



# The Baylor Lariat

THURSDAY | OCTOBER 18, 2012

www.baylorlariat.com



## SPORTS Page 7

### Footballglogy

Check out the need-to-know facts about the upcoming matchups in Big 12 football.

## NEWS Page 4

### Learning to chill

Baylor's Mind-Body Medicine Research Lab looks into cooling down menopause with hypnotherapy

## A&E Page 5

### Going gutsy is good

Find out how Vitek's measures up and how their Gut Pak fares against the rest.

Vol. 113 No. 30

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## In Print

### >> TUNE IN

The Derivatives sweep Baylor with their unique musical stylings

Page 5

### >> BALLIN'

Don't miss the action as soccer takes on the University of Texas on home turf Friday.

Page 6

### >> TO THE POINT

Hear what a Baylor PoliSci professor thinks about international policy in the 2012 election in his Q&A with the Lariat

Page 3

## On the Web



Listen to the Lariat sports desk forecast the rest of the season in Baylor football  
Only on

[baylorlariat.com](http://baylorlariat.com)

## Viewpoints

*"In an age where more women are going to college than men, what is our excuse for not achieving gender equality in the workplace? The struggle for equality is not yet dead."*

Page 2

## Bear Briefs

*The place to go to know the places to go*

### Don't be left out

Secure your senior photo in the yearbook by taking your portrait. Pictures will be taken from noon to 6 p.m. Tuesday in the Ferrell Center Stone room, from 9 a.m. to 7 p.m. Wednesday through Friday and from 9 a.m. to 2 p.m. Saturday in the CUB. Register online [ouryear.com](http://ouryear.com) and use school code "417."



# New taco truck forced to hit the road

By LINDA NGUYEN  
STAFF WRITER

The Common Grounds / Taqueria El Crucero taco truck was closed down last Thursday, although Common Grounds owner Blake Baston said the truck is currently looking for a new location to reopen.

A tweet posted to the Common Grounds Twitter feed Monday at 3:08 p.m. apologized to the campus and announced the closing of the truck.

"We r sry to announce that CG taco truck will be closed until we can relocate to a more agreeable location. If u have any ideas let us know," the tweet said.

Though the truck belongs to Common Grounds and Taqueria El Crucero, it was located on property that belonged to neighboring Pizza Hut.



Taco truck fan Sean Caho stands outside of the Common Grounds/Taqueria El Crucero taco truck prior to its forced relocation. The truck has yet to release where it will move.

Baston said he understood Pizza Hut felt the truck's location "was not a good move from

a marketing standpoint."

The truck had been open for two months before they were

asked to close it down, he said.

"We're looking for a different location," Baston said. "We have

plans to utilize it for catering and bringing it to the farmer's market but nothing permanent."

Baston said he is optimistic that another door will open and they will have another opportunity to set the taco truck up at a different location.

"The feedback has been 100 percent positive, so it's a shame we had to close it," Baston said.

Baston said customers have been disappointed about the closing of the truck and that many have come into the coffee shop to ask about it.

"It was a phenomenal product in a great location, and it was the perfect addition," Baston said.

At the time of publication, the general manager of Pizza Hut could not be reached for comment.



SARAH GEORGE | LARIAT PHOTOGRAPHER

## Belting it for 'Rita'

San Antonio graduate student Jacob Valadez performs as Gasparo in Baylor Opera Theater's production of Gaetano Donizetti's "Rita" Wednesday in Roxy Grove Hall. The final performance for the opera is tonight.

# Students to be out cold on Friday

By LINDA WILKINS  
ASSISTANT CITY EDITOR

Residents of Baylor's campus should shower early Friday if they want hot water.

A planned steam outage will occur from 9 a.m. to 4 p.m. Friday, affecting multiple locations on campus. The outage will affect domestic hot water and building heat during the installation

but will not affect all of campus. Buildings include the Bill Daniel Student Center, Neill Morris Hall, Collins Residence Hall, Mary Gibbs-Jones Family and Consumer Sciences Building, the former AFROTC building, Kokernot Residence Hall, Brooks College and Martin Residence Hall.

The dining halls in Brooks and Collins will also be affected, because steam to the kitchens will

be shut off.

In an email to the Lariat, Ken Norcross, customer service manager at Baylor's physical plant, said Baylor Facility Services is installing valves that will enable the steam from specific buildings to be isolated in case of an emergency or needed repair. The outage will affect domestic hot water and building heat during the installation, but will not affect all of

campus. This work is connected to the steam lines at the Baylor Energy Complex that lead to the location of the East Village Residential Community.

If faculty, staff or students have any major conflicts with the planned outage, they are encouraged to call Baylor Facility Services at 254-710-1361 or visit [SRC@baylor.edu](http://SRC@baylor.edu).

# Man held in NYC after plot to blow up Federal Reserve

By COLLEEN LONG  
AND TOM HAYS  
ASSOCIATED PRESS

NEW YORK — A Bangladeshi man who came to the United States to wage jihad was arrested in an elaborate FBI sting on Wednesday after attempting to blow up a fake car bomb outside the Federal Reserve building in Manhattan, authorities said.

Before trying to carry out the alleged terrorism plot, Quazi Mohammad Rezwanul Ahsan Nafis went to a warehouse to help as-

semble a 1,000-pound bomb using inert material, according to a criminal complaint. He also asked an undercover agent to videotape him saying, "We will not stop until we attain victory or martyrdom," the complaint said.

Agents grabbed the 21-year-old Nafis — armed with a cellphone he believed was rigged as a detonator — after he made several attempts to blow up the bomb inside a vehicle parked next to the Federal Reserve, the complaint said.

Authorities emphasized that

the plot never posed an actual risk. However, they claimed the case demonstrated the value of using sting operations to neutralize young extremists eager to harm Americans.

"Attempting to destroy a landmark building and kill or maim untold numbers of innocent bystanders is about as serious as the imagination can conjure," said Mary Galligan, acting head of the FBI's New York office. "The defendant faces appropriately severe consequences."

Nafis appeared in federal court

in Brooklyn to face charges of attempting to use a weapon of mass destruction and attempting to provide material support to al-Qaida. Wearing a brown T-shirt and black jeans, he was ordered held without bail and did not enter a plea. His defense attorney had no comment outside court.

The defendant had sought assurances from an undercover agent posing as an al-Qaida contact that the terrorist group would support the operation.

"The thing that I want to do, ask you about, is that, the thing

I'm doing, it's under al-Qaida?" he was recorded saying during a meeting in bugged hotel room in Queens, according to the complaint.

In a September meeting in the same hotel room, Nafis "confirmed he was ready to kill himself during the course of the attack, but indicated he wanted to return to Bangladesh to see his family one last time to set his affairs in order," the complaint said.

But there was no allegation

SEE RESERVE, page 8



# Yousufzai an example for women: Fight for equality

## Editorial

There are many things to be said about the Oct. 9 shooting of a 14-year-old schoolgirl by Taliban militants in Pakistan's Swat Valley: that it was the action of cowards, that it highlights the importance of the right to free expression and that it serves as reminder of problems in the status of women both internationally and on the home-front.

The story of Malala Yousufzai has since captured the attention of the international media. Should she recover, an event that seems likely as doctors treating her in Britain have released hopeful statements about her prognosis, the Taliban has vowed to finish her off.

Yousufzai's crime: she detailed her experiences as an 11-year-old schoolgirl living under the Taliban in Pakistan's Swat Valley in a series of blog posts for BBC news. The attack on this young girl was not just an extreme act of violence against an individual. It is an attack on the value of the education of women and freedom of expression — something we, as journalists, view as paramount to the

functioning of a society. To shoot Malala in an effort to silence her was tantamount to an attack on this principle.

We are a society that holds the right to free expression dear: We recognize its usefulness in promoting stable and peaceful change and government by the people, who must be informed in order to serve as a valid electorate. This crime highlights what a disaster the lack of free expression can create. Residents of countries where this right is not protected must live in fear.

The shooting occurred Oct. 9 - just two days before the UN's international Day of the Girl, a movement to advocate for the interests of gender inequality nationally. It is important to remember that, although we struggle with issues of the equality (particularly in the workplace) here at home, in other nations some women are denied rights we take for granted. We must not forget them in our own march forward. We must consciously support those who advocate gender equality in other countries, and who may do so at their own peril.

Young Yousufzai risked her life to promote the education of women - in order to advance

the gender. Her struggle is our struggle. There are improvements to be made in our own society in terms of advancing women toward equality. According to statistics provided by the Institute for Women's Policy Research, in 2010, on average women made 77 cents to every dollar earned by a man, an income gap of roughly 23 percent. In addition, outright discrimination based on gender continues to be a factor in hiring or promotions.

These numbers are unacceptable in a country in which women have the means at their disposal — chiefly education — to rise without external limiting factors like sexual discrimination.

In an age where more women are going to college than men, what is our excuse for not achieving gender equality in the workplace? In a country in which we don't have to fear violent reprisal, why don't we continue to bring the issue to the forefront of national debate? The struggle for equality is not yet dead.

We must use these freedoms and opportunities to take up the relay for equality. Malala must hand off her torch— are we ready to receive it?



# Stealing papers is stealing dreams

## Viewpoint

Who would've thought that stealing a pile of newspapers would be a bad thing?

Some people would say, "Hey, you've got a hankering for learning about the world?"

Others would say, "You've got a problem."

Imagine my surprise when I walked toward the Lariat newsroom Wednesday and discovered an empty ledge where all of our newspapers from this year should be sitting.

My emotions: shock, disbelief, and confusion. I'll admit, I initially laughed a little bit because I thought it was a joke until I realized what we'd actually lost.

Now, I'm not talking a measly pile of bad quality paper. I'm talking hundreds of quality stories that were jacked Tuesday night.

These newspapers contained hundreds of stories from this year written by at least 20 different hard-working reporters, staff writers and editors. We no longer have the hard copies for any of this semester's past papers.

Some of you might not think this is so terrible. It may seem harmless—who cares about campus news right?

It's also a crime to steal an entire stack of newspapers.

Advertisers pay quite a bit of money to have their ads in our pa-

per for a very specific amount of time and they lose money if their papers aren't on the stands.

Not only that, but it's rude and inconvenient. Did I mention rude?

Reporters who write for the Lariat do not get paid; they receive a grade. In addition, the reporters rely on these newspapers for their clips. They can make a portfolio and possibly get a job for their well-written stories.

The same goes for everyone who works at the Lariat.

Now, they have to rely on the sketchy-looking online version of their stories. How bogus is that?

Also, Lariat staff and reporters can win awards for the work they do. We need real copies of the newspaper for that.

However, what could possibly motivate people to steal hundreds of newspapers?

The question I have is: Who could it be and why?

I'll admit, my first guess was the Noze Brothers. I thought it could be a prank or something. Their references to Lariat articles in The Rope are interesting and even funny at best. I'd like to think we have a friendly rivalry. Of course, the Lariat hasn't taken any copies of The Rope as far as I know.

Then, we considered that some people might need filler for their homecoming floats. This is the most logical conclusion, but even then, theft is theft. I've



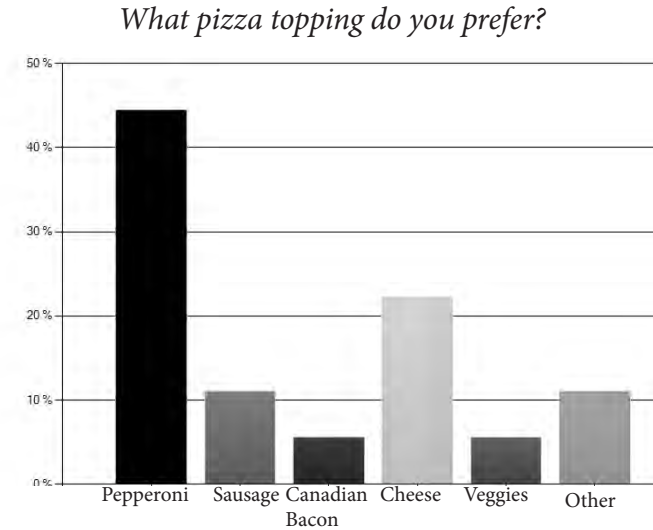
Linda Wilkins | Assistant City Editor

never made a homecoming float, so I don't know the reason behind it. Maybe some poor desperate soul was in a time crunch to find hundreds of newspapers quickly. Maybe they'd scoured all of Waco and Baylor campus only to settle on stealing Lariats.

The scariest and weirdest thing would be if no one had any reason at all. They only dashed the hopes and dreams of the Lariat's journalists because they could.

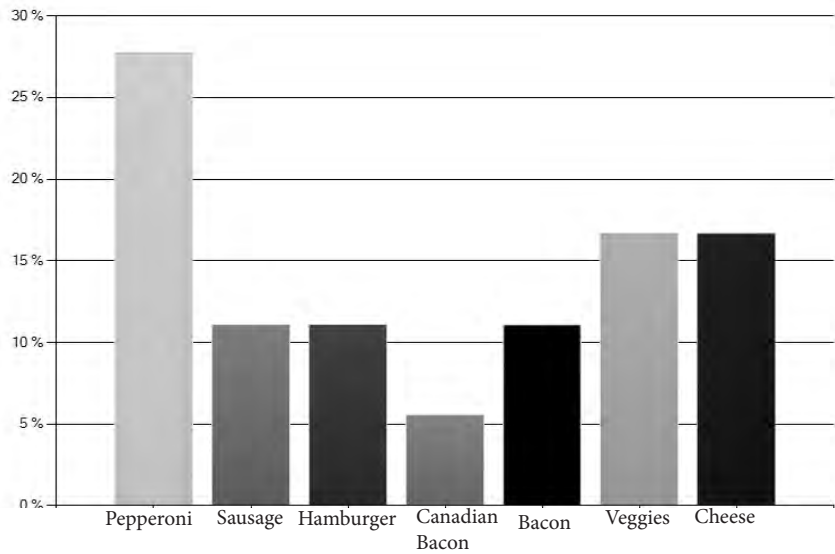
If you stole our papers, I ask you — I implore you — to return them soon. We need them. The poor reporters need them. As far as I'm concerned, your need is not as great as ours.

Linda Wilkins is a sophomore journalism major from Tyrone, Ga. She is the assistant city editor for the Baylor Lariat.



## Which is the best franchise in NFL history? 100 percent — The Dallas Cowboys

Which pizza topping would you prefer the commander in chief to have?



## Presidential Pizza Survey

The Lariat recently asked you a question based on a pressing political issue- what does our pizza say about our president.

When asked, 44.4 percent of you said you preferred pepperoni. Sausage lovers were 11.1 percent of the responses. Twenty two percent preferred plain cheese, and 5.6 percent preferred either vegetables or canadian bacon.

When asked how important pizza preference was in choosing presidential candidates, 38.9 percent were neutral, 33.3 percent said very, very important, 16.7 percent said very important and 11.1 percent said important.

When asked what toppings you wanted the Commander in Chief to have 27.8 percent said pepperoni, 11.1 percent said hamburger, sausage or bacon, 16.7 percent said vegetables or plain cheese and 5.6 percent said bacon.

When asked what brand preference represents the best foreign policy potential 22.2 percent said Pizza Hut or Little Caesar's, 16.7 percent said Pappa John's or Poppa Rollo's, 5.6 percent said Double Dave's or Domino's, and 11.1 percent said Shorty's or Papa Murphy's.

You all preferred the Cowboys.

**Lariat Letters**  
Have an opinion on something? Then write a letter to the Baylor Lariat opinion page  
Letters to the editor should include the writer's name, hometown, major, graduation year, phone number and student identification number.  
Non-student writers should include their address.

Letters that focus on an issue affecting students or faculty may be considered for a guest column at the editor's discretion.  
All submissions become the property of The Baylor Lariat.  
The Lariat reserves the right to edit letters for grammar, length, libel and style.  
Letters should be e-mailed to Lariat\_Letters@baylor.edu.

**Corrections**  
The Baylor Lariat is committed to ensuring fair and accurate reporting and will correct errors of substance on Page 2.  
In a recent column by Danny Huizinga the phrase "letting the cuts expire" should be replaced by "extending the cuts"  
Corrections can be submitted to the editor by sending an e-mail to Lariat\_letters@baylor.edu or by calling 254-710-4099.

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**Opinion**

The Baylor Lariat welcomes reader viewpoints through letters to the editor and guest columns. Opinions expressed in the Lariat are not necessarily those of the Baylor administration, the Baylor Board of Regents or the Student Publications Board.



# Professor breaks down Romney, Obama foreign policy

**Q&A** Hot-button presidential election topics discussed in Lariat interview series

By DAVID McLAIN  
STAFF WRITER

The Lariat sat down with Dr. Sergiy Kudelia, assistant professor of political science, on Tuesday to provide some insight on how the two presidential candidates will implement American foreign policy and act in international relations. Kudelia teaches two classes specializing in politics in Russia and social movements in non-democratic regimes. He is a member of the Program on New Approaches to Research and Security in Eurasia, which is a global network of social scientists who conduct policy relevant research on the former Soviet Union.

Q: There has been a lot of conversation about managing American spending, and what the connection looks like between America's current economic condition and the resources we have available to devote to our international purposes. As a political science professor, do you see the candidates credibly explaining how they are going to pay for what they are going to do abroad?

A: Well, let me first start by saying that generally the foreign policy or the budget of the State Department is much smaller compared to the budget of the Pentagon. If we are to look at the foreign policy programs of the candidates and analyze the

costs of each of the foreign policy proposals, we should primarily look at the investments the candidates are going to make in regard to the military. And in this sense ,both Mitt Romney and Barack Obama are in favor of scaling down the military presence of the United States around the world ... It was clear during the vice presidential debates that the Romney-Ryan team are not willing to commit themselves to any large-scale military action in the Middle East, specifically in Iran. Based on the current trend we should not expect any increase in military expenditures in the next four years.

From what I can tell, neither of the candidates are really in favor of any serious withdrawal of the United States from the world. So it's not likely that they're going to cut the State Department's budget substantially. We are probably going to see the same investments in the diplomatic efforts around the world, and there is not much of a discussion about scaling down that dimension of foreign policy.

Q: Much of the time, each party takes a specific tone in their rhetoric. Republicans can have a hardline approach, while Democrats can have an appearance of a more understanding tone. Do you think we will see either candidate, if elected, stray from these party stereotypes as they react to current international issues?

A: First of all, I don't think the differ-



COURTESY  
Dr. Sergiy Kudelia, associate professor of political science, gives his analysis of how American foreign policy will play out in the upcoming presidential election.

ences are necessarily stereotypes. There are genuine differences in the approaches that both Romney and Obama advocate. I agree with the idea that Romney, in general, is pushing for a more hardline approach in dealing with authoritarian regimes ... as Reagan did in relations with the Soviet Union, his peace-through-strength argument, as George W. Bush did with his doctrine of supporting democracy abroad and his support for various electoral democratic revolutions around the globe. By contrast, Obama has been quite soft in his criticisms of democratic regression in

Russia. He has been known to be willing to open up and negotiate with Russia on important arms control deals and investing in a relationship with then-president Dmitry Medvedev ... Similarly, his position on Egypt as the protests started was also very unclear... [until] the protests were about to succeed.

Q: What is your specific opinion on the candidates' stances on American alliances? Do you see either candidate strengthening alliances abroad?

A: Let me start first by saying Obama really made a major turn in relations with the outside world compared to his predecessor George Bush, who was famous for taking unilateral actions whenever he deemed necessary. Obama, some of his critics say, has tried too much to reach out to other countries that are not direct allies of the United States ... He also favored multilateral actions, with Libya as an example, with the support of America's European allies. ...

Mitt Romney, who has been arguing in favor of returning to the policies of unilateralism, would probably lead to short-term strain with America's allies ... On the other hand, if you take Israel, another critical ally of the United States, here Mitt Romney shows a much more serious commitment than Obama does ... [although] Obama has been known to try and resolve the Iranian crisis, taking the Israeli national interests into account.

So I would say in the international organizations and in multilateral settings

like the NATO and the United Nations, Romney's election would probably make many of the allies concerned and lead to an increase in tension in the short term in America's relations with its allies around the world.

Q: Where do you see the greatest threats internationally to the United States, specifically as it relates to state actors or terrorist organizations?

A: The main national security challenge that any president that comes into the White House will face is the challenge coming from Iran. The next four years will be decisive in the development of the nuclear program in Iran and in deciding which direction that nuclear program will develop. Whether it will develop into a full-fledged militarized nuclear program that will lead to the production of a bomb or if it will be frozen at some point because of the international pressure from the outside. So Iran does not present a direct military threat from the United States. It's not going to develop any time soon a nuclear weapon that it can deliver to the American territory.

But because of its direct military threat to its key American ally in the Middle East in Israel, Iran certainly represents a country that threatens Americans international interests abroad as they have been defined both by the Republican administration and Democratic administration. Both rely on the survival of Israel as an independent state. This is the main national interest of the United States in the Middle East.

# Nine-year-old health institute gets long-awaited office in Hankamer

By TRAVIS TAYLOR  
REPORTER

After a year without a central office, the Robbins Institute for Health Policy and Leadership finally has a place to call home.

The institute, which runs the Robbins Master of Business Administration Health Care Program, received funding from Bill and Mary Jo Robbins, two Baylor alumni from Houston, in order to renovate a classroom on the third floor of Hankamer into an office

suite. The Robbins Institute suite, which was completed over the summer, includes offices for faculty and administrators of the institute as well as a student study area.

Tom Haines, the preceptor coordinator for the Robbins MBA Health Care Program, said the new office space will give the institute a place to call its own.

"We create a family environment, and we want to maintain that," Haines said. Since Baylor's health care administration program was introduced in 2003, 68

students have graduated from the program as of May 2012. In 2011, the Baylor Board of Regents established the Robbins Institute. With 18 graduate students, the class of 2014 is the largest class to enter the health care program.

Haines said having an office space was a much-needed addition to the institution. Even though the program has no more than 20 students per graduating class, Haines said it is better to have a centralized location for the institute rather than a number of different indi-

vidual offices.

"One thing an office space does for you is that it gives you a physical space to call an institution," Haines said.

Students in the MBA Health Care Program go through a two-year program, which includes two semesters of residency at a hospital. Students also participate in the annual Chronic Illness and Disability Conference in Houston, an event sponsored by the Baylor College of Medicine and Texas Children's Hospital.

"Ultimately, what we are doing is preparing the leaders of health care," Haines said.

Haines said about half of the students who enroll in the health care program were business students, while the rest come from a number of different disciplines ranging from biology to psychology.

"You really have to come into this with the idea that it is your calling," Haines said. Haines added while the institution wanted to keep the MBA Health Care Pro-

gram small, some plans for expansion are in the works. "Sometime in the near future we hope to have a Ph.D. in health services research," Haines said.

A ribbon-cutting ceremony was held Friday for the opening of the office suite. Bill and Mary Jo Robbins, whose financial donations helped create the institute as a part of the Hankamer School of Business, have also contributed to a number of other organizations around the world that range from health care initiatives to the arts.

# LARIAT WALL OF FAME

#Baylor Lariat

**Cindy Lopez**  
San Antonio, Texas  
Bus. Fellows/ECO/ACC (SR)

#Baylor Lariat

**Kyle Walker**  
Montgomery, Texas  
Church Music (JR)

#Baylor Lariat

**Josh Day**  
Dallas, Texas  
News Editorial (SO)

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We are looking for you. If we see you reading The Baylor Lariat, you could be inducted into The Baylor Lariat "Wall of Fame". Receive an official Baylor Lariat T-shirt and get your picture in that Friday's paper. Keep Reading!

## TheBaylor Lariat





SARAH GEORGE | LARIAT PHOTOGRAPHER

## Freshman takes the stage

Westlake Village, Calif., freshman Hayley Nelson performs at Open Mic Night on Wednesday at Common Grounds.

# School of Social Work joins groups across state lines to end hunger

BY LAUREAN LOVE  
STAFF WRITER

Baylor's School of Social Work Texas Hunger Initiative partnered with the United States Department of Agriculture, hosting 200 attendees during the first day of Together at the Table: Southwest Regional Hunger Summit to raise awareness in the community. The summit continues through today on the second floor

of the Bill Daniel Student Center.

"We pledged to each other to work together, to collaborate," Jeremy Everett, director of the Texas Hunger Initiative, said. "We are all responsible for hunger.

So now it's time to do something about it. As a result of that, we have done a fantastic job in this state at addressing hunger. We have now dropped down to 11 on the list in just a few years. This year we will serve 15 million more breakfasts to kids who weren't eating breakfast last year. We have well over a million people today have access to food."

Texas is the third-hungriest state in the nation, with one in six households experiencing hunger, according to statistics provided by the Texas Hunger Initiative.

1.8 million children do not know where their next meal will

come from, bringing Texas in at the 11th-highest rate of childhood food insecurity.

Food insecurity occurs when an individual faces hunger or lives in fear of starvation.

The Texas Hunger Initiative began in February of 2009.

When the Texas Hunger Initiative hosted its first hunger summit, Texas was ranked second in food insecurity.

The Texas Hunger Initiative has joined forces with Arkansas, Louisiana, Oklahoma and New Mexico, which are now collectively called the Southwest Regional Hunger Summit.

Sponsoring the Hunger Summit are Walmart, ConAgra Foods and DairyMax along with several others.

According to the ConAgra Foods Foundation website, ConAgra Foods Foundation is committed to raising awareness of child hunger in America, aggressively pursuing sustainable solutions to end it and building a community of people who are passionate about joining the Southwest Regional Hunger Summit in the fight to end child hunger.

"I really champion our cause of hunger both in Omaha and across the country," said Kori Reed, vice

president of Cause & ConAgra Foods Foundation. "We've funded this conference because we really believe in collaboration and bringing people together around a common theme to make a difference in this space. Primarily to drive awareness of what we're doing, but to learn. For me, I like to learn from people who are doing great work."

The Hunger Initiative received a \$230,000 support gift in 2011 after partnering with Share Our Strength, a national nonprofit organization to fight childhood hunger in Texas.

This year's keynote speakers include Pulitzer Prize winner, David Shieler, Craig Gundersen and Harriet Phillips.

"The USDA is committed to helping alleviate hunger through the use of federal nutrition assistance programs and partnerships with organizations such as THI," Bill Ludwig, USDA Food and Nutrition Service Southwest regional administrator, said in a press release. "In a region like the Southwest with a high rate of food insecurity, it is especially important for advocates to work together to create, share and implement strategies to end hunger."

The Texas Hunger Initiative believes that by addressing hunger from the policy level and from the grassroots level, coordinating services and resources across the state, the state of Texas can bring security to its citizens.

# BU researchers champion hypnotherapy treatments

BY MAEGAN ROCIO  
STAFF WRITER

Hot flashes can be dealt with in a "cool" way.

The Mind-Body Medicine Research Laboratory at Baylor and its national associates are researching how to use hypnotherapy and "cool" mental imagery to treat menopausal women who are experiencing hot flashes.

Dr. Gary Elkins, professor of psychology and director of the Doctor of Psychology graduate program at Baylor, said by focusing on a mnemonic mental image associated with cooler temperatures, on average, women were able to reduce their hot flashes by approximately 70 percent.

Elkins said because of the positive results from a 2008 study, the Mind-Body Medicine Research Laboratory is offering and replicating the same treatment through a five-week program for women who have menopause. Elkins said the treatment currently offered at the laboratory does not involve any gimmicks.

"The goal of hypnotherapy is to empower the woman toward gaining greater control," he said. "It's nothing like a sideshow or hypnotizing with a watch or any type of embarrassment like that. It's really where the woman is learning a skill or technique that can have an effect that is safe. There are very few side-effects associated with hypnotic relaxation and if it's effective, can be a useful technique for a lot of women."

Elkins said his research team and its affiliates are further studying the benefits of hypnotherapy for menopausal women.

"What we're doing presently is another larger study in which 180 post-menopausal women are being randomized in either a control group or to a hypnosis treatment group," he said. "And we're looking at whether hypnosis intervention

will work as well with women who are in the post-menopausal phase as opposed to breast cancer survivors."

Elkins said the current research team developed its idea from the previous research conducted in 2008. "In this study, we looked at hypnosis for treatment of hot flashes among breast cancer survivors," he said. "The reason why we became interested in this area of research is because, in the past, as women entered menopause or

flashes."

According to Elkins, the purpose of an earlier project, 'The Woman's Health Initiative' study conducted in 2003 by the National Institute of Health, was to assess the benefits of hormone therapy for women entering menopause. Elkins said the study was stopped early when researchers discovered the hormone replacements, estrogen and progesterone, were associated with an increased risk of breast cancer and cardiovascular disease.

"That meant that there was a need to identify a safe and effective non-hormonal treatment," Elkins said. "When women are diagnosed with breast cancer, they go through treatment that might include surgery, it could include radiation or chemotherapy, but following that, virtually all women are put on drugs to prevent the recurrence of breast cancer. What those drugs do is shut down all estrogen production."

Elkins said he and his colleagues hope the current treatment will come to completely replace hormone therapy. "We are in the sense that many women, due to the risks associated with hormonal therapy, cannot take hormone therapy," he said. Vicki Patterson, the laboratory coordinator for the Mind-Body Medicine Research Laboratory, said she thinks, without a doubt, hypnotherapy is an essential skill for all women going through menopause.

"It's something that once a lady has learned it, she has it forever," she said. "There's no refilling a prescription or going backward. It's a tool that she can use for the rest of her life." The Mind-Body Medicine Research Laboratory is located at 77 Cottonwood Street in Waco. 'The Woman's Health Initiative' study conducted in 2003 and the randomized trial study in 2008 were both funded by the National Institute of Health.

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# Uproar artist of the week: The Derivatives

By JAMES HERD  
REPORTER

The Derivatives, chosen for representation by Uproar Records this year, will blow up the stage with their unique full band atmosphere.

Composed of Spring junior Tyler Reno on rhythm guitar and vocals, Plano senior Reece Beall on drums, Missouri City senior Jake Barr on saxophone, Fair Oaks Ranch senior Trey Hampton on keys, Waco freshman David Rosenbaum on bass, and managed by Edina, Minn., junior Nash Peterson, delivers a unique sound that distinguishes them from other Uproar artists.

“Other artists are either just one or two people...so the fact that we have a full sound...that distinguishes us,” Beall said.

Reno agreed that the band’s sound is distinct.

“Our originals that we had were real different. A lot of people have said they haven’t really heard anything like it, but they like it,” Reno said. “I think some of the other artists kind of have some similar sounds to other bands but it’d be really hard to try to say ‘Oh, The Derivatives sound like this band,’ because there’s just really not a band out there that we

sound like.”

The band will be performing at many events over the next few months with one gig at 7:30 Oct. 23 outside the S.U.B and another Oct. 24 at Common Grounds. The band will also play at Homecoming with the other Uproar artists and at Christmas on 5th Street.

Reno says that at Christmas on 5th, they might be enticed to perform some Christmas songs.

“I haven’t talked to the guys about it, but we might implement maybe one or two,” Reno said. “I think that’d be kind of cool to do. I really like ‘Drummer Boy.’ There’s a bunch of good Christmas songs that we could do.”

Listeners can check out some of The Derivatives’ music by visiting their new Facebook page, where they have uploaded a few sample tracks.

Reno and Beall started the band about a year and a half ago.

“I played drums, he sang and played guitar, so we kind of got together. He had some originals that he brought to the table and I just figured out what to play with those,” Beall said.

They had gigs at Common Grounds and picked up people and had to let some people go, but Reno feels that it is all part



COURTESY PHOTO

Uproar Records’ new artist, The Derivatives, creates a memorable experience for listeners. The band boasts a distinctive sound and hopes to learn from their involvement with Uproar.

of the course.

“[We] just kind of gradually built on... we picked up guys along the way,” Reno said. “We’ve gone through some musicians too. It’s kind of been a process.”

Band manager Nash Peterson said one

of the goals for The Derivatives is not only to gain a lot of exposure, but to refine their sound and make it memorable for the listeners and fans.

“That’s the whole reason why I’m in Uproar, to have that experience on what it’s like to manage a band,” Peterson said.

“I’d say that’s what I’m getting out of this whole experience.”

For more information on The Derivatives, visit the Uproar Records website at [www.uproarrecords.com](http://www.uproarrecords.com), or visit the band’s Facebook page.

# Vitek’s ‘Gut Pak’ fills stomachs and seats during lunch

By KASEY McMILLIAN  
GUEST REVIEWER

Vitek’s Bar-B-Q is a family-owned restaurant and has been a Waco favorite since 1915. The location, quality, service and prices have been known to attract Baylor students and locals for decades.

Located on 1600 Speight Ave., the menu ranges from \$3 to \$11 at most.

The menu consists of pulled pork nachos, a wide variety of sandwiches, and the barbecue plate

## FOOD REVIEW

where you can pick between bris-ket, ribs, sausage, pork, turkey or ham. The optional sides are thick potato salad, traditional beans or creamy coleslaw.

Vitek’s set of choices are competing with chain restaurants like Rudy’s, but the original entrées keep their customers coming back.

And what Vitek’s is famous for is the Gut Pak.

The Gut Pak is a mixture of ingredients, like a Frito pie, but barbecue style. The small is \$4.75 and the large is \$7.50.

The Gut Pak begins with a base of Fritos then is layered with chopped beef, beans and your choice of eckrich, homemade or jalapeno sausage.

Then it is topped with a handful of cheddar cheese and their original barbecue sauce. It also comes with two slices of bread, pickles, onions and jalapenos on the side. Not the healthiest choice,

but addictive.

When you open the door of the red old-time-y bistro, you get a whiff of smoked barbecue and a hint of pepper.

The atmosphere is very casual, dining utensils are plastic silverware and food is served on paper plates and red-checkered paper bowls.

Vitek’s wooden benches give it a country picnic feel, and the rustic pictures on the wall illustrate all the memories from the years before.

The service staff adds to the experience because they are constantly friendly and attentive.

If you need help deciding what to order (even though you really can’t go wrong with anything on their menu), the staff offers their advice.

Vitek’s prime-time is during lunch hours on Friday and Saturday, but when there are families and alumni in town for homecoming or Parents Weekend, there is almost always a line running alongside the building.

The restaurant added on to its indoor dining room, making it more spacious for their customers, and also added a patio for families, sororities and fraternities to host events.

Vitek’s owners even invested in a 40-foot mobile kitchen, “The Gut Pak Shack,” which is parked at the stadium on game days so fans can grab a quick meal while tailgating.

Vitek’s restaurant has been successful over the years because of its consistency, originality and affordable prices.



### This Week In the Arts

**Today:**  
Texas Independent Film Network: Man on a Mission. 7 p.m. in Castellaw 101. Screening followed by Q&A with guests from film’s production. No charge.

“Rita” by Gaetano Donizzeti. Chamber Opera. Roxy Grove Hall. 7:30. No Charge.



**Friday:**  
J.B. and the Moonshine Band. 10 p.m. Wild West. 115 Mary Ave. Tickets \$10

**Friday & Saturday:**  
Central Texas Showdown Body Building Contest. Waco Convention Center. Day events 9 a.m. – 5 p.m. Tickets \$20. Final event 6:30 p.m. Tickets \$35. \$5 off tickets with two canned food items.

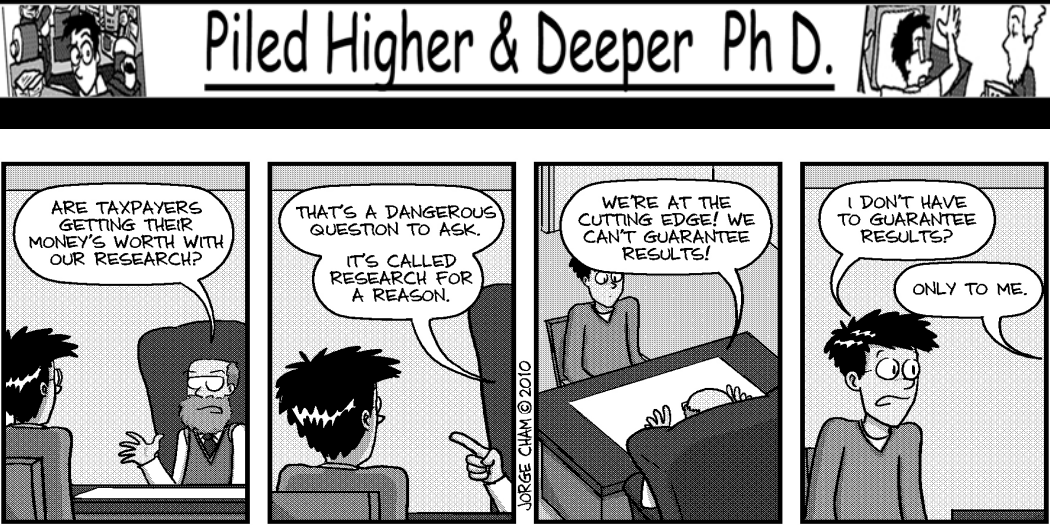
**Friday-Sunday:**  
“All Hallowed.” Friday & Saturday 7:30 p.m., Sunday 2:30 p.m. Waco Civic Theatre, 1517 Lake Air Drive. Tickets \$20 opening night or \$18 for students and seniors. Regular tickets \$15 or \$13 for students or seniors.

**Sunday:**  
Music Association of Central Texas River Jam. 1 p.m. American Legion Pavillion. 300 Tennessee Ave. Tickets \$3 or three canned goods. Proceeds benefit Caritas of Waco.

**Tuesday:**  
Waco Community Band. 7:30 p.m. MCC’s Ball Performing Arts Center. No charge.

**Through Nov. 11:**  
Faith & Family by Sedrick Huckabee. Martin Museum of Art Gallery I. No charge.

Fireflies: Photographs of Children by Keith Carter. Martin Museum of Art Gallery II. No charge.



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THE SAMURAI OF PUZZLES By The Mephram Group

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### DAILY PUZZLES

Answers at [www.baylorlariat.com](http://www.baylorlariat.com) McClatchy-Tribune

**Across**

1 Browns’ org.  
4 Twine material  
9 Come-ons  
14 SS supplement, for some retired in 2010  
16 Missouri’s \_\_\_ Mountains  
17 TUMS target  
18 Congregational divide  
20 Modern address starter  
22 Spirited mount  
23 Do a hatchet job  
24 “Inside the NBA” analyst Barkley, familiarly  
28 Burning rubber sound  
30 Decorous  
34 Green hole  
35 Wings it, musically  
39 Heavenly bear  
40 Fix-it guide  
44 Like many eBay items  
45 Tuscany city  
46 Hum attachment?  
47 Fable messages  
50 Manually  
52 Woolly garment  
56 He voiced Elmer  
59 Sweethearts maker  
60 Leap in a tutu  
63 Office purchase, and in a way, what can be seen in this puzzle’s sequence of circles  
67 Fish lacking pelvic fins  
68 Aptly named bug spray  
69 New product div.  
70 Holiday tuber  
71 Surrogate  
72 Out of port  
73 “Strange Magic” rock gp.

**Down**

1 Soon to happen  
2 Its name usually has only two or three letters  
3 Da Vinci masterpiece, with “The”  
4 Humanities maj.  
5 Einstein’s “I”

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6 Complaint about a library volume?  
7 Primary artery  
8 One working on a punch, perhaps  
9 Dump truck adjunct  
10 Israeli arms expert \_\_\_ Gal  
11 Diaper woe  
12 Gardner who invented cases  
13 Depict unfairly  
19 Common menu option  
21 À la mode serving  
25 Sitarist Shankar  
26 Woodwind instr.  
27 Franklin’s genre  
28 Rugby tussle  
29 Mexican cheese  
31 Magnum, for one  
32 Krupp Works city  
33 Did Ebert’s job  
36 Roast hosts, for short

37 Part of PBK  
38 Understand  
41 First family member?  
42 “Mad Money” channel  
43 Put on the canvas  
48 Desolate  
49 Poet Silverstein  
51 Pilgrimage to Mecca  
53 Ghana’s capital  
54 Apple messaging tool  
55 Horses with interspersed colored and white hairs  
56 Amt. you don’t expect to pay  
57 Wide-mouthed pourer  
58 Slimming choice, briefly  
61 Marsh duck  
62 Sailor’s patron  
64 Plague  
65 Ending with fluor-  
66 Nutritional stat



**USA Today  
Men’s Basketball  
Coaches Poll**

1. Indiana

2. Louisville

3. Kentucky

4. Ohio State

5. Michigan

6. North Carolina State

7. Kansas

8. Duke

9. Syracuse

10. Florida

11. Arizona

12. North Carolina

13. UCLA

14. Michigan State

15. Creighton

16. Memphis

17. Missouri

18. **Baylor**

19. UNLV

20. San Diego State

21. Wisconsin

22. Gonzaga

23. Notre Dame

24. Florida State (tie)

24. Texas (tie)

The USA TODAY Sports Board of Coaches is made up of 31 head coaches at Division I institutions. All are members of the National Association of Basketball Coaches.

# Volleyball digs deep, beats the Frogs in five

*By DANIEL HILL*  
SPORTS WRITER

The Baylor Bears volleyball team defeated TCU in an epic, hard-fought match that lasted all five sets. The Bears won 23-25, 25-19, 25-19, 25-18, 15-13 to earn their second Big 12 conference victory.

“We just did not have our ‘A’ game tonight,” head coach Jim Barnes said. “We were really struggling in every facet of the game but we were fighting through it is what I liked. We were fighting and our defense and our blocking picked up just in time to turn the match around. Especially the blocking. I thought [Adri] Nora did a great job hustling and getting blocks. We made enough digs there at the end to get the win.”

The Bears got off to a slow start and dropped the first set to TCU 23-25. The Bears gathered momentum, however, and started to execute down the stretch to win the second and third sets.

TCU won the fourth set, and the fifth set ended up being winner-take-all.

Baylor delivered in the clutch with a wild finish.

TCU was penalized for having seven players on the court instead

of six, the regulation number. This caused Baylor to be awarded a point to take a 14-13 lead and put them within one point of winning the match.

“They had seven men on the field and I don’t know if I’ve ever seen that in our game,” Barnes said. “It’s unfortunate really, I hate to see a point be given like that. You know they still had their libero on the floor and she needed to be off and so when they blew the whistle for the serve, she was still on. I don’t think I’ve ever seen that before, especially at that juncture of the game, where it’s crucial. What’s good for us is that we kept ourselves in the game and were able to take advantage of the opportunity and as soon as we had the opportunity we ran with it. It was hard-fought for us but they played a heck of a match.”

Once Baylor attained the match point as a result of TCU’s penalty, the Bears took care of business and put the game away to earn the 15-13 fifth set win.

Much like Baylor football quarterback Nick Florence, sophomore outside hitter Tori Cox sacrificed her redshirt season to contribute and help the team.

Cox had not played all season but after talking with Coach

Barnes, the team agreed it was best that Cox play and help the team in any way she could.

“Well, I started. I think it was Monday, I came out and started on the starting side and so I kind of just assumed and then we went with it and I was like okay well I’m just going to get out there on the floor and do my thing,” Cox said.

In her debut, Cox played well and definitely made a difference for the Bears in her first start this season.

“She’s been doing really well in practice and we were all like ‘Tori is doing really well, why is she not playing her’ and tonight she really showed that she is worthy of playing time,” senior Alyssa Dibbern said of her teammate Cox.

The TCU victory gives Baylor a sense of momentum heading into Saturday’s matchup against West Virginia at 2 p.m. at the Ferrell Center.

“I think that taking advantage of this match, if we could just get these two wins, it’s going to light a fire and we are just going to go up from here and there is just no stopping us I think,” Dibbern said. “This win tonight, we are going to start practicing harder, we are going to start playing harder. I think this is what we needed.”



MATT HELLMAN | LARIAT PHOTO EDITOR

Junior outside hitter Zoe Adom goes for the kill against TCU Wednesday at the Ferrell Center. Baylor won in five sets to earn their second Big 12 win.

# Women’s soccer to face off against Longhorns at home

*By GREG DEVRIES*  
SPORTS EDITOR

The No. 20 Baylor women’s soccer team will take on I-35 rival the University of Texas Longhorns at 7 p.m. Friday at home. The Bears are 11-1-4 on the season with a 2-0-3 conference record, but will look for their first home conference win since September 28.

The Longhorns struggled early in the season starting just 3-6. Since then,

Texas has recovered to reach 7-7-1. In Big 12 play however, the Longhorns are 4-1-0 which places them ahead of Baylor by three points.

“It is an in-state rivalry,” senior midfielder Hanna Gilmore said. “It’s Texas. Everybody gets up against Texas. We’re ready. They’re standing in our way right now and that’s who we’re going after.”

When the teams met last season in Austin, senior forward Dana Larsen dug deep and scored a goal in the 88th minute that put the Bears over the top 1-0.

“That was right at the end,” Larsen said. “That was a great effort by three or four people right

before I touched it into the back of the net. It was a great team resolve that whole game just pounding away and believing that one would come eventually.”

Baylor is coming off of a road trip in which it tied two conference opponents in West Virginia and Oklahoma State.

Larsen came up big in the clutch in Morgantown, W.V. when she placed a free kick into the back of the net with under a minute to play to tie the game 1-1.

Following that big finish, the team tied the Oklahoma State Cowgirls 0-0 despite outshooting their opponents in regulation 19-4 and 25-6 by the end of the game.

“Oklahoma State had a unreal goalkeeper. She played outstanding,” head coach Marci Jobson said. “That’s soccer. You hope there’s chances because that makes for an exciting. Good goal scorers are going to take some chances before they score. You don’t just usually get one or two chances and finish it...You need to create chances and you need to finish them.”

Baylor’s defense has been strong all year.

The Bears lead the Big 12 in

most defensive categories, and they are going to have to keep the pressure high if they want to beat Texas.

The Longhorns have three players with at least four goals on the year, which means a shot can come from multiple positions on the field.

Texas has scored 20 goals on the year and given up 19.

Baylor, on the other hand, has scored 38 goals this season and given up just eight.

The Bears lead the Big 12 in both categories.

Another factor that will help Baylor on Friday is the home field advantage.

In their six home games this year, the Bears are 6-0 and have outscored opponents 20-1 in those games.

“I is awesome to be home and to sleep in your own bed,” Gilmore said. “It just gives you that little bit extra pump up. I don’t think its going to make anybody play better, but it might be that one extra-hard tackle that gets people going...It’s fun for people to come and play us and know that they might get heckled a little bit on the sideline.”

# Tennis to take on tough competition

*By LINDSEY MINER*  
REPORTER

Baylor women’s tennis will compete in the USTA/ITA Regional Championship beginning on Friday at the Hurd Tennis Center in Waco.

The winner of the Regional Championship, which will be awarded on Tuesday, will gain a bid to the ITA National Intercollegiate Indoor Championship in New York, N.Y. in November.

After resting up from their recent tournament in Pacific Palisades, Calif., Baylor sophomore Ema Burgic, sophomore Megan Horter, freshman Victoria Kisileva and junior Jordaan Sanford will compete in the Regional Championship.

“It’s very comfortable for our student athletes to play at home,” women’s tennis head coach Joey Scrivano said. “They sleep in their own bed, eat at the same places, and of course there’s the home-court advantage of having their friends come out and cheer them on.”

Other teams competing this weekend will all be from the Big 12 Conference.

“We definitely have some of the best competition in the country coming,” junior Alex Clay said. “It will be good for everyone playing to see what the rest of the season will be like. We’ve been practicing a lot and everyone who is playing will be ready and playing their best right now.”

Last year Baylor’s Diana Nakic took the ITA Texas Regional title. Nakic, seeded fourth in the tournament and ranked 28th in the NCAA, gained a bid to the ITA National Intercollegiate Indoor

Championship in Flushing, N.Y. where she joined 32 of the nation’s top singles players.

After entering the championship on a six-match win streak, Nakic ultimately fell in the Round of 16.

Kisileva will compete in both the singles and doubles division.

Kisileva has a track record for excellence. Originally from Belarus, she played pro-tour events ranked in the top 70, was ranked in the ITF top 82 and had a WTA career-high singles ranking in the top 700.

“We’ve all worked hard to prepare for the tournament and we’re ready to play,” Kisileva said.

Kisileva will be joined by Horter in the women’s doubles division.

Although Baylor will have a home-court advantage, this tournament will not be without its challenges. Multiple players on the women’s tennis team are currently suffering from sickness or injuries.

“We have a task in front of us and we have to deal with executing that task,” Scrivano said. “Every season has obstacles. This year, it’s injuries and sickness, but we have to overcome it and find solutions.”

For an outlook on how the season will be, Scrivano encourages fans to come watch and support the team.

“For our die-hard and casual fans, this is a great opportunity to get a sneak peak of our team,” Scrivano said.

The Regional Championship is the last tournament during the fall semester that Baylor women’s tennis will play at home.

For updated draws and results from the matches, visit ITATennis.com.

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# Taking a look at the Big 12 matchups: Week 8 edition

By DANIEL HILL  
SPORTS WRITER

### Iowa State at Oklahoma State

This matchup comes down to offense versus defense. Iowa State's defense has been spectacular so far this season, and Oklahoma State's spread offense always seems to put up points. OSU quarterback J.W. Walsh is questionable for the game, and head coach Mike Gundy has been keeping Walsh's health under wraps. The Cowboys should be fine whether Walsh or Wes Lunt are handling the quarterback duties. For the Cyclones, Jared Barnett has proven to be a winner. This should be a tightly contested game with an interesting contrast of styles between the two teams. Iowa State defense should top Oklahoma State's offense.

Prediction: Iowa State 28, Oklahoma State 24

### Texas Tech at TCU

Two 5-1 teams battle it out in an unexpected contest for Big 12 supremacy. TCU's new starting quarterback Trevone Boykin threw for four touchdowns and no interceptions while also running for a touchdown in last week's 49-21 win over Baylor. After pulling off perhaps the upset of the season by defeating West Virginia 49-14, the Red Raiders now have to prove that they are for real and that they can be consistent.

This matchup features statistically the two best defenses in the Big 12 with Texas Tech's defense ranked 17th in the nation and TCU's defense ranked 11th. TCU freshman defensive end Devonte Fields has been a huge addition, and he has 6.5 sacks on the season. Texas Tech dismantled the Mountaineers, but now they have to prove they can win on the road in what should be a raucous TCU crowd.

Prediction: Texas Tech 41, TCU 24

### Kansas at Oklahoma

With Kansas at 1-5, head coach Charlie Weis has decided to play

two quarterbacks this Saturday against Oklahoma, Dayne Crist and backup Michael Cummings. Although the record does not show it, the Jayhawks are showing improvement this season. Meanwhile, Oklahoma is coming off of its most impressive win of the season as they toppled Texas in the Red River Rivalry, 63-21. With No. 5 Notre Dame looming next week for OU, it wouldn't be surprising if they came out with a sluggish effort against a struggling Jayhawks team. Oklahoma's talent and depth will prove to be too much for Kansas.

Prediction: Oklahoma 52, Kansas 17

### Kansas State at West Virginia

The No. 4 undefeated 6-0 Kansas State Wildcats travel to Morgantown to take on the No. 17 Mountaineers.

The Wildcats play a physical brand of conservative football behind the consistent rushing attack of John Hubert and Heisman hopeful quarterback Collin Klein to batter the opposition into submission.

The Mountaineers quarterback Geno Smith had been virtually unstoppable this season until Texas Tech humbled WVU by holding them to only 14 points in a loss. Since they are coming off of that embarrassing loss, the Mountaineers should be hungry and ready for a fight.

Kansas State has moxie and leadership with Collin Klein. The Wildcats defense is also stout, ranking 19th in the nation. Although West Virginia is capable of scoring multitudes of touchdowns, Kansas State's physical style should slow the game down and lead to the Wildcats staying undefeated.

Prediction: Kansas State 31, West Virginia 30

### Baylor at Texas

The 3-2 Bears are still looking for their first conference win after falling to WVU and TCU. Baylor quarterback Nick Florence struggled versus TCU's defense

by throwing four interceptions. It should be much easier sledding for Florence and the Baylor offense against the weak Texas defense.

For Texas, they were just humbled by Oklahoma, and the home crowd could be restless should the

Longhorns get off to a slow start.

Baylor's historically awful defense should help Texas put points on the board. Texas quarterback David Ash is coming off of a wrist injury but is expected to start the game. The Longhorns lost starting

defensive end Jackson Jeffcoat for the season. This is truly a coin-flip game and both teams are capable of winning.

The Texas defense is barely better than Baylor's defense. Baylor relies on the big play on of-

fense and Texas depends on the rushing attack on offense. Texas' ground game could prove to be too much for the Baylor Bears, but this should be a really close game either way.

Prediction: Texas 47, Baylor 35



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GRAPHIC BY MATT HELLMAN | LARIAT PHOTO EDITOR

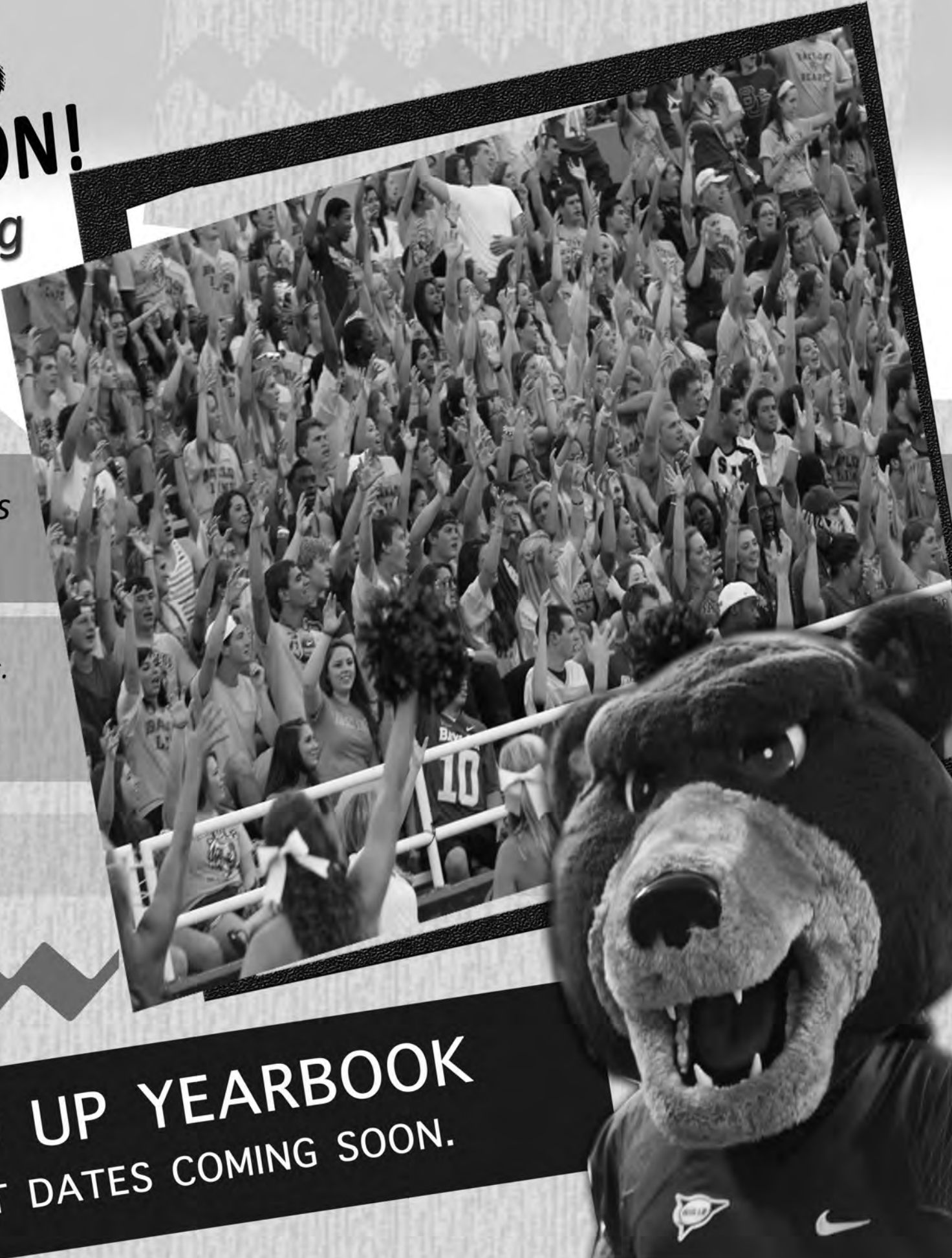
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