



WE'RE THERE WHEN YOU CAN'T BE

The Baylor Lariat

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Did you miss Wednesday's podcast? No worries. There's still time to catch all the talk about the Rangers and this week in football. Only on baylorlariat.com

Bear Briefs

The place to go to know the places to go

Find your balance

Sophomores, sign up for Spiritual Life's second year retreat which will take place from Nov. 9 - 11 at Laity Lodge's Camp Windsong in Kerrville. Visit the Spiritual Life website for more details.

Sing it

Celebrate Hispanic Heritage Month by showcasing your talents at Grab the Mic at 7 p.m. Tuesday in the Den of the Bill Daniel Student Center. To sign up, contact ABS@baylor.edu.



West Nile virus found to be in donated blood

By MAEGAN ROCIO
STAFF WRITER

Donated blood in the Central Texas area has tested positive for the West Nile Virus since the recent outbreak this past summer.

According to the Centers for Disease Control and Prevention, humans can contract West Nile through mosquito bites. It is most often spread to humans when a mosquito feeds on an infected bird, then bites a human. CDC statistics show approximately 80 percent, or four out of five people, infected with the virus will not show any symptoms at all.

According to the CDC, West Nile Virus is a seasonal epidemic that suddenly occurs in the summer and continues into the fall. Their website states, the serious symptoms can last for several weeks and effect a person's neurological system. The serious symptoms include fever, headache,

neck stiffness, stupor, disorientation, tremors, convulsions, muscle weakness, vision loss, numbness, paralysis, and coma.

Symptoms can develop between three to 14 days after being bitten by an infected mosquito.

There have been 34 confirmed cases of West Nile in McLennan County so far this year.

Linda Goelzer, director of public relations at Carter BloodCare in Waco, a blood donation agency, said 71 infected donations have been found among the collection from July 12 to Sept. 12. She said Carter BloodCare did not find any infected donations in 2010 or 2011.

"This year has been difficult. So naturally, we would find positive donors," she said.

Goelzer said while she does not know if she can link this year's number of positive cases of West Nile Virus to the recent outbreak, she said Carter BloodCare can



MATT HELLMAN | LARIAT PHOTO EDITOR

League City freshman Leanne Buckels donates blood during the Carter BloodCare blood drive Thursday on Fifth Street by Fountain Mall.

anticipate positive asymptomatic cases among their donors.

Dr. Walter Linz, medical director of Scott and White Blood Center in Temple, said the blood center has also found infected units among donated blood.

"We have had a few positive cases, around three to four," he said. "The last one was back in

early August."

All blood donation centers across the nation are required by law to screen every unit of blood before and after the collecting process.

Goelzer said Carter BloodCare workers screen every donor before they donate blood.

"The process is regulated by

the FDA," she said. "Part of the screening includes a questionnaire and also a mini-physical where workers take their temperature, their blood pressure, their pulse. We ask about their health, and we do a little finger prick, like if you are doing a cholesterol screening."

SEE BLOOD, page 6

TCU loses QB to suspected DUI

By SCHUYLER DIXON
ASSOCIATED PRESS

DALLAS — TCU quarterback Casey Pachall was suspended indefinitely Thursday, hours after he was arrested on suspicion of driving while intoxicated — his second brush with trouble this year and one that clouds the 15th-ranked Horned Frogs' push for a Big 12 title.

Coach Gary Patterson announced the suspension, saying his quarterback "obviously needs help."

The 21-year-old Pachall was arrested just after midnight when he was pulled over after running a stop sign near TCU's Fort Worth campus, police Sgt. Pedro Criado said. Pachall's blood-alcohol level was above the legal limit of 0.08 percent, Criado said, declining to provide specifics.

A two-year starter for the Horned Frogs (4-0, 1-0 Big 12), Pachall was released on \$1,000 bond from a jail in nearby Mansfield, said jail Officer Nathan Van Ryan. There was no information on an attorney for Pachall.

Pachall's arrest came eight months after he admitted to police that he smoked marijuana and failed a drug test just two weeks before his roommate was arrested in a drug sting operation.

News of the arrest came as TCU coaches were finishing up the game plan for the Big 12 home opener Saturday against Iowa State (3-1, 0-1).

"I've got a young football team and a person who obviously needs help," Patterson told The Associ-

ated Press. "Until I can come up with some answers, it's not about one season, it's about a lot of seasons."

Pachall has 948 passing yards and 10 touchdowns with one interception, and he's fourth in the Big 12 and fifth nationally in passing efficiency.

After replacing Andy Dalton, the winningest quarterback in TCU history, Pachall set TCU single-season records last season with 2,921 yards passing and 228 completions. He threw 25 touchdowns with seven interceptions.

Redshirt freshman Trevone Boykin is the likely starter at quarterback Saturday.



Casey Pachall

has 12 rushes for 122 yards.

Before Pachall's arrest, there was anticipation that Boykin could see action at tailback against Iowa State since Matthew Tucker is dealing with an ankle injury. The Frogs had already lost leading rusher Waymon James to a season-ending left knee injury sustained at Kansas three weeks ago.

Baylor is set to take on TCU on Oct. 13 at home.



FILE PHOTO BY STEPHEN GREEN

The Baylor Vietnamese Student Association hosted their Mid-Autumn Moon Festival in the Bill Daniel Student Center on Saturday, Sept. 25, 2010.

VSA students wish luck, prosperity in Moon Fest

By LINDA NGUYEN
STAFF WRITER

Friday marks Vietnamese Student Association's 20th annual Mid-Autumn Moon Festival. The festival is held to celebrate the Mid-Autumn Moon or Tet Trung Thu, as it is referred to by most Vietnamese people.

The VSA will work with the department of Multicultural Affairs to host the event, which will take place from 7 to 9 p.m. today in the Barfield Drawing Room of the Bill Daniel Student Center.

Students from Baylor as well as outside performers will be featured at the festival, which includes performances from Ash-

ley Nguyen, the Phap Luan Lion Dancing team, the Phap Luan Vovinam Demonstration team and the VSA officers.

"We're having Ashley Nguyen who is a freshman," Grand Prairie junior and VSA's vice president Nicole Nguyen said. "She'll be singing and playing piano for us. We have our traditional dances. We're having PLB poppers, lockers, breakers perform for us as well. We're having a fashion show."

Nicole Nguyen, who is in charge of the traditional dance this year, said this year's dance will differ from previous Mid-Autumn Moon Festival dances.

"The traditional dance is all girls, and we're going to be danc-

ing with the bamboo hats," Nicole Nguyen said. "We're going to be using a song titled 'Ngay Tet Que Em'."

The song, which is by Vietnamese singer May Trang, wishes luck and prosperity to everyone during the mid-autumn moon.

The fashion show will feature different styles of Vietnamese dresses, called ao dai.

"The fashion show is going to display a bunch of different ao dai's and escorting them will be good-looking men," Nguyen said. "So there will be gorgeous girls and good-looking men."

The festival will also include

SEE MOON, page 6

Hundreds affected in high-risk meningitis outbreak

By MIKE STOBBE
ASSOCIATED PRESS

NEW YORK — The potential scope of the meningitis outbreak that has killed at least five people widened dramatically Thursday as health officials warned that hundreds, perhaps thousands, of patients who got steroid back injections in 23 states could be at risk.

Clinics and medical centers

rushed to contact patients who may have received the apparently fungus-contaminated shots. And the Food and Drug Administration urged doctors not to use any products at all from the Massachusetts pharmacy that supplied the suspect steroid solution.

It is not clear how many patients received tainted injections, or even whether everyone who got one will get sick.

So far, 35 people in six states

— Tennessee, Virginia, Maryland, Florida, North Carolina and Indiana — have contracted fungal meningitis, and five of them have died, according to the Centers for Disease Control and Prevention. All had received steroid shots for back pain, a highly common treatment.

In an alarming indication the outbreak could get a lot bigger, Massachusetts health officials said the pharmacy involved, the New

England Compounding Center of Framingham, Mass., has recalled three lots consisting of a total of 17,676 single-dose vials of the steroid, preservative-free methylprednisolone acetate.

An unknown number of those vials reached 75 clinics and other facilities in 23 states between July and September, federal health officials said.

Several hundred of the vials, maybe more, have been returned

unused, one Massachusetts official said.

But many other vials were used. At one clinic in Evansville, Ind., more than 500 patients got shots from the suspect lots, officials said. At two clinics in Tennessee, more than 900 patients did.

The investigation began about two weeks ago after a case was diagnosed in Tennessee.

A brief primer on etiquette for Bear Trail users

Editorial

Working out has two specific goals in college: staying in shape and maintaining your social life.

Treadmills in the SLC offer a television to watch while you run, although there is some debate as to the drawbacks of treadmills.

The track in the SLC is a circle that never changes, offering no entertainment whatsoever.

For runners, the best place to run is the Bear Trail, offering different scenery and fresh air.

However, the people socializing on it don't accommodate so well for those perishing halfway through.

The Bear Trail can become a veritable obstacle course for those trying earnestly to work out.

One obstacle are sorority venting sessions. These loud conversations, most commonly used with hand motions, run an average of three people wide, taking up the entire paved area of the Bear Trail.

If you are in one of these groups and see someone coming in your direction, pause the conversation and part the Red Sea so the runner, dogwalker or powerwalker and pass by without circling around your group, adding distance and the possibility of

injury.

The second obstacle is couples on the Bear Trail. While we commend you on your excellent choice of date location, some of your etiquette could use work.

We have no idea why you and your girlfriend are holding hands when you've got to be sweaty walking the 2.25-mile trail outside in the Texas humidity, but you have a right to be there. Try not to take up too much space on the trail by walking far apart and spreading your arms. Your hand holding could be interpreted as an invitation for a runner to play red rover.

A problem for everyone is inconsiderate runners and walkers. This should be a warning to the social walkers and a come to Jesus moment for the runners. Think about it: If you're just walking while the other party is running, don't be selfish. Give them some space.

Runners, yelling out before you get to a group of walkers is always polite. Use phrases popularized by alpine skiing like "On your left" when approaching your group from behind.

For your safety, walkers, it is best to move to the side. Some runners don't quite have the proper form with their elbows flapping side to side instead of the steady front-to-back, close to the

side motion. If you don't move off the paved pathway, you could get knocked out.

An obstacle for women on the track is the constant attention they get from men.

Yes, guys, we know that a major factor in you choosing this university was the male to female ratio. This does not mean that you go shopping by checking out the Bear Trail. Your comments can be kept to yourself because your pick-up lines clearly need some work. And don't even think about reaching a hand out to make physical contact. If the girl is smart, she'll slap you.

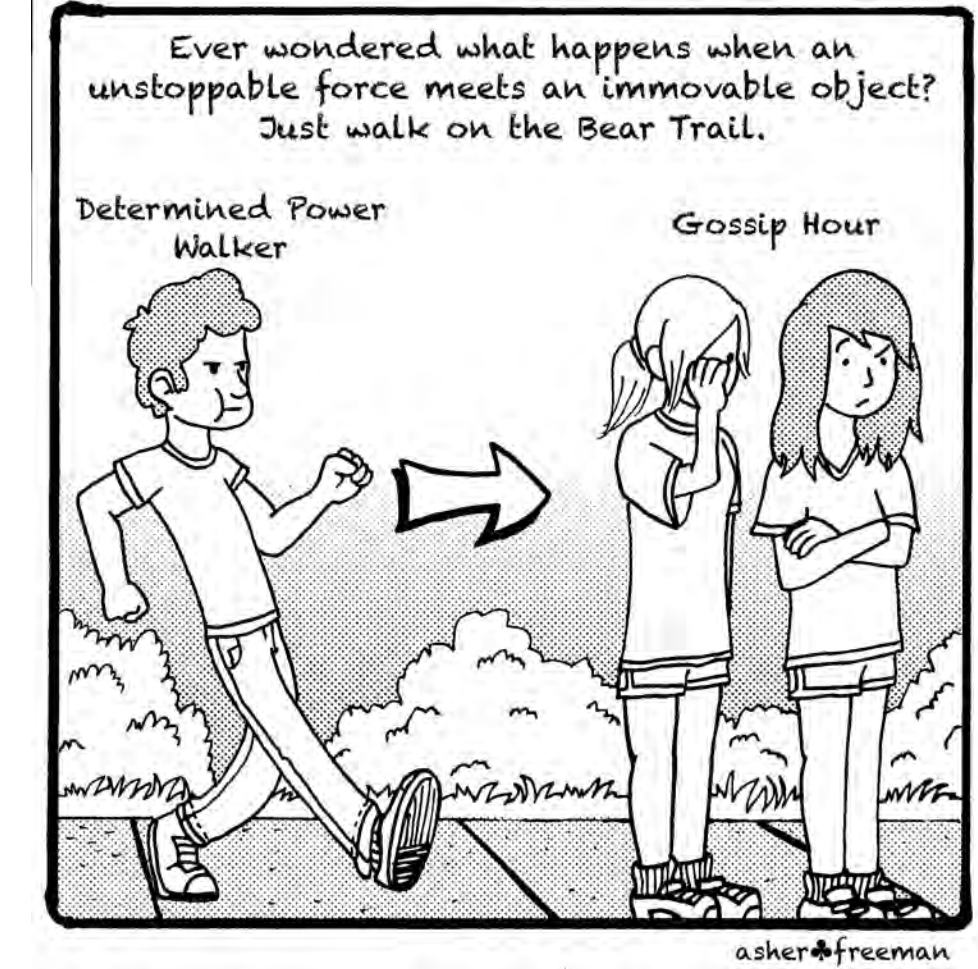
And guys, try not to take yourself too seriously while running. Driving on Eighth Street, you can find easy entertainment watching guys pick up the pace as they run past Collins and then slow down once they think they're out of sight.

Bear Trail etiquette goes a lot farther than not doing anything wrong, however.

If you're walking and a runner gets close, begin to cheer and offer support because running somehow seems to steal a person's oxygen from them and offer a discomfort that wasn't planned for.

Also people wouldn't hate it if someone set up a sweet jam session by an area of the Bear Trail.

Runners need to be thankful



for the encouragement they are receiving and maybe toss a smile to passers-by every now and then.

All in all, we applaud the campus community for getting out

and moving instead of staying in your apartment playing Call of Duty or wasting countless hours on Pinterest.

Bringing this issue to the table

will open your eyes to what can be fixed on the Bear Trail to ensure that Baylor keeps its reputation as one of the fittest campuses in the country.

Lariat editorial about breast-feeding was ‘manifestly unchristian’

Guest Column

I would like to thank the editors of the Lariat for publishing on Sept. 27 an editorial on public breast-feeding, because they have drawn attention to an issue that is of profound cultural significance, and have had the courage to hold a position on it that is so manifestly unchristian.

It would be tempting to ascribe the Lariat's position on this matter to simple enlightened prejudice, were it not the case that it clearly issues forth from a naiveté about the challenges of professional mothers. The fact that the Lariat chose to rebuke Professor Pine for 1) not warning the students in advance and 2) not using "the situation to her advantage" is distasteful at the least,

unconscionably stupid at worst, and presumptuous all in between. But there is something even more worrying here: there is more than a trace of the Freudian or even Nietzschean in the view that breast-feeding is fine in principle but not if I have to witness it. The desire to hide away or symbolically kill off the most basic and original source of your early life's nourishment could be seen as an expression of a deep ingratitude or even resentment about being human, which means receiving your life from another. It is at least one argument in its defense (although I regard it as a practice so self-evidently justified that it hardly needs defending) that it is visible a reminder that someone loved us into being and nurtured us, and with great difficulty.

The Lariat is expressly "against breast-feeding, a generally inti-

mate and personal act, being put on display in an environment that isn't particularly conducive to it." But if this is because the environment is not conducive to it, the problem might rest not with the act itself but with the environment, which is cast, it is not difficult to observe, in characteristically male-dominated spaces: "classrooms, business meetings, professional appointments." It is worth pointing out that the ideal of "professionalism" here excludes a priori not just nursing mothers, but also the infusion of the "personal" into the workplace. But the best teachers typically refuse this decadent distinction not only because they often have to, but because a fully human wisdom often calls into question the received canons of professionalist orthodoxy.

The comic that runs alongside

the editorial suggests that the Lariat's is a view held in the name of "common decency." But an appeal to common decency rings utterly hollow when it means a wanton discrimination of our female colleagues and friends, who already face inequities in salary and expectations across professional life, and encounter difficulties of which all of us men are blissfully ignorant.

In fact, "common decency" is often a ruse, since it has almost always been used to justify some form of discrimination or subjection.

The language of "common decency," however, is not and never has been a part of the Christian vocabulary of faith.

This is because at the heart of Christian faith is something that, to the world, is grossly indecent: the idea of the invisible, eter-

nal creator of the universe being born in human flesh of a peasant woman who nursed him as a boy, preaching a gospel of charity towards one's enemies, and suffering a disgraceful and ignominious execution on a Roman instrument of torture. To the world, says St. Paul, this is a scandal. But to Christians it is the truth of the universe.

What does it tell us that generations of Christians were not only not scandalized by the image of a woman breast-feeding, but that it occupies a central place in the iconography of the Madonna and Child as well as in the theology of Christ and his Church? Moreover, the image of the nursing Virgin Mother is, above all, an expression of faith in the full humanity of the Incarnate Son of God.

Critics of Christianity from its earliest days protested against

the Christian hospitality to the stranger, above all the stranger that is human flesh, but Christians relentlessly maintained that Christ is human in every sense that we are, and at the same time is fully and wholly divine, or else no one is saved.

One thing this tells us is that if you are scandalized by a woman nursing her child in public, if you find the prospect of a woman who devotes her life to teaching you and to raising a child whom she has the audacity to bring to class in order to meet all the pressures put upon her as well as she can—if all of this strikes you as a breach in decorum, then you ought to be still more radically scandalized by the Word made flesh.

Dr. Peter Candler is an associate professor in the Honors College's great texts program.

Lariat Letters

Breast-feeding editorial misinformed

A friend shared your editorial piece about breast-feeding and class.

My first reaction was to be extremely annoyed, but then I remembered that this was written by a person who probably has no children and is likely not out of college yet. So I will allow this to be a teaching opportunity.

First, there were some valid points made in the piece. A professor breast-feeding in front of the entire class does seem a bit extreme, but when put in the context of a Sex, Gender, and Culture course, it could possibly be a great lesson.

I also agree that there is an argument to be made about photographing a mother in uniform breast-feeding.

As a breast-feeding mother AND a professional (I'm a teacher also), I'd like to set a few things

straight.

Breast-feeding is not an act of defiance that some mothers choose in order to be controversial. Furthermore, breast-feeding in public is (for the most part) not an act of protest or defiance, either. Sometimes a baby just has to eat. The author of the article makes it seem as if people who breast-feed in public are doing so without a cover, or that they are stripping from the waist up and flaunting it.

Secondly, breast-feeding at the workplace is NOT unprofessional. In fact, it is the law that every workplace (at least in Texas) provide a private area for breast-feeding mothers to nurse or pump. Unfortunately, some workplaces still do not abide by this law and discriminate against employees who have made this choice for their family.

I was actually put in a situation where I was forced to breast-feed at the workplace when we

were required to work late. When I talked with my administrator about not working late (since it was literally the day I came back from maternity leave -- mind you, after coming back from maternity leave early so I wouldn't let down my students) he was inflexible and left me with no choice.

Breast-feeding is a decision that I made that has been a sacrifice of myself every single day. I made the decision despite the extreme inconvenience it causes me, because it is the best thing for my son.

Furthermore, the decision was made after doing months of research about the benefits to my child.

Does the author suggest that every mother who decides to breast-feed just stay home until their child is no longer breast-feeding (just in case you might not know, newborn babies eat anywhere from every 1-3 hours.)

My suggestion to the author is that they do a bit more research about what breast-feeding entails and how it works. Then, they

might have more sympathy for a breast-feeding mother. While breast-feeding, keeping your personal life separate from any other part of your life is not quite as black-and-white or simple as they might think.

A friend put it well when they said, "No children, no opinion."

*Sarah Dean
Alumni, 2006*

Editorial offensive

As a nursing mother who has no office on campus, I found the Sept. 27 editorial unnecessary. Every day I pump or nurse cowering in bathroom stalls with no outlets and the occasional roach crawling on the wall, or buried in the corner of a library carrel seeking to avoid the floor-to-ceiling glass panels. I already receive the message that campus has no place for me. I receive it every day. Your ignorant editorial piece was unnecessarily redundant.

However, the accompanying cartoon was a novelty, and a vi-

cious one. If you had printed a cartoon with a censor bar placed across overweight bodies, or handicapped bodies, or black bodies, there would be outrage, and rightfully so. It would be deemed offensive, unacceptable, or even hate speech. But you place a censor bar across women's bodies (specifically, women's nursing bodies) with impunity. It is the very definition of misogyny and it passes without a word.

I am embarrassed for your editorial board and for Mr. Freeman most of all. Yet, I am shocked at an administration that allows students to use official publications and university funds to print material that denigrates women's bodies and tells them they should be ashamed of them and hide them. Ironically, if a woman were to display copious amounts of cleavage, I doubt the censor bar would be there. As a sexual object, displayed for viewing, my body is acceptable. As a nurturing, life-giving vehicle doing what God intended it to do, it is indecent and "nobody wants to see it." Again,

message received.

*Jordan Rowan Fannin
Doctoral Candidate
Religion*

Editor's Note

Due to the highly charged feelings on both sides of this issue, the Lariat wants to hear what the rest of our readers have to say about it.

So go to the Lariat website and let us know how you feel about the contentious issue of breast-feeding in public. As always your answers will be anonymous and duly and honestly printed in next week's Lariat.

Differing ideas are welcome here at the Lariat. They are also essential to free society.

It is worth noting that the author of the editorial in question is a woman.



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Opinion

The Baylor Lariat welcomes reader viewpoints through letters to the editor and guest columns. Opinions expressed in the Lariat are not necessarily those of the Baylor administration, the Baylor Board of Regents or the Student Publications Board.

Calif. aims to restart reactor

Operator proposes plan to reopen formerly damaged nuclear power plant

By MICHAEL R. BLOOD
ASSOCIATED PRESS

LOS ANGELES — The operator of California's ailing San Onofre nuclear power plant proposed Thursday to restart one of its shuttered reactors after concluding it could be run safely despite damage to scores of tubes that carry radioactive water.

A plan to return even one reactor to service is a milestone for Southern California Edison, which has spent months unraveling what caused excessive tube vibration and friction inside the plant's nearly new steam generators, then determining how it might be fixed.

But the plant is far from returning to robust operation.

Edison's plan, which must be approved by federal regulators, calls for operating Unit 2 at reduced power for five months, then shutting it down for inspections. The outlook for the more heavily damaged Unit 3 is bleaker — no decision is expected on its future until at least next summer.

Meanwhile, the company is facing a state review of costs related to the long-running outage that could leave customers or shareholders with a huge bill for repairs and replacement power — a figure that had reached \$165 million at mid-year. The company did not update those figures Thursday.

Edison, a subsidiary of Edison International, filed its proposal with the Nuclear Regulatory Commission, which is expected to take



In this Sept. 13 photo the San Onofre nuclear power plant sits along Pacific Ocean coastline in San Onofre, Calif.

months to review the details.

The NRC has said there is no timetable to restart the plant.

"The agency will not permit a restart unless and until we can conclude the reactor can be operated safely," NRC Chairman Allison Macfarlane said. "Our inspections and review will be painstaking, thorough and will not be rushed."

The proposal was immediately denounced by environmentalists and anti-nuclear activists who have argued for months that restarting the plant between San Diego and Los Angeles would set the stage for a catastrophe.

About 7.4 million Californians live within 50 miles of San Onofre, which can power 1.4 million homes.

"Both these reactors are alike and neither is safe to operate," said S. David Freeman, a former head of the Los Angeles Department of Water and Power who advises Friends of the Earth. "While Edison may be under financial pressure to get one up and running, operating this badly damaged reactor at reduced power without fixing or replacing these leaky generators is like driving a car with worn-out brakes."

Edison wants to operate Unit 2 at 70 percent power, which company officials predicted would prevent vibration that has caused excessive wear to tubing.

Company officials expressed confidence in the proposal, which

followed more than 170,000 tube inspections over more than eight months.

"This is not an experiment," Pete Dietrich, senior vice president and chief nuclear officer at SCE, told reporters in a conference call.

The problems center on four steam generators that were installed at San Onofre during a \$670 million overhaul in 2009 and 2010. Tests found some tubes were so badly corroded that they could fail and possibly release radiation, a stunning finding inside the nearly new equipment.

The trouble began Jan. 31, when the Unit 3 reactor was shut down as a precaution after a tube break. Traces of radiation escaped at the time, but officials said there was no danger to workers or neighbors. Unit 2 had been taken offline earlier that month for maintenance, but investigators later found unexpected wear on hundreds of tubes inside both units.

In a March letter, federal regulators outlined a series of benchmarks Edison must reach to restart the plant, including determining the cause of vibration and friction that damaged tubes, and how it would be fixed and then monitored during operation.

In June, a team of federal investigators announced that a botched computer analysis resulted in design flaws that are largely to blame for unprecedented wear in the tubes.

Student Senate passes Bed Races bill

By JOCELYN FOWLER
REPORTER

Racers, start your mattresses.

At Thursday's Student Senate meeting, the Alpha Tau Omega Bed Races bill was formally passed 41-1. Student Senate will provide \$5,000 in funding for the event.

The lone dissenting senator of the evening was Houston senior Daniel Lin.

Lin said his opposition to the bill relied solely on the lack of deference to precedence in regard to the event's T-shirt sales.

"Usually to finance, for most

budgets, we have the organization use part of their revenue from the T-shirt sales. Most events have T-shirt sales to cover the expense of their own T-shirt sales, and they're not doing that," Lin said. "It's just my personal thing. I like to follow a set of precedents."

Representatives of Alpha Tau Omega cited the success of their charitable efforts in past years as a compelling reason to deviate from precedent. Last year's Bed Races and the Chi Omega Chili Cook-Off raised more than \$18,000 dollars for the

Make-A-Wish Foundation.

Fort Worth sophomore Dalena Ngyuen and Rockwall senior Nick Pokorny, authors of the bill, said they believe the contribution to charity is the most significant reason to fund the event. "I think the best part is the charity," Nguyen said. "When we were writing the bill they were most focused on getting the most money for charity."

Pokorny also emphasized the event's importance as a Baylor tradition. "ATO has done this for nine years now," Pokorny said. "It's become a big tradition here."

Community service day to honor Gandhi

By DAVID MCLAIN
REPORTER

Nationally and at Baylor, people are gathering to celebrate the life work of Mahatma Gandhi by serving their local community on Saturday.

The event, called Be the Change, is coordinated nationally by SAAIT, South Asian Americans Leading Together, to honor Gandhi.

The event will start at 9 a.m. at Russell Field, where participants will receive shirts, have breakfast and listen to a speaker before leaving campus to serve at various locations in the greater Waco community around 10 a.m.

The SAAIT website describes Be The Change as a national day of service to inspire and foster community building through volunteerism.

Be The Change is always held the first week of October, in honor of Gandhi's birthday on Oct. 1. The Facebook page states that this year's theme for the event is "When Your World Meets The World."

The event has an online registration located on its Facebook page.

"People can just show up," said Cypress senior Nabi Sheikh, chair of the Be The Change committee. "The more the merrier. We just ask that you register for T-shirts and food, because that's what will be provided. We are anticipating around 100 people to come out, and we're going to provide them with breakfast and lunch."

Be The Change is locally coordinated by a committee made up of members from the four Baylor sponsor organizations: Delta Chi Omega, Delta Epsilon Psi, Indian Subcontinent Student Association and Kappa Phi Gamma.

"Gandhi's work was a lifestyle of service, and that's what we're trying to do with everyone that comes out for Be The Change," Sheikh said.

"It was a day dedicated to him for all the stuff he's done for India

and the world," said Houston senior and ISSA president Roshan Patel. "Be The Change" grew out of that.

Participating students will divide into groups and go into the surrounding community to serve at different locations.

"There are eight to 10 different sites we are going to," Patel said. "All of them are legitimate sites like Mission Waco's kids club program, Salvation Army, Caritas and Cameron Park."

Sheikh said the participants will also serve at Habitat for Humanity's ReStore, Emeritus Senior Living and also assist in a highway cleanup.

Randall Fowler, community development specialist for Baylor's Martin House Office of Community Engagement and Service, will speak Saturday morning at Russell Field after breakfast on the impact of service in the community.

"Our overarching goal is to help students invest where they are interested in the community," Fowler said. "It's goal is to emulate the life of Gandhi by being the change in our community via service. Our job is to come alongside and equip students to do that on their own."

Fowler said the Office of Community Engagement and Service works with many of the signature service events, such as Steppin' Out, Relay for Life and Up 'til Dawn, that represent Baylor to the community.

"Be The Change is one of these signature events that takes place on Baylor's campus that our office supports," Fowler said. "Our role is, yes, to equip our students but to also know what is going on in the community. We function as a partnership facilitator."

Sheikh said she hopes people use this event to build relationships with different service-oriented organizations in Waco.

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Making the grade in dorm room cooking

By JACKIE BURRELL
McCLATCHY-TRIBUNE

There's more to the college experience than fascinating lectures, frat parties and pricey textbooks. There's all that ramen, for one thing.

Mom and Dad may have paid for a dorm meal plan, but dining hall hours don't always jibe with student schedules or tastes, for that matter. Many students find themselves on the wrong side of campus, or still in class, when the cafeteria closes. Late night study sessions require refueling. And a pizza-based diet gets old — and fattening — quickly.

So here are some fresh cooking ideas that will be equally at home at the big U or in harried non-college households, too.

Start, says Belmont, Calif., chef Gigi Gaggero, by identifying what's available and developing a repertoire of easy to prepare dishes.

These days, that's easy to do. People's love affair with local, seasonal fare means farmers markets are popping up not just in urban centers, but on college campuses too, from UC Davis to the College of San Mateo's twice-weekly market, where students were encour-

aged to "Shake Your Pom Poms" — as in pomegranates. San Jose State University and UC Berkeley students can stroll to farmers' markets mere blocks off campus.

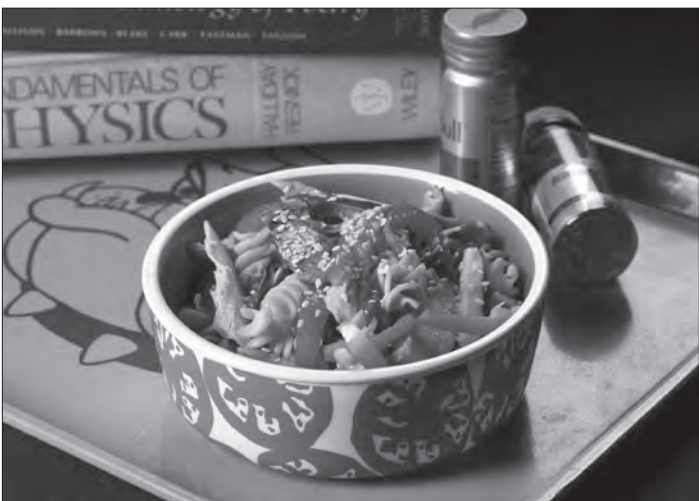
A well-stocked dorm closet allows students to turn their produce finds into Caprese salads, bruschetta and similar simple fare without so much as a microwave oven. (Tip: don't store the laundry detergent near the cooking supplies or your Caprese salad will taste like Tide.)

But basic cookware — such as the measuring spoons, mixing bowl and cutting board — make gourmet pursuits easy, even in a dorm setting.

But the biggest challenges for would-be dorm chefs are aromas and appliance restrictions, says Gaggero, who teaches college cooking classes at her Kids Culinary Adventures school in Belmont.

Be kind to your roommates, she says. Don't cook fish, whip up homemade pickled kimchee or burn the popcorn in the microwave.

As for appliances, read the fine print on your housing contract first. Mini-fridges are allowed ev-



Sesame Pasta Salad with Chicken and Peppers make the grade in dorm cooking.

erywhere, but the rules on microwaves, crockpots, rice cookers and George Foreman grills vary from dorm to dorm.

"We had an open kitchen where we could cook for ourselves on weekends," says 2009 Stanford grad Molly Gerth, who lives in San Francisco now. "I learned how to make an omelet for the first time from more experienced friends when we cooked brunch for ourselves on Sundays. And some of my friends' favorite snacks were

Annie's macaroni and cheese and deluxe quesadillas with all the fixings."

Those are good choices, says Gaggero, and many dorms have a communal kitchen. Or you can "borrow" a friend's apartment stove during a study session to cook a week's worth of baked potatoes or pasta.

"Cook a week's worth of spaghetti, penne or rigatoni," she says. "Drain it and toss it in a little bit of olive oil, then portion control it

into baggies."

Reheat it in the microwave and add store-bought sauce; toss it with butter, garlic and fresh herbs; or top it with cooked, shredded chicken. That pasta can also be served cold, garnished with fresh veggies and tossed with an Asian peanut or sesame dressing.

Baked potatoes are also a reliable standby. Try splitting and stuffing them with cheese and broccoli, before zapping them in the microwave.

Of course, many vegetables can be cooked in their entirety in the microwave. Karen Rogers, a 2008 UC Berkeley graduate, still remembers slicing eggplant, drizzling it with olive oil, salt and a pinch of garlic powder.

"It was simple, healthy, and only required seven minutes in the microwave," she says. "Another favorite was sweet potatoes sweetened with brown sugar and dabbled with butter. All I had to do was poke the sweet potatoes with a fork and pop them in the oven for 10 minutes before they were soft."

At Marin's What's Cooking school, Michelle Stern teaches groups of off-to-college teens to make an entire Mediterranean

meal of lemony, egg-laced Avgolemono soup, Greek salad, hummus and pita, using nothing more than a blender and a rice cooker.

"They love the soup," she says. "It's a combination of flavors they haven't necessarily had before. The egg adds a lot of protein and creaminess, and the orzo gives it some bulk. It feels really filling and nurturing."

Of course, there are caveats, too. Make sure your mini-fridge is cold enough to keep milk and meat safely chilled. Don't use a chicken-spattered cutting board to dice your vegetables. And avoid setting the building on fire.

One unfortunate Stanford student made headlines after his late night egg roll frying session set off his campus apartment's fire sprinklers in 2008. The resulting flood cascaded down three floors, according to the college newspaper, the Stanford Daily.

Use a microwave or rice cooker, says Stern. They're safer. And they turn themselves off.

Any final tips? Every dorm room needs a little greenery, says Gaggero. Instead of a fern, put a pot of basil on the window sill. It's yummier.

Recipes for yum: cheap, quick and tasty college meals

STOCKING THE PANTRY

Whether it's a tiny first kitchen, a dorm room or just restocking time, these basics make cooking easier and more flavorful:

—**In the cupboard:** Good quality olive oil and balsamic vinegar, sea salt and black pepper, garlic, dried pasta, couscous, marinara sauce, lemons, peanut butter, and chicken or vegetable broth. Cooking teacher Michelle Stern recommends Trader Joe's Savory Broth, a reduced-sodium, gluten-free, liquid concentrate that comes in tiny metallic packets. Add one pouch to one cup hot water, she says, and you've got flavorful broth.

—**In the Mini-Fridge:** Milk, butter, yogurt, eggs and cheese.

—**On the Window Sill:** Fresh herbs, such as basil or parsley.

—**Don't Forget:** A microwaveable bowl and mug, a small cutting board, utensils and a small, sharp knife.

—**Don't Bother:** Leave microwaveable popcorn behind.

They're expensive and contain chemicals, says Stern. Instead, buy popcorn kernels in bulk.

Pour 1/4 cup or so into a brown paper lunch bag, fold the top down a couple of times and microwave for about two minutes, or until the popping slows.

COLLEGE KIDZ' HOMEMADE MICROWAVE BISCUITS

Makes 12

- 1 1/3 cup all-purpose flour
- 1/2 cup plus 2 tablespoons cornmeal
- 3 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1 teaspoon salt
- 1 cup sour cream
- 1/4 cup melted butter
- 1 teaspoon dried thyme leaves, or your favorite herb or dried spice

1. In a bowl, combine the flour, cornmeal, baking soda and salt. Stir in sour cream. Mix just until a soft dough forms, but don't overmix.
2. Pat dough into 1/2-inch thickness. Cut into rounds. Place on a microwave baking sheet. Brush with melted butter and sprinkle with thyme. Microwave at high power for about 1 1/2 minutes or until done. Let rest for 3 to 4 minutes.
3. Split into halves and serve with sliced ham and cheese, sausage patties or eggs.

— Gigi Gaggero, Kids Culinary Adventures

Per serving: 150 calories, 8 g total fat, 5 g saturated fat, 20 mg cholesterol, 380 mg sodium, 17 g carbohydrates, 3 g protein.

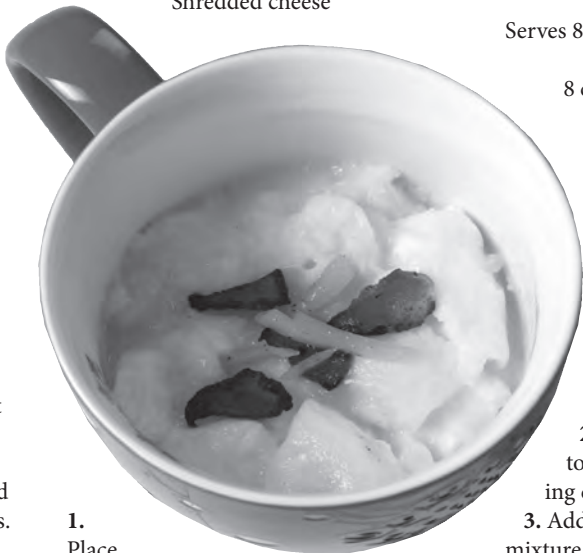
BREAKFAST IN A MUG

Serves 1

You will need to adjust the timing to your

microwave oven's specifics. Unlike most microwaved eggs, these come out fluffy and light.

- 2-3 teaspoons butter
- 1 tablespoon milk or water
- 1 or 2 eggs
- Salt, pepper to taste
- Shredded cheese



1. Place the butter in a 12-ounce microwave-safe mug or small bowl. Microwave on high for 20 to 40 seconds, or until melted and sizzling.
2. Add the milk, eggs, salt and pepper, and whisk with a fork. If you're using one egg, microwave it on high about 35-45 seconds, or until it just begins to set, stopping halfway through to give it a quick stir with a fork. For two eggs, it may take 1 to 2 minutes.
3. Remove eggs from microwave when they are still soft and moist in the center.

Sprinkle with cheese and let sit for a minute or two to set.

— Adapted from "Dorm Room Recipes" (Quick Study Cooking)

GREEK LEMON SOUP (AVGOLEMONO)

Serves 8

- 8 cups chicken stock
- Salt and white pepper
- 1/3 cup Italian pastina, orzo or other tiny pasta
- 2 eggs
- Juice of 1 to 2 lemons
- 2 tablespoons finely chopped parsley or chives

1. In a rice cooker, bring the chicken stock to a boil. Add the pastina and simmer until tender.
 2. Meanwhile, beat the eggs together. Add the lemon juice, beating constantly.
 3. Add a ladleful of the soup to the egg mixture and beat well. Then pour this back into the pan slowly, still beating constantly. Switch the rice cooker to the warm setting and cook the soup gently, stirring all the time, until it thickens. Serve with a sprinkling of parsley or chives.
- Michelle Stern, www.whatscooking.info

Per serving: 70 calories, 1.5 g total fat,

0.5 g saturated fat, 55 mg cholesterol, 810 mg sodium, 11 g carbohydrates, 0 g fiber,

2 g sugars, 4 g protein.

ASIAN-INSPIRED CHICKEN AND VEGETABLE NOODLE SALAD

This salad, from the new "Student Cookbook: Great Grub for the Hungry and the Broke," is infinitely adaptable. Vary the vegetables, pasta type and dressing to suit your tastes.

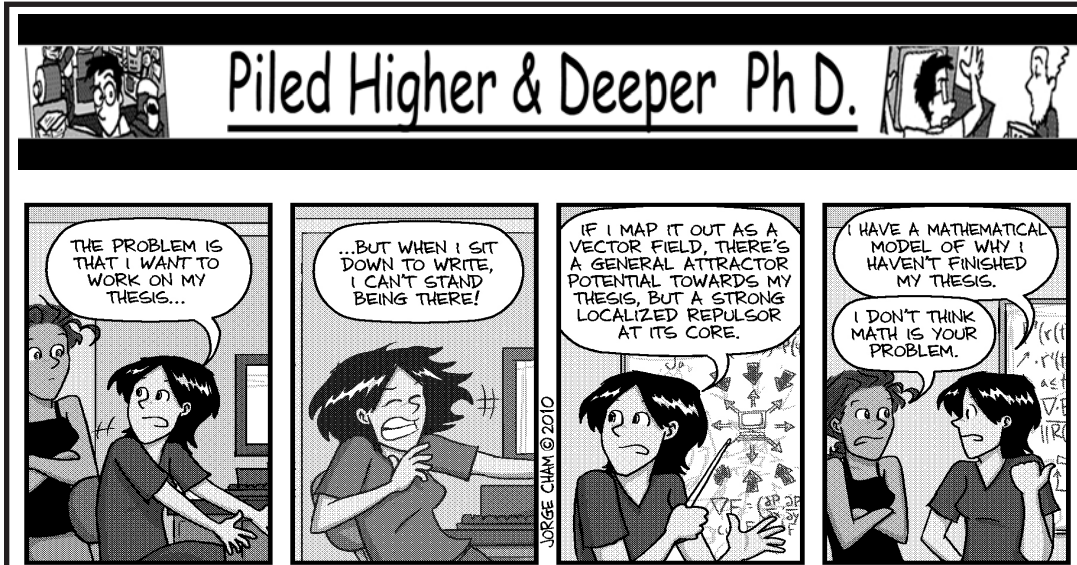
- Chicken breasts, cooked and cut into bite-sized pieces
- Thin egg noodles, fusilli or other pasta, cooked and drained
- 1 bunch fresh chives, chopped
- Assorted vegetables, such as red peppers, carrots and snow peas, thinly sliced
- 1 small bunch watercress or arugula, stemmed
- Sesame seeds, lightly toasted in a dry skillet
- Sesame or Bang Bang Dressing (recipes below)

Toss the chicken, cooked pasta, chives, vegetables and watercress with the dressing of your choice. Serve hot or cold, garnished with toasted sesame seeds and chives.

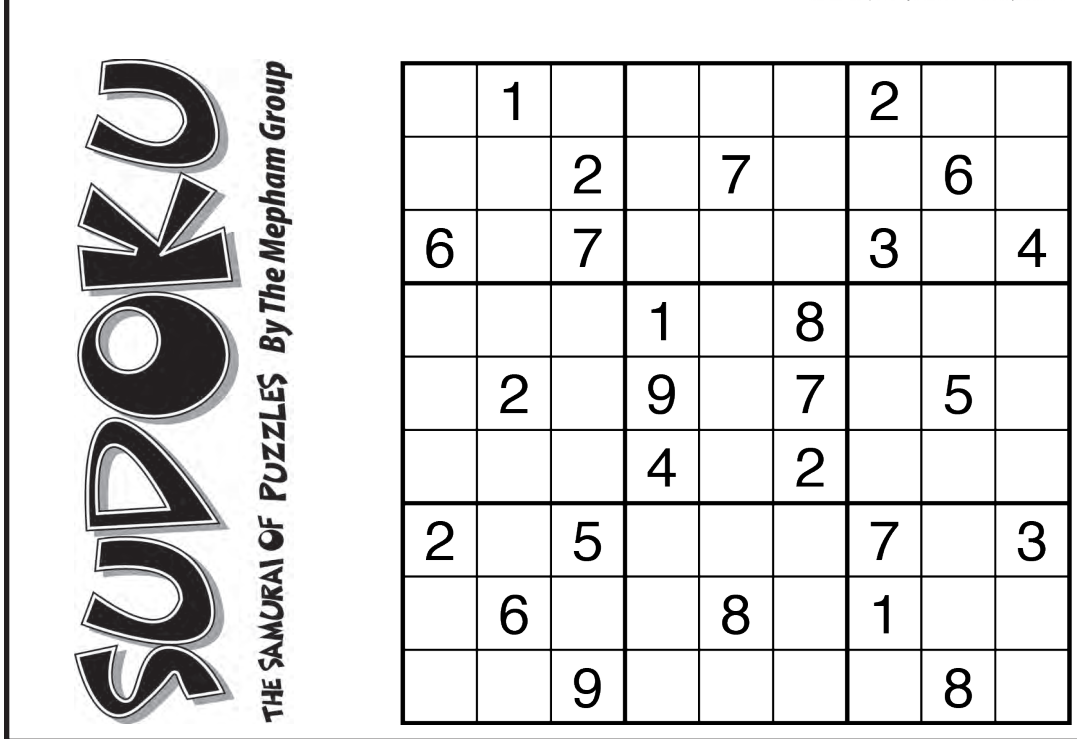
Sesame Dressing

- 2 tablespoons sesame oil
- 2 tablespoons light soy sauce
- 1 tablespoon balsamic vinegar
- 1 teaspoon sugar

Whisk the dressing ingredients together, stirring until the sugar has dissolved.



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Across

- 1 Seat of Florida's Marion County
- 6 Airhead
- 10 Nonkosher
- 14 Tijuana address
- 15 Cooper's tool
- 16 Incline
- 17 Start of a quip
- 20 Berry of "F Troop"
- 21 Network with NEA funding
- 22 Like some pasts
- 23 Decked out
- 26 Contemporary of Dashiell
- 27 Quip, part 2
- 32 Power, slangily
- 35 Want ad initials
- 36 First name in fashion
- 37 Lumber tree
- 38 Quip, part 3
- 42 Lodge member
- 43 Cocktail party irritant
- 45 Agnus
- 46 80% of them come from South Australia
- 48 Quip, part 4
- 52 Skull and Bones members
- 53 Emphatic follow-up
- 57 "To speak the broken English is an enormous asset" speaker
- 60 Pontiac muscle car
- 61 Cautionary road sign
- 62 End of the quip
- 66 Stead
- 67 Cartesian connection
- 68 Surrealism pioneer
- 69 PDQ, in the ICU
- 70 Pharmacy unit
- 71 The FDIC may insure them

Down

- 1 Honshu city
- 2 Relinquished
- 3 Reprimand ending
- 4 Roleo item
- 5 Delaware's Twelve-mile Circle, e.g.
- 6 11th Greek letter
- 7 Works of Sappho
- 8 Liq. measures

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- 9 Fox Movietone piece
- 10 In that connection
- 11 Outer coating
- 12 Curriculum range, briefly
- 13 Escaped
- 14 '70s embargo gp.
- 19 Tactic on a mat
- 24 Wrestler Flair
- 25 Minute minute pt.
- 26 Frail sci-fi race
- 28 "Elmer Gantry" novelist
- 29 Where the iris is
- 30 Gambler's giveaway
- 31 Tries to learn
- 32 Good-natured taunt
- 33 Humerus neighbor
- 34 "There's nothing wrong with me"
- 39 Checked in
- 40 Driver's needs
- 41 Opera house section

- 44 Result of too much suds?
- 47 Green shade
- 49 Fleshy-leaved plant
- 50 The BBC's "Pinwright's Progress" is reportedly the first TV one
- 51 Crazy way to run
- 54 Band that sang "The Star-Spangled Banner" a cappella at the 2000 World Series
- 55 "Came up short"
- 56 Pushes
- 57 Friends
- 58 Handling the problem
- 59 Author's inspiration
- 60 Lady of pop
- 63 Icy comment
- 64 Leaves in hot water
- 65 Dungeons & Dragons foe



Taking a look at the Big 12: Week 6



Baylor on break, plenty of Big 12 football to watch

By DANIEL HILL
SPORTS WRITER

Kansas at Kansas State: This is a highly uneven Sunflower Show-down as No. 7 Wildcats host the Jayhawks in Manhattan. The Wildcats are coming off a monumental road win over Oklahoma and have won 12 straight home games. Conversely, the Jayhawks have lost an astounding 14 consecutive road contests. Kansas has had problems defending the rush, and the Wildcats will be too much for them with Collin Klein, and John Hubert will power the rushing attack to a Wildcats victory. Prediction: Kansas State 42, Kansas 10

Oklahoma at Texas Tech: With No. 17 Oklahoma coming off a disappointing upset loss to Kansas State, rest assured the Sooners are out for vengeance and looking to get back on track against the Red Raiders. Texas Tech is coming off of an impressive road win over Iowa State. Tech's defense looks much improved this season, and this could be a litmus test game for Tommy Tuberville's squad. Texas Tech could prove to be a formidable opponent, but ultimately, the Sooners have the edge in this matchup. Oklahoma has never lost back-to-back games in the Bob Stoops era and Saturday won't be the first. Prediction: Oklahoma 38, Texas Tech 24

Iowa State @ TCU: Both 3-1

Iowa State and 4-0 No. 15 TCU are teams that are struggling to find their offensive rhythm. Both defenses are stout, and this should be a low-scoring affair between the Cyclones and Horned Frogs. Iowa State fans are not pleased with the play of quarterback Steele Jantz this season and are clamoring to see backup Jared Barnett take over the starting role for the struggling Jantz. The season-ending injury to TCU star running back Waymon James has left the TCU offense at a standstill and trying to find its identity. While both offenses should struggle in this one, TCU's defense will be the difference in the game. Prediction: TCU 17, Iowa State 13

West Virginia at Texas: The Longhorns present a perfect style of play to contrast with West Virginia. West Virginia will have to play more physical on defense in order to contain Texas' rushing attack. Longhorns' backup running back Malcolm Brown has been ruled out for this game because of a sprained ankle. Even without Brown, Texas' stable of running backs will still provide enough of a ground attack to test WVU's interior defense. Starting running back Joe Bergeron will carry the load, while five-star freshman Jonathan Gray will be the backup. WVU is coming off of a much-hyped 70-63 victory over Baylor in which quarterback Geno Smith threw for

656 yards and eight touchdowns. WVU and Geno Smith have been glorified all week in the national media and must be careful to avoid a letdown in Austin. Keep in mind that WVU's defense did concede 63 points to Baylor, and its defense has been far from stellar this year. The juggernaut offense that WVU possesses could be slowed by Texas' 40th ranked scoring defense. The Mountaineers defense is ranked 94th in scoring. West Virginia does have the third ranked scoring offense, but Texas has the ninth ranked scoring offense. All things considered, the Texas rushing attack and defense will be the key to this game. WVU's defense has been poor this season. With those two things in mind, No. 11 Texas will beat No. 8 West Virginia in Austin. Prediction: Texas 48, West Virginia 45

Teams on bye this week:

Baylor: The Baylor defense surely needed a bye week after West Virginia roasted them for a whopping 70 points in a loss in Morgantown. The Bears next game is against TCU at 6 p.m. Oct. 13 at Floyd Casey Stadium.

Oklahoma State: The Cowboys are coming off a heartbreaking 41-36 home loss to the Longhorns. OSU showed fight and gave its fan base reason to believe in this team. The Cowboys have a bye this week and next play at Kansas at 2:30 p.m. Oct. 13 in Lawrence.

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GRAPHIC BY MATT HELLMAN

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MOON from Page 1

a skit called Tam Cam that will be put on by the officers of the association.

“Usually we do Chu Cuoi, but this year we’re doing a skit that’s a Vietnamese take on Cinderella,” said Chau Truong, VSA president and Houston senior. Truong is also the chairperson for the event.

This year’s festival will include the Phap Luan Lion Dancing Team, which is a lion dancing team based in Houston, as well as a Vietnamese martial arts demonstration from the Phap Luan Vovinam Demonstration Team.

Lion dancing is a tradition within Asian cultures that represent prosperity. The “lion” will consist of two to three people in a lion costume.

The festival will conclude with a lantern procession outside the SUB.

Nicole Nguyen said since the event comes so early in the school year, it’s usually a very intense first few weeks of school for the members of the organization.

“It’s really hectic, but it’s so rewarding especially when the event comes,” Nicole Nguyen said. “It’s difficult to get everything in order by the time of the event because it’s so early in the year, but we pull through in the end. We have a better connection from it, and we’re like a family.”

Funds for the event will be provided by the student government

allocation fund and the department of multicultural affairs, the student government allocation fund is used to fund events by student organizations that are open to the public.

Assistant Director of Multicultural Affairs Kelley Kimple said the department of multicultural affairs has a financial commitment to the event.

“We pay for the performers,” Kimple said. “This year it is \$1,800 for the performers, the lion dancing and kung fu demonstration.”

The department of multicultural affairs also helped in planning the event.

“What we do is meet with the chairperson for the event,” Kimple said. “Basically, we go over the planning process with them. We make sure they are on track with getting decorations, food stuff, room reservations, flyers and most importantly, their performance.”

Kimple said extensive planning goes into the event.

“We started meeting the second week in August,” Kimple said. “It’s pretty much at the beginning of the school year, so we’ve met each week, myself and the chairperson.”

The event is free and open to the public.

For more information about the Vietnamese Student Association, go to <http://baylorvsa.webs.com/>.



MEAGAN DOWNING | LARIAT PHOTOGRAPHER

Ride ’em cowgirls

Poulsbo, Wash., senior Liz Johnson and Midland senior Courtney Clay take a ride on the bull during the Fish Fry Festival to raise money for CASA, National Multiple Sclerosis Society and Association of Black Students on Thursday at Fountain Mall.

BLOOD from Page 1

Goelzer said Carter BloodCare tests for hemoglobin before the donation process. Hemoglobin is an indicator of the level of iron in a person’s blood. If enough hemoglobin isn’t present in a potential donor’s blood, they cannot donate. That standard is set by the FDA.

After donations, the centers send their supplies to testing labs to test them for the virus.

Linz said the test involves searching for and detecting any RNA from the virus.

“It is a molecular test that is looking for the viral DNA,” he said. “It picks up the virus so early that, for example, if someone gave

blood, and the next morning I get a report of an infection, I talk to them as soon as I get the report. The test is picking people when they are asymptomatic. It’s a wonderful test.”

Dr. Lesley Kresie, the medical director of laboratory services for Carter BloodCare, said the test for West Nile virus is so sensitive that it picks up other things such as hepatitis A and B.

Goelzer said Carter BloodCare is responsible for alerting any donors of viral DNA in their blood and giving a report to the Texas Department of State Health Services.

“Anyone who knows of a positive case is required to report it,” she said.

Goelzer said the numbers of cases the state reports are those that show symptoms for the virus. She said the blood testing facilities only record and report positive, asymptomatic cases.

Infected donors are surprised to learn they have the virus from blood donation agencies because for many, the virus is asymptomatic, Goelzer said.

“They don’t feel sick,” she said.

Goelzer said after state blood collection agencies learn a donor is infected with the virus, they in-

form the person and give them a deferral period in which they cannot donate.

“When the lab conducts the test, we let them know if they are positive for West Nile,” she said. “They can’t donor blood for 120 days, which is a fairly short deferral. Even though they feel well, they still have the virus in their blood.”

Linz said the 120-day deferral period is enforced to allow the donor’s body to recover from the virus.

Goelzer said that Carter BloodCare is not worried about the virus appearing in its donation supplies. “When we begin to see reports

form the health department indicating that West Nile Virus will be active this year, we can often anticipate that there will be a number of positive tests among donors,” she said.

Despite the positive cases of West Nile Virus appearing in donation supplies, both centers still want people to come and donate blood.

“You’re saving three lives with every pint of blood you give,” Goelzer said. “We’re able to divide the different components for different needs. For example, we use platelets for blood cancer patients that are undergoing blood chemo-

therapy.”

Linz said blood donation are needed to sustain “the blood community.”

“We need blood donations from people who are healthy and qualified,” he said. “As a blood community, we would like people to come in a few times a year to donate blood. We always want the constant donor to have a healthy blood supply. We encourage them to donate a few times a year to give blood.”

Carter BloodCare has partnered with Alpha Phi Omega for its semi-annual blood drive on campus.

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