**TYLER BUI**

Dr. Kathy Krey, assistant professor of communication, and Dr. Nathan De La Cerda, assistant professor of communication, hosted the panel and led the conversation. The panelists included Dr. Leslie Hahner, associate professor of communication, and Dr. Greg Garrett, professor of English, and Dr. Mimi Hahner, associate professor of communication.

The goal of the event was to bring different perspectives to the table and to encourage open dialogue.

**PROFESSORS DISCUSS HUMILITY, OPENNESS IN ARGUMENTS**

**MATTHEW MUIR**

Openness and understanding were two of the primary topics discussed at Monday's Faculty Brief on Civil Discourse, which members of the Baylor professor panel pushed for humility and understanding one another's views when engaging in discourse.

The panel of professors hosted by Baylor president Dr. Linda Livingstone, fielded questions during the Baylor Communication Series event at the Mayborn Museum Theater.

Dr. Elaina Coffman, assistant professor of Americanist intellectual history, Dr. Daniel Corey, professor of political science, Dr. Greg Garrett, professor of English, and Dr. Leslie Hahner, associate professor of communication discussed the importance of civil discourse.

Hahner said a "radical humility" was necessary when discussing conflict situations. "The best communication practices aren't to persuade someone to your side, but to open yourself to that engagement with the possibility that you could be radially changed by that encounter," Hahner said. "If you can't open yourself to that then it's not an encounter, "

"People who are part of our gated communities" based on identities related to political divisions, djangoism, and free speech, "ought to open yourself to the possibility that you could be radically changed by that encounter, " Corey said. "I think that's the most remarkable thing, "

"If you compare the number of kids getting free or reduced-price meals at lunchtime at school with the number of kids who are participating in the Federal Summer Food Service Program, there is a dramatic gap, " Krey said. "If you do that for a day you'll see that that's a big need to be met when you have the convenience of the school day but then isn't being met in the summer."

Krey said a big problem with the program is the lack of transportation for students to receive the meals. "Transportation is a huge barrier that we have found with kids when you don't drive, and especially when you live in a rural area, " Krey said. "If you don't have transportation to make meals more accessible for rural students, "

**POPS WITH COPS**

"Summer is one of the biggest times that [students] can't access these meals during the summer. " Krey said. "One in five times outside the school year."

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**DISCUSSION**

As part of the discussion on the issue, members of the panel addressed the importance of open-mindedness and the need to understand different perspectives.

"What's most remarkable... is that Douglass's bate. Corey said. "People who are part of our gated communities are us and people on the outside of the wall are us. At that point they are unattainable and unapproachable and at that point they are stupid and evil, " Garrett said. "That itself is the absolute opposite of a dialogue for what makes discourse possible."

"If you don't drive, you have to have discourse on the other side of the wall, there is no way for you to do it. Why would you talk to people who are stupid, wrong, evil and act... purely paranoid minds that you oppose with..."

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"If you don't drive, you have to have discourse on the other side of the wall, there is no way for you to do it. Why would you talk to people who are stupid, wrong, evil and act... purely paranoid minds that you oppose with..."
Mean people only think of cellphones or devices and that when it comes to distracted or impaired driving. However, impairment can come in many forms: emotional distress, eating, or drinking. The Sawaya Law Firm, according to 2016 statistics from The Centers for Disease Control and Prevention, states that 52,000 people die each year in motor vehicle accidents. However, it’s important to remember that when you get behind the wheel, you are operating a huge piece of machinery. It also doesn’t matter how close you are to home or how well you know the route; impairment can still be dangerous. Fifty-two percent of all crashes within the vicinity of a person’s home and 77% of car accidents occur within 15 miles of a person’s home, according to statistics from The Virginia Tech Transportation Institute.

It’s your responsibility as an adult driver to be self-aware and be mindful of your actions and others’ safety. While driving may be a mundane task, it’s important to remember the kind of responsibility you hold for others on the road or in the car. You may think you’re “fine,” but if something goes wrong, you’re emotionally distressed, give yourself a break and take care of yourself. If you’re crying or upset, try not being able to think straight, have quick reflexes or make good decisions. If you’re feeling emotionally tired, you’re at the road needing to be empty.

Have you ever been so emotionally and physically preoccupied while you’re driving that you missed where you were going? Have you ever been so emotionally or physically preoccupied while you’re driving that you arrived at your destination without realizing it? Anything that provokes that kind of situation is an example of cognitive distraction. By an adult, and take care of yourself if you’re emotionally distressed, give yourself permission to do a self-care. Pull over and park for a few minutes to re-center your mind before trying to get back on the road and focus. Hurry up from tears to amber is obvious visual impairment. Lack of mental clarity or function is cognitive impairment. It may feel like you can make it work or you’ll be better off with a few minutes more while you’re impaired. Take care and stop driving distracted. Anything that provokes that kind of situation is a distraction and these distractions are some of the easiest things to address and prevent.

Stop deafening life with your music

IGOR STEPCZYNSKI

Editorial

The soundtrack of life has been replaced by a user’s own programmable playlists in the car, in the shower, or on the walk to class. We listen to music 24/7, and boy does it feel great with a group of friends. However, is it possible that we are turning a deaf ear to our surroundings and our psyche?

Ever since I was a little child, listening to music was an integral part of my life. Remember coming home from elementary school, putting a Mr. Tush or Weird Al Yankovic CD in the car, boxes and rocking out for the first time, I was performing a sold-out show in Mickey Mouse Glasses. But over time my godfather bought me the first AirPods as a gift for my first commutation, my relationship to music changed forever. Our generation has experienced a shift from individually-purchased music to unlimited online streaming. The expansion of portable music streaming has allowed us to escape reality in a single touch, but this innovation also consumes remaining attention, depletes symptoms, isolation and attentional tendrils. We see at all the time: students walking to their class with their head down and headache in hand. This isn’t always a bad thing, as music can serve as an enhancer to the experience of life. However, studies have shown that too much music can actually torment your mental health. Dr. Brian Prinstein, an assistant professor of medicine and psychiatry at the University of Pittsburgh School of Medicine, studied teenagers’ exposure to music and their mental health risks. He surveyed 161 participants, 46 of which were previously diagnosed with depression. Researchers checked up on these participants on the phone in real time to determine what media they were consuming, whether it be TV, books, or music, and analyzed their level of consumption. The results were shocking.

With each level increase of music consumption, participants noted an 80% higher risk of depression. But with each level increase in consumption of printed media, such as books, their risks of depression dropped by 50%. What’s the difference between listening to music and reading books? Audiolological selective attention to rewarding environments.

Anxiolytics are an intervention or substance that inhibits the onset of anxiety. College-students turn to music as an anxiolytic, but yet their anxiolytics are not approved in the last. It could be possible that these Anxiolytics are making college students more anxious and anti-social.

Last week I pledged to limit my music consumption strictly to social gatherings, exercise, showering and white noise for studying. I walked to all my classes without my headphones and drove around my car in peace without listening to the radio. It was a bit of an odd transition, but the differences I felt were priceless. I found my mind function more sharp but my heart rate jumping. I felt myself naturally at a calmer state. I found myself getting to class on time, around to your classes and meetings without your headphones and listen to the world around you. Hear the leaves crunch, hear the fountain, read the eyes of a foreigner.

I dare my readers to try this out with me: walk without the sounds around your classes and meetings without your headphones and listen to the world around you. Hear the leaves crunch, hear the fountain, read the eyes of a foreigner. It may feel like you can make it work or you’ll be better off with a few minutes more while you’re impaired. Take care and stop driving distracted.

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The Baylor Lariat

Fountain Mall lights up to raise awareness for suicide prevention

CARSON LEEWIS

Actus Mundi, a mental health awareness organization, set off 100 LED lights in Fountain Mall Monday evening, each representing 10 of the approximately 1,900 college students who take their own lives every year.

Actus Mundi, a national organization, has chapters all over the country. The goal is to raise awareness for suicide prevention by lighting up a landmark every year for National Suicide Prevention Awareness Month. In 2019, the organization lit up the entire pantheon of the Lincoln Memorial.

The event was spearheaded by former student and Active Minds President, Iliana Trevino. Trevino thought of suicide prevention before his death, and wanted to honor his legacy. Trevino passed away last March when a senior electrical engineering student at Baylor got hooked on drugs and overdosed.

“...it’s important to be aware that [suicide] is not just an individual struggle,” Trevino said. “The next-door neighbor may be struggling with it.”

Fountain Mall was chosen because it has a large student population, and lights were turned on Monday because it was Active Minds’ Founder’s Day. The lights, which represent lives that Active Minds turned on Monday evening, each representing 10 of the specific needs of the campus community.

“I hope that people will see it and realize that suicide is something that is a big issue, and that it’s not just your friend or your roommates’ friend,” Trevino said. “The next-door neighbor may be struggling with it.”

Active Minds hosts events every other week at 4 p.m. on Wednesdays at the RSB 1105. The organization holds discussions on suicide awareness and depression in students. They discuss topics concerning mental health and host self-care events like stress relief painting sessions.

In the past, the group has partnered with other off-campus organizations for events like Mental Health and Minorities looking at the issue of mental health from different perspectives.

“I promise we have an exciting year ahead,” Trevino said. “I hope that people will see it and realize the importance of this event.”

Free breakfast, good company hosted by UBreak in the SUB

SOPHIE ACEBO

UBreak is a pop-up brunch bar housed by Baylor Union Board held every two weeks on Friday mornings, meant to encourage students to take a break during their busy days.

The brunch setup is located outside of the Union Board Room in the Bill Daniel Student Union Center, where the historic barbershop used to operate from 1948 to 2011.

Jordie Dickery is the assistant director of the Student Union Board and staff advisor for Union Board. She has been advising Union Board since she was a student and said that UBreak, which began in the fall of 2016, is one of her favorite Union Board programs.

“We have loved seeing the growth of this program into the past few years,” Dickery said. “Program such as UBreak help enhance the student experience while also denting the conversation to the community.”

UBreak provides the food for everyone that attends and strives to remind students to relax and enjoy good food and good company in the middle of student load time.

But UBreak events served final orders like chicken and waffles, potato races and catering local Nightlight Dessin. Students, faculty and staff are all welcome to participate. “During UBreak, students can enjoy a free and creative brunch as well as a Common Grounds cup of coffee on us,” Dickery said.

Sarah Patterson has been the graduate coordinator for Union Board since August. Patterson enjoys setting up for UBreak and seeing everyone come together.

“I really hope that people will see it and realize the importance of this event,” Patterson said. “We look forward to seeing everyone.”

Patterson thinks having a program like UBreak is important so students and faculty can take a step back and relax at the end of a week.

“I think UBreak benefits all members of the campus because it’s a time when people can come together and just see the Baylor community and enjoy breakfast,” Patterson said. “It’s a good moment for people to meet...I can take a break. This is so nice. I can enjoy being here and being with these people,” Patterson said.

Waukesha, Iowa, senior Audrey Crites said she loves all of the different themes Union Board comes up with for UBreak and appreciates the opportunity to enjoy the campus.

“I love seeing how excited and happy people are for this food. I think UBreak like everyone’s already happy Friday mood and I love being a part of that...I think the favorite theme so far has been potato pancakes because potatoes are absolutely amazing.”

The next UBreak event will be held from 10 a.m. to noon on Friday, and will include a charro bar and Common Grounds coffee.
get the nutrition they would get during the school year, teaching them social 
interactions is so important and that’s what this project is all about,” Mayer said.

With this grant from the USAID, Krey and her colleagues at TFP are able to test a new program where selected students living in rural parts of Texas receive supplemental meals through mail delivery by UPS and USPS.

“This project is delivered in a box. It has things like tea and rice, low-sugar fruit cre-
des, drinks, protein, meals, and a variety of “homes of concern,” Krey said. “When the fami-
lies receive those at the start of the week, there’s enough room for them to create breakfast, lunch and snacks out of the items that are in the box.”

Beginning last summer, a small-scale ver-

tion of the pilot program was launched, where over 30,000 boxes were delivered to rural stu-
dents over the summer. Krey said the project will expand over the next two years and will

hopes to see the biggest growth.

The Baylor Lariat is a mobile with GoCorps, an organization that also emphasizes the
importance of missions that are longer than a few weeks.

A big goal is to make two-year measures the norm on campus. Says Mayer: “That’s 20-
something-when they, when they graduate from school, don’t have a mortgage, they don’t have 
kids, they don’t have any of the things that they don’t know what to do with now so we want to adapt the global 
learning in students.” White said.

“But “we feel there’s history,” said Colton White, a mobilizer with GoCorps, 

“BEAT THE HEAT

Students enjoy an ice-pop break between classes.

that “I do think that the tide is turning on 
these issues,” Becker said. The Las Vegas shoot-
ing “really galvanized people who, not that they didn’t feel a connection to gun violence sur-

aries, but they just never thought it would be them and their community.”

During memorial Tuesday for the second anniversary of the Las Vegas attack, some will recall other mass shootings, including in the Texas towns of Midland and Odessa that left seven dead, as a symphony in Pittsburgh that killed 11, and at a city government build-

ing in Virginia Beach, Virginia, where 12 people were killed. Two? President and 
government organizations have also been active in Wednesday in the Vegas, 

for 10-13ing Democrats presidential candid-
date discussions on gun violence.

It’s a shame that it takes more and more of 
these shootings to bring attention to a topic, “ said Lisa Becker, a volunteer with the gun con-
croll advocacy group Moms Demand Action.

The Baylor Lariat student Elijah Tanner said

“Some part of what we believe now will

always sounds so kind of cosmic and

unpredictable, but here’s the most powerful force

in the universe… the kind of love where we

love as God loves, seeing the good in people, “ said Garrett.

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CIVIL from Page 1

calling if long-term missions are for them. Ce-

GoCorps is looking to help college students find ways to use their degrees for missions, rather than being involved in a mission while ignoring their prior academic training.

“Your goal is to break that barrier down in previous generations who would say, ‘I’m glad people are doing missions, but I want to do fundraisers, or I want to do training, I don’t want to go help, or it’s not just a matter of going into these communities and doing innovative solutions. By doing that, we can reduce duplication, fill gaps and do a better job of mobilizing human talent.”

all your might!”

Garrett also said that Baylor’s Christian val-

ues can hopefully lead the university in a direc-
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La Pa Ché combines a love of fashion and style

AVERY OWENS
Contributor

La Pa Ché, an online boutique started by Baylor student Carissa Setiawan, is born out of her love for fashion and business.

Setiawan, a junior from Jakarta, Indonesia, is a fashion and business major. Her brand, La Pa Ché, kicked off at the beginning of the school year.

“I love fashion, not just the clothing part of it, but also the art part of it,” Setiawan said. “I picked photography and styling because I was looking for a way to express this love.”

The first line was themed for game day. Setiawan said she licensed her brand to 20 pieces for that first show.

“My earrings are handmade in Bali, so it supports women in that community,” Setiawan said. “I pick out what is cute and what I think Baylor students will like.”

This small business is giving her professional experience that she could provide opportunities for her in the future.

“For people who wear La Pa Ché, it’s a reminder for love, family and the world,” Setiawan said.

Setiawan knows how to sell to her generation. She chooses clothes from the same whole market that local boutiques buy from.

“I’m a college student and I understand that as students we try to not spend a lot of money,” Setiawan said. “I ask myself how much I would want to pay for this outfit.”

Setiawan chooses which pieces she will include based on trends she notices around campus.

“I pick out what is cute and what I think Baylor students will like,” Setiawan said. “I have to be up-to-date with trends and know what people will like.”

The goal of La Pa Ché is to provide clothing that is on-trend and affordable. Wax, the older sister of the brand’s owner, said that Instagram businesses have definitely changed the way she shops.

“I don’t have to pay for a lease like boutiques have to, so I don’t have to markup my clothes,” Setiawan said.

“A college student herself, Setiawan knows how to sell to her generation. She chooses clothes from the same whole market that local boutiques buy from.”

The clothing is sold through the brand’s Instagram. The Instagram captions are conversations and connect to converse followers to make sales.

“People can send me a DM [direct message] and we can meet up somewhere and you can try it on,” Setiawan said.

“La Pa Ché is a reminder for love, positivity and just to have fun,” Setiawan said.

CARISSA SETIAWAN | OWNER OF LA PA CHE
The Jonas Brothers have not lost their energy. Racz said they were amazing live and loved getting to see how far they’ve come as a band.

Racz went to their concert back in 2009 and it only made sense to see them in concert all these years later.

“Everyone wishes they were a kid again, and in a way going to this concert was a way to go back,” Yablon said.

Students, including Coppell senior Kristen Racz, Colleyville senior Andi Risk and Dallas senior Caroline Yablon, attended their concerts in Dallas and San Antonio as the Brothers rocked their way through Texas.

“The Jonas Brothers were my jam growing up,” Racz said. “My older brother always told me that the Jonas Brothers were just another boy band that would fade out and I actually cried — when the Jonas Brothers announced their return and I got tickets to the concert, I immediately called my brother and said ‘you were wrong.’”

The band played into that storyline throughout the concert so it was really fun to watch, Risk said.

“They played a lot of their old songs and took suggestions from the crowd for a few — definitely worth driving to Dallas and back on a Wednesday night,” Risk said.

The band played songs from all five of their albums, and audience members were just as impressed with their talent as they were years ago.

“The Jonas brothers are even better live than they are on the radio. Their vocal ranges are crazy and I am so impressed with their natural talent. They put on an excellent show,” Racz said.

“Engaging the audience, I believe, is a crucial part of being an entertainer versus just a performer. The Jonas Brothers are for sure entertainers.”

Despite the years they have taken off touring together, the Jonas Brothers have not lost their energy. Racz said they were amazing live and loved getting to see how far they’ve come as a band.

Racz went to their concert back in 2009 and it only made sense to see them in concert all these years later.

“It was incredible seeing them again in college, especially after watching their documentary, ‘Chasing Happiness.’ Racz said. “It was all about their journey through the years and really showed how they struggled and came back stronger after each having independent lives and careers.”

Racz went to the Jonas Brothers concert back in 2007 when they released their first album. She has been “Team Nick” since the beginning. When they set their tour dates for this year, she bought tickets to see them in Dallas for their Happiness Begins album, Racz said.

“Now, people who were kids in 2006 and have grown up to see them are in college or school, so it’s a big deal,” Racz said.

Dallas senior and lifelong Jonas Brothers fan Caroline Yablon went to see them in concert on Wednesday night.

“I have always loved their music and old Disney channel and all the throwbacks. The fact that they’ll all back together on tour, I thought — why not? I won’t get this chance again. I never got to see them in concert as a kid,” Yablon said.

Racz went on Wednesday as well — she didn’t have a test the next day — so it was reasonable to drive up on a school night, she said.

“It has been 10 years since they last performed as a band and I thought it would be an incredible concert and when was I ever going to get to see the Jonas Brothers in concert again?” Racz said.

In the school year’s long days and life gets more serious, students still find it important to trace back to their childhood.

“Everyone wishes they were a kid again, and in a way going to this concert was a way to go back,” Yablon said.
Baylor Rhules through 2028

**REIGN OF RHULE**

Baylor football head coach Matt Rhule pushed the expiration date of his seven-year contract to March of 2028. The extension was announced by a press conference Monday evening.

The coach said in his weekly media luncheon on Monday that he is excited for the opportunities this will bring to his partnership with the university.

“Everything here is the best of the best,” Rhule said. “I hope it tells recruits that yes ... I’ll probably have other options. I’ve had other options, our coaching staff have had other options, (but) we’ve not forced it to be here. We love to be here and this is an great place.”

The extension comes on the wake of Rhule retooling NFL coaching interest, namely from the Colts and Jets over the past season.

David Smock of ESPN 1400 reported Monday morning that Rhule’s extension featured one of the top five buyouts in the country. Beyond in college coach contracts are included to safeguard universities from coaches leaving for better opportunities.

But Baylor Athletic Director Mark Rhoades said that the buyout was not placed as a way to keep Rhule’s “shaming” at Baylor. “I don’t want to be in a situation where somebody is going to stay at your place.” Rhoades said. “Now, with that said, a buyout is important, whether it’s Coach Rhule or someone else. (...). The buyout is important but it’s not necessarily because we’re going to do it to prohibit Coach Rhule or others from leaving, because that’s just not the right mentality.”

The buyout dollar amount probably won’t be released anytime soon, but the new contract gives fans, recruits and current students alike security in the program.

Rhule was recruited by Rhoades in 2016 to be Baylor’s next head coach in the wake of Art Briles’ firing. That choice has been fruitful for the university even though Rhule’s first season in Waco wasn’t too rosy as the Bears posted a 1-11 record in the fall of 2017.

That seems to be part of Rhule’s pattern, however. The Penn State alum started his tenure at Temple with a 2-10 record, followed it up with a 6-6 season and two 10-win seasons before moving to Baylor. In Rhule’s second season at the former’s head coach, Rhoades finished with a 7-5 record, which included a Texas Bowl victory over Vanderbilt.

The success here came off the field as well for Rhule, especially in recruiting. Following the 1-11 season, Baylor brought in the No. 26 recruiting class, according to ESPN Class Rankings. Rhule kept it up following the bowl season, bringing in the No. 14 class just past off-season.

Rhule football will take the good news into this weekend against Kansas State at 2:30 p.m. Saturday in Manhattan, Kan.

**DEFENSE HOLDS CYCLONES SCORLESS THROUGH THREE**

**JESSICA HARKAY**

Baylor’s defense held Iowa State scoreless in the first three quarters of its Big 12 opener on Saturday, but the Bears ended up giving away three touchdowns in the fourth. Although worry began to grow in the stands, junior defensive end James Loganhart said there was no panic to be seen on the defensive sideline.

“Normally in the past, like last year, there were times when things kind of get chaotic, and sometimes I feel like that hurt us in the past. But I feel this time when there was chaos, we embraced it,” Loganhart said.

Despite the fact that the defensive unit is still young, the Bears are playing their best defensive line performance since he’s been at Baylor, pointing out freshman defensive lineman Shamar Gilyard, junior transfer Nnobi Zezere and sophomore Braken Taylor as some of the guys that stood out.

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The defense recorded three sacks, eight pass breakups, seven quarterback hurries, and most importantly, two turnovers — something that Loganhart said boy McGehee, associate head and defensive ends coach, has emphasized during the last year.

“Last year the defense really focused on getting the offense going into the off season — even last year — turnovers win games,” Loganhart said. “Coach McGehee, he preached that all of off-season, and going into the off season — even last year — turnovers win games.”

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The most important takeaway from the defensive unit was the turnover, something that Loganhart said McGehee preached all of the time.

“Coach McGehee, he preached that all of off-season, and all spring ball and all fall camp. I felt the defense enjoyed the battle,” in the first half alone, the Cyclones had nearly 18 minutes of possession, 15 of which were in the first quarter. Regardless of having over 200 yards of offense, Iowa State was unable to finish drives due to being pressured by the Bears. McGehee said it was proud of how his team contained the Cycolones and their quarterback Brany Campbell.

“For Iowa State to be the type of team that they are and for Coach [Matt] Campbell to be the type of coach he is — I’m really proud of our players because they needed to get this win,” Rhule said. “We’ve been working really hard. This was a year’s worth of work to get to this game. Now I have to kind of sit a bit more, think a bit more. The Bears next travel to Manhattan, Kan., to face the Kansas State Wildcats at 2:30 p.m., Saturday.
BEST OF THE BEST: Junior outside hitter Jerrick Bernard left, wraps up Kansas State's Joely Gaten during the first half of the Bears' first home conference game on Saturday in Stillwater, Okla.

I’LL TAKE THAT RANKING PLEASE: Oklahoma State safety, Jarrick Bernard, left, wraps up Kansas State running back Joe Ennin during the first half of the Big 12 home conference game on Saturday in Stillwater, Okla.

KEEP AWAY: Arizona State quarterback Jayden Daniels (5) evades the tackle of California's Cameron Goode in the second half of the Sun Devils' 24-17 win on Friday night. The game marked the 24th consecutive win by the Bears.

Big 12, Pac-12: Two storylines from Week Five

MATT SODERBERG
Sports Writer

After a Bear win, the rest of college football may take a backseat to the celebrations here in Waco. Hell, they all play football just like us, so be smarter and catch up here with the rest of the Bears.

Rotating Door in the Big 12

Eight of the ten Big 12 squads were in action this week, including the victorious Baylor Bears. The third seat in the conference has been a rotating door over the past few weeks. Iowa State was ranked to start the season, TCU was ranked two weeks ago before their loss to Southern Methodist and this week Kansas State was No. 24 before a loss to Oklahoma State at the hands of the Cowboys.

Heading into this week, Oklahoma State gets their turn as the rankings at No. 21, while Baylor and Kansas State both receiving votes lower in the poll. This week the Bears and the Wildcats will play in Manhattan, Kan. this weekend while the Horned Frogs travel to Ames, Iowa to face off with the Cyclones. This will be a big deciding week in the conference should either Texas or Oklahoma start dropping games.

And, I should say, I purposely left out the Longhorns and Sooners for most of that recap as they will most likely for the two squads moving during conference championship weekend last this fall. There would have to be multiple big upsets for one of them to fall out of that game.

Sandstorm Out West

Arizona State beat No. 15 and previously undefeated California, UCLA and No. 21 USC each lost on the road and Washington State got beat up in Salt Lake City at the hands of Utah. Adding to that, the best team in the conference, Oregon, had a bye week. To sum all that up, the Pac-12 is as unclear as ever.

Let's start with the North division. Currently unranked California has a very good defense. That is definite if nothing else. No. 13 Oregon played well against one of the best teams in the country in Auburn and that remains their only loss. This week the country gets to see which one is truly the real deal as they face off in Eugene. Ore. The outsider is No. 15 Washington, who has already lost to California in the second week of the season. The Huskies will go on the road this week to face Notre Dame. Hopefully, this week will provide some clarity for this division.

I have less hope for the South division. As of now, former Texas A&M head coach Kevin Sumlin leads the Arizona Wildcats over higher regarded USC, UCLA, No. 20 Arizona State and No. 17 Utah. Utah is generally thought of as the best team out of that crop, but former NFL head coach Herm Edwards has quickly turned around his Sun Devils squad to relevance, knocking off two ranked teams to reach a No. 20 ranking already.Anyways Arizona will next face off against Colorado, who is currently second in the South.

Meanwhile the Bruins get a home matchup with an exceptionally weak Oregon State squad. There will be no more clarity next week for this division that there is now, but there will be more drama in pay attention to in the coming months as we head into October.

I’LL TAKE THAT RANKING PLEASE: Oklahoma State safety, Jarrick Bernard, left, wraps up Kansas State running back Joe Ennin during the first half of the Bears' first home conference game on Saturday in Stillwater, Okla.