

- Norway
- Germany
- U.S.A.
- Russia
- Netherlands



Thursday | February 20, 2014

Former convict uses her story as basis of recovery ministry

By PAULA ANN SOLIS
STAFF WRITER

Aside from the seven years Deane Strauss-Kinslow spent in prison, she is a typical Baylor student in a lot of ways.

Her schedule is packed with classes, work and the occasional volunteer project with her church. It can be hectic and finding time for herself to sit alone and enjoy the quiet isn't something she does often. Then again, alone time isn't something she's been absent of in life.

Strauss-Kinslow is now a 46-year-old political science junior with dreams of becoming a lawyer. She completed the paralegal program at McLennan Community College in 2012 and is now in her third semes-

ter at Baylor, but her path to where she is now was far from traditional.

Her life began inside the walls of what she called a broken home, made more troubling by molestation from her father figure and then, later in her life, disappointment by her husband's infidelity. What seemed like a never-ending chain of despair for Strauss-Kinslow hit an unparalleled low that she continues to recover from to this day.

Actions and Consequences

In January 2002, a then 35-year-old Strauss-Kinslow was recovering from a painful divorce that left her with one son and the recent unplanned birth of twin boys who were the product of a one-night affair. She also lost a long-standing job with the Dallas attor-

ney general's office as a private investigator. Everything was happening at once. Then she was charged with endangering one of her twin sons.

"I wasn't guilty of what they were saying I had done," Strauss-Kinslow said. "But I wasn't there for my children like I should have been."

Realizing she was to blame in some degree for the situation she was in, Strauss-Kinslow pleaded guilty to injury to a child by omission and began her seven-year sentence. She also agreed to sign her rights over to Child Protective Services in what she now calls a dishonest agreement.

She said she was misled to believe she would see her children again but the system failed her.

SEE **CONVICT**, page 6



TRAVIS TAYLOR | PHOTO EDITOR

Deane Strauss-Kinslow doesn't let her dark past hinder her from pursuing a degree in law.

App to help athletes make healthy choices

By ANJA ROSALES
REPORTER

The sports nutrition department has announced a project to create a nutrition app for Baylor athletes.

The app will give athletes the best choice of meal to order at a restaurant depending on the athlete's personal nutritional goals. Annie Hogan, the director of sports nutrition for Baylor Athletics, said the app would feature all chain restaurants in Waco, including places like Chuy's, Cheddar's and Chili's as well as fast food chains such as Raising Cane's.

The staff working on the project consists of Hogan; Dwight Allison, the assistant director of sports nutrition; two interns; and five graduate student volunteers. The team hopes to have the project done when football reports for training in June.

Senior right tackle Troy Baker said it is crucial that the football team members take care of their bodies during summer training.

"Summer workouts for our football team are an eight-week grind where the strength coaches really break us down to build as much strength and endurance as possible," Baker said. "When you are waking up at 5:30 four times a week to work out for three hours, your body must recover properly or else you will fall apart."

Candice Walls, assistant director of olympic sports at Baylor,

oversees women's soccer, track, acrobatics and tumbling and softball. As a strength coach for the football team, Walls said nutrition is key to an athlete's performance.

"I think this project is the next step to taking our athletes from good to great," Walls said.

Jacob Puente, the assistant athletic trainer for football, said summer is a time when the football players have little tweaks, such as soft tissue injuries or muscle cramps, from not nourishing their bodies correctly.

"It is extremely hot and they are working very hard so there is no hiding from not taking care of your body," Puente said.

Junior left tackle Spencer Drango said it is important for linemen to maintain their weight during the summer because the amount of cardio they do could lead to quick weight-loss.

"Its crucial that us linemen reach and maintain the weight we need to in the healthiest way," Drango said.

The sports nutritionists are helping athletes throughout the athletic department set personal goals that range from incorporating more fruits and vegetables in their diet to dropping or gaining weight.

Hogan said no matter what an athlete's specific nutritional goal is, the app will provide athletes with the healthiest choice at restaurants

SEE **APP**, page 3



TRAVIS TAYLOR | LARIAT PHOTO EDITOR

Cycling through work

Ned Potthavaranant works on a bike at the bike shop at the Baylor Marina. The bike shop is open from 3-6 p.m. Monday through Friday and services flat tires, brakes, gears and cables. The bike shop also tries to educate cyclists on how to repair bikes, Potthavaranant said.

Obama threatens to take action in Ukraine

ASSOCIATED PRESS

President Barack Obama on Wednesday urged Ukraine to avoid violence against peaceful protesters or face consequences, as the United States considered joining European partners to impose sanctions aimed at ending deadly street clashes that are sparking fears of civil war.

"There will be consequences if people step over the line," Obama said, as fires burned in central Kiev. "And that includes making sure that the Ukrainian military does not step in to what should be a set of issues that can be resolved by civilians."

Shortly after Obama's remarks, Ukrainian President Viktor Yanukovich's office said he and opposition leaders had agreed on a truce, although the brief statement offered no details about what it would entail or how it would be implemented.

Meanwhile, the European Union called an extraordinary meeting of its 28 member countries on Thursday to address the situation.

French Foreign Minister Laurent Fabius told reporters in Paris that he and his counterparts from Germany and Poland would travel to Ukraine, meeting with the Ukrainian government and opposition before the emergency EU meeting. EU sanctions would typically include banning leading officials from traveling to the EU countries and freezing their assets there.



COURTESY ART

Graduate student Myria Bailey Whitcomb honors the history of soul food through her cookbook.

Cookbook preservses soul food recipes, history

By PAULA ANN SOLIS
STAFF WRITER

Each February, people remember the history of African-Americans in different ways, but one Baylor student has a year-round approach to reflect on the past - eating.

Huntington, N.Y., graduate student Myria Bailey Whitcomb is the author of "An African American Cookbook: Traditional and Other Favorite Recipes," which was published in 2002 at a retail value of

\$19.95. It consists of more than 400 recipes that combine food, hymns and history.

Bailey Whitcomb, who is also a co-pastor at Allen Chapel in Athens, Texas, began collecting recipes and stories from members of the African-American community to put in her book while she worked in as an actor in an Underground Railroad re-enactment group "Living the Experience" at a church in Pennsylvania.

"We wanted to honor the leg-

acy and African-American experience," Bailey Whitcomb said. "That's what the cookbook was really about, a way to highlight the recipes and the food eaten by those enslaved. They were normally given the undesirable parts of the animal and making a meal out of it that was tasty from these leftovers required creativity."

Those meals, which would later become known as "soul food," are still popular in America today. One meal common today that arose

from such circumstances is chitterlings, a stew normally made from the intestines of pigs.

Although it may seem bleak, Bailey Whitcomb said the story of slaves using what little they were given to make something they could survive on shows how from terrible times and struggles, something wonderful can still be produced. Dr. Marcia Chatelain, a professor from Georgetown University who has researched the culture of African-American food,

said although food is used around the world to narrate tales of strife and victory, the story behind African-American meals has an interesting twist.

"This food tradition is interesting and different because during enslavement other parts of African-American culture couldn't be contained, religion, language, child up bringing, they were very much destabilized by slavery," Chatelain said.

SEE **COOKBOOK**, page 6

Inside

WEB

Miss the game? Recap the highlights online with the Lariat slideshow



A&E p. 4

Itunes announced Wednesday they will debut an Itunes festival at South by Southwest.



SPORTS p. 5

Lady Bears dominate Iowa State Cyclones 89:51. This marked a ninth straight win for the Bears.





ASHER FREEMAN

Sports Illustrated, Barbie don't mix

Editorial

For pushing 55 years old, Barbie's still got it, and she'll be flaunting her flawless body in the 50th anniversary edition of the Sports Illustrated swimsuit issue. The doll, invented by Mattel co-founder Ruth Handler, will be in a four-page advertisement in the magazine wearing a revamped version of her original 1959 black and white striped swimsuit.

Mattel joined Sports Illustrated for the 50th anniversary issue soon after Barbie unveiled her own marketing campaign called "#Unapologetic," which aims to celebrate her achievements. This campaign echoes criticism given to young celebrities such as Miley Cyrus who had an unapologetic year in the spotlight for controversial reasons. Last week, Mattel put out a statement about Barbie's new campaign.

"As a legend herself, and under criticism about her body and how she looks, posing in 'Sports Illustrated Swimsuit' gives Barbie and her fellow legends an opportunity to own who they are, celebrate what they have done and be unapologetic," Mattel stated.

Some have said the campaign should be retitled "Sorry, not sorry" since Barbie has been a controversial figure in the past for her perfect body and the message her physical appearance

sends to young girls. She isn't apologetic for the way she looks and isn't willing to change her image, even if it is unattainable and unrealistic.

"By putting Barbie in a magazine for a male audience, it sexualizes the doll in a way that makes her inappropriate as a young girl's toy."

Sports Illustrated readers may not give a second thought to Barbie's body, but the ad's placement in the magazine alongside models promotes the idea that to be attractive, women have to achieve an impossibly thin physique.

For the girls who may pick up the magazine off someone's coffee table or off magazine stands, it sends a message that says, "This is beautiful."

However, this body image issue caused by the plastic doll is nothing new to consumers and certainly didn't start with the Sports Illustrated ad. Barbie's body has been under constant criticism for years.

Barbie's measurements when applied to a life-sized person are approximately a 39-inch bust, an 18-inch waist and 33-inch hips with legs that are about two-thirds of the body. She would also be about seven feet tall.

When compared to the measurements of the 2012 and

2013 Sports Illustrated swimsuit model Kate Upton — a model who was made famous for her buxom physique — Barbie has a bigger bust, considerably smaller waist and slightly smaller hips. In other words, even today's models can't live up to the plastic Barbie standard.

To be like Barbie, they have to keep the curves but cut down on their stomachs, making their curves look a lot more pronounced and a lot less real.

Though the Sports Illustrated swimsuit issue and Barbie will be close in age, combining the two mixes audiences in the worst way.

Barbie, targeted toward little girls, does not belong in a magazine whose main audience is men who primarily buy Sports Illustrated magazines for sports or to see swimsuit models.

By putting Barbie in a magazine for a male audience, it sexualizes the doll in a way that makes her inappropriate as a young girl's toy. It also sends confusing signals to male readers who are probably the last target audience who would purchase a Barbie doll in the first place.

If Mattel wants to advertise Barbie, they would do better to put her in a magazine that is meant for a younger female audience who would actually buy the toy.

Then again, with Barbie's unapologetic stance on beauty and bodily perfection, perhaps Barbie should change her image altogether.

White fear trumps black lives

On Aug. 7, 1930, two young black men were lynched in Marion, Ind.

A photographer named Lawrence Beitler had a studio across the street from the lynching tree. He came out and snapped what became an iconic photo, which he made into a postcard and sold. It shows Thomas Shipp and Abram Smith hanging dead and their executioners, faces clearly visible, milling about as if at a picnic. Though authorities possessed this damning photographic evidence, they never arrested anyone for the crime. It was officially attributed to "persons unknown."

This was not a unique thing. To the contrary, it happened thousands of times. And African-Americans carry this knowledge deep, carry it in blood and sinew, the understanding that the justice system has betrayed us often, smashed our hopes often, denied the value of our lives, often.

This knowledge lent a certain tension and poignancy to the wait for a verdict in the Jordan Davis trial last week. Davis was the black kid shot dead by a white man, Michael Dunn, at a gas station in Jacksonville, Fla., in November 2012 after an argument over loud music.

Dunn's story was fishy from the beginning.

He claimed Davis pointed a weapon at him. No weapon was ever found. Nor was Dunn ever able to satisfactorily explain why he fired off a second round of shots as the SUV in which Davis was riding tried to retreat. Or why he left the scene and failed to call police. Or why his fiancée, who was inside the convenience store when the shooting started, says he never



Leonard Pitts | The Miami Herald

mentioned Davis' phantom "gun" to her.

A guilty verdict would seem to have been a foregone conclusion. It wasn't.

Indeed, the verdict was mystifying. Dunn was found guilty on three counts of attempted murder — meaning the three other young men in the SUV with Davis — but the jury deadlocked on the murder charge.

It makes no sense: If Dunn is guilty of the three charges, how can he not be guilty of the fourth?

The jury's inability to hold him accountable for Davis' death only validates African-Americans' grimmest misgivings about the "just us" system. Brittney Cooper, an assistant professor at Rutgers University, put it as follows on Twitter: "This is not just about jail time. This is about whether white fear legally means more than black life."

It is an observation pregnant with painful truth, truth that was already old in 1930 when Shipp and Smith were butchered.

Dunn decided Davis was — his

word — a "thug" and shot him. And we've seen this movie so many times before.

George Zimmerman decided Trayvon Martin was a thug and stalked him. New York police decided Amadou Diallo was a thug and shot him. And so on.

These decisions are made independent of anything a man actually is — or does. They are made on sight, out of the same impulse that finds African-Americans committing a minority of drug crimes but doing, in some jurisdictions, 90 percent of drug time. They are made, in a word, in fear, the unspoken but clear recognition that black boys and men are our national boogeymen — they threaten by existing — and therefore it is ... understandable if occasionally one gets shot by accident.

If Davis had been a white kid in an SUV full of same playing their music too loudly, does anyone really think the confrontation with Dunn would have escalated to the point of gunfire?

And if for some reason it had, is anyone so naive as to believe the jury would have failed to convict Dunn of murder?

But Dunn, unlike the killers of Shipp and Smith — and Martin and Diallo — is at least going to jail for something, right? Indeed, at 47, he may spend the rest of his life behind bars. And yes, you could call that progress.

But you could call it some other things, too.

Leonard Pitts Jr., winner of the 2004 Pulitzer Prize for commentary, is a columnist for the Miami Herald, 3511 N.W. 91 Avenue, Doral, Fla. 33172. Readers may write to him via email at lpitts@miamiherald.com.

Lariat Letters

There is no homosexual lifestyle

While I support the opinion expressed in the Lariat's recent editorial "Talent should yield an NFL roster spot," on gay NFL draft prospect Michael Sam that ran on Feb. 19, the language used by the editors needs to change.

In fact, the language many people use regarding homosexuality needs to change. I'm referring to the commonly uttered words "gay lifestyle."

I'm sure most people use this

phrase casually without thinking of the implications involved, but "gay lifestyle" is a very specific phrase with a specific meaning.

It has largely been used by religious leaders and their followers to condemn patterns of behavior including drug use and unprotected sex with multiple same-sex partners. That's the "gay lifestyle" historically.

The problem is that those behaviors are not limited to homo-

sexual activity; they also are not representative of homosexual activity.

Does a married same-sex couple with children live "the gay lifestyle"?

Whether you are supportive of same-sex relationships or not, it's time to stop defining those with a same-sex orientation in the negative terms of "lifestyle."

Blake Kent
Sociology doctoral candidate

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Opinion



iTunes launching festival at SXSW

By NEKESA MUMBI MOODY
ASSOCIATED PRESS

NEW YORK — iTunes is putting its stamp on South by Southwest, piggybacking on the annual event with its own music festival.

The company said Wednesday it will debut its popular iTunes Festival, a free concert series held in London for the past seven years. While the London



JASON FRANSON | ASSOCIATED PRESS

Coldplay will perform at the iTunes music festival during the South by Southwest festival in Austin. It will mark the U.S. debut of the iTunes Festival, a free concert series held for the past seven years in London.

version is a 30-day event, the U.S. festival will feature five nights of rock, country, pop and hip-hop at South by Southwest, an international showcase for music, film and interactive projects to be held next month in Austin.

“We’re pretty excited about doing this for the first time here in the U.S. at South by Southwest,” said top Apple executive Eddy Cue in an interview Tuesday.

“One of the cool things about trying to do the festival is that it’s all about the music, the musicians and the fans,” Cue said. “You want it in a really close atmosphere where the fans are getting to see these musicians in places they’ll never see them again, because they play in much bigger venues.”

The iTunes festival will be held March 11-15 at ACL Live at the Moody Theater, where Austin City Limits is held. The first night will include performances by Coldplay, Imagine Dragons and London Grammar.

“One of the cool things about trying to do the festival is that it’s all about the music, the musicians and the fans.”

Eddy Cue | Apple executive

Coldplay said it was “thrilled” to be playing on opening night, adding: “It’s a great honor for our band and we hope everyone has a fantastic time.”

Other performers include Keith Urban, Willie Nelson, Pitbull, Zedd and newcomer Mickey Guyton. Cue said other acts will be announced later.

One artist who likely won’t be appearing is Kanye



JAY JANNER | AUSTIN AMERICAN-STATESMAN

In this March 14 file photo, a band is on the move on the corner of Sixth Street and I-35 at South by Southwest in Austin. iTunes is putting its stamp on South by Southwest, piggybacking on the annual event hosted by the city of Austin, with its own music festival.

West, who performed at the London festival in 2009. During a concert in New Jersey last weekend, he called out Apple CEO Tim Cook, singing via auto-tune: “Tim Cook, the head of Apple, stop trying to get performers to play your festivals for free, you are rich as (expletive).”

Cue declined to comment on West’s criticism.

The iTunes festival in London typically attracts artists like West and Coldplay. Lady Gaga, Elton John, Justin Timberlake and Katy Perry were among the performers at the Roundhouse Theater last September.

The festival will be streamed live and on-demand through the iTunes store, iTunes radio and on Apple devices.

Cue, Apple’s senior vice president of Internet software and services, said iTunes had long considered having a U.S. counterpart to its U.K. festival, but had struggled to find the right fit. SXSW turned out to be a natural.

“It’s got a great vibe for music, and it’s centrally located, so timing-wise it works well to broadcast across the U.S.,” he said.

While Cue didn’t say whether the iTunes Festival at SXSW would become an annual event, he pointed to London as an example of how it could grow.

“We’ll see where it leads us. I can tell you when we did the London one for the first time, we did it for a week in London and look what it’s become.”

Jazz study shows link between music, language

By LAURAN NEERGAARD
ASSOCIATED PRESS

WASHINGTON — Jazz musicians are famous for their musical conversations — one improvises a few bars and another plays an answer. Now research shows some of the brain’s language regions enable that musical back-and-forth much like a spoken conversation.

It gives new meaning to the idea of music as a universal language.

The finding, published Wednesday in the journal PLoS One, is the latest in the growing field of musical neuroscience: Researchers are using how we play and hear music to illuminate different ways that the brain works.

And to Dr. Charles Limb, a saxophon-

ist-turned-hearing specialist at Johns Hopkins University, the spontaneity that is a hallmark of jazz offered a rare chance to compare music and language.

“They appear to be talking to one another through their instruments,” Limb explained. “What happens when you have a musical conversation?”

Watching brains on jazz requires getting musicians to lie flat inside a cramped MRI scanner that measures changes in oxygen use by different parts of the brain as they play.

An MRI machine contains a giant magnet — meaning no trumpet or sax. So Limb had a special metal-free keyboard manufactured, and then recruited 11 experienced jazz pianists to play it inside the scanner.

They watched their fingers through strategically placed mirrors during 10-minute music stretches.

“You can have substantive discourse using music, without any words.”

Dr. Charles Limb |
Johns Hopkins University

Sometimes they played scales. Other times, they did what’s called “trading fours,” where the pianist made up four bars, and then Limb or another musician-scientist in the lab improvised four bars in

return, and the pianist responded with still new notes.

That conversation-like improvisation activated brain areas that normally process the syntax of language, the way that words are put together into phrases and sentences. Even between their turns playing, the brain wasn’t resting.

The musicians were processing what they were hearing to come up with new sounds that were a good fit.

At the same time, certain other regions of the brain involved with language — those that process the meaning of words — were tuned down, Limb found.

That makes sense because “the richness of the structure of music is what gives it its significance,” Limb said. “You can have substantive discourse using music, without

any words, yet language areas of the brain are involved in this unique way.”

One ultimate goal of musical neuroscience is to better understand the brain’s circuitry, and how it can rewire itself, in hopes of eventually finding new treatments for neural disorders.

Limb made headlines several years ago when he measured jazz musicians’ riffs — longer, solo improvisations — to study creativity in the brain.

“We know nothing about how the brain innovates,” he said. “This is one way to learn what innovation means neurologically.”

Stay tuned: Next he hopes to study children who are just learning music, and to compare amateurs to professionals, as he explores how people become creative.

Piled Higher & Deeper Ph D.



SUDOKU
THE SAMURAI OF PUZZLES By The Mepham Group

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	8		3		7		9	
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Difficulty: Easy

- Across
- Appliance connector, briefly
 - Cairo cobra
 - Selling site with a Half.com division
 - Point in the right direction
 - Bather’s facility
 - No longer green, perhaps
 - Confederate slogan symbolizing financial independence
 - Asia Minor honorific
 - Swipe
 - Thin soup
 - Plywood wood
 - Romaine lettuce dishes
 - Literary alter ego
 - Slowing, to the orch.
 - Great Lakes’ ___ Canals
 - Speak harshly
 - Co-founding SkyTeam airline
 - “Happy Feet” critters
 - Small thicket
 - Sans serif, e.g.
 - Razor-billed diver
 - “Isn’t ___ shame?”
 - Sudden jets
 - Study guides for literature students
 - Cousin of edu
 - Municipal ribbon cutter, often
 - Rapper ___ Shakur
 - Femme fatale
 - Sandwich choice
 - List catchall
 - Sci-fi staples
 - Rest of the afternoon
 - Modernize
 - Messy digs
 - How coal may be priced

- Down
- Launchpad thumbs-ups
 - Review, briefly
 - Long (for)
 - Inheritance
 - Naked
 - Potent ‘60s-’70s Pontiac
 - Stars in Kansas’ motto
 - Animal trail
 - Khakis, e.g.
 - Timeline chapter

Answers at www.baylorlariat.com

1	2	3	4	5	6		7	8	9		10	11	12	13
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- Deceitful sort, on the playground
- Sap sucker
- Century units
- “Very funny” TV station
- Good start?
- Architect Saarinen
- In ___ of: replacing
- Connection rate meas.
- Cowboys quarterback Tony
- Fit to be tied
- Getty collection
- Le Carré’s Smiley, for one
- Get-up-and-go
- Fastener with flanges
- Seeks, with “for”
- Picasso’s “this”
- Provide with new weaponry
- ___ egg

- “The Dick Van Dyke Show” surname
- Figure of high interest?
- Man with a van, perhaps
- Emulate Cicero
- “Ace of ___”. 2000s Food Network bakery show
- Marriott rival
- Like leaf blowers
- RN workplaces
- Military assignment
- Certain chorister
- Family group
- West Bank gp.
- Debatable “gift”

Lady Bears crush ISU 89-51

By JEFFREY SWINDOLL
SPORTS WRITER

The Lady Bears won in a rout 89-51 against Iowa State Wednesday at the Ferrell Center. The Cyclones came out strong, but failed to keep up with Baylor's speed and efficiency throughout the night.

Baylor crushed Iowa State in their first of two meetings on the season.

Baylor (23-3, 13-1) worked the ball around, trying find a pass to get inside, but was confused by ISU's defensive game plan. Most teams struggle to find their footing early in the game against Baylor. The Cyclones came out of the gate ready to play, opening with the first basket and doing well to prohibit an early lead for the Lady Bears.

The No. 6 Lady Bears eventually found their baskets on the inside after head coach Kim Mulkey and her staff broke down ISU's defense in a timeout. The Lady Bears held their lead by a comfortable margin for the remainder of the first half.

However, their time in the lead came from careless errors on passes, rebounds and defensive positioning. Baylor was fortunate Iowa State could not make open looks as the game went on.

ISU's 14 turnovers in the first

half really hurt its chances of making Baylor's lead a manageable deficit.

Baylor scored 11 points off turnovers. The Lady Bears were so good on the fast break that ISU head coach Bill Fennelly switched their team's formation on free throws, compromising rebounds off free throws for better positioning in case of a fast break.

Whenever the Cyclones had someone shooting at the line, the two point guards for ISU stayed back on their defensive end to senior guard Odyssey Sims or sophomore guard Niya Johnson on the quick transition.

Sims made four of her six attempts from downtown just in the first half alone, and went into the locker room with 18 points. Baylor led at the half comfortably with a 38-21 advantage.

ISU cut down on its turnovers substantially in the second half, but the Cyclones were more conservative on offense because of Baylor's suffocating defensive presence.

Not a single player from the Cyclones scored more than 10 points. ISU's offense in the first half was threatening on the perimeter with decent looks, but lost that identity in the second half.

The Cyclones are known

around the league as a three-point shooting team. That is their offensive play style, but it just was not working on Wednesday.

ISU struggled in the second half to get in the game. Their usual production from three-point territory was not there, and they were not familiar enough with their post game to be effective there as well.

"We just have not shot the ball well in the games that we've lost," Fennelly said. "Our key players [have] got to show up to play. We've got to shoot it great, and when we've lost, we've done anything but shoot it great."

Despite not getting a shot off in the first half, senior guard McKenzie Robertson was perfect from downtown in the second half.

Robertson and Sims were a primary reason ISU never had a chance to get back in the game. They made ISU pay for the open looks given to the Lady Bears in the second half.

"I think [Robertson] is an all conference player — the way she plays, defends and shoots," Fennelly said.

Sims went 6-for-8 beyond the line, and took Baylor's all-time single season record for three-pointers made.

She surpassed Emily Niemann's

record of 75 set in 2003-04. Sims' active record rests at 80 for now.

By the eighth minute of the second half, Sims and the majority of the starters had already checked out of the game, clearing the bench for inexperienced players to get some minute. A number of the bench players were getting some time in the first half as well. Baylor's bench outscored ISU's bench 39-10. Freshman post Khadijah Cave and sophomore post Kristina Higgins led the bench with a combined total of 19 points.

"It's good to get to rest players," Mulkey said. "I think [Cave] and Kristina are playing their best basketball right now. We didn't miss a beat with them in there."

Sims shot the ball only 13 times. Considering Sims' game-to-game shot totals are usually over 20, this was one of Sims' lowest numbers of shots taken in a game this season, but also one of her most efficient nights of her career.

"I really don't look to take a lot more shots [every night]," Sims said. "I just go with how the flow of the game is going. I thought our bench did a good job coming in and finishing shots."

The Lady Bears hit the road next to face TCU at 11 a.m. Saturday in Fort Worth.



CARLYE THORNTON | LARIAT STAFF

Senior guard Odyssey Sims drives to the basket in Baylor's 89-51 win over Iowa State on Wednesday at the Ferrell Center.

Softball amped for five-game tournament in California



KEVIN FREEMAN | LARIAT PHOTOGRAPHER

Senior first baseman Holly Holl focuses before making a catch in Baylor's 2-1 win over Missouri on Sunday at Gettman Stadium.

By SHEHAN JEYARAJAH
SPORTS WRITER

After winning the Gettman Classic tournament last weekend, No. 15 Baylor softball will hit the road to play in another tournament. Baylor plays in the five-game Mary Nutter Collegiate Classic in Palm Springs, Calif., Thursday to Saturday.

"Palm Springs is always the toughest nonconference tournament in the country," softball coach Glenn Moore said. "It has the toughest field of teams."

Baylor softball is off to a strong start to its 2014 campaign. The Bears sit at 8-2 after achieving a 4-1 record in consecutive tournaments, including a win in the 2014 Gettman Classic in Waco last weekend.

Senior catcher Clare Hosack is hitting .478 on the season with four doubles, nine RBIs and a home run in nine starts.

Junior right fielder Kaitlyn Thumann and freshman second baseman Ari Hawkins were named to the All-Tournament team in Waco, and both are hitting over .400 on the season.

Senior left-hander Whitney Canion is 4-2 with a 1.73 ERA in six starts and is holding opponents

to a .178 batting average with 43 strikeouts in 36.1 innings pitched with four complete games.

Sophomore pitcher Heather Stearns is 4-0 with a 0.75 ERA in her four starts.

The Bears hit .336 as a team and hold opponents to a .196 average. Baylor heads into the Mary Nutter Classic outscoring opponents by a combined run total of 54-17 on the season.

"We like to go out there, and really see how good we are," Moore said. "Fortunately we've had two good weeks in a row, so hopefully we can build on that."

Baylor opens the tournament with a rematch against No. 18 Missouri. The Bears beat the Tigers, 2-1, in their last game on Sunday morning in the Gettman Classic.

Canion put forth a masterful performance in the last game against Mizzou.

The sixth-year senior threw a complete game and allowed five hits and one run over seven innings.

"Adding Missouri to the Gettman Classic was a huge plus," Canion said. "We went out there and I felt like it was a battle every single pitch. I felt great about the way our team fought against a great SEC team."

Thumann finished with three hits in four at-bats, including an RBI and a run in the win.

Missouri scored its lone run of the ballgame in the fifth on an RBI single by right fielder Emily Crane to drive home second baseman Ashtin Stephens. Outside of the fifth inning, Missouri got only two hits on Canion.

Moore revealed that Stearns will likely start against Missouri.

Baylor will move on to play No. 11 Stanford Friday. The Cardinal is undefeated at 12-0 with perfect performances in the Kajikawa Classic and the Stanford Nike Invitational.

Freshman outfielder Bessie Noll leads Stanford with 17 hits for a .548 batting average. She has scored 13 runs, including a homer.

Junior outfielder Cassandra Roulund is hitting .436 and has driven in 16 RBIs and scored 11 runs.

The Cardinal will be the most potent offense Baylor has played so far, with five players hitting over .400 and nine players hitting over .300 in the lineup.

Freshman right-hander Madi Schreyer is 9-0 with a 1.36 ERA in 46.1 innings pitched and seven starts. She has already thrown four complete games. Schreyer has

thrown in 63 percent of Stanford's innings.

Baylor will play Cal State Fullerton in the second game of the Friday double-header. The Titans sit at 9-3 after playing in the Easton Tournament and San Diego State Tournament.

Baylor plays on Saturday against California. The Golden Bears are 5-4 on the season, and fell out of the top 25 after losses to Texas State and St. Mary's.

Baylor closes the tournament against Northwestern on Sunday. The Wildcats are 7-2 after strong performances in the Kajikawa Classic and Tiger Invitational. Northwestern's only losses were to then-No. 22 Stanford and No. 21 LSU.

This is the toughest stretch of the season for Baylor softball, but the team is confident it will benefit from the pressure in the long run.

"You get better by playing tougher competition," Thumann said. "The first weekend our offense was crazy good and the second weekend the pitching was crazy good. We're not at our best yet, which means we have room to grow."

Baylor is 8-2 and has 20 more nonconference games, before Big 12 Conference play starts.

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from Page 1

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Deane Strauss-Kinslow serves as the executive director of Cornerstone, an organization that helps former inmates adjust to normal life.

Until then, Strauss-Kinslow

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