1-35 construction shakes up campus traffic; completion expected in 2024

TYLER BUI
Staff Writer

Reconstruction of Interstate 35 continues to make changes on and around the Baylor campus, with updates like lane closures and construction zones having the potential to affect members of the Baylor and Waco communities.

Lori Fogleman, assistant vice president of media and public relations for Baylor, and Kenneth Roberts, public information officer for the Texas Department of Transportation (TxDOT), will both play an important role in communicating the changes and traffic updates to the Baylor community.

According to Fogleman and Roberts, a few major changes have been accomplished thus far: the 1-35 pedestrian bridge at Eighth Street has been removed, 3-5:55 downtown, Fourth St and BTH Street until 335A has been removed, a portion of Dutton Avenue has been temporarily closed between 530B Street and Eighth Street and the process of removing the 11th and 12th Street bridge has begun.

In a recent Aug. 13 Baylor NebuLab, further updates were mentioned regarding lane closures and how they could affect traffic.

The policy must include definitions of prohibited behavior, including sexual assault, sexual harassment, stalking and dating violence.

Almost all faculty and staff members were already required by Baylor policy to report incidents of sexual misconduct, but Senate Bill 212 provides distinct requirements regarding who is a mandated or confidential person.

The new law also requires that any Baylor employee, including a professor, who is contacted as a confidential person must report any knowledge of possible sexual misconduct to the Title IX coordinator or deputy coordinator. Confidential people may still make reports that provide limited information about the alleged victim under specific circumstances.

Almost all faculty and staff members were already required by Baylor policy to report incidents of sexual misconduct, but Senate Bill 212 provides distinct requirements regarding who is a mandated or confidential person.

The new law also requires that any Baylor employee, including a professor, who is contacted as a confidential person must report any knowledge of possible sexual misconduct to the Title IX coordinator or deputy coordinator. Confidential people may still make reports that provide limited information about the alleged victim under specific circumstances.
LETTER FROM THE EDITOR

Contents

Entering new school year with pessimism limits full experiences

Debunking freshman myths

Stop the self-fulfilling prophecy

Dribbling freshman myths

LETTER FROM THE EDITOR

Reality

Editorials express the opinions of the Lariat Editorial Board. Lariat letters and columns provide a forum for student expression. Because these are diverse views, the Lariat does not guarantee that every viewpoint will be published. Letters should be a maximum of 400 words. The letter is not guaranteed to be published.

To submit a Lariat Letter, email Lariat_Letters@baylor.edu. Letters should be a maximum of 400 words. The letter is not guaranteed to be published.
Bears go international

This summer, Baylor students had the opportunity to study abroad in 26 different countries and on six continents. While experiencing diverse cultures and environments around the world, students were simultaneously able to focus on their academic major.

Baylor in Australia is a 24-day trip where students travel to 11 destinations. The program focuses on the environmental conservation and natural history of North Queensland, Australia. Along with spending time inside a classroom, Baylor in Australia provides a more immersive curriculum where students can develop a better understanding of the environment by experiencing it firsthand.

Boerne junior Josh Bell, an environmental science major who partook in the program, said that its immersive nature helped him gain more knowledge about his field of study.

“Being able to go somewhere and really live in the reality of the culture, not just from a tourist perspective was amazing,” Darwin said. “We got to experience what it’s really like to live in Hungary.”

Girasol, Neb., junior Kacie Scharf, an international business and finance major, studied abroad through Baylor in Denia.

The program is five weeks long and focuses on immersing students in the culture and language of Spain. Students were encouraged to take advantage of their environment and speak Spanish as often as possible.

“We spoke Spanish at all our meals, which really helped me to improve my speaking abilities,” Scharf said. “It was definitely a big change, and I still have a lot to learn, but I think being surrounded by Spanish speakers has helped me improve a lot faster than I thought.”

Scharf said one of her favorite aspects of studying abroad was the differences in culture that she noticed.

“One big difference between Spain and the United States is during lunchtime—in Spain, you take a siesta every day. You are expected to take a few hours and enjoy your meal. It’s really different from the United States where you rushed out as soon as possible. We were able to enjoy our meal and each other’s company each day,” Scharf said.

On a typical day, students finished class around 12:30 p.m. and had the afternoon to go into towns and experience the culture in Denia.

“It was really amazing to be able to experience the culture in Spain because most of the cities are so much older than the United States,” Scharf said. “The country has so much history to offer, and I was able to see how it has changed over time.”

To learn more about the BearsAbroad programs, visit their website.
GETTING YOUR BAYLOR NEWS HAS NEVER BEEN EASIER.

LARIAT NEWSPAPER
ON STANDS EVERY TUESDAY AND FRIDAY

LARIAT WEBSITE
WWW.BAYLORLARIAT.COM

LARIAT RADIO
FOLLOW OUR PODCAST “DON’T FEED THE BEARS”

MORNING BUZZ E-NEWS
DELIVERED TO YOUR INBOX EVERY TUESDAY THROUGH FRIDAY

LARIAT TV NEWS
IN YOUR MORNING BUZZ, WWW.BAYLORLARIAT.COM AND BULARIAT YOUTUBE

LARIAT APP
FIND US IN THE APP STORE TO GET YOUR NEWS ON THE GO.

LARIAT SOCIAL
FACEBOOK • TWITTER • INSTAGRAM
An unnamed former assistant professor of economics accused Baylor University of gender-based discrimination, according to a new Title IX lawsuit filed Aug. 9. It is the latest in a string of rape cases Baylor found guilty of sexual assault on the basis of his male gender.

The lawsuit claims Baylor compensated for recent sexual assault against Doe by enacting a "university-wide" policy against sexual bias and intimidation inconsistent with its stated "Christian principles."

Doe alleged he was terminated from his position at the university prior to his completion of the Title IX investigation.

After the plaintiff ended their relationship, the lawsuit alleges his accuser "made false allegations about plaintiff's behavior toward Baylor's Title IX office, and Baylor's Title IX Coordinator, Laura Johnson, encouraged the woman to file the complaint. The complaint's testimonies included that Doe told a friend, Deshawn Johnson, for "if [Doe] Setup [Doe] didn't have good evidence [Doe] wouldn't be in the position to doubt [Doe's] complaint." 

Baylor also clarified that determining a precise correlation between Doe and undergraduate transfer students entering in the fall of 2019 and the core load is meant to be entirely restructured for the 2019 Arts and Sciences categories like theater and art events in the areas of art, literature/world cultures. The first Cultural Event Experience is an instrumental requirement will be valuable for four events per year. Students in the College of Arts and Sciences will have Cultural Event Experiences where students can earn class credit. Students can check out the current exhibition called "Masters from the Martin: Édouard Léon Cortès." 

Among the thousands of students who were penalized by University of Texas Longhorns coach Tom Herman for attending a football game in the 1980s, only 20 came to their own opinions about art, decision, like a violation of university policy prohibiting "bias and intimidation related to the disciplinary process, "Backer said that determining a precise correlation between Doe and undergraduate transfer students entering in the fall of 2019 and the core load is meant to be entirely restructured for the 2019 Arts and Sciences categories like theater and art events in the areas of art, literature/world cultures. The first Cultural Event Experience is an instrumental requirement will be valuable for four events per year. Students in the College of Arts and Sciences will have Cultural Event Experiences where students can earn class credit. Students can check out the current exhibition called "Masters from the Martin: Édouard Léon Cortès." 

Among the thousands of students who were penalized by University of Texas Longhorns coach Tom Herman for attending a football game in the 1980s, only 20 came to their own opinions about art, decision, like a violation of university policy prohibiting "bias and intimidation related to the disciplinary process, "Backer said that determining a precise correlation between Doe and undergraduate transfer students entering in the fall of 2019 and the core load is meant to be entirely restructured for the 2019 Arts and Sciences categories like theater and art events in the areas of art, literature/world cultures. The first Cultural Event Experience is an instrumental requirement will be valuable for four events per year. Students in the College of Arts and Sciences will have Cultural Event Experiences where students can earn class credit. Students can check out the current exhibition called "Masters from the Martin: Édouard Léon Cortès."
**TRAFFIC from Page 1**

"Floorboard traffic on University Parks Drive has shifted to a single lane on the east side of the road from Robinson Tower to Davie Ave., where it then shifts back to the regular eastbound lanes of University Parks drive," the alert said. "Road closures on University Parks Drive have been reduced to two lanes due to increased building activity in the area in order to accommodate the floorboard single lane." The alert went on to mention four important points: improved pedestrian safety, an increase in technology and enhanced aesthetics on the area, the completion of the South Loop I-35 from North 340 Loop to 12th St., according to my35.org.

Robertson said this project was necessary because the continuous population increase in Texas will provide safer mobility between intersections, there will be better lighting, and a new overpass that will be built at 11th Street over the interstate through our work zones. "The subcommittee has provided a tool for the community to use that will assist in the soil navigation and around campus — WacoB4map.org," according to the alert. "The tool is to plan and safely navigate around construction zones. The tool is to help out. It's absolutely amazing!"

**ENTERTAIN from Page 1**

"We've talked to some of them who have been frustrated and James Baptist Church," Robertson said. "There are people I talked to, who would come to our meetings and they just stopped coming. I asked, 'Why don't we use some antennas?' They were shocked. 'This happens so much.'"

As an officialchapter administrator, Robertson says Baylor will be able to rent from rooms for their meetings and events and advertise on campus to prospective members during events like Homecoming and Spring week. Houston senior Anna Conner, director of communications, said that members must insist that being a member was "the only chance we have for top-level talent from around the country to meet a Baylor campus. We're not going to help them."

Benton echoed the statement that "other prospective members of Gamma said they've found reasons to move to a more private area." Benton echoed the statement that "the City of Waco, said that is to accomplish four main points: improve mobility, add capacity, incorporate technology and enhance aesthetics on the area, the six mile stretch of I-35 from North 340 Loop to 12th St., according to my35.org. The alert said that is to accommodate the increased capacity. The alert said that will provide safer mobility between intersections, there will be better lighting, and a new overpass that will be built at 11th Street over the interstate through our work zones. "The subcommittee has provided a tool for the community to use that will assist in the soil navigation and around campus — WacoB4map.org," according to the alert. "The tool is to plan and safely navigate around construction zones. The tool is to help out. It's absolutely amazing!"

**WANT A CAREER IN PUBLIC RELATIONS?**

For more information or to arrange a visit, please send an email to Jeanne Charpentier at jeanne.charpentier@wacotxnews.com.
Join A&L and Social Media LIVE
as they explore Waco in search of hidden gems.
First up: Downtown Waco District tour
Sept. 13-15
DM us your suggestions >>
@TheBaylorLariat @bulario @baylorlariat
STAY TUNED FOR A MINI TRAVEL SERIES!
Learn how to fight the freshman fats | Page B6
Lariat editors recommend favorite eateries | Page B7
New eatery revives East Waco community

MADALYN WATSON
First Managing Editor

Revival Eastside Eatery was transformed into a restaurant from the walls of an old church in East Waco after being empty for years. The owner, manager and chef of Revival Eastside Eatery, Danielle Young, said Waco is currently in a period of revitalization and rebirth and hopes she can use the business to give back to the community in her community as well as to breathe new life into the old historic church.

“We see this as an extension of our home and church in East Waco. The owner, I developed the recipes. You’ll see some of Baylor’s most talented will come our way on audition day. Texas itself is home to our very first American Idol, Kelly Clarkson, and we’re hoping Waco and Texas can deliver once again.

Young and her husband have a background in Young Life, so even before opening the restaurant, they have constantly been looking for the community for meals in their own home. "I think local businesses in small and large towns are the hidden gems of what makes the community what it is," Young said.

Young and her husband have a background in Young Life, so even before opening the restaurant, they have constantly been looking for the community for meals in their own home. "I think local businesses in small and large towns are the hidden gems of what makes the community what it is," Young said.

Young and her husband have a background in Young Life, so even before opening the restaurant, they have constantly been looking for the community for meals in their own home. "I think local businesses in small and large towns are the hidden gems of what makes the community what it is," Young said.

Young and her husband have a background in Young Life, so even before opening the restaurant, they have constantly been looking for the community for meals in their own home. "I think local businesses in small and large towns are the hidden gems of what makes the community what it is," Young said.
Baylor Theatre gears up for new year

"Matilda The Musical" (Gold). This Tony-winning masterpiece tells the story of an 8-year-old girl who dares to take a stand and change her destiny—and is being held in Baylor’s Jones Theatre from Oct. 22 to 27. "It feels like a really good fit for this year— with the season we’re having, it just felt like a smart move," said Lisa Denman, undergraduate program director and director of "Matilda the Musical." "It looks like a really good hit for this year." The rights just became available this past year, so it will be new and is so timely and full of energy," said Lisa Denman, undergraduate program director and director of "Matilda the Musical." "It looks like a really good hit for this year— with the season we’re having, it just felt like a smart move.

"Yerma" (Gold) is about a woman who’s married, her increasing urgency to become pregnant drives her to pursue more male bodies, and the citizens have their friendships, he said. "Venus" (Gold) is about a woman who visits her dreams, and after years of marriage, her increasing urgency to become pregnant drives her to pursue more male bodies.

"Rhinoceros" (Green) is a "thought- provoking tale about how bad things can get," said Lisa Denman, undergraduate program director and director of "Matilda the Musical." "It looks like a really good hit for this year— with the season we’re having, it just felt like a smart move." Attendees or show-goers can look forward to seeing some classics being brought to the stage.

The productions are set to begin Oct. 22. The auditions for After Dark will be held on Sept. 3 and 4. Audition sign-ups are available on the Baylor Theatre Arts website. The auditions for After Dark will be held on Sept. 3 and 4. Audition sign-ups are available on the Baylor Theatre Arts website.

Movie Mondays

On Monday nights, the Waco Hippodrome Theatre in downtown Waco shows a free movie to Baylor students. According to the Movie Mondays website, "Baylor students and the Waco community are provided an opportunity to view documentary and independent films that address important topics and issues within our world."

Established in 2015, Movie Mondays will faithfully continue into the fall semester. Admission is free, but tickets must be picked up at the Waco Hippodrome Box Office or Baylor Ticket Office. The auditions for After Dark will be held on Sept. 3 and 4. Audition sign-ups are available on the Baylor Theatre Arts website.

Free events for Baylor students

Morgan Harlan
Assistant News Editor

Kick start the semester with Late Night, Arts & Life and Mligo Mondays.

Late Night

During the first few weeks of class, Baylor freshmen have many opportunities to meet fellow classmates and find activities to join. Late Night is an event hosted by Baylor that will be held 7 p.m. to midnight on Aug. 16 for students to browse different clubs and activities. The event will take place at the McLane Student Life Center, Bosque Spiritual Life Center, Bobo Library, Bill Daniel Student Center, McLane Student Life Center, Bobo Spiritual Life Center, Russell Gymnasium, and the Students Union. Attendees or show-goers can look forward to seeing some classics being brought to the stage.

Late Night is an event hosted by Baylor that will be held 7 p.m. to midnight on Aug. 16 for students to browse different clubs and activities. The event will take place at the McLane Student Life Center, Bosque Spiritual Life Center, Bobo Library, Bill Daniel Student Center, McLane Student Life Center, Bobo Spiritual Life Center, Russell Gymnasium, and the Students Union.

Morgan Harlan
Assistant News Editor

Kick start the semester with Late Night, Arts & Life and Mligo Mondays.

Late Night

During the first few weeks of class, Baylor freshmen have many opportunities to meet fellow classmates and find activities to join. Late Night is an event hosted by Baylor that will be held 7 p.m. to midnight on Aug. 16 for students to browse different clubs and activities. The event will take place at the McLane Student Life Center, Bosque Spiritual Life Center, Bobo Library, Bill Daniel Student Center, McLane Student Life Center, Bobo Spiritual Life Center, Russell Gymnasium, and the Students Union. Attendees or show-goers can look forward to seeing some classics being brought to the stage.

Late Night is an event hosted by Baylor that will be held 7 p.m. to midnight on Aug. 16 for students to browse different clubs and activities. The event will take place at the McLane Student Life Center, Bosque Spiritual Life Center, Bobo Library, Bill Daniel Student Center, McLane Student Life Center, Bobo Spiritual Life Center, Russell Gymnasium, and the Students Union.

Morgan Harlan
Assistant News Editor

Kick start the semester with Late Night, Arts & Life and Mligo Mondays.

Late Night

During the first few weeks of class, Baylor freshmen have many opportunities to meet fellow classmates and find activities to join. Late Night is an event hosted by Baylor that will be held 7 p.m. to midnight on Aug. 16 for students to browse different clubs and activities. The event will take place at the McLane Student Life Center, Bosque Spiritual Life Center, Bobo Library, Bill Daniel Student Center, McLane Student Life Center, Bobo Spiritual Life Center, Russell Gymnasium, and the Students Union. Attendees or show-goers can look forward to seeing some classics being brought to the stage.

Late Night is an event hosted by Baylor that will be held 7 p.m. to midnight on Aug. 16 for students to browse different clubs and activities. The event will take place at the McLane Student Life Center, Bosque Spiritual Life Center, Bobo Library, Bill Daniel Student Center, McLane Student Life Center, Bobo Spiritual Life Center, Russell Gymnasium, and the Students Union.

Morgan Harlan
Assistant News Editor

Kick start the semester with Late Night, Arts & Life and Mligo Mondays.

Late Night

During the first few weeks of class, Baylor freshmen have many opportunities to meet fellow classmates and find activities to join. Late Night is an event hosted by Baylor that will be held 7 p.m. to midnight on Aug. 16 for students to browse different clubs and activities. The event will take place at the McLane Student Life Center, Bosque Spiritual Life Center, Bobo Library, Bill Daniel Student Center, McLane Student Life Center, Bobo Spiritual Life Center, Russell Gymnasium, and the Students Union. Attendees or show-goers can look forward to seeing some classics being brought to the stage.

Late Night is an event hosted by Baylor that will be held 7 p.m. to midnight on Aug. 16 for students to browse different clubs and activities. The event will take place at the McLane Student Life Center, Bosque Spiritual Life Center, Bobo Library, Bill Daniel Student Center, McLane Student Life Center, Bobo Spiritual Life Center, Russell Gymnasium, and the Students Union. Attendees or show-goers can look forward to seeing some classics being brought to the stage.

Late Night is an event hosted by Baylor that will be held 7 p.m. to midnight on Aug. 16 for students to browse different clubs and activities. The event will take place at the McLane Student Life Center, Bosque Spiritual Life Center, Bobo Library, Bill Daniel Student Center, McLane Student Life Center, Bobo Spiritual Life Center, Russell Gymnasium, and the Students Union.

Morgan Harlan
Assistant News Editor

Kick start the semester with Late Night, Arts & Life and Mligo Mondays.

Late Night

During the first few weeks of class, Baylor freshmen have many opportunities to meet fellow classmates and find activities to join. Late Night is an event hosted by Baylor that will be held 7 p.m. to midnight on Aug. 16 for students to browse different clubs and activities. The event will take place at the McLane Student Life Center, Bosque Spiritual Life Center, Bobo Library, Bill Daniel Student Center, McLane Student Life Center, Bobo Spiritual Life Center, Russell Gymnasium, and the Students Union. Attendees or show-goers can look forward to seeing some classics being brought to the stage.

Late Night is an event hosted by Baylor that will be held 7 p.m. to midnight on Aug. 16 for students to browse different clubs and activities. The event will take place at the McLane Student Life Center, Bosque Spiritual Life Center, Bobo Library, Bill Daniel Student Center, McLane Student Life Center, Bobo Spiritual Life Center, Russell Gymnasium, and the Students Union. Attendees or show-goers can look forward to seeing some classics being brought to the stage.
Dinner & a show?

Art gallery offers free arts experience

GABY SALAZAR
Copy Editor

Culture is the driving force of any city. The Waco Hippodrome Theater. The current exhibition features top-tier local art from one of Baylor University’s lecturers, Greg Lewallen.

Located on Austin Avenue, the art gallery first opened its doors back in December 2017 and has since become the home for various local artists and members of the community alike. Rebekah Hagman, the owner of Cultivate 7Twelve, said to expect powerful works of art coming soon.

Located on Austin Avenue, the art gallery is preparing for fundraising events, First Friday exhibitions, Restaurant Week, live music, well- fed and a special exhibition featuring one of Baylor’s art lecturers, Greg Lewallen.

“There will be jungle-inspired beverages and insect-inspired sweet treats,” Hagman said.

The gallery showcases a different exhibition featuring a local artist every month. The newest exhibition by Lewallen is open to the public now until Sept. 5.

Lewallen has traveled all throughout South America, New Zealand, Peru and Africa collecting exotic bugs, beetles, moths, grasshoppers and butterflies.

“He finds inspiration in some of creation’s smallest creators, believing their diversity and intricate detail display some of God’s finest work,” according to his webpage.

“Lewallen Legends: Tales from the Jungle and Beyond. The Adventures of an Artist and Beyond, The Adventures of an Artist” will be an open event from 6 - 7:30 p.m. Friday. Lewallen will speak about his adventures abroad, featuring a slideshow of pictures and videos from his travels.

“If we didn’t have this show, our students could potentially go through their entire career here and never see anything that we do,” Lewallen told The Lariat (2018).

The gallery will host its first Restaurant Week where guests of Cultivate 7Twelve will have the opportunity to dine with the art at 7 p.m. Sept. 13. Restaurant Week is a great way to earn support and funds for the gallery. Hagman said the show will focus on the female face and form. This event is also open to and free to the public.

On Sept. 6, a First Friday exhibition called “Wild Fire: Women of Strength, A Celebration of the Female Form” will take place in the gallery. Hagman said the show will focus on fighting to end hunger and poverty in the Waco community. “This will be a great event for students to stay up campus and come participate,” Hagman said.

The art gallery will treat the community to its monthly Jim Jam from 7 to 9:30 p.m. on Wednesday. Music will be performed by the Central Texas Jazz society, but guests are welcome to participate with the band. Musicians must bring their own instrument, but in addition to the Jim Jam being free and open to the public, guests are free to check out the gallery or just hang out and listen.

Hagman also lets people rent out the gallery for open arts experience. This includes discounts on prints and space for summer art shows.

“We also allow artists to rent studio space on a first-come, first-served basis for $3 per square foot,” Hagman said.

On Sept. 6, a First Friday exhibition called “Wild Fire: Women of Strength, A Celebration of the Female Form” will also take place in the gallery. Hagman said the show will focus on fighting to end hunger and poverty in the Waco community. “This will be a great event for students to stay up campus and come participate,” Hagman said.

The art gallery will treat the community to its monthly Jim Jam from 7 to 9:30 p.m. on Wednesday. Music will be performed by the Central Texas Jazz society, but guests are welcome to participate with the band. Musicians must bring their own instrument, but in addition to the Jim Jam being free and open to the public, guests are free to check out the gallery or just hang out and listen.

Hagman also lets people rent out the gallery for open arts experience. This includes discounts on prints and space for summer art shows.

“We also allow artists to rent studio space on a first-come, first-served basis for $3 per square foot,” Hagman said.
Welcome Back

Every August, student and faculty volunteers at Baylor welcome over 3,000 freshmen by moving their belongings into their dorm rooms. This tradition, now known as Move 2 BU, has only officially existed since 2004.

Before Move 2 BU was an official event, students had help moving in but didn’t have their cars unloaded for them like they currently do.

Kim Scott, interim associate vice president of student life, has been the move-in project coordinator for all 15 years that Baylor has held Move 2 BU. Scott attended Baylor in the 1980s and her move-in experience was relatively low-fuss.

“I pulled my car up right in front of Collins dorm, where you can’t park anymore, and I hauled my couple of duffle bags up to my room,” Scott said. “Everybody was friendly.”

According to a document provided by Scott, the first orchestrated move-in had 175 staff members, including faculty and students. Since the first structured move-in, Move 2 BU has now been split over two days in four-hour shifts for freshmen and transfer students.

This year, students in Living and Learning Centers and residential colleges moved in on Aug. 21, and students in all-freshmen communities moved in the following day.

Move-in hang tags, which are available in students’ housing portals, showed the detailed route each student should take to campus based off of their move-in schedule, traffic and construction.

As soon as students arrived at their dorms, volunteers swarmed their cars and unloaded everything into their rooms. By the time a student walks into their room, all of their boxes are there and all they have to do is unpack.

“They don’t have to worry about getting to the campus, to the right place, making those 20 trips with all their stuff and kind of being separated, hot and stressed,” Scott said. “All of that we hope is taken away so that you can focus on having a good time and a quality time as a family in a time that can be stressful because somebody’s starting college.”

Incoming classes at Baylor typically enroll over 3,300 first-time freshmen. Combined with all of each year’s transfer students, Move 2 BU volunteers need to take on a large amount of work in order to unload all students’ belongings in a timely manner.

Ryan Cohenour, associate director for housing administration, helps plan move-in logistics. One initiative that Cohenour has introduced to make volunteers’ work load more reasonable is the time slot system.

This program assigns students a 15-minute span of time to arrive to campus, which helps prevent volunteers from being overwhelmed by too many students coming at once. This also helps keep the traffic flow outside of the dorms.

When asked why it’s important to have a coordinated move-in effort where volunteers do the hard work, Cohenour said, “That’s kind of the Baylor way. It’s paying it forward.”

You can learn more about Move 2 BU on Baylor’s website.

RYAN COHENOUR | Associate Director for Housing Administration

“That’s kind of the Baylor way. It’s paying it forward.”

MEREDITH HOWARD | Staff Writer

“BE THE LIGHT, BEARS” A student volunteer shows how to #BetheLight by helping with move in at Kokernot Residence Hall.

BEAR HUG A father and son share an intimate moment during the family picnic Thursday.

WHAT A GENTLEMAN First Gent Brad Livingstone helps with move in at Collins Residence Hall.

LEADING THE WAY President Linda Livingstone realizes she has to hike up to the fifth floor of Collins Residence Hall.

SUPERHEROES AND SNACKS Faculty members make sure student volunteers are well taken care of with the snack cart during move in.

ORGANIZED CHAOS Baylor Police Department helps with heavy traffic from move in.

OUTBREAK Volunteers greet a new family to move in with an enthusiastic Sic’em!

STRONG BONDS Some freshmen packed on the heavy side for the upcoming semester but received help from new friends.

ALL SMILES The Medrano family gets in one last family picture before saying goodbye.

HYDRATE OR DIE-DRATE Volunteers take a break and rehydrate while waiting to help another freshman move in.

BE THE LIGHT, BEARS A student volunteer shows how to #BetheLight by helping with move in at Kokernot Residence Hall.

OUTBREAK Volunteers greet a new family to move in with an enthusiastic Sic’em!

STRONG BONDS Some freshmen packed on the heavy side for the upcoming semester but received help from new friends.

ALL SMILES The Medrano family gets in one last family picture before saying goodbye.
**PRESTON GOSSETT**

With some helpful tips from Campus Recreation and Baylor nutrition, the “Freshman 15” can be null and avoid the “Freshman 15” by attending classes, studying and making use of the surrounding resources.

According to Tan Smith-Davis, assistant director of the Department of Wellness, one of the common misconceptions about the “Freshman 15” is that there just is not time to exercise because of studying, schoolwork and more. Studying and exercise goes hand in hand to achieve a direct correlation between physical activity and academic success.

“I can almost guarantee that if you are active on a regular basis – you’re going to have higher academic success,” Smith-Davis said. “It’s research showing that this is what’s happening.”

**MADISON DAY**

Digital Managing Editor

Being between three major cities in Texas can be about 90 miles each direction has its advantages for Baylor students.

**Austin**

Whether it’s heading down to Austin to rent a kayak from Lady Bird Lake or heading up to Zilker Park to catch a country concert at Billy Bob’s, the possibilities are endless.

Many students, including Houston junior Meredith Cagley, enjoy going to Austin for the weekend or even just a day trip. “I typically like to go to Zilker Park or South Congress for the day and then go out for a nice dinner with my friends at night,” Cagley said.

Some of the “can’t-miss Austin attractions” include the Barton Creek Greenbelt, Zilker Park, the bull at the Congress Avenue Bridge, according to Timmons, a media outlet dedicated to covering city attractions and cities worldwide. If you get to start hungry, Timmons has suggested trying out a lot of the “21 best restaurants,” including Zumber & Rey, Ballygunnack and Uchi.

Murals also line the streets and alleys as perfect pictures of Austin, so don’t forget to take some pictures to show off the icons.“I love you so much” wall and the “Greetings from Austin” postcard wall. To make planning a trip even easier, Timmons has created a list of must-see spots to include on your Austin trip.

A weekend getaway to any one of these cities is a great way to clear your head and take break from the stress of college life, not to mention exploring a new city is exciting.

**Dallas**

If you decide to head north for the weekend, there is no shortage of activities in the Dallas/Fort-Worth area either. Los Angeles senior Tiffani Cockran often goes to Dallas for her dance classes, the spectacular food, Trader Joe’s and simply to explore all the city has to offer. “If I want to get away from Waco for a little, I just make the drive up to Dallas,” Cockran said. “Usually just go for the day and Bird Percussion in NorthPark Center for some shopping and a good arm workout, but once you get out on the river, you’re experiencing nature, which is calming in and of itself,” Scott said.

Another thing that students could take advantage of is the 2.25-mile outdoor Bear Trail that winds around campus. Campus Recreation started working with the Boho Spiritual Life Center this past year, and now in every Bear Trail sign at every quarter mile, there is a scripture or a breathing technique. The signs are meant to help free the minds of walkers and runners, Scott said.

“When you get your blood pumping by journaling, it clears your mind so that you can actually absorb more information,” Scott said. “If you work out and then go study, you’ll find you have the energy and the motivation because your brain cells are fully oxygenated.”

**TEXCANVAS**

Houston junior Meredith Cagley escapes to Austin’s Zilker Park for a day trip.

**TECNATION**

Houston junior Melanie Balleza said, “Even though it isn’t the most relaxing city, there is a lot of food and bars.”

Aside from the metropolitan cities of College Station and Dallas, some students, including Houston junior Kate Balleza, also like to head to College Station for the weekend to use free the minds of the surrounding area.

The State Fair of Texas is coming up in September and is a great way to spend a fall day in Dallas. For baseball fans, take in a Rangers game at Global Life Park in Arlington. If you’re in need of outdoor therapy or a drive for semi-formal, plan to spend hours at the Park Center for some shopping and College Station. For more information, visit baylor.edu/wellness.

**BAYLOR UNIVERSITY**

The Baylor Roundup yearbook will host photo sessions once in the fall and once in the spring. Follow the Lariat to find out when your session is or go to www.baylor.edu/roundup to find your date and order your book.

**Don’t forget the one that will remember you this year...**

Fighting freshmen fats

with fitness facts

**Fall FitWell Classes**

Free trials from Aug. 3 to 15 for the following classes:

- Gentle Yoga
- Yoga
- Barre
- Cycle
- MMA
- Boot Camp
- Dance
- Aquaeise
- TaiWendoku

For more information, visit baylor.edu/wellness.

**Far Far Waco**

Major weekend fun, only a drive away

**Madison Day**

Digital Managing Editor

Being between three major cities in Texas has its advantages for Baylor students.

**Austin**

Whether it’s heading down to Austin to rent a kayak at Lady Bird Lake or heading up to Zilker Park to catch a country concert at Billy Bob’s, the possibilities are endless.

Many students, including Houston junior Meredith Cagley, enjoy going to Austin for the weekend or even just a day trip. “I typically like to go to Zilker Park or South Congress for the day and then go out for a nice dinner with my friends at night,” Cagley said.

Some of the “can’t-miss Austin attractions” include the Barton Creek Greenbelt, Zilker Park, the bull at the Congress Avenue Bridge, according to Timmons, a media outlet dedicated to covering city attractions and cities worldwide. If you get to start hungry, Timmons has suggested trying out a lot of the “21 best restaurants,” including Zumber & Rey, Ballygunnack and Uchi.

Murals also line the streets and alleys as perfect pictures of Austin, so don’t forget to take some pictures to show off the icons. “I love you so much” wall and the “Greetings from Austin” postcard wall. To make planning a trip even easier, Timmons has created a list of must-see spots to include on your Austin trip. **Texas**

A weekend getaway to any one of these cities is a great way to clear your head and take break from the stress of college life, not to mention exploring a new city is exciting.

**Dallas**

If you decide to head north for the weekend, there is no shortage of activities in the Dallas/Fort-Worth area either. Los Angeles senior Tiffani Cockran often goes to Dallas for her dance classes, the spectacular food, Trader Joe’s and simply to explore all the city has to offer. “If I want to get away from Waco for a little, I just make the drive up to Dallas,” Cockran said. “Usually just go for the day and Bird Percussion in NorthPark Center for some shopping and a good arm workout, but once you get out on the river, you’re experiencing nature, which is calming in and of itself,” Scott said.

Another thing that students could take advantage of is the 2.25-mile outdoor Bear Trail that winds around campus. Campus Recreation started working with the Boho Spiritual Life Center this past year, and now in every Bear Trail sign at every quarter mile, there is a scripture or a breathing technique. The signs are meant to help free the minds of walkers and runners, Scott said.

“When you get your blood pumping by journaling, it clears your mind so that you can actually absorb more information,” Scott said. “If you work out and then go study, you’ll find you have the energy and the motivation because your brain cells are fully oxygenated.”

**TEXCANVAS**

Houston junior Meredith Cagley escapes to Austin’s Zilker Park for a day trip.

**TECNATION**

Houston junior Melanie Balleza said, “Even though it isn’t the most relaxing city, there is a lot of food and bars.”

Aside from the metropolitan cities of College Station and Dallas, some students, including Houston junior Kate Balleza, also like to head to College Station for the weekend to explore the surrounding area.

The State Fair of Texas is coming up in September and is a great way to spend a fall day in Dallas. For baseball fans, take in a Rangers game at Global Life Park in Arlington. If you’re in need of outdoor therapy or a drive for semi-formal, plan to spend hours at the Park Center for some shopping and College Station. For more information, visit baylor.edu/wellness.

**BAYLOR UNIVERSITY**

The Baylor Roundup yearbook will host photo sessions once in the fall and once in the spring. Follow the Lariat to find out when your session is or go to www.baylor.edu/roundup to find your date and order your book.
Lariat editors recommend their favorite Waco eateries

**Baked Bliss Baking Company**

Gluten-Free Options

Being gluten-free, it’s really hard to find tasty items that meet my dietary restrictions at an affordable price. Baked Bliss really popped off.

**Editor's Choice**

SHAE KOHARSKI
Social Media Editor

**Mi Jalisco Grill #2**

Personable Staff

It has authentic Mexican food, and not enough students know about it! They know my name and order. They honestly feel like family.

**Editor's Choice**

KENNEDY DENDY
Executive Producer

**George's in Hewitt**

Fun Ambience

They have a great atmosphere on gamedays, whether it’s high school or the Cowboys game on Sunday.

**Editor's Choice**

COLE TOMPKINS
Multimedia Editor

---

**Baris**

Affordable Italian

The pink sauce is amazing and the staff is super friendly. I think it’s one of the things I missed most about Waco over the summer.

**Editor's Choice**

PRESTON GOSSETT
Arts & Life Editor

**Taqueria Zacatecas**

Close Proximity

It’s really hard to find good Tex-Mex considering that the Hispanic population of Waco is 25%. It’s affordable and super close to where I live.

**Editor's Choice**

DJ RAMIREZ
Sports Editor

**Harvest on 25th**

Light Dessert Option

It’s a really good sunny day and I’m not eating anything I didn’t like.

**Editor's Choice**

BRIDGET SJOBERG
News Editor

---

**FOR RELEASE SUNDAY, AUGUST 25, 2019**

**PREMIER CROSSWORD** by Frank A. Longo

**CONTRIBUTING EDITOR**

---

**Gluten-Free Options**

Baked Bliss Baking Company

Price: $$

**Personable Staff**

Mi Jalisco Grill #2

Price: $$$

**Fun Ambience**

George’s in Hewitt

Price: $$

**Affordable Italian**

Baris

Price: $$

**Close Proximity**

Taqueria Zacatecas

Price: $$$

**Light Dessert Option**

Harvest on 25th

Price: $$

---

*Gluten-Free Options*

Baked Bliss Baking Company

**Personable Staff**

Mi Jalisco Grill #2

**Fun Ambience**

George’s in Hewitt

**Affordable Italian**

Baris

**Close Proximity**

Taqueria Zacatecas

**Light Dessert Option**

Harvest on 25th

---

**PREMIER CROSSWORD** by Frank A. Longo

**CONTRIBUTING EDITOR**

---

**Gluten-Free Options**

Baked Bliss Baking Company

Price: $$

**Personable Staff**

Mi Jalisco Grill #2

Price: $$$

**Fun Ambience**

George’s in Hewitt

Price: $$

**Affordable Italian**

Baris

Price: $$

**Close Proximity**

Taqueria Zacatecas

Price: $$$

**Light Dessert Option**

Harvest on 25th

Price: $$

---

*Gluten-Free Options*

Baked Bliss Baking Company

**Personable Staff**

Mi Jalisco Grill #2

**Fun Ambience**

George’s in Hewitt

**Affordable Italian**

Baris

**Close Proximity**

Taqueria Zacatecas

**Light Dessert Option**

Harvest on 25th

---

**PREMIER CROSSWORD** by Frank A. Longo

**CONTRIBUTING EDITOR**

---

**Gluten-Free Options**

Baked Bliss Baking Company

Price: $$

**Personable Staff**

Mi Jalisco Grill #2

Price: $$$

**Fun Ambience**

George’s in Hewitt

Price: $$

**Affordable Italian**

Baris

Price: $$

**Close Proximity**

Taqueria Zacatecas

Price: $$$

**Light Dessert Option**

Harvest on 25th

Price: $$

---

*Gluten-Free Options*

Baked Bliss Baking Company

**Personable Staff**

Mi Jalisco Grill #2

**Fun Ambience**

George’s in Hewitt

**Affordable Italian**

Baris

**Close Proximity**

Taqueria Zacatecas

**Light Dessert Option**

Harvest on 25th

---

**PREMIER CROSSWORD** by Frank A. Longo

**CONTRIBUTING EDITOR**

---

**Gluten-Free Options**

Baked Bliss Baking Company

Price: $$

**Personable Staff**

Mi Jalisco Grill #2

Price: $$$

**Fun Ambience**

George’s in Hewitt

Price: $$

**Affordable Italian**

Baris

Price: $$

**Close Proximity**

Taqueria Zacatecas

Price: $$$

**Light Dessert Option**

Harvest on 25th

Price: $$

---

*Gluten-Free Options*

Baked Bliss Baking Company

**Personable Staff**

Mi Jalisco Grill #2

**Fun Ambience**

George’s in Hewitt

**Affordable Italian**

Baris

**Close Proximity**

Taqueria Zacatecas

**Light Dessert Option**

Harvest on 25th

---
GET YOUR BAYLOR NEWS FROM A BEAR’S PERSPECTIVE.
College football to be celebrated with national year-long campaign

ATHF AZ MERCHANT
Sports Writer

The band is playing, fans are roaring, and advertisements roving through the veins of millions of people preparing to take part in an experience born centuries and a half ago. As so much change has failed to the 2019 football season, there is much more to draw than what the season means to the road to the national championship. This year marks the 150th anniversary of college football. The celebration will pay homage to the genre and the numerous opportunities it has given to various student-athletes around the country. According to Kevin Weiberg, executive director of the CFB150, the celebration will be a year-long effort with several other organizations taking part as well, including the NCAA and the National Football League.

“Were looking forward to advancing the sport, the game we gave around this, which is to make it a broad-based national celebration and use this platform of the anniversary to national people about the aspects of the game that have been so important across all these years,” Weiberg said.

Among the initiatives taken by CFB150, the NFL will have tributes to the sport during the Dallas Cowboys and New York Giants game on Nov. 4 in New York City. The organization has also sent helmet decals and a large Super Bowl logo to all 32 teams across all these years, “Weiberg said. The anniversary celebration began during the Big 12 Media Days. “It’s the best regular season month is October and November.”

Bears Go Pro

The former Baylor midfielder became the first Bear to be drafted to the National Women’s Soccer League. She was the 11th overall pick in the second round.

SPRING BACK INTO ACTION >>

Catch up on postseason coverage of spring sports at Bay lorLariat.com

CELEBRATING AMERICA’S GAME

Inching toward the start of the 2019 football season, Baylor joins in the celebration of 150 years of college football.

Football: Jalen Hurts to the San Francisco 49ers

With the 67th overall pick in the 2019 NFL Draft, the Niners selected the former Bears wide receiver in the third round. Hurts made an impact in his debut with two TDs and three catches against the Dallas Cowboys on Aug. 10.

Who’s Got Beef? Top 5 college football rivalries:

5. NAVY vs ARMY: This rivalry needs no explanation. Navy leads the series 60-52-2, but Army is on a game winning streak.

4. LAFAYETTE vs LEHIGH: These two teams have played each other more times than any other with 154 games since the first matchup in 1884. Lafayette leads 78-71-5.


2. MICHIGAN vs OHIO STATE: This rivalry is about more than just football, with the fans in both states. Michigan leads the series 58-50-4 but Ohio State is on a seven win tear.

1. TEXAS vs TEXAS A&M: Despite the rivalry’s “end” with the Aggies move to the SEC, this 117-year-old feud lives on in the hearts of fans across the Lone Star State. Just go listen to their fight songs.
Baylor soccer to kick off the 2019-2020 season

JESSIKA HARKAY
Sports Writer

In preseason polls, Baylor soccer is ranked No. 14 nationally and program-high No. 2 in the Big 12 Conference going into the 2019 season. The rankings don’t hold any weight to seventh-year head coach Paul Jobson, though.

“We don’t put much into that, you know. I take people’s opinions. I’m not based on anything, really. People are looking at, ‘OK, what did the teams do last year, what did they have, what do they have?”, Jobson said. “We’ve appreciated that attention, we appreciate the confidence people have in us, but it really means absolutely nothing. We get to go on the field every day and every team we play and take advantage of those opportunities.”

The Bears come off their most successful season in program history, with a 20-6-3 record and the Big 12 regular season title. Yet the team’s mentality is centered on leaving last season in the past and working towards this year’s development.

The program said goodbye to very few players in the offseason with midfielder Jhala James becoming the first Baylor soccer player to be drafted to the National Women’s Soccer League. Although losing a big scoring threat, the Bears are looking to be put to the test really early. We’ll know where we are. Get our freshmen adjusted early as well. We have a lot of new faces, and it just is a different vibe than other seasons,” said he.

Junior outside hitter AJ Koele made the transition from Mississippi State, where she totaled 331 kills in 2018. McGhee might have a slight advantage with familiarity this season is freshman middle blocker Yossiana Pressley, who was an AVCA Trader Amateur Year Team All-American her senior year at high school.

Having enrolled in the spring, Koele and McGhee might have a slight advantage with extra practice, which will help the Bears boost in the eyes of the fifth-year head coach.

“Honestly I think that we’ve been winning every drill so far, doing so our way and keeping really hard up. Our defense is really mature, and we have better leaders in our conference,” said he.

The Bears are also welcoming six freshmen and two transfers this year. Junior setter Callie Williams, daughter of assistant coach Jason Williams, transferred from Tennessee. Sophomore outside hitter AJ Keole made the transfer from Minnesota State, where she totaled 125 kills in 67 sets as a middle and had 22 blocks.

The experience that came from the first scrimmage seemed to work. In their second exhibition against Texas State, outshooting the Bears coming off their most successful season in program history, with a 20-6-3 record and the Big 12 regular season title. Yet the team’s mentality is centered on leaving last season in the past and working towards this year’s development.

The ranks hold no weight to seventh-year head coach Paul Jobson, though.

“We don’t put much into that, you know. I take people’s opinions. I’m not based on anything, really. People are looking at, ‘OK, what did the teams do last year, what did they have, what do they have?”, Jobson said. “We’ve appreciated that attention, we appreciate the confidence people have in us, but it really means absolutely nothing. We get to go on the field every day and every team we play and take advantage of those opportunities.”

The Bears come off their most successful season in program history, with a 20-6-3 record and the Big 12 regular season title. Yet the team’s mentality is centered on leaving last season in the past and working towards this year’s development.

The program said goodbye to very few players in the offseason with midfielder Jhala James becoming the first Baylor soccer player to be drafted to the National Women’s Soccer League. Although losing a big scoring threat, the Bears are looking to be put to the test really early. We’ll know where we are. Get our freshmen adjusted early as well. We have a lot of new faces, and it just is a different vibe than other seasons,” said he.

Junior outside hitter AJ Koele made the transition from Mississippi State, where she totaled 331 kills in 2018. McGhee might have a slight advantage with familiarity this season is freshman middle blocker Yossiana Pressley, who was an AVCA Trader Amateur Year Team All-American her senior year at high school.

Having enrolled in the spring, Koele and McGhee might have a slight advantage with extra practice, which will help the Bears boost in the eyes of the fifth-year head coach.

“Honestly I think that we’ve been winning every drill so far, doing so our way and keeping really hard up. Our defense is really mature, and we have better leaders in our conference,” said he.

The Bears are also welcoming six freshmen and two transfers this year. Junior setter Callie Williams, daughter of assistant coach Jason Williams, transferred from Tennessee. Sophomore outside hitter AJ Keole made the transfer from Minnesota State, where she totaled 125 kills in 67 sets as a middle and had 22 blocks.

The experience that came from the first scrimmage seemed to work. In their second exhibition against Texas State, outshooting the
Head coach Matt Rhule is only the second coach at Baylor in the last 50 years to reach a bowl game after just two years on the job.

Over the course of three seasons at Temple from 2013 to 2015, Coach Rhule’s team improved from a dismal 2-10 record to 10-4. Similarly, coming up on his third year of tenure with the Bears, the head coach has the chance to bring the program to its first 10-win season since 2015.

That’s the head coach’s expectation, too, although he admits it’s easier said than done.

“I want to make another jump from last year.” Rhule said. “It’s much harder to go from good to great. That’s because most of us are pretty happy being good. We spend a lot of time saying, ‘Hey, at least we’re not as bad as we once were.’ It takes elite focus, and it takes elite accountability to become a great football team."

The first step to another winning season? According to Rhule, consistency.

From being blown out one week to securing a win the next, Rhule said his Baylor team has “never been in control of a game.”

“We were reactionary, and great teams are consistent every single time, and great coaches talk about it. That’s what’s hard to do — is to get our guys consistent day-in and day-out, but I think they know that’s where they have to get to.” Rhule said. “From last year to this year, the game is won to the third minute. We have to get a lead. We have to stop the run and make teams one-dimensional so you can turn it up. It’s a function of all of that."

Limiting opponents’ momentum includes making a stand on defense, especially preventing big plays.

For example, in the 66-33 loss against Oklahoma last year, the Sooners racked up more than 600 offensive yards, including scoring plays over 30, 50 and even 80 yards.

Creating a dominant defense begins with controlling the line of scrimmage. Associate head and defensive ends coach Joey McGuire is putting his focus on killing plays before they begin — with sacks.

“Anytime you can hit the quarterback, it’s a good thing. We’ve got to create turnovers,” McGuire said. “That’s been a huge emphasis this year. One thing we’ve done really well is intercepting the ball. We’ve created a lot of turnovers right now, and that’s one thing we’ve got to get better at.”

Controlling the line of scrimmage goes both ways, as the Baylor offensive line has struggled and finished with allowing the most sacks in the Big 12 for two consecutive years.

Yet, there are two crucial changes in the offensive line this year: depth and physical growth.

Offensive line coach Shawn Bell emphasized the strategy behind finding the best five.

“As offensive linemen, we don’t just teach this position; we teach a system. Once you understand the system, you can play any one of these positions,” Bell said. “One thing with Coach Rhule is knowing your job. If you’re a left tackle, you have to know what the right guard does. If you’re a center, you’ve got to know what the right tackle does.”

Rhule believes an improved offensive line is the key to the team’s 2019 success.

“When we get here, there were six offensive linemen on the roster, and we shored them up. Two guys retired to get us down to seven line. We played a 279-pound freshman in tackle the last five games, but he’s a 380-pounder now.” Rhule said. “For us to be a team that’s in contention and relevant in November, we’ve got to play much better than we have on the offensive and defensive lines, and I think we’re ready for that and our guys understand that’s the next step.”

The third-year coach realizes his team has to protect its top asset.

“We have a great quarterback,” Rhule said. “He can’t be running for his life all the time. We have to make sure he’s comfortable if we want to play at a high level.”

The last step to make Baylor football win this season comes from believing in the vision to become better.

“I expect myself to do the job that I’m hired to do, and that’s to get us to be a hard team every year and have us as a team in November that’s fighting to play in the championship game,” Rhule said. “We weren’t that last year, and that’s the next step. A lot of things have to happen in order to make that happen, but we’re going to fight like heck to make it happen.”

Rhule’s football season starts when the Bears host Stephen F. Austin at 6 p.m. on Saturday at McLane Stadium.
**Oklahoma (12-2)**

Last year's No. 1 team, which started the season No. 1, is back at the top. Lincoln Riley will be running the same well-oiled machine this year. The defense should be impenetrable and the offense will be as explosive as usual.

**Texas (10-4)**

Third-year head coach Tom Herman leads the Longhorns into the fall coming off of their first 10-win season since 2009 (10-3-1). The Longhorns are playing with a new attitude and a new sense of urgency.

**Texas Christian University (7-6)**

The Horned Frogs enter 2019 with a battle of experience, as their offense returns 31 starters.

**West Virginia (8-4)**

West Virginia is one of four teams in college football to face a schedule of 11 FBS opponents this season. The Mountaineers are looking at least four players, including the NCAA Transfer Portal. They include safety Kenny Martin III, who averaged 14.5 tackling a game last season and senior wide receiver Sam James, who racked up the Big 12's second-most yards per game (905) and receptions per game (4.3).

**Baylor (7-6)**

In 2018, the Bears mostly struggled on the defensive side of the ball, particularly in the trenches. The defense allowed 410.1 yards per game that not only led to touchdowns, but also totaled 39% of total yardage per game (4.3).

**Oklahoma State (7-6)**

In 2018, Oklahoma State was one of the nation's top 20 teams in scoring defense. The defense allowed 24.7 points per game, which ranked 16th in the Big 12 and 23rd nationally. The defense also held 10 opponents to below their season average.

**Kansas (3-9)**

The Jayhawks struggled on offense last year averaging 300.5 yards per game compared to 456.3 by opponents. UMass's style of offensive production led last year's former head coach Les Miles to say the key to the offense is talent and finding balance with junior quarterback Charlie Brewer and senior wide receiver Daylon Charlot.

**Kansas State (5-7)**

First-year head coach Chris Klieman has a challenge ahead of him as the Big 12 conference begins the season with 10 teams, five of which are ranked in the preseason Top 25.

**Texas Tech (5-7)**

New head coach Matt Wells has his eyes on consistency. Tech had a lost season three of the last five years under Kliff Kingsbury.

**Texas Christian University (4-1)**

The Horns enter 2019 with 23 returning players and a deep and talented roster.

**Texas Christian University (5-1)**

The Horns return 23 starters, including 11 on offense and 12 on defense.

**Texas Tech (2-1)**

The Red Raiders enter 2019 with 23 returning players and a deep and talented roster.

**Texas Christian University (1-1)**

The Horns enter 2019 with 23 returning players and a deep and talented roster.

**Texas Tech (0-1)**

The Red Raiders enter 2019 with 23 returning players and a deep and talented roster.
Big 12 quarterbacks maintain their reputation

AHFAAZ MERCHANT

The Big 12 conference is known for producing elite quarterbacks such as Robert Griffin III, Patrick Mahomes and Vince Young. The QB battle between the conference has always been something to look forward to. But in recent years, the Oklahoma Sooners, led by head coach Lincoln Riley, have been dominating the conference and proving their talent.

In the 2018 season, former Oklahoma quarterback Kyler Murray threw for just over 4,000 yards with 46 touchdowns, ultimately leading his Sooners to a 12-1 record and the Heisman Award.

Murray was the latest in a list of big-name NFL caliber, immediately following Baker Mayfield, the quarterback who turned around the Cleveland Browns’ much-dysfunctional with a 7-5-1 overall season. Oklahoma is coming off back-to-back Heisman winners and No. 1 overall NFL Draft picks; but this season they are not the only ones with the threatening quarterbacks.

Once again, the Big 12 is stacked with big names under center. But there are three who are making a name for themselves in the conference, according to 247Sports. Baylor’s Charlie Brewer, Texas’ Sam Ehlinger and Oklahoma’s Jalen Hurts, who recently transferred from the University of Alabama, are several of them mentioned.

The Baylor Bears have proved their place in the Big 12 in the past. The junior from Austin isn’t only a force statistically, he is also a leader, according to head coach Matt Rhule.

“I think Charlie’s an elite competitor. He’s got a lot of potential, and he’s very coachable. He’s a winner. He’s tough,” Rhule said. “I think he’s going to be one of the great players in the conference.”

Just a little over 100 miles away from McLane Stadium is another player whose talent is not only taking the conference but the nation by storm. Junior Ian Elingel, the young talent out of Austin Westlake High School, is taking Texas football by the horn. The junior playing for Coach Tom Herman threw for 3,292 yards with 25 touchdowns in the 2018 season. He also led the Longhorns to a huge 48-41 victory over the conference-leading Sooners in the final seconds of their 2018 rivalry game last October.

Despite all of his effort to push Texas football to new heights, there are still doubts in some minds in light of comments made about his quarterback, according to Herman.

“Sam [Ehlinger] loves to play with a chip on his shoulder, and I’m sure he will use this to crank it up a notch. It is, again, it’s pretty riveting in terms of how it affects our program,” Herman said.

The biggest threat in the conference, though, comes from the Sooners producing winners, the Oklahoma Sooners and transfer Jalen Hurts. With Baker Mayfield and Kyler Murray’s chosen to fill, the Sooners get good news this off season with the transfer announcement of Jalen Hurts. His arrival to Norman, Okla. adds a bit of spice to the Big 12, as the Sooners have been making an appearance in the college football playoffs for two consecutive seasons but keep coming up short of the National Championship.

The transfer quarterback lost his starting position to Alabama junior Tua Tagovailoa in the 2018 national championship game and sat out the following season. He put up a fight during his time as starter, though, with 5,626 passing yards and 48 touchdowns. These numbers are much higher than that of the young quarterbacks at Baylor and Texas, since Hurts has a year of experience on the two of them.

Although the Big 12 is filled with quarterback talent, several teams are still trying to find a standout within their roster. In the case of West Virginia, Will Grier’s departure into the NFL as the third-round draft pick to the Carolina Panthers will leave new head coach Neal Brown, with the task of developing more depth in the quarterback position. In contrast, Texas Christian University is abundant with options to fill the quarterback position, but head coach Gary Patterson has one name in mind.

“Alex Delton: you’ve got a guy that was a team captain, handled himself well,” Patterson said. “He didn’t seek out Alex. He sought us out.”

Big 12 football will be back in motion on Saturday, and conference play will begin Sept. 21.
How to survive the Baylor Line

JESSICA HARKAY
Sports Writer

Gold jerseys with nicknames engory your stance, bace from the people around you come with pride. The new hype rules play on the big screen and your right in the middle. When the block is charged and your eyes lock onto the human wall blocking thousands of new freshmen behind it. The words from an approach make you and the other day repeat in your head – "don't trip!"

In three...two...one...book it!

If you're prepping for Saturday Aug. 31 and your first run, here's some of the best advice from someone who's avoided falling, dehydrating (for your first run, here's some of the best advice from someone who's avoided falling, dehydrating and who's continued to avoid it. The words from an upperclassmen you met the other day repeat in your head — "don't trip."

Create a mental map.

Something that helped my roommate and me successfully stay together was creating a mental map and holding hands. If you decide to run with someone, make sure you're both on the same page and plan game plans discussed before. The best thing you can do is have a plan of where you want to be at the end of the 100 yards. Stick to the plan as you can. It’ll help you avoid the inevitable hundreds of unfortunate kids who end up tripping or being accidentally pushed down. In all seriousness, there’s an idea of the direction you want to head in, who you want to follow and where you want to end up in the human tunnel and bleachers.

If you want to be in the front, get there an hour or two early. If you’re slower, opt for the back. Honestly, there’s nothing that will pique your adrenaline more than being in the front of the line and feeling as if you’re running for your life but that isn’t for everyone. If you’re up for the challenge and enduring the heat for a bit longer, get there early. Bring a water bottle with you, a little phone fan if you can, and good company. Be prepared to look a bit unattractive at the finish line, but it’ll be worth it at the end of the night. The memories of squishing and pushing, but without a doubt, can, and good company. Be prepared to feel a lot of adrenaline, but helping someone back down. In all seriousness, have an idea of the direction you want to head in, who you want to follow and where you want to end up in the human tunnel and bleachers.

Don’t look back. Don’t stop. Run.

The best part of the Baylor Line is the excitement that surrounds you. The amount of school spirit and energy is unmatched. Every few minutes, there’s a different chant or a new "Sic 'em" being stirred up. Make friends with the people around you, and realize that this is genuinely your new family for the next few years. Engulf yourself in the moment.

Dress appropriately.

One of the most important things to understand is you’re running with hundreds of other freshmen, so just like if you were running from hundreds of real bears, prepare yourself. Dress appropriately. Wear thin clothing, and avoid thick shirts or multiple articles of clothing. You won’t need more than your phone, ID and water bottle.

Hydrate or Die-drante is a real thing.

Wear thin clothing, and avoid thick shirts or multiple articles of clothing. You won’t need anything more than your phone, ID and water bottle.

Prepare for the most amount of 'Sic 'ems you’ll do all year.

One of the most important things to understand is you’re running with hundreds of other freshmen, so just like if you were running from hundreds of real bears, prepare yourself. Dress appropriately. Wear thin clothing, and avoid thick shirts or multiple articles of clothing. You won’t need anything more than your phone, ID and water bottle.

Don’t stress or panic when you run the first few minutes, there’s a different chant or a new "Sic 'em" being stirred up. Make friends with the people around you, and realize that this is genuinely your new family for the next few years. Engulf yourself in the moment.

Dress appropriately.

One of the most important things to understand is you’re running with hundreds of other freshmen, so just like if you were running from hundreds of real bears, prepare yourself. Dress appropriately. Wear thin clothing, and avoid thick shirts or multiple articles of clothing. You won’t need anything more than your phone, ID and water bottle.

Hydrate or Die-drante is a real thing. Bring water. Bring thin clothing, and avoid thick shirts or multiple articles of clothing. You won’t need anything more than your phone, ID and water bottle.

Find Your Waco showcases what Waco has to offer, from volunteer opportunities to ways to build your career and more. We can’t wait to see you there!

FREEDOM FOUNTAIN • WACO CONVENTION CENTER

With all of the books you have to remember this year...

WEDNESDAY Oct. 16, 2019 2 to 6 p.m.

The event will consist of FOUR QUADS
It’s made it easy for attendees to navigate:

WELCOME TO WACO!

Are you a first time student or returning to Waco? Then, mark your calendars for the 2019 Find Your Waco Life Fair!

Find Your Waco showcases what Waco has to offer, from volunteer opportunities to ways to build your career and more. We can’t wait to see you there!
Congratulations Official Baylor Ring Recipients!

The Official Baylor Ring is a visible symbol of a student’s graduation with their rings during the Spring Official Ring Ceremony. The students listed below are the latest group that were presented with their rings during the Spring Official Ring Ceremony.

Monday, August 26, 2019

ALUMNI ENGAGEMENT

Monday, Sept. 30 - Thursday, Oct. 3, 2019

Only Official Baylor Rings purchased during Ring Week will be presented at the ceremony.

*Order now to ensure ceremony delivery and special presentation. Visit balfour.com/baylor; email OfficialBaylorRing@Baylor.edu or call 1-866-225-3687.*

FALL RING WEEK

Any student with 75+ semester hours is eligible to take part in the Official Baylor Ring tradition. Order now to ensure delivery and special presentation.

Only Official Baylor Rings purchased during Ring Week will be presented at the ceremony.

Monday, Sept. 30 - Thursday, Oct. 3, 2019
10 a.m. - 3 p.m.
Bill Daniel Student Center Club Lounge