

# Baylor Lariat

WE'RE THERE WHEN YOU CAN'T BE

Bears beat West Virginia 71-62: pg. 7



FEBRUARY 28, 2017

TUESDAY

BAYLORLARIAT.COM



## END IT

Students participate in movement to stop human trafficking, modern-day slavery

Photo Illustration by Liesje Powers | Photo Editor

**RACHEL SMITH**  
Reporter

Baylor International Justice Mission students participated in the END IT Movement Thursday by wearing a red "X" on their hands to spread awareness about human trafficking and modern-day slavery.

International Justice Mission is an organization that works to rescue victims, bring criminals to justice, restore survivors and strengthen justice systems to stop violence before it begins in order to protect the poor from violence in the developing world.

Grand Prairie junior Sarah McWilliam decided to get involved with the organization after hearing International Justice Mission founder Gary Haugen speak in Chapel.

"I think a lot of people don't know that we actually have millions of slaves in the world today," McWilliam said. "This is an injustice that can be stopped, so we should use our

voices to speak up for those who have had their voices taken."

The International Justice Mission website defines slavery as "the use of lies or violence to force another person to work for little or no pay." Slavery is illegal in every nation but still occurs in 167 countries, according to the END IT Movement website.

Salem, Ore., senior Omar Mosqueda, the president of International Justice Mission at Baylor, said the organization is focusing on freedom.

"Thursday, we just encouraged all our family and friends to mark an "X" on their hands to shine a light on slavery," Mosqueda said. "I'm very privileged to get an education and get the justices I have. Even if I can't donate, even just raising awareness on campus so someone who can make those donations would make a lot of difference."

Mosqueda got involved with International Justice Mission his sophomore year at Baylor

after hearing attorney Robert Callahan speak about using his law degree as a criminal defense lawyer and later with International Justice Mission to combat modern-day slavery. Callahan will speak again tonight at 6:15 p.m. in the Fentress Room of the Bill Daniel Student Center.

"I want to make the conversation a more common subject that we talk about on campus," Mosqueda said. "I always thought of it as a third-world-country problem, but it happens in the United States and a lot in Texas."

Mosqueda said Waco is a hub for human trafficking because of its location between cities such as Dallas, Austin and Houston.

"We're right in the center of it all," Mosqueda said. "If we're able to learn more about the subject, we can do more to change this- if not on a global scale, at least in Waco."

More than 45 million people are currently

END IT >> Page 3

## BU's Texas Hunger Initiative to hold food drive

**JOY MOTON**  
Staff Writer

Baylor's Texas Hunger Initiative will co-host a campuswide food drive and hunger awareness forum with Baylor Campus Kitchen and No Kid Hungry from 6 to 8 p.m. today in the Baines Room of the Bill Daniel Student Center.

Omaha, Neb., senior Megan Rollag, a youth ambassador for No Kid Hungry who organized the event, said the event is designed to bring the issue of child hunger in America to light on Baylor's campus. Students will have the opportunity to learn about this issue and how they can play a part in reducing hunger locally.

"I'm hoping that Baylor students will come out inspired to get involved in Waco or their own community and that they are aware of the reality of hunger and what it looks like to be impoverished," Rollag said.

The forum will feature Craig Nash, a child hunger outreach specialist for Baylor's Texas Hunger Initiative. He will give an overview of child hunger in McLennan County. More than 48,000 individuals are food insecure, which puts nearly 17,000 children without food, according to a Texas Hunger Initiative press release.

"People often have the idea that we aren't as poor as a different country, therefore we don't have those problems here," Rollag said. "The belief that these issues don't exist leads to the idea that we don't need social

HUNGER >> Page 3

## Fashion show raises \$600, showcases cultural diversity

**CHRISTINA SOTO**  
Broadcast Reporter

The African Student Association hosted "A Night In Africa" fashion show Sunday evening and raised \$600 for its philanthropy, The Water Project. The event showcased diverse designs from different parts of Africa, and the outfits were designed and created by students. The event also featured a variety of dishes from African countries.

Alexandria, La., sophomore

Bernetee Fondong, African Student Association membership chair, said the event's models were required to audition and were chosen based on stage presence and availability.

"We had them audition, and we looked to see if you had a good walk, stage presence and if you could manage the crowd," Fondong said. "The people we chose come from several different backgrounds and are not only African."

The fashion show included

a variety of fashion lines from wedding attire, North African attire, East African attire and traditional Cameroonian attire. It also featured an ankara line, which is an African material that is used predominately in Nigeria.

Cypress senior Amanda Okoli went to Nigeria over Christmas break and brought back yards of ankara for the fashion show. Okoli said her



Dayday Wynn | Lariat Photographer

STRUT YOUR STUFF Models brave the catwalk in the Bill Daniel Student Center for the African Student Association's "A Night in Africa" fashion show.

FASHION >> Page 3

## Chapel hosts 'Change the World in a Day'



Liesje Powers | Photo Editor

ON A HIGH NOTE Zippy Sindiyos sings a Swahili worship song titled "Hakuna Mungu Kama Wewe" with Baylor Men's Choir at Chapel on Monday in Waco Hall.

**JACK PARSLEY**  
Reporter

Baylor Spiritual Life held its fourth annual Change the World in a Day event on Monday Morning in Chapel. Change the World in a Day is an event where Baylor Chapel raises money for a specific charitable cause. The money raised this year was donated to Daniel and Zippy Sindiyos' ministry in Kenya.

The Sindiyos came to Monday's chapel service to tell the students about their ministry, which protects young girls in Kenya who would have to go through a process called Female Genital Mutilation, or FGM, and get married at a very young age. The Sindiyos' ministry offers these girls a chance to attend a

boarding school near Nairobi and better their lives through education.

With the Sindiyos was Viola Kamarua, one of the first students sponsored by their charity. Kamarua shared the story of how she became the first woman in her village to graduate from high school and the impact her education has had on her life.

"My life has really changed because, right now, my siblings are looking up to me. Little girls in my village are looking up to me, and I can lead by example," Kamarua said. "Education has really made a difference for me."

The Sindiyos helped place 72 girls in the boarding school in Nairobi, and are continuing

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**GOT SOMETHING TO SAY?**

**We want to hear it. Send us your thoughts:** [LariatLetters@baylor.edu](mailto:LariatLetters@baylor.edu)

**COLUMN**

## Lost pets live on in our hearts

**JESSICA HUBBLE**  
Lariat Photographer

This Thanksgiving break, I discovered a three-week-old kitten crawling across a busy parking lot. Being the animal lover I am, I immediately scooped him up and took him to the vet, skipping out on my lunch plans to make sure he was OK. Within minutes he had my heart, and I knew I was going to keep him.

Little did I know three weeks later he would take a piece of it when he left this world in a tragic turn of events I will never be able to forget.

I did everything I was supposed to do to be a responsible pet owner. The vet said he was very young but would be fine if I just got him to eat. He was so young I had to bottle feed him, but he took to that very quickly. I took him to all his checkups for shots and blood work.

I bought him a new bed, tons of toys, his own set of food bowls (even though he was too young to use them) and gave him all the attention he wanted. I stayed up late one night when I thought he was sick and I was going to have to take him to the emergency veterinarian. I acted like a frantic mom with a sick baby, but he turned out to be OK that time.

We were inseparable, and he had my heart from day one. He slept under my chin at night and followed me around the house. I always rushed to find him when I came home from class. He fell asleep in my lap while I did homework, or he would chew on my papers. He was the little ball of furry happiness I needed in a hectic time in my life.

Three weeks later, during Christmas break, I would find him convulsing on the floor with blood coming out of his mouth. I rushed him to the emergency vet, but he was gone before I even got through the door. The emergency vet had no answers as to what happened. The vet who had seen him for all his checkups and blood work had no answers either — I had done everything right.

I was, of course, devastated. Many people told me, “Oh, you only had him for three weeks. It can’t be that hard, you weren’t that attached” or “Just go get another kitten.” The problem is that I was attached, and no other kitten could replace him. Just like it’s not possible to replace family and friends, it is not possible to just replace a pet.

Each one is unique, and I love them in different ways for different reasons. In three weeks, I had come to love and adore him more than anyone could understand. He taught me patience and showed me unconditional love, just as all my pets throughout my life have.

I have had three cats and three dogs throughout my life. All of them taught me different things and hold a different piece of my heart. I don’t think many people understand the love a pet can have for you and you can have for it.

I consider my pets part of my family, so losing them is like losing a family member. It’s been two months since my kitten passed away, and I still have days I can’t think about him without crying. Pets love you unconditionally and know exactly when you’re upset and are determined to make you happy.

They can turn a bad day around so quickly and make life so much more fun. I couldn’t imagine growing up without pets, and one day, when I’m done grieving, I’ll be so excited to adopt again.

*Jessica Hubble is a junior journalism major from Arlington.*



**EDITORIAL**

## We must inform ourselves

It seems that each week, another presidential action makes the news: from his extensive use of executive actions to his claims that the media is spreading fake news, President Donald Trump has had all eyes on him from his first day in office. On Feb. 18, Trump made a comment about an attack in Sweden while speaking at a rally in Florida, except the attack never happened. While discussing terrorism and terrorist attacks, Trump referenced “what’s happening [sic] last night in Sweden,” citing a Feb. 17 Fox News broadcast featuring Tucker Carlson, in which Carlson brought on American filmmaker Ami Horowitz and discussed alleged hate crimes happening in Sweden. The president’s lack of attention to detail when speaking can be detrimental to the way the world views the United States, as was seen from all the backlash he received from the media, the Swedish government and even his own constituents after this comment was broadcast.

With the amount of division in the United States and the world at large, and with several nominees who support Trump-style politics running for foreign government positions, it is crucial for the news media to recognize the necessity of detail-oriented reporting and for Trump and Americans as a whole to be informed on foreign affairs.

Trump’s gaffs tend to garner international attention, and it is therefore imperative that he is informed on what he is speaking about, and also that he admits when he is wrong. After the comment about Sweden, many people assumed that he was speaking of a terrorist attack —

EARTH OF FANTASY  
WORLD OF MAKE BELIEVE  
GLOBE OF IMAGINATION  
REALM OF DREAMS



Joshua Kim | Cartoonist

which the Swedish government denied outright in a series of tweets directed at him. When he addressed the mistake, instead of stating that he was incorrect or acknowledging that referencing the news report in the context that he did may have been misleading, he decided to blame it on Fox News and their misinformed reporting. His inability to address his own downfalls and his incessant feud with the media is causing more harm than good on the international stage.

Trump has waged war on major media sources recently for their inaccurate reporting and has gone as far as to say that the media are “the enemy of the American

people.” However, in this speech he attempted to use information being debated in a commentary section of a program (the video equivalent of this editorial section) and use it as hard fact. The hard fact is that he was wrong — he presumed something after watching an opinion-based broadcast and used it as a fact. Instead of apologizing for his assumption, he defended his statement by shoving yet another media outlet under the bus, this time one of his supporting sources. If president Trump wants to tell media outlets to be more informed and stop spreading misinformed or biased information, he needs to lead by example.

The 2016 election began

a shift in not only American politics, but also international politics. In several countries, including France and Great Britain, hyper-nationalist, populist parties are gaining power — Marine Le Pen, France’s Front National nominee for president, and Nigel Farage, leader of the UK’s Independence party, have not only become outspoken advocates of Trump, but also have encouraged Trump-style politics in their own countries. Germany is also going through a populist movement, the Alternative Für Deutschland party is gaining momentum in the German parliament, although they are not nearly as close to holding power as the far-right Freedom Party did in Austria this past election cycle. Now more than ever, a clear understanding of the political climate around the world is necessary, and that stems from two things: proper reporting on international issues and American interest in international affairs. If

our own president is ignorant of international events, it is our job to be even more vigilant and focused on how our country’s internal affairs are affecting other areas of the world. His ignorance does not need to be ours.

The faux pas with the Sweden comment is a small drop in a churning sea of international unrest. If the United States intends to maintain its position as a world powerhouse, the media, the people and the president need to work together to avoid any further miscommunications with other countries. While the Swedes were amicable in their response, other foreign governments may not be.

**COLUMN**

## Dieting shouldn’t be stigmatized

**AMANDA HARGETT-GRANATO**  
Reporter

For the last two months, I’ve had to use my knowledge of biology more often than at almost any other point in my college career. If I had a penny for every time I’ve had to explain the term “ketosis,” I’d probably have about thirteen cents.

I never thought so many people would be so interested in what I eat, but since starting a diet in January, I’ve received a surprising number of questions about it.

I’m on the ketogenic diet. In a sentence, the keto diet is a super low-carb, moderate-protein, and high-fat diet. Essentially: cheese, butter, bacon — good. Bread, sugar, grains — bad. The point of the diet is to force the body into a state called ketosis, where it uses substances called ketone bodies to fuel itself instead of glucose (a sugar).

When the body uses glucose, its preferred energy source, more insulin is produced, and insulin causes the body to store and retain fat. In ketosis, the body can more easily use the body’s fat stores as energy.

“But how can a bunless bacon cheeseburger be good for you, but brown rice be bad?” you might ask. Many people have. It seems very counterintuitive to consume 75 percent of your

daily calories as fat and expect to somehow lose weight, but the system works.

You see, fat is not the enemy, despite what prevailing culture says. In 1980, the Food and Drug Administration produced its first “Dietary Guidelines,” which specifically told people to “avoid too much fat, saturated fat, and cholesterol.”

They weren’t wrong on all fronts — saturated fats and cholesterol-laden foods can contribute to heart disease and high cholesterol. But healthy fats, such as mono and polyunsaturated fats, can actually have heart benefits.

Because you ideally consume less than 20 grams of carbs each day on keto, and only moderate amounts of protein, fats help keep you satiated. The diet isn’t just for people looking to lose weight.

Ketogenic diets are utilized by the medical community to help control certain types of epilepsy and Type 2 diabetes and are being investigated in their potential benefits for Alzheimer’s and Parkinson’s patients.

Dieting is an interesting thing. It’s kind of a lose-lose-lose. Certainly you lose weight if you do it right, but it’s also easy to lose confidence and lose your will to continue. Not only do you not get to eat the things that you want, but there’s also a surprising amount of judgment that goes along with starting and maintaining a diet.

There’s nothing fun about being “that person” at a restaurant who asks for no buns on

their burger or sends back the basket of tortilla chips, but there also isn’t anything fun about people questioning your motives and methods for choosing to go on a diet.

While I don’t mind answering questions about how my truly confusing diet works, I do mind being interrogated about why I think I need to lose weight. While they might be truly well-meaning in their assessment that my weight is fine, that assessment is ultimately mine to make.

I also mind when people express abject horror at my giving up bread, potatoes and candy. Trust me, I already know how much it sucks. Being reminded doesn’t make me feel better about it.

I never would have thought that my choices to be actively healthier would make me feel actively judged, but since January I’ve felt this weird unspoken pressure to eat like everyone else. Now, two months into it, I can see the reasons why quitting a diet would be so easy, and food is really not the biggest cause.

I understand the keto diet isn’t for everyone, nor is dieting in general. But it is hard, and it’s especially hard to maintain self-control when everyday situations and interactions are constantly pushing against you.

I hope that someday, doing something for your health will be encouraged and supported more than it seems it is today.

*Amanda Hargett-Granato is a senior biology major from Burleson.*

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News

# Baylor prepares students for travel abroad for academics, mission trips

**KALYN STORY**  
Staff Writer

Almost 200 Baylor students and staff will be participating in Baylor missions trips over spring break, as part of 11 teams serving six different countries. Baylor has been preparing for months to make sure these trips go smoothly and safely.

Baylor's Global Preparedness Group meets every Friday morning to look at current and future trips Baylor students may be taking, whether that be missions trips or study abroad or exchange programs.

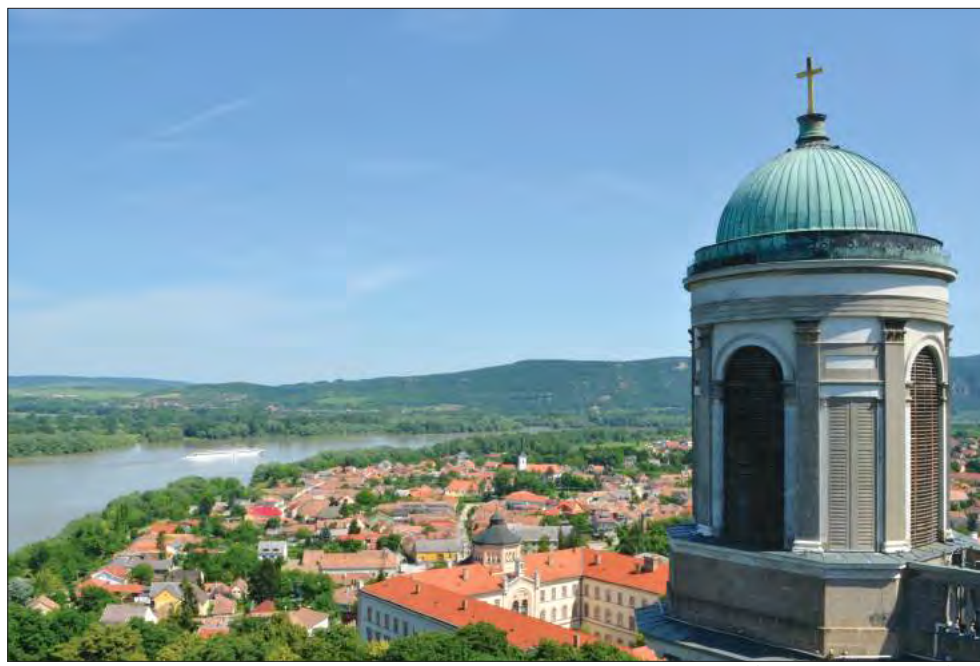
Holly Tate, assistant director for missions, trains students and staff on how to interact safely in the countries they are traveling to.

"For a spring break trip, we start planning over a year in advance," Tate said. "We go through a risk management process, and instead of just informing people what the issues are in the countries they are visiting, we are thoughtful and think through potential situations."

"We pick locations based on risk assessments, and we are not going to let anyone go anywhere that Baylor does not think the risks are things we can mitigate. We are very picky about the places we let students go."

Jared Bickenbach, assistant director of emergency management and global preparedness, looks at trip proposals, researches potential risks of each location and presents them to the international travel committee, where they decide if a trip is viable or not. With some new trips, Bickenbach travels to the sites before any students do to check all the facilities and make sure all the areas students will be spending time are safe.

Bickenbach also provides a weekly situation report for all areas where Baylor currently has



Gravin Pugh | Editor-in-Chief

**EXPERIENCE THE WORLD** The Basilica of Esztergom in Hungary overlooks the city and can be seen by students who take part in the Baylor in Budapest summer program.

students or staff and monitors those areas daily.

Baylor also provides students with location-specific recommendations and will help them get any vaccines or special prescriptions sent to the Baylor health clinic.

Bo White, director of study abroad, encourages all students to go abroad while at Baylor through mission trips, study abroad programs or both.

The study abroad office hosts Information sessions every Monday and Tuesday at 4 p.m. where students can look at all of the programs

Baylor offers. Baylor Missions recruits in the fall semesters, and information about mission trips can be found at the Bobo Spiritual Life Center.

"Most students will forget what classes they took freshman year, but they will remember every class they took abroad. They may be a little fuzzy on what club they participated in college, but they will remember the entire week of their mission trip," White said. "We believe this not only shakes them out of their comfort zone but gives them a new lens in which to see the world."

## END IT

from Page 1

trapped in slavery, which is equivalent to five times the population of New York City, Bangkok or London, according to the International Justice Mission website. McWilliam said her main motivation for participating with International Justice Mission is its fight against sex trafficking of women and both male and female children.

"It's one of the worst things that can happen today," McWilliam said. "As a woman and someone who wants to have children, I feel like it's my duty to speak out against injustices. I have freedom over my body, and I want to fight for others to have freedom over theirs, too."

The International Justice Mission global team consists of lawyers, investigators, social workers, community activists and other professionals working in 17 field offices. McWilliam said she hopes college students will later use their knowledge in fields such as medicine, business and law to contribute to the fight against human trafficking.

"I hope that Baylor students use their education here to go into the workforce and use that," McWilliam said.

Students interested in participating in Baylor International Justice Mission can contact Mosqueda or attend Stand for Freedom, an event the organization will host April 6 and 7 on Fountain Mall to promote awareness of modern-day slavery.

## FASHION from Page 1

extended family lives in Nigeria, but her immediate family lives in the United States. The Ankara she brought back was given to the executive board of the African Student Association, and the executive board was able to design their own outfits out of the material.

"It shows people that African material is very versatile, and you can get things made in your own style and your own personality," Okoli said. "This will expose different parts of African culture. Anybody can be a part of this show that aren't even African."

Fondong said she hopes that this show breaks the stigma of Africa being one country.

"A lot of people tend to think that Africa is one huge country with the same culture with the same language, and I just want to see how different our cultures are and how beautiful it is when we come together," Fondong said. "They will see how different our clothing is and food. I want to break the stigma of Africa being one versus a conglomerate of different cultures."

Denver, Colo., senior Stephanie Nwagwu, community service chair and fashion show chair for the African Student Association, said Africa is negatively portrayed in the media.

"Africa is almost always negatively portrayed in the media as destitute and

uncultured, or it's portrayed as a huge safari," Nwagwu said. "That is an infinitesimally small part of what Africa is about. Africa is full of a multitude of cultures, and its beauty is unmatched."

Nwagwu said she wanted the fashion show to teach people about the variety of cultures within Africa.

"I wanted people to leave with an understanding of the diversity of the African continent. I think we achieved our goal of spreading African culture, and overall, I believe the show was successful," Nwagwu said.

Alexandria, La., senior and president of the

African Student Association Mima Fondong said that the event was successful, the crowd was racially diverse – including students who typically would not be exposed to this type of culture — and the money raised will be donated to The Water Project.

"The Water Project, whose goal is to provide access to clean water to the impoverished citizens of Sub-Saharan Africa through well-building projects," Mima Fondong said. "The money will go toward Baylor ASA's well located in Kenya."

## CHAPEL from Page 1

to improve the lives of young Kenyan women. Other girls will soon become high school graduates like Viola.

"What you have just seen in this video, in our presentation so far and through Viola, is a testament to how God has blessed this initiative," Daniel Sindiyio said.

Dr. Randall Bradley, director of the Baylor Men's Choir, helped to facilitate the service. He also told the students about the connection the Baylor Men's Choir has to the Sindiyos and their ministry. The Baylor Men's Choir has taken mission trips to Kenya and will be going back to Kenya in May.

The service incorporated videos and Kenyan music to help give students a better feel for the Kenyan culture. With some help from Baylor Men's Choir, Zippy taught the students in the

service a worship song in Swahili, "Hakuna Mungu Kama Wewe."

Associate chaplain and Director of Worship Ryan Richards let the students know what their donations would be going towards.

"The things you heard about today are important concerns that we can be a part of as Chapel. They want to make sure that every person in that village has shoes because so many young people in that village run around without shoes," Richards said. "If we step up today, we can make sure that all of those young people have shoes on their feet."

In addition to the offering that was taken up in Chapel and in the Bobo Spiritual Life Center on Monday, students will have the opportunity to donate again during Chapel on Wednesday.

## HUNGER from Page 1



Liesje Powers | Photo Editor

**'CAN' YOU DIG IT?** Students can donate canned goods to Texas Hunger Initiative from 6-8 p.m. Tuesday in the Baines Room of the Bill Daniel Student Center

programs. We need to raise more awareness and get rid of the notion that hunger doesn't exist in America."

Since college campuses are notorious for promoting community service and civic engagement, College Station sophomore Rebecca Peirce, a Baylor Campus Kitchens representative, will speak at the forum about using volunteer work on campus and in the community to better the conditions of hunger in Waco.

Rollag will conclude the forum by discussing the importance of students using their voices and resources to advocate against child hunger.

"As students, it's important to know what kind of initiatives are being put forth so we can talk to our legislators and advocate," Rollag said.

After the hunger awareness forum, there will be a letter writing station for students to write to their legislators and a photo booth where they can take photos to demonstrate their support against child hunger.

Students who attend the event are encouraged to bring a can of food and will have the chance to win door prizes from local vendors. All the food that is collected will be donated to Caritas of Waco.

"It's not acceptable that we live in a nation like we do and still face this issue. It's easy to turn a blind eye to issues that don't affect people directly," said Grace Norman, No Kid Hungry Campaign Manager for Baylor. "At the same time, we live in a community where people have a giving spirit, and we're very fortunate to have that at Baylor."

11TH ANNUAL GLOBAL BUSINESS FORUM

# THE FUTURE OF EUROPE

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<b>MARCH 16</b>	The View from Eastern Europe Medical and Information Technology in Europe European Political and Social Environment The View from Southern Europe
<b>MARCH 17</b>	Global Issues Challenge: The Future of the EU after Brexit

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**On-The-Go >> Happenings:** Visit @BULariatArts to see what's going on in #ThisWeekinWaco [BaylorLariat.com](http://BaylorLariat.com)

## ¡Que Delicioso!



Penelope Shirey | Lariat Photographer

**SALSA YOUR WAY OVER** Ranchito is an authentic Mexican restaurant located at 2310 W. Waco Drive. It is open from 6 a.m. to 10 p.m. Sunday through Thursday and 6 a.m. to 11 p.m. Friday and Saturday. For more information regarding the restaurant, visit <https://www.facebook.com/theranchitobarandgrill/>

## Queso, this restaurant is yummy

**CAROLINE BENTLEY**  
Reporter

Texas is known for its incredible Mexican food, and Waco is notorious for having some of the best finds in regard to food trucks and restaurants.

A friend and I found Ranchito through Googling, “Top restaurants in Waco.” The result of this random search is by far my new favorite Mexican restaurant in Waco and a top choice for the central Texas area.

Located about 15 minutes from campus, Ranchito gives Baylor students a chance to step outside the Baylor bubble and experience Tex-Mex. The outside may be deceiving, but once you walk in you know it's going to be delicious.

The menu includes over 70 items, many of them the classic entrees you

would find at any Tex-Mex restaurant. Something different, though, is that it actually tastes like food you find across the border, none of that fake cheese or pre-made tortilla nonsense you see in some restaurants.

On Friday afternoon, there was no wait. We sat in the back and were able to people watch — which was so fun because it felt like a whole new Waco. I chose their fajitas because fajitas are filled to the brim with meats, veggies and Mexican flavor. Chicken and steak are relatively easy to cook, but this restaurant really knows how to season their meat to absolute perfection. My friend ordered their pulled chicken enchiladas with verde sauce, and both my and her entrees were so good I wanted to order more.

The seasonings and flavor were incredible, something not found at

### RESTAURANT REVIEW

most “Tex-Mex” restaurants. They weren't too spicy but were definitely spicier than the average Wacoan's grilled chicken dinner. The peppers and onions in my fajitas were sweet and perfectly cooked, not raw, and they didn't taste like they were just slapped on the grill. The verde sauce on the enchiladas was the closest thing to perfect I've had — it was a good mix of savory, yet sweet and not too chunky or soupy.

The entrees were definitely enough for two people to share, but they were also a great size for someone who likes leftovers for lunch the next day.

We had stuffed ourselves with chips and salsa before we even ordered, so dessert was not on the menu by any means. While their

salsa and queso were stellar, I think next time I will save some room for a few sopapillas or even some tres leches cake.

My frustrations of not having a bigger stomach hit when I saw the people next to us get their food. The quesadillas and stuffed avocado looked to die for; I definitely saw different things on the menu that I want to try the next time I go.

All in all, Ranchito was one of those finds in Waco that I probably would have never tried on my own. It was a step outside my normal “go-to” places and area, but the food was better than any other Mexican place I've yet to find in Waco. Their weekly specials are also a steal; they cater to college student budgets 100 percent, and that was one of the things I appreciated the most.

## This week in Waco:

### >> Today

**6-8 p.m.**— Painting with a Twist, Monet's Sunset Sail. 1621 N. Valley Mills Drive.

**6-10 p.m.**— Mardi Gras Party. Buzzard Billy's, 100 Interstate 35 N.

**6:30-8:30 p.m.**— Fat Tuesday VIP Dinner. Barnett's Public House, 420 Franklin Ave.

**7:30-8:30 p.m.**— Waco Community Band Concert. Ball Performing Arts Center / McLennan Community College, 1400 College Drive.

**7:30 p.m.**— Symphonic Band and Wind Ensemble. Jones Concert Hall.

### >> Wednesday

**4-4:45 p.m.**— Tracie Walker performs on viola. Roxy Grove Hall.

**5-6 p.m.**— Colin Murray performs on saxophone. Recital Hall II.

### >> Thursday

**7-9 p.m.**— Jackie and Me. \$8-\$10. Waco Civic Theatre.

**7-9 p.m.**— The Del Rios perform. Dichotomy Coffee & Spirits.

**7-9 p.m.**— Stars Over Texas Jamboree. \$12-\$14. Lee Lockwood Library and Museum.

**7:30-8:30 p.m.**— Bella Voce. Roxy Grove Hall.

**8-10 p.m.**— Ellie Holcomb performs. \$12. Common Grounds.

## How did the best picture mix-up happen?

**CHRISTIE D'ZURILLA**  
Tribune News Service

After the Oscars' big best picture mix-up Sunday, Emma Stone said backstage that she was holding her lead actress card when “La La Land” was incorrectly announced as best picture.

So how could Warren

Beatty and Faye Dunaway have been looking at that very same card, as the actor explained to the audience?

Turns out that for each category, there are two cards waiting in the wings, one on each side, as explained in a 2016 Los Angeles Times story by Valli Herman:

“In an undisclosed

location, the partners tabulate votes and stuff two sets of winning envelopes, partly as another security measure and also to aid the show's flow. Stationed with their signature briefcases on opposite sides of the stage, either (PricewaterhouseCoopers partners, Brian) Cullinan or

(Martha) Ruiz can dispense envelopes to presenters. At the end of the evening, each accountant will have given out about half of the envelopes.

“And the third set? ‘There is no third ‘set’ sitting somewhere that has the winning cards in the winning envelopes,’ Cullinan said.

However, the remaining, unstuffed envelopes and nominee cards are shipped to a second secret location, just in case some disaster prevents access to the completed sets. After the ceremony, unused cards and envelopes are destroyed by an industrial document-destruction company.”

4		1			2				
	8		5			6			
6				3					8
		9		5		8			
	6	7				9	5		
		4		1		7			
3				7					9
		8			5		3		
			1			4		2	

### Today's Puzzles

#### Across

- 1 \_\_\_ New Guinea
- 6 Closest buddies, for short
- 10 Cleaning cloths
- 14 Three through nine, in many golf club sets
- 15 On the sheltered side, at sea
- 16 Old flames
- 17 “The Daily Show” regular Black
- 18 \*In Hades, euphemistically
- 20 Back to square \_\_\_
- 21 Ballet skirt
- 23 Every bit
- 24 Béarnaise sauce herb
- 26 Pearly whites
- 29 Escorted by
- 30 \*Puffy Chinese dog
- 33 Where to find a sleeper hit, perhaps
- 35 Lascivious look
- 36 “Good point!”
- 37 “Raggedy” doll
- 38 601, to Seneca
- 40 Obstinate mount
- 42 East, in Essen
- 43 Fishing poles
- 45 Leave out
- 47 Actor Cary \_\_\_ of “Kiss the Girls”
- 49 \*Bovine yogurt brand
- 51 Part of a process
- 52 Adjust just a bit
- 53 “Way to go, sister!”
- 57 Hook shape
- 58 “Very cool!”
- 59 Where bovines graze
- 60 Pained expression, and a hint to two cries hidden in each answer to a starred clue
- 64 Makes angry, with “up”
- 66 German automaker
- 67 Commuter's choice
- 68 Popped up
- 69 Fountain of jazz
- 70 Poet St. Vincent Millay
- 71 Poked at, cat-style

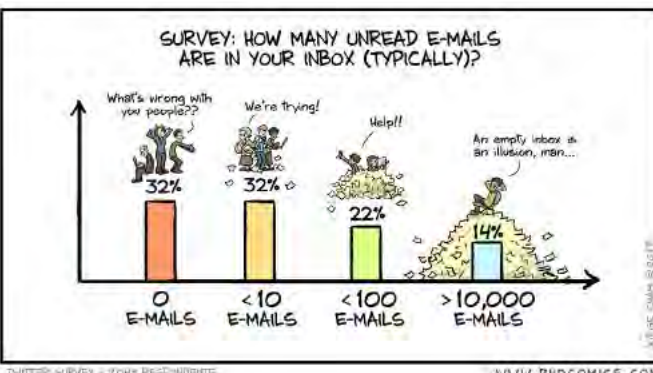
#### Down

- 1 First sitcom episode

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15				16			
17					18				19			
20				21	22			23				
24			25					26		27	28	
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33	34					35				36		
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43		44		45		46			47	48		
49				50					51			
	52					53	54				55	56
				57			58				59	
60	61	62				63			64	65		
66						67				68		
69						70				71		

- 2 Hockey venue
- 3 \*Auto feature that doesn't need a crank
- 4 College, to Aussies
- 5 Per what was previously mentioned
- 6 Mistreating
- 7 Frilly addition to a skirt
- 8 “A \_\_\_ Good Men”
- 9 Capitol Hill lawmakers
- 10 Put back in office
- 11 Rock singer Rose
- 12 Prefix with political or logical
- 13 NNE opposite
- 19 Failed, as a fuse
- 22 “That's awful!”
- 25 Divested (of)
- 27 \*Head rest on a sofa
- 28 Lawmaking body
- 31 Oil or gas follower
- 32 Dampens

- 33 Stinging remark
- 34 Stifled laugh
- 35 Long ride, for short
- 39 Intolerably confident
- 41 Put out bait, say
- 44 Beau or boo
- 46 “Sign me up!”
- 48 Relay race part
- 50 Trio member with Crosby and Stills
- 51 Metro stop: Abbr.
- 54 Electrical pioneer Nikola
- 55 Dodger Pee Wee
- 56 Zapped with a beam
- 60 Activate, as a phone app
- 61 Tint
- 62 Home security giant
- 63 “Cool!”
- 65 Nest egg initials



For today's puzzle results, please go to [BaylorLariat.com](http://BaylorLariat.com)



SCOREBOARD >> @BaylorWBB 103, OU 64 | @BaylorMBB 71, West Virginia 62

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Dayday Wynn | Lariat Photographer

**ONE FINAL TIME** Baylor senior guard Ishmail Wainright waves to the crowd in his final game at the Ferrell Center on Feb. 27 against the West Virginia Mountaineers.

## Bears win, send Wainright out on top

**NATHAN KEIL**  
Sports Writer

No. 11 Baylor looked to end its late-season woes against No. 10 West Virginia Monday night on Senior Night at the Ferrell Center.

With senior guard Ishmail Wainright playing his last game at the Ferrell Center in a Baylor uniform, that is exactly what happened.

Junior forward Johnathan Motley led all scorers with 23 points and eight rebounds, including hitting all 11 of his free throw attempts as Baylor defeated West Virginia 71-62.

For Baylor head coach Scott Drew, he couldn't have been happier for the Bears' season finale at the Ferrell Center.

"When you draw up Senior Night, this is how it is supposed to be," Drew said. "Two top-11 teams playing, we're a man down, we had 29 turnovers with a point guard, don't have a point guard tonight and we find a way win. That's a tribute to the teammates' desire to win

for Ish [Wainright]."

Wainright finished with seven points, eight rebounds, two assists and two steals in front of an extremely appreciative home crowd at the Ferrell Center. He was honored in a special post-game presentation along with Baylor's two senior team managers.

"It was extremely special, my last one. It was a great run, four years in the making," Wainright said. "Winning is always fun. It feels good to win. This win gives us confidence and motivation moving forward."

Trailing 49-41 with 8:45 left in the second half, Baylor used a 16-2 surge to erase an eight-point deficit and turn it into a six-point advantage at 57-51. Motley led the charge in that span-scoring seven points, including the three-point play on a slam dunk to ignite the run.

Baylor continued to frustrate West Virginia with its defense and ability to convert baskets late in the shot clock.

The Bears without starting junior guard Manu Lecomte due to a knee injury, used a point guard by committee strategy, rotating sophomore guard Jake Lindsey, Wainright, junior guard Al Freeman and redshirt freshman guard Wendell Mitchell to handle the ball against the press.

The Bears were sloppy at times while under heavy duress, committing 18 turnovers. However, compared to the 29 they committed in Morgantown, W. Va., it was good enough to get the job done.

Drew said the bench's energy was crucial in the victory.

"Couldn't have won without him [Wainright]. You could say that about everyone on the team," Drew said. "Everyone contributed; the bench was really into it. That's the biggest complement you can give Ish because they genuinely wanted to send him out with a win."

Freeman and junior forward Jo Lual-Acuil Jr. both

finished in double figures with 12 points and 11 points respectively for Baylor to help Motley on the offensive end.

Baylor opened the game on a 12-3 run, handling the pressure from West Virginia and converting easy baskets in the paint from Lual-Acuil Jr. The Bears also held the Mountaineers to one of their first eight field goals from the floor.

However, West Virginia quickly began to settle in as it manufactured a 10-3 run to gain its first lead at 18-15. The Mountaineer guards began to find seams in the Baylor zone defense and get to the basket for layups. The conversions on the offensive end led the full court press becoming more effective having been set up off a made basket instead of a miss.

The next eight minutes of the first half were back and forth with West Virginia claiming a 30-28 lead at the break.

Despite forcing 18 turnovers and converting

those miscues into 20 points, West Virginia could not recover from Baylor's big second-half surge. Foul trouble played a major factor as the Mountaineers committed 29 fouls over the course of the game.

West Virginia head coach Bob Huggins said his team's issue was tentativeness and rebounding, as the Mountaineers were outrebounded 43-23.

"We got really tentative," Huggins said. "We were tentative defensively. They just beat us to death on the glass. We're usually a pretty good rebounding team, and they worked us pretty good on the glass."

West Virginia was also limited to just three of 15 from beyond the arc. Junior guard Jevon Carter led the Mountaineers with 18 points, while senior guard Tarik Phillip added 12 and junior forward Elijah Macon chipped in with 11 points.

Mountaineers' senior forward Nathan Adrian, West

Virginia's third leading scorer at 10.4 points per game, was held to just two points on one-of-five shooting as he battled foul trouble all night, playing only 16 minutes for West Virginia head coach Bob Huggins.

The loss drops No. 10 West Virginia to 23-7 overall and 11-6 in Big 12 action. The Mountaineers will return home to host No. 24 Iowa State at 6 p.m. Friday.

With the win, Baylor improves to 24-6 and 11-6 overall in the conference. The victory also avenges an 89-68 loss to the Mountaineers back on Jan. 10 when Baylor was ranked No. 1.

The Bears will complete their conference slate when they travel to Austin to take on Texas at 3 p.m. Saturday. The game will be aired on ESPN. With a win over Texas and a West Virginia win over Iowa State, Baylor can still wrap up the No. 2 seed in the Big 12 tournament.

## Lady Bears close season with win

**BEN EVERETT**  
Sports Writer

The No. 4-ranked Baylor Lady Bears basketball team defeated No. 19 Oklahoma 103-64 to finish the regular season.

The Lady Bears (28-2, 17-1) handed the Sooners (22-8, 13-5) their first home loss of the season.

Baylor senior guard Alexis Prince scored 24 points in the win while knocking down five 3-pointers.

On senior day, Oklahoma head coach Sherri Cole went with five seniors in the starting lineup. The Lady Bears took advantage, scoring the first seven points of the game.

Sooners junior center Vionise Pierre-Louis got Oklahoma on the board with a post up, but Baylor responded with another 7-0 run including junior guard Kristy Wallace's second three of the game to go

up 14-2.

Oklahoma freshman center Nancy Mulkey provided strong defense for the Sooners in the first quarter, recording two blocks to help slow down the Lady Bears.

Baylor sophomore center Kalani Brown finished in the lane over Mulkey to end the first quarter as the Lady Bears led 18-4.

The Sooners found momentum in the second quarter when Baylor sophomore center Beatrice Mompremier was called for a flagrant foul after elbowing Pierre-Louis. Mompremier made up for it quickly by beating Pierre-Louis on the baseline for a layup to put Baylor up 24-9.

The two teams went back and forth knocking down threes, with Prince draining one and Wallace notching her third of the game as the Lady

Bears held a 32-17 advantage with three minutes left in the half.

Prince converted on an and-one, and freshman guard Natalie Chou knocked down a 3-pointer to end the half as the Lady Bears extended their lead to 44-22.

To start the second half, Brown went off for the Lady Bears. She scored nine straight points without missing to put Baylor up 58-27.

Oklahoma senior guard Gloya Carter sparked a 9-0 run for the Sooners with an and-one followed by two threes from senior forward Shaya Kellogg, draining two from beyond the arc to cut the lead to 66-42 with two minutes remaining in the third quarter.

With 45 seconds left in the third quarter, Prince knocked down a mid-range jumper to give her 19 points in the game and 1,000 points for her career.

Wallace drained a pull-up jumper at the buzzer to give the Lady Bears a 72-47 advantage going into the final quarter.

Prince continued her hot shooting in the fourth quarter, knocking down a mid-range jumper and her fifth three of the game before heading to the bench with the Lady Bears up comfortably 79-47 with seven minutes left in the game.

The Baylor starters came out of the game with five minutes to go, and the reserves finished the game as the Lady Bears scored their most points in a Big 12 game this season.

Carter and senior guard Maddie Manning led the Sooners with 11 points each.

Baylor will be the No. 1 seed in the Big 12 tournament and will face the winner of Texas Tech and TCU at 1:30 p.m. Saturday in Oklahoma City.

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