friday theme is Oct. 6 and Nov. 3.





ART FOR CHANGE Two Baylor graduate students enjoy a meal at local restaurant Terry & Jo's Food for Thought. The eatery is hosting the "Climate Change Art Exhibit: The Art of Survival" from 10 a.m. to 9 p.m. every Tuesday through Sunday from Sept. 1 to Oct. 1.

Local health restaurant hosts nature-conscious art exhibit

'The Art of Survival' brings awareness to environment

MONICA RODRIGUEZ

Reporter

Local healthy dining spot, Terry & Jo's Food for Thought is hosting "Climate Change Art Exhibit: The Art of Survival," sponsored by Waco Friends of Peace and Climate, from 10 a.m. to 9 p.m., every Tuesday through Sunday from Sept. 1 to October 1. The exhibit is meant to showcase the threatening nature of climate change, as well as solutions to the issues. The paintings are displayed throughout the entire restaurant and depict various artistic interpretations of how climate change has affected different parts of the

"We've never really done anything like this before," said Jo Dove, owner of the restaurant. "But after meeting customers last week who had been affected by the hurricane in Houston, we figured it'd be perfect timing to raise awareness on the issue of climate change and the devastating effects it has on our planet."

Food for Thought is located at 1121 Speight Ave., just a couple of blocks from campus. According to their Facebook page, their "focus is on using healthy, natural ingredients" as well as offering a large and diverse selection of delicious gluten-free, vegetarian and vegan items for every type of customer.

Upon entering the store, there are shelves stocked full of healthy groceries as well as grab-and-go snacks, personal care



It's really nice to see some of these Waco restaurants stepping up and recognizing the issues going on in the world right now.

CRICHTON | HOUSTON JUNIOR



and beauty products made with all-natural ingredients, and other non-perishable

Walking into the dining area, customers are welcome to browse over 20 different paintings, drawings and photos that make up the art exhibit. Each frame or canvas has a notecard with the name of the piece, the name of the artist and what materials were used to make the piece.

A majority of the paintings are also available for customers to purchase and take home when the exhibit is over. The price of each piece ranges from \$40 to \$2,000.

The exhibit is being sponsored by the group Waco Friends of Peace/Climate. Their blog states that their purpose is to gather people in the Waco area who are "dedicated to combating climate change through education and direct action."

The group meets every third Tuesday of the month at 6 p.m. at 703 N. Valley Mills Drive and is open to everyone.

On Saturday, September 16, there will be a special artist showcase event from 6 to 8 p.m. at Food for Thought. The evening will have live music, snacks and an artist exhibit contest with cash prizes. Customers can vote for their favorite piece, take home free, reusable grocery bags and also sign a petition for a 100 percent renewable Waco and fight for climate change. Admission is also free.

"It's really nice to see some of these Waco restaurants stepping up and recognizing the issues going on in the world right now," said Houston junior John Crichton and a long-time frequenter of Food for Thought. "With all the natural disasters occurring recently, it's great that they're hosting a place for people to not only get great food, but become more informed about climate change as well."

What to do in Waco this week:

>>> Wednesday, Sept 6.

7 p.m. — Ryan Hutchens will perform live at Dichotomy Coffee and Spirits. Look forward to hearing cover songs, as well as songs "Fortunate" Peace" and "Poor Old Man" from Hutchens' newest album, "The Last Ten Years," which is set to be released this fall. Entry is free.

8 p.m. — Common Grounds will host Young Valley, an alternative rock and country music group, during their concert tour. Listen for songs like "The Letter" as you sip on a Common Grounds coffee.

>>> Thursday, Sept. 7

7 p.m. — If you have family visiting for the weekend, The Stars Over Texas Jamboree is the perfect monthly family event. Spend the night listening to different genres of music, such as country and gospel.

7:30 p.m. — Spend your Thursday evening listening to "A Moonlight Serenade" at The 11th Annual Jazz Ensemble Swing Concert in the Jones Concert Hall. Tickets are \$5, and they can be bought at the box office in the Bill Daniel Student Center.

>>> Ongoing

Aug. 24 - Sept. 24 — John McClanahan's collection "The Velasco Paintings" will feature abstract landscape paintings and watercolor works from 10 a.m.- 6 p.m. at Martin Museum of Art.

Sept. 1 - Oct. 1 — Waco Friends of Peace/ Climate opened the art exhibit "The Art of Survival" on Sept. 1 at Terry and Jo's Food for Thought restaurant. Artists can submit art that explores the impact of climate change and pollution on the environment. The art exhibit is at 1121 Speight Ave. and it's free to see.

>>> Plan your weekend for:

Saturday, Sept. 9 — To all my vintage-lovers, hundreds of vintage and homemade vendors will be taking over the Indian Spring Park/Suspension Bridge from 9 a.m. to 4 p.m. Shop for your favorite Boho hip, mid-century modern and retro styles in furniture, clothes and kitchenware, Follow them on Instagram @frontporchpickins to up-to-date on all the best items coming to Waco!

2 5 4 8 7 6 8 9 8 5 4 6 4 3 2









For today's puzzle results, please go to BaylorLariat.com

Today's Puzzles

- 1 Brigantine's pair
- 6 Necklace globule 10 Touch gently
- 13 Sneezing sound 14 Grade for exceptional work
- 16 "Gross!" 17 Student's all-nighter
- 19 Links figure
- 20 Trek on a trail
- 21 Lots
- 22 Martini garnish 24 Keats' "__ on Indolence"
- 25 Dessert with a caramelized top 27 Verbal
- 29 Former "Inside the NFL" host Dawson 30 Correctional
- 32 Issuer of bulls 35 Bridge support
- 39 Course of study that may include forensics 42 Trail
- 43 Sports figures 44 __ fit: tantrum
- 45 Tie-ending qtrs.
- 47 Boot
- 48 Like a mid-17th century English government 54 Letter after upsilon
- 57 "Spider-Man: Homecoming" actress Marisa 58 Je t'_: French "I love you"
- 59 Cookware material
- 60 Bygone U.K. record label 61 Car's impact-absorbing structural feature
- 65 Comic/writer/activist Izzard 66 Solitary sort
- 67 Ed.'s acquisitions 68 Italian wine region
- 69 Latin clarifier
- Down
- 1 Virile
- 2 Bitterly pungent
- 3 Seal the deal
- 4 Heavy reading? 5 Signal of distress

- 6 Moisten while roasting
- 7 ___ salts
- 8 Dress named for a letter 9 Electronic music's Daft Punk, e.g.
- 10 Dilation target
- 11 Tequila source
- 12 Red billiard ball
- 15 [Bo-ring!] 18 Rank between marquis and
- viscount
- 23 __ fringe: fanatical extremists
- 25 Colombian city
- 26 cheese
- 28 Make emphatically, as a point
- 30 Angel dust, for short
- 31 Significant stretch 32 Sketchbook, e.g.

36 Like aggressive investments

- 33 __ Navy: discount retailer 34 Comfy lounging wear

37 IV units

38 "Listen up!"

- 49 Escapades 50 Passes over
- 51 Praises highly

48 Third-stringers

- 52 Maximum
- 53 Macao Science Center designer
- 55 Sharpens 56 Like noble gases

40 Body part with a bridge

41 It's just over a foot

46 __-baked potatoes

47 Film critic Pauline

- 59 Polo maker that's a Polo rival 62 Nutritional abbr.
- 63 Philanthropist Broad

LAWSUIT from Page 1

of sexual assault and denying Jane Does 12, 13 and 14 of educational opportunities.

"Investigation and media reports indicate these important cases are but a handful of many in what has been a historic and extensive history of abuse and conscious disregard by Defendant [Baylor]," the filing

The lawsuit alleges Baylor employees, including highranking officials, conspired together with the purpose of violating the victims' rights under Title IX and the Clery

"Baylor University has placed a top priority on the safety and security of our students, as evidenced by the many changes that have occurred within the campus community since May 2016," the university said in a statement following the lawsuit. "We will reserve further comment until we have the opportunity to learn more about the concerns raised in the filing."

The three women are

13 was sexually abused by a Baylor student in April 2012. She reported the assault the following fall semester to Baylor's Counseling Center.

Baylor did not have a fulltime Title IX coordinator until November 2014.

Although four years earlier than Doe 12's report, the lawsuit alleges Doe 13 experienced similar misinformation from a Baylor employee. The Baylor counselor misinformed Doe 13 concerning her options to further report, accommodations she was entitled to under Title IX and further actions the university could take, the lawsuit states.

"Jane Doe 13 was placed in group counseling sessions where discussions of retaliation against reporters of sexual assault were common," the filing states. "The failure of the University's Counselor to correct the narratives, using only 'reassuring words' instead, caused Jane Doe 13 to fear further reporting her assault."

According to the lawsuit,



I think she feels like she's glad she's brought the case and she thinks it was helpful, not just to her, but to other people.

JOHN CLUNE | LAWYER



represented by attorneys Chad Dunn and Jim Dunnam, who represent 14 plaintiffs in 3 active lawsuits against Baylor.

Dunnam could not be reached for comment.

The first plaintiff, Jane Doe 12, enrolled at Baylor in 2014 as a journalism major. Doe 12 was sexually assaulted in March 2016, the lawsuit states. Approximately two weeks later she reported the assault to a professor, who then contacted the department head and sent an email to the Title IX office.

When Doe 12 met with the Title IX office, she was told she had three options: file a Title IX complaint, go through the police or do both. Title IX misinformed Doe 12 and discouraged her from reporting to the police, the lawsuit alleges.

According to the filing, Doe 12 was informed a police investigation would entail five-year investigation spanning past her time at Baylor and possibly derailing her plans to study abroad. Furthermore, the lawsuit states Doe 12 was told that if her assailant graduated before the police investigation closed, Baylor would not be able to punish him.

Based upon the information provided, Doe 12 decided to go through the Title IX office only. Her case went untouched for approximately one week as the investigator assigned to her case was on vacation, the lawsuit states.

Fearing she would run into her assailant, Doe 12 experienced panic attacks and anxiety.

Doe 12 requested academic support and counseling through Title IX. She was referred to an outside counselor but because the counselor did not take her insurance, she was not able to afford the appointments.

Baylor did not refer Doe 12 to the Advocacy Center, lawsuit states, and further concealed from her accommodations she was entitled to under Title IX and other investigatory actions the university could have taken.

Doe 12's assailant was found fully responsible, but no meaningful action was taken, the lawsuit states.

Doe 12, a former Dean's List student, experienced a declining GPA, loss of academic scholarship and ineligibility for her intended

study abroad program. Jane Doe 13 enrolled at Baylor in 2011 as a psychology major. The lawsuit states Doe Doe 13 was sexually assaulted a second time in the fall of 2012 by a Baylor student and

rugby team member. When

she reported the assault to the

counseling center, Doe 13 says

she was again manipulated into not pursuing her rights, the lawsuit alleges. Even after reporting the second assault to Baylor, Doe 13's assailant was allowed to participate in the same study abroad program as Doe 13,

where the lawsuit alleges he

assaulted her a second time. The lawsuit states Baylor's "knowledge of Jane Doe 13's assault and failure to recognize or take action left Jane Doe 13 vulnerable and led her to endure a sexually harassing

According to the filing, Doe 13 was set to graduate with her master's degree in August 2017 but her life and career path were altered as a result of the trauma she continues to experience.

environment for years."

Like Jane Doe 12, Jane Doe 14 also enrolled at Baylor in the fall of 2014. Doe 14 dreamed of attending Baylor since the seventh grade when she visited the campus in an outreach program encouraging students from low-income families to attend college, the lawsuit states. Doe 14 alleges she was gang raped in April 2016 by two Baylor football players.

She reported the assault to Baylor's Counseling Center, Baylor's police department and to the Title IX office.

According to the lawsuit, Doe 14 was manipulated into not pursuing her rights and misled concerning her options and accommodations entitled to her under Title IX.

When Doe 14 requested academic accommodations from a professor and explained her assault to the professor, she was declined accommodations and told that "despite bad things happening, life still goes on," the lawsuit states.

Doe 14 was placed on academic probation and was advised to take courses elsewhere, the lawsuit states.

When she attempted to reenroll at Baylor for the fall 2017 semester, the lawsuit alleges Baylor retaliated against her by placing a hold on her account.

"The sex-based harassment articulated in this complaint was so severe, pervasive and objectively offensive that it deprived Plaintiff of access to educational opportunities or benefits provided by the school," the lawsuit states.

VETS from Page 1

Davis Kevin said. "While most students are connected and rubbing elbows with each other from similar backgrounds all over campus, this is a space where our veterans can know that they will feel at home and be able to connect with other students that share similar backgrounds and experiences and perspectives. It'll just give them that core peer support that will hopefully launch them into the greater Baylor community because they just provide so much to our communityleadership and perspectives and hearts for service."

The VETS website shares statistics about veterans from the U.S. Department of Veterans Affairs as well as questions that are respectful for people to ask veterans. Davis encourages students to look at these questions to get a sense of what is and is not appropriate to talk to a veteran about.

"Once you've met a veteran, you've met a single veteran," Davis said. "We're not all the same. Just like every other student has different thoughts and ideas and perspectives of things. Even though we share the common military experiences we are a range of political and religious and different ideologies."

The Veterans of Baylor student organization has been working to plan events throughout the year. They will have events for veterans week, including a golf tournament in the spring, and plan to be involved in Diadeloso.

"Our intent for the school year is to get as interconnected with all the other students and student organization throughout campus," Tynes said.





COMMUNITY The Baylor VETS lounge open on Aug. 25, offering veterans a community where they can grow as they transition from the military to college. The VETS lounge is located on the Garden Level of the Sid Richardson Building.

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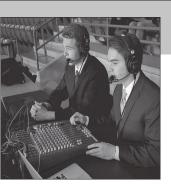
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Liesje Powers | Multimedia Editor

SETTING THE STANDARD Walk-on freshman running back John Lovett scores his second touchdown of the game with a 34 yard run on Saturday against Liberty University at McLane Stadium. The Bears lost to the Flames 48-45.

Freshman Frenzy

Lovett emerges as key for Baylor in loss to Liberty

BEN EVERETT Sports Writer

Coming into the new football season, Baylor knew it would

be without a 1,000-yard rusher in junior running back Terence Williams. Williams is expected to be

out until the start of Big 12 Conference play with a shoulder injury he sustained during a spring practice.

With Williams sidelined, the coaching staff turned to sophomore running back JaMychal Hasty to carry the load on the ground. Hasty rushed for 638 yards and three touchdowns as a freshman and looked poised to replicate that production as a sophomore.

During the first drive in Saturday's 48-45 loss to Liberty, it looked as if the coaching staff was uncomfortable with the running game. The offense stalled out near midfield after

seven plays, six of which involved senior quarterback Anu Solomon throwing the football.

The second offensive possession was no better. Hasty had two carries this time, but neither of them gained more than two yards as the Bears were backed up against their own goal

At this point, the Baylor defense had given up two field goals to Liberty and was in need of a spark on either side of the

The next time the offense took the field, walk-on freshman running back John Lovett was in the backfield with Solomon, not Hasty. It took the Bears four plays to get a first down, but all four were rushes this time including two from Lovett.

With the run game established, sophomore receiver Denzel Mims broke away from the defense and Solomon found



Liesje Powers | Multimedia Editor

JUMP FOR IT Walk-on freshman runningback John Lovett attempts to block a kick from the Liberty Flames on Saturday in McLane Stadium.

him for the 45-yard touchdown as the Bears took the lead 7-6.

With one more possession before the half, the Bears pounded the ball against the Liberty defense, running 11 rushing plays to just two passes in their final drive of the half

resulting in a 39-yard field goal from sophomore kicker Connor

The running game took a blow at halftime when Hasty was ruled out for the rest of the game

FOOTBALL >> Page 10

Brusek stands tall in faith, volleyball, transitions

NATHAN KEIL

Sports Editor

At 5 feet 7 inches, Baylor senior libero Jana Brusek isn't the tallest player on the volleyball court. In fact, she's one of the shortest. But her petite, physical stature has not prevented her from playing big for three years for head coach Ryan McGuyre. In fact, her competitive yet tenderhearted nature packs quite a punch, something McGuyre said encompasses the heart of Baylor volleyball.

"She definitely captures the spirit of Baylor volleyball. As far as having grit, playing hard and playing fast," McGuyre said. "She is playing for the Lord and something bigger than herself."

Brusek may be the embodiment of Baylor volleyball now, but it didn't come without recognizing the need for change and growth. It meant not running from times of uncertainty and

Growing up in Chicago, Brusek was exposed to a life of Cubs fandom and deep dish pizza and she claims that Pequod's Pizza is the best there is. Athletically, she has been playing competitive club volleyball since she was 12 years old, where she started as a middle hitter. As her peers and teammates grew, she transitioned to outside hitter. where her heart was set and her mind made up.

"I really didn't want to transition. I was determined to be the shortest outside in NCAA Division I volleyball," Brusek said. "My coaches kept encouraging me to try defense and when I finally started digging balls, there wasn't really any exhilaration that could beat it and I knew that that was going to my role and that I could be incredible at it. So I put all of my time and effort into that and with the encouragement and gifts from God, I've taken a lot of strides."

Even as Brusek embraced her new role and put aside the ambition that she had clung to for so long, uncertainty and transition were not far behind her. Once again, she would face a difficult transition.

After her freshman season in 2014, the program had reached a point of transition. Former head coach Jim Barnes was out after 11 seasons and McGuyre was in. Like any new relationship, it needed nurturing and time to develop into something special.

"I think we've grown in our relationship too. We were not on the same page right out of the gate," McGuyre said. "Me wanting things from her, her expecting things from me. Like many times, the ones you butt heads with tend to be the best leaders and the ones we were connect the most with. We had some ironing sharpen iron moments."

Even though their relationship was slow out of the blocks, Brusek said that she never considered changing programs and leaving her Baylor family.

"I honestly think that when Coach McGuyre came and Coach Barnes, who is an awesome man

BRUSEK >> Page 10

Baylor soccer takes out Ball State in 1-0 shutout game

COLLIN BRYANT

Sports Writer

Baylor soccer improved to 4-0-1 on the year when it shutout Ball State 1-0 Sunday at Betty Lou Mays Field.

The Lady Bears continued their success at home after winning Friday against UTSA, 1-0. Baylor is now 4-0 at home on the year.

The Cardinals (2-3-1) were the most physical team the Lady Bears have encountered thus far in the season with 10 fouls spread between the two teams with more than 15 minutes left in the

The Bears dominated possession with nine shots on goal compared to the Cardinals' zero. Baylor appeared to have at least one score in the bag when it got three shots consecutively on goal in a single possession.

However, Ball State senior goal keeper Alyssa Heintschel had something to say about it. Heintschel stopped not only that barrage of shots, but had four other saves for the Cardinals throughout the half holding the Bears at bay and keeping the game scoreless at halftime.

Coming out of the half, the Bears and Cardinals' possessions were more balanced, as neither team managed a shot on goal in the first 15 minutes. The physical play continued as well, with seven more fouls occurring between both

Midway through the second half, the Bears picked it up offensively getting two more shots on goal, but once again were denied by



Will Barksdale | Multimedia Journalist

PASS IT ON Junior defender Sarah King kicks the ball away from Ball State on Sunday at Betty Lou Mays Field. The Lady Bears won 1-0.

Heintschel. The Cardinals finally got a shot on goal 20 minutes in to the second half. However, the Bears continued to maintain the advantage in possession with 13 shots on goal.

Though Heintschel continued to play solidly, snagging one more save, junior forward Jackie Crowther finally broke the tie with 12 minutes left in the game.

Crowther scored unassisted after a defensive slip from Ball State's junior midfielder Paula Guerrero, who missed the ball while attempting to clear it out of the box.

Freshman goalkeeper Jennifer Wandt had a

save on goal two minutes out to keep the game in the Lady Bears' hands.

Baylor head coach Paul Jobson said he was pleased with how his team dealt with Ball State's physicality in the game and sees it being

beneficial moving forward. "What I loved about it was I don't think we've been physical enough this year. I think what Ball State did it actually started to bring it out of us," Jobson said. "So I'm hoping it kind of opens the

Crowther said she felt very blessed with her opportunities, and knew the team was confident

lid on our aggressive play a little bit."

Upcoming Soccer **Games**

On the road in Portland, Ore.

Friday

9 p.m. CT vs. Portland

Sunday 2 p.m. CT

vs. Washington

they would have the outcome it did.

'[I'm] very thankful for it, really just blessed to be able get an opportunity to get back in and help finish out the end of the game," Crowther said. "I think that we were all pressing so hard, I mean we had what like 15 shots or something like that so we knew it was going to come we just didn't know when."

Baylor looks to continue its success as it hits the road for a weekend series with the University of Portland (2-3-1) at 9 p.m. Friday and the University of Washington (3-2-0) at 2 p.m. Sunday in Portland, Ore.

Basketball Breakdown

Bears, Lady Bears to host marquee matchups

BEN EVERETT

Sports Writer

Baylor announced both the men's and women's basketball schedules for the 2017-18 season Thursday.

While both teams participate in the always difficult Big 12 Conference, some of the best matchups may come during the first half of the season.

The Lady Bears open the season on Nov. 10 against Lamar at the Ferrell Center and will follow it up with home games against Coppin State and Central Arkansas on Nov. 12 and 14, respectively.

The schedule ramps up from that point with a rematch against UCLA in Los Angeles. The Lady Bears defeated the Bruins 84-70 in Waco last year.

Baylor then will compete in the Junkanoo Jam in the Bahamas from Nov. 23 through Nov. 25. It will face Missouri State, followed by either Penn or Georgia Tech.

Next, the Lady Bears will take on Kentucky in the Big 12/SEC Challenge and then host Stanford. The Wildcats were a 4-seed in the NCAA Tournament last year but bowed out in the second round, while the Cardinal was a 2-seed and reached their 13th Final Four where they fell 62-53 to eventual champion South Carolina.

Baylor has games against North Dakota, McNeese State and Nicholls State to finish off the non-conference schedule in December. Overall, the Lady Bears could potentially face four 2017 NCAA Tournament teams in the non-

conference portion, with five more during the conference slate.

The men's basketball team has a similar schedule structure with a few easy home games to start off the season.

Baylor takes on Central Arkansas on Nov. 10 to tip off the season, followed by games

against Texas A&M-Corpus Christi and Alcorn State on Nov. 13 and Nov. 17, respectively.

The Bears then head to Kansas City to participate in the College Basketball Experience Hall of Fame Classic. Baylor faces Wisconsin on Nov. 20 and then takes on either UCLA or Creighton on the 21. All three teams made the tournament last year and none was lower than a 6-seed.

Baylor continues its tough stretch with a road game at Xavier on Nov. 28, a team that the Bears defeated 76-61 in Waco last season.

The marquee matchup of the non-conference for Baylor comes on Dec. 2, in Waco as the Bears host Wichita State, a team that went 30-4 last season and is expected to be ranked in the Top 10 at the beginning of this season.

The schedule then softens up for the Bears as they face Sam Houston State, Randall, Texas Southern, Savannah State and Southern to take them to the start of conference play.

The men's basketball team does deviate from conference play at the





Lariat File Art

BRING IT ON (Above) Senior guard Kristy Wallace takes a shot against Oklahoma University on January 29 in 1 92-58 win at the Ferrell Center. (Below) Senior guard Manu Lecomte goes up against an opponent from Oregon to make a shot in a 66-49 win on November 15, 2016.

end of January, however, to head to Florida and take on the Gators as a part of the Big 12/SEC Challenge.

All in all, the Bears, like the Lady Bears, will face four 2017 NCAA Tournament teams in the non-conference, with another five coming during conference action.

While each team has a respectable non-conference schedule in which it will receive national attention, I question the timing of the difficult matchups.

itchups. Each Baylor basketball team has sandwiched a stretch of tough games in between cupcake opponents. This means that if either team is to lose some or all of those difficult games, they could slip out of the polls until at least a few weeks into the conference season.

Nevertheless, the teams have shown no fear in facing nationally respected teams to boost strength of schedule, and that helps put Baylor basketball on the map early on in the season

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with a lower leg injury.

After the game, head coach Matt Rhule announced Hasty had an MCL sprain and will be out for a few more games.

"Probably four weeks or so," Rhule said. "It was his knee, but not anything surgical. I think it was an MCL sprain they said. We're gonna play with the three freshman."

This trio of freshman running backs, Lovett, Dru Dixon and Trestan Ebner are all walk-ons and will have to carry the running game until Williams or Hasty comes back from injury.

In his Monday teleconference, Rhule confirmed Hasty had suffered a sprained knee and will be out at least four weeks.

Rhule said Lovett will be a special player in the future following his performance against the Flames, and despite Ebner and Dixon getting limited minutes, Rhule expects them to be able to contribute as well.

"He's going to be special," Rhule said. "Trestan Ebner and Dixon you saw on special teams a little bit. Those guys are going to be really good. The problem with freshmen is they want to play and they're just biding their time. With JaMychal going down and Terence out a couple more weeks it was good to have those guys out there."

Lovett truly made his presence known in the second half as the featured back of the Baylor offense.

The freshman tacked on two touchdowns in the fourth quarter, including one from 34 yards out that cut the Liberty lead to 48-45 with five minute left in the game.

Lovett finished with 89 yards rushing on 14 attempts for an average of 6.4 yards per carry and those two second half touchdowns.

Lovett said despite the injuries to the backfield, the rest of the team feels confident in order to fill in the gaps.

"We all know what to do," Lovett said. "We practice together every day so we're one unit. One man down, next man up. That's our brand."

Lovett and the Bears hope to pick up their first win of the season against UTSA at 7 p.m. Saturday at McLane Stadium.

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of God, left, I really took it as a sign from God that this was a new start and that I should be staying," Brusek said. "It made the decision a bit easier. Something new is starting here and I wanted to be a part of it."

Since McGuyre took over in December 2014, the program has continued to improve each season. The Bears finished 17-13 and above .500 for the first time in two years in 2015. In 2016, Baylor finished 22-12 overall while tying for fourth in the Big 12 and earning a berth in the NCAA Tournament, where it defeated No. 14 San Diego in the first round before falling to No. 10 UCLA in the second round.

Brusek has played a pivotal role in the team's success over her four seasons at Baylor, anchoring the defense at the libero position. Over her last two seasons, Brusek has increased her total number of digs from 365 in 2015 to 577 in 2016 and she's off to a fast start this season, tallying 43 digs in her first three matches.

Brusek has been blessed with success and opportunity off the volleyball court as well. For her academic excellence in biology, she has been first team Academic All-Big 12 in 2015 and 2016. In 2014, she made the Academic All-Big 12 Rookie team. McGuyre said nobody studies more than Brusek does.

Brusek has also had the opportunity to be active in Fellowship of Christian Athletes on campus, including taking a mission trip to Brazil in May 2016. The trip opened her eyes to the collaborative effort of faith and sports and what happens when God uses these elements to advance the kingdom.

"There was such a language barrier from speaking Portuguese to speaking English, and sport being that universal language really just opened doors left and right to serve the people there and enjoy playing sport with them," Brusek said. "It was just an incredible experience getting to see what God can do through sports regardless of circumstances."

It has been this new perspective of volleyball, grounded in faith that has been the most obvious change that McGuyre has seen in Brusek's life.

"I think she's grown spiritually and is playing for something bigger than herself and I think she understands so much more. Her purpose is to reflect God's purpose back to him," McGuyre said. "I think when our girls and the fans look at her, they see a woman who loves to play and plays with great passion and great energy and great excitement."

This passion, energy and excitement are still very present in Brusek's behavior as she is constantly running all over the court, chasing down as many balls as she can get to, running into chairs and people or whatever may be in her way and not giving a second thought about it. She is quick to her knees and willing to dive if it means getting the ball up in the air to one of her teammates, giving them a chance to win the

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I think when our girls and fans look at her, they see a women who loves to play and plays with great passion and great energy and great excitement.

> RYAN MCGUYRE | HEAD COACH



point. Bruises and consequences aside, this has always been her mentality.

"I really think I've been trained to see ball, get ball. The coaches here trained that, previous coaches have trained that," Brusek said. "You see ball, get ball and then you kind of deal the consequences after that. Luckily nothing has been too bad, so it hasn't really been a reason to stop. I think just the idea of when you see the ball, you're going to go for it and we'll figure out what happens after that."

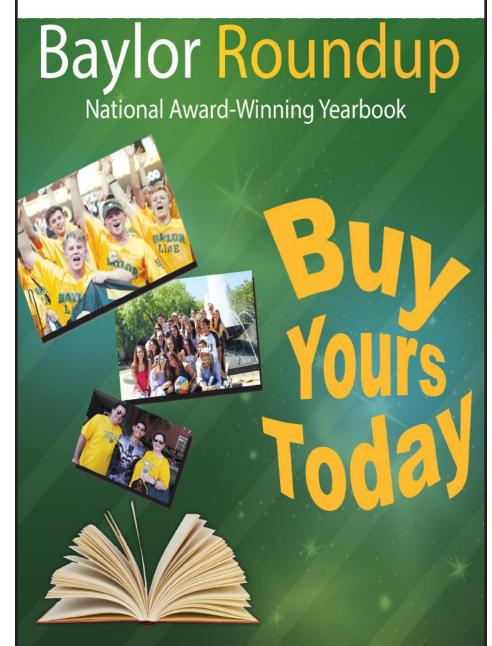
Just as Brusek transitioned from outside hitter to libero and at Baylor from playing for Barnes to McGuyre, as a senior, transition is once again knocking on her door. This time it will be to transition out of volleyball, and for Brusek that means hopefully going to nursing school.

But that is then and her senior season is now. For her, that means diving and digging and doing whatever she can for her team on the court, but also helping to lead and teach her younger teammates what volleyball is really all about.

"Encouraging them to know their

motivation for why they play because if you know that you're playing for a motivation that is unshakable then you know injury, starting position, non-starting position, none of that can shake you," Brusek said. "I encourage them to hold on to their eternal motivation and just that giving will always be better receiving."

Brusek and the Bears are currently competing in the Cougar Challenge in Pullman, Wash. Baylor will take on Quinnipiac at 7 p.m. tonight and the College of Charleston at noon Saturday.



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