

Baylor Lariat com WE'RE THERE WHEN YOU CAN'T BE

Wednesday | October 30, 2013



FRAVIS TAYLOR | LARIAT PHOTO EDITOR

A fright to remember

Kindergarteners Jakobe Williams shows off his halloween costume at the South Waco Community Center Halloween Carnival on Tuesday. The festivities included a bounce house, ring toss, food and trick-or-treating.

Program aids heart of Waco community

New blow for Obama admin

Health care policies hit with cancellations

By Ricardo Alonso-Zaldivar AND STEPHEN OHLEMACHER ASSOCIATED PRESS

WASHINGTON (AP) - Move over, website woes. Lawmakers confronted the Obama administration Tuesday with a difficult new health care problem — a wave of cancellation notices hitting small businesses and individuals who buy their own insurance.

At the same time, the federal official closest to the website apologized for its dysfunction in new sign-ups and asserted things are getting better by the day.

Medicare chief Marilyn Tavenner said it's not the administration but insurers who are responsible for cancellation letters now reaching many of the estimated 14 million people who buy individual policies. And, officials said, people who get cancellation notices will be able to find better replacement plans, in some cases for less.

The Associated Press, citing the National Association of Insurance Commissioners, reported in May that many carriers would opt to cancel policies this fall and issue new ones. Administratively that was seen as easier than changing existing plans to comply with the new law, which mandates coverage of more services and provides better financial protection against catastrophic illnesses.

While the administration had ample warning of the cancellations, they could become another public relations debacle for President Barack Obama's signature legislation. This problem goes to the credibility of one of the president's earliest promises about the health care overhaul: You can keep your plan if you like it. In the spring, state insurance commissioners started giving insurers the option of canceling existing individual plans for 2014, since the coverage required under Obama's law is more robust. Some states directed insurers to issue cancellations. Large employer plans that cover most workers and their families are unlikely to be affected.



House Ways and Means Committee member Rep. Kevin Brady, R-Texas, right, accompanied by fellow committee member Rep. Paul Ryan, R-Wis., left, questions Marilyn Tavenner, the administrator of the Centers for Medicare and Medicaid Services, during the committee's hearing on Tuesday on Capitol Hill in Washington.

reaching policyholders, and they've been complaining to their lawmakers - who were grilling Tavenner on Tuesday.

"Based on what little information the administration has disclosed, it turns out that more people have received cancellation notices for their health care plans this month than have enrolled in the (health care website)," said Ways and Means Chairman Dave Camp, R-Mich. He cited a news report of 146,000 cancellations in his state alone.

Up and down the dais, lawmakers chimed in with stories of constituents who had received similar notices. Republicans offered examples of people being asked to pay more.

Democrats countered by citing constituents who had been able to find lower-cost coverage than they have now. Ranking Democrat Sander Levin of Michigan said one of his constituents has been paying \$800 didn't have to."

Obama's promise dates back to June 2009, when Congress was starting to grapple with overhauling the health care system to cover uninsured Americans.

"If you like your health care plan, you'll be able to keep your health care plan, period," the president said in remarks to the American Medical Association. "No one will take it away, no matter what."

Some immediately saw the promise as too broad to deliver on, given that health plans are constantly being changed by the employers that sponsor them or by insurers directly.

Nonetheless, Democrats in Congress devised a complicated scheme called "grandfathering" to try to make good on Obama's pledge. It shields plans from the law's requirements, provided the plans themselves change very little. Insurers say

By Rebecca Fiedler STAFF WRITER

Local nonprofit organization Shepherd's Heart feeds 3,000 Waco families in need per month, clothes children and families, counsels the downand-out and helps those who are homebound.

This year Shepherd's Heart's food pantry has fed more than 30,000 families, said Robert Gager, executive director of Shepherd's Heart. Besides operating a food pantry, Shepherd's Heart performs multiple other services. The organization delivers groceries to 350 homebound senior citizens per week.

"I call them the stealth population," Gager said. "They stay in their homes and nobody knows that they're even there."

Shepherd's Heart has five network pantries in Waco and one in Hubbard, and it will be adding three more in Robinson, Lorena and Elm Mott, Gager said.

Shepherd's Heart has a program called Noah's Heart, which provides coaching for people to overcome poverty. Gager said Shepherd's Heart will counsel people once a month who come to the organization in need by having them meet with other nonprofits providing a variety of different services. The nonprofits educate people on the resources the organizations offer, based on a particular individual's needs. Gager said the point

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The cancellation notices are now

a month for a BlueCrossBlueShield plan and managed to find comparable coverage for \$77, after tax credits that lower the premiums.

Still, Levin added, "this has become a matter of legitimate discussion"

It could take months to sort out the balance of individual winners and losers. There's not a central source of statistics on how many people have gotten cancellations. Even the number of people who buy insurance individually is disputed.

It isn't the administration's fault, said Tavenner. "In fact the issuer has decided to change the plan; (they) it has proven impractical.

The White House weighed in Tuesday, with spokesman Jay Carney saying the changes are part of a transition to better coverage. "The good news," he said, "is that for every one of these individuals who might have a plan that is almost by definition providing less than minimal benefits ... you are now being offered a variety of options, including options by the very insurer that covers you already, for new coverage."

Critics say that's like an airline

SEE **HEALTH**, page 3

Nursing school causes disconnect for some students

By Michael Davidson Reporter

Most college students spend four years at their respective university, participating in on-campus activities and campus organizations

Baylor nursing students, however, do not have this luxury, as they are required to move to to Baylor's Louise Herrington School of Nursing in Dallas after only two

years of studying at the Waco campus.

Many Baylor nursing students struggle with this change of scenery and the feeling of exclusion that comes with it.

"I definitely think being up in Dallas has separated us from Baylor's Waco campus and the activities that go on there," said Dallas alumna Katie Truty, who, after graduating from Baylor last year with a degree in Health Sciences, is now in her first year at the nursing school. "All the work they give us and the time frame of our classes make it really hard for us to be able to do the hour and a half trip very often."

In moving to Dallas from Waco, many attendees of the nursing school leave behind friends, significant others and opportunities to participate in school-related organizations, events and activities. Though they are technically

"I knew what I was getting into when I decided to go to the nursing school."

Robin Harris | Dallas junior

still a part of the university, some students feel indirectly excluded from the Baylor community and

the day-to-day happenings that occur here in Waco.

"I definitely feel like most of us feel a little bit left out of Big Baylor, which is what nursing students call the Waco campus," said Mission Viejo, Calif., junior Jordyn Bode. "Obviously the distance makes it difficult, as most of us don't get to see our friends, boyfriends or girlfriends that live in Waco and we have to prioritize what weekends we can go down and join in

Baylor activities. For example, I know most of us had to miss parts of homecoming because we had a big test the Monday following that weekend."

Some students, however, have taken a different approach to dealing with nursing school transition. A few have expressed that the inevitability of moving to Dallas is simply part of the process, and is

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WEB

Check out how Lariateers celebrate Halloween in our latest video on baylorlariat.com.



NEWS

Believe it or not, **Baylor** teachers have lives outside of the classroom, including kids.



SPORTS

Volleyball starts the second half of the Big 12 season on the road against Kansas today.



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Winning football games isn't bullying

Dinion Wednesday | October 30, 2013

Editorial

When we go to football games, we root for our team. We cheer to the extent of encouraging our team to "kill" the other, all in good fun of course. Baylor is certainly no stranger to whooping another team by way of points, especially this season. We, however, have never been accused of bullying.

At least, we haven't been formerly accused of bullying like Aledo football coach Tim Buchanan has.

On Oct. 18, Aledo High School played Western Hills in football. Buchanan is the football coach of a No. 1 ranked team in class A in Texas. Aledo has averaged almost 70 points a game thus far.

This time, however, Aledo racked up 91 points while Western Hills earned none. The next day, Buchanan received an email declaring a "Bullying Report" had been filed against him. The report compliments the Aledo players because, it states, they showed good sportsmanship. A Western Hills parent filled out the online form, which is meant to report actual cases of bullying, and claimed the coach should have told his team to ease up on their opponents when the game was in hand.

"That's not what you do in ath-

letics," Buchanan said in an interview with ESPN Headlines. What the report doesn't men-

tion is that when Aledo was up 56-0, the Aledo coaching staff was trying to figure out how to slow down their offense. Buchanan did what he could to slow his players down, as he said in the interview.

He subbed out his starting lineup and gave the rest of his team playing time. He told his punt returner to only call for fair catch. He let the clock run. He strategized ways to slow his team down without telling them to stop working hard. His players still made touchdowns and continued racking up points.

Several Western Hill parents said they thought a mercy should have ended the game. Many place the blame on Buchanan for letting this happen.

In his interview, Buchanan said there's a problem with our society. Instead of the parent going to the Western Hills coach and asking how the team could improve, the parent filed a report against the team that won.

What does it teach the Western Hills kids who see their parents target Aledo?

It teaches them that they did what they could and that's it. They don't have to work harder. All they have to do is complain and maybe they'll get their way next time.

This doesn't make sense. After

hard work practicing, working out and preparing for game time, it wouldn't have been fair to the Aledo players to tell them to ease up.

He knew it wouldn't have been fair to his players to have them give up and quit playing hard.

In addition, it isn't in the nature of football to just not score. In basketball, it's easy to pass the ball instead of scoring, but in football, when the field is wide open, the player can't just stand there and wait to be tackled. That would be bad sportsmanship.

Buchanan used this game to give his players more practice time on the field, knowing that they had tough opponents in their future. Western Hills wasn't one of those tough opponents and that's something the parents should learn to deal with. Even Western Hills coach John Naylor said he thought the score should've been worse.

American gold-medalist Wilma Rudolph once said, "Winning is great, sure, but if you are really going to do something in life, the secret is learning how to lose. Nobody goes undefeated all the time. If you can pick up after a crushing defeat, and go on to win again, you are going to be a champion someday."

Targeting the people who beat you in a game is not a good strategy. The best strategy is to pick yourself up, improve your game and try to win next time.



Parents need to get tough and discipline children

I'm not a parent. I don't claim to know the pressures of being a parent. I was, however, raised by two stunning parents. I was and still am very fortunate to have their guidance in my life.

There's a problem nowadays with society. I walk down the street and see a screaming child. He or she is upset and wants to go to the toy store now or wants food now. Occasionally, I'll see the child smack his or her parent when things don't go the child's way.

In that moment, all I can think is, "Wow." The parent begs the ild to calm down and attempts to bargain with them.

I think back to the episode of "The Andy Griffith Show" when a little boy tells Opie all he has to do is pitch a fit or threaten to hold his breath until his dad gives in to what he wants. The boy has to be around 9 or 10 years old in the show and yet he's rolling on the ground



the time, that something was important and all I could think about, but now I don't remember what it was.

In my childish mind, I believed yelling and hitting my head on the kitchen floor would help my parents see how much I needed whatever I wanted. So I did it. I banged my head on the floor. It hurt. When my parents didn't give in, I did it again — this time in the living room where there was carpet. It still hurt and I still didn't get what I wanted.

In fact, my parents asked if I was OK and why I'd hit my head on the floor. They didn't say, "Oh this poor baby! I better give her what she wants or she'll hurt herself!"

Ring-by-spring stereotype goes both ways at Baylor

Husband hunters, rings by spring and "M-R-S" degrees are common phrases around the Baylor Bubble. These are not entirely unwarranted. Certain females here, as well as women at other colleges, may indeed be more focused on the pursuit of a husband than the pursuit of academic success.

However, there are two sides to the coin.

The housewife hunters exist. This sector of men may not be at Baylor solely on the grounds of getting their "M-R" degree, but on average they do target a select group of women. The housewife hunter wants exactly what his title implies. He wants a woman that can cook, clean and raise 2.5 children while maintaining a trophy-wife appearance.

seeing his mother perform her spousal and motherly duties with grace and a smile.

His mom is an extraordinary woman and it makes perfect sense that he should pursue a girl with her qualities.



There are many women that gladly choose that vocation and are equally as gifted and intelligent as any professional. My mother's full-time job was raising my brothers and me, and home schooling us for the significant portion of our adolescence.

She also holds a college degree and can multitask more efficiently than anyone I know. So please do not read this as me demeaning housewives.

Rather, this is aimed to take the heat off of our resident husband hunters. You are not alone

out there.

"I'll get you a Happy Meal if you stop crying," the parent pleads.

Please, that's not teaching your kid anything except that you're a push-over. There's no discipline in this kind of relationship.

A child starts learning from day one. Kids have their behavior pattern pretty much set by age 6. After that, it takes a whole lot of elbow grease to change them.

If you teach them that all they have to do is cry or pretend to cry to get what they want, then that's not being a good parent. That's being a ... well, I'm not sure what that is.

The problem is that while you're a push-over and they don't ask politely for what they want and respect your answer, you're teaching them the world is like that as well. Then when they get out and about in society, they think all they have to do is work up a few tears and they get what they want.

We know this isn't true. The world, if anything, is unforgiving.

Linda Wilkins | City Editor

screaming and crying for his bike. From the moment we meet the kid we can say he's a spoiled brat.

Opie, however, was not raised that way. He tries the temper tantrum approach with his father Andy — but to no avail. Andy simply looks at him and continues working.

Too many parents in our society have given into the temper tantrum trick.

Now as you're reading this, you're probably thinking, "This girl has no idea. I bet her parents bargained with her when she was a kid!"

Let me tell you a story. Once upon a time, I was a little girl and I wanted something desperately. At

After instances like these, I somehow learned that screaming for what I wanted wasn't the way to do it.

Also, that floor hurt. I had to ask politely and in good ol' Southern fashion. I added the "yes, ma'am" or "yes, sir" at the end.

Occasionally I was threatened with the "I'll give you something to cry about!" approach, and I would sober up fast. However, I still respect my parents and it's because they respected me enough to discipline me.

The point of all this is to say: Some parents in our society need to man up

Your child will cry. Your child will plead with you. Don't give in by trying to bargain with them. They're children. They don't know what's best. You do.

Linda Wilkins is a junior journalism major from Tyrone, Ga. She is the city editor for The Lariat.

For a large percentage of the time, he slides under the radar, overwhelmed by the other male stereotypes of Baylor.

While this admittedly is a broad generalization, from my experience it does not seem far-fetched to believe that the housewife hunter is buried within most men at Baylor. They may not even realize it yet.

At first, this chauvinistic, old-fashioned expectation was surprising to me.

However, after taking a step back and looking at the backgrounds of the average housewife hunter, it all made sense.

First, he is typically a "momma's boy." He is accustomed to

Maleesa Johnson | Staff Writer

There is nothing wrong with that.

In addition, he is typically Southern. I know, naturally he is likely to be Southern; we go to a college in Texas. But I'm not speaking from a geographical standpoint.

I mean he is Southern. He believes in chivalry and will address you as "ma'am."

It's charming. Behind that polite behavior is the expectation that, should you two end up together, you will reciprocate with years of humble servitude.

That sounds harsh. I do not think of housewives as slaves.

If you came to Baylor with the ring by spring as your goal, you may be in luck. Women are not the only ones who enter college in hopes of finding their lifelong mate.

However, be warned.

Some males in search of wives at Baylor have certain expectations, and unless you enjoy making sandwiches, you may want to discuss those expectations before it's too late.

It is not the housewife hunter's fault that he is the way he is. He was practically raised to search out a certain type of woman.

In short, don't blame the M-R-S degree seekers or the housewife hunters.

Odds are, they were raised that way.

Maleesa Johnson is a sophomore journalism major from Round Rock. She is a staff writer for The Lariat.

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Opinion

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Baylor babies

teach profs to

juggle demands

News

Halloween gives churches unique opportunity

By Jeffrey Swindoll Reporter

With the excitement and preparation surrounding Halloween, church groups and Christians alike have a decision to make about participating in the holiday festivities. Several churches in the Waco community see the occasion as an opportunity to evangelize and serve local communities.

"I think it's important for the local community to see that the church is not just a group people going into one place and not doing anything outside in the community," Toph Whisnant, University Baptist Church community pastor, said. "God can do amazing things when we're willing to build relationships with people and be accountable with each other."

UBC and Highland Baptist Church are two of several churches that choose to serve the community on Halloween night.

"For many years we did an event called Trunk or Treat," Whisnant said. "We would have around 250 kids come and it drew a great response from the community."

Whisnant said the event was great for meeting children from the community, but also for showing them the love of Christ. However, UBC is changing from their longstanding Trunk or Treat event, but with a similar focus in mind.

This year, UBC is partnering with South Waco Community Center

"Last year, when the community center did their Fall Festival event. They had over 800 kids come through, using just eight volunteers," Whisnant said. "So this year we are not doing trunk or treat so that we can help them with our resources and volunteers for that event."

Highland Baptist Church holds another Halloween event that hundreds of people from the community annually attend.

"If we kept the doors open until 10:30 p.m., I think we would still have people waiting in line out the door," Kristin Hill, Highland Baptist Church volunteer, said.

Hill and her family play a large role in the Halloween activities at their church. The church opens its doors to all members of the community to pass out candy and cartoon tracts with stories about the Gospel message.

Tracts vary in presentation, but cartoon tracts are usually short comic strips that preach the gospel message in an metaphoric, anecdotal way. At the end of the tracts, there is usually a guide to help nonbelievers accept Jesus into their hearts.

"We make sure the message of the tract is relevant and something the kids and their parents will hopefully remember," Hill said.

Hill said that she is very specific and selective with which tracts that are handed out, and bases her selections to be centered on the Gospel, the story of Jesus.

"What we do now is make it into an event that everyone can enjoy," Hill said. "We also want to put something of good quality into the hands of the kids. So we started using tracts."

Hill said the event began as a simple, family-friendly Halloween party, but now the event has grown so much that people come in large crowds to the door to enjoy Halloween night at the event. Hill said it is an opportunity for the church to hand out even more tracts and encouraging material as well as show others the love of Christ.

"We usually have about 1,000 tracks in English and about 600 in Spanish, and we usually give them all out," Hill said. "At the end of the day, we hope and pray that the people that come through the doors will somehow hear the message of the Gospel."

Hill said the event is a fun, completely affordable way for

By Ada Zhang STAFF WRITER

At work, they grade papers and administer tests. At home, they change diapers and feed babies.

Many Baylor professors are not only teaching, but also raising young children. Academic couples at Baylor said they work together so they can achieve success in the workplace and at home.

According a Social Science and Medicine academic article, family life in developed countries is unique in that both parents are bread-winners. With both parents working, it becomes necessary for parents to coordinate schedules to appease one another and the needs of their children.

Dr. Sarah Walden, adjunct faculty in the Baylor Interdisciplinary Core, is married to Dr. Dan Walden, assistant professor of English. Both are full-time professors. Their son, Liam Walden, just turned one.

"The great thing about an academic faculty job is you have flexible hours," Walden said.

Walden said she and her husband follow a consistent morning routine to get themselves ready for work and Liam ready for daycare.

"So in the morning, I get up and get ready," Walden said. "Dan wakes up Liam and changes the diaper and brings him to me for his first bottle. Dan gets ready while I feed Liam his first bottle. We play with Liam for 15

minutes. I feed him cereal and fruit while Dan makes daycare bottles. Then Dan gets him dressed for daycare while I get packed up for work. Then at that point we take him to daycare."

Walden said she and her husband teach from 8 a.m until 3 p.m,., at which time they pick Liam up from daycare. Liam is usually in bed by 6 p.m., Walden said.

Walden said one of the challenges of being both a mom and a professor is compartmentalizing her time.

Trying to finish all your work in a business day is hard," she said. "The great thing about it is that I have designated certain times of day to do certain things. Three to six is all baby time. It's hard at first because you're at school missing your baby, but once you get into the rhythm, you say, 'These are the times of the day I do these things."

Walden said the roles of educator and mother are complementary to each another. Each contributes to the other, making her better at both, she said.

Walden said she openly talks about Liam to show students they don't have to choose between motherhood and a career.

"You can be fulfilled in multiple ways," Walden said. "You don't have to choose one over the other. I find work and motherhood to be fulfilling, and they don't conflict."

Walden's co-workers are sup-



Dan and Sarah Walden both juggle teaching at Baylor with taking care of their 1-year-old son Liam. The Waldens say that they stick to a strict routine when it comes to caring for Liam.

portive and understanding, she said, because many of them have kids of their own. They are even thinking about planning an event where their kids can play with one another, she said.

Like Walden, Dr. Michael-John DePalma, assistant professor of rhetoric and composition in the Professional Writing program, is also a full-time professor with a young child. He is married to Courtney DePalma, the Honors Residential College program director. Their daughter, Lily, is 18 months old.

While DePalma and his wife are at work, Lily's grandmother takes care of her. DePalma said his mother and mother-in-law alternate taking care of Lily every six weeks. DePalma's sister-in-law helps as well, he said.

Whether it's feeding or taking walks with Lily, DePalma said him and his wife do not delegate caretaking duties; they do things to-

gether.

possible without the support of extended family." Like Walden, DePalma said he tries to be efficient at work so that at home, he can be engaged and present with Lily.

Being a father to Lily has influenced his teaching in a positive way, DePalma said.

"I think of ways to make Court-

ney's life easier and she does same

for me," DePalma said. "If one per-

son is busier than the other person,

then we will work together. For

most part, we try to experience ev-

erything together. That wouldn't be

"Even though there's more coordinating, she's allowed me to be more balanced," he said. "So much of my time and thoughts and energy is focused on her that I think I'm less apt to maybe obsess about things that I might have before. It's allowed me to keep things in perspective in a way that's been healthy."

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forcibly upgrading you from economy to business class, and exposing you to a higher ticket price.

Proponents of the health care law offered evidence to support the administration's position that losing coverage could be advantageous. In California, Anne Gonzalez, a spokeswoman for the state's health care exchange, Covered California, said that about 900,000 people are expected to lose existing plans that do not provide the minimum level of coverage required under the health care law.

"They basically had plans that had gaping holes in the coverage. They would be surprised when they get to the emergency room or the doctor's office, some of them didn't have drug coverage or preventive care," Gonzalez said. About a third of those people will be eligible for subsidies, she said, if they come to the health exchange. During the House hearing, Tavenner delivered the most direct mea culpa yet from the administration for the technical problems that have kept many Americans from signing up through HealthCare. gov.

website, but also whether lawmakers can trust recent promises that things will be running efficiently by the end of November.

She declined to provide enrollment numbers, repeating nearly 20 times they will not be available until mid-November. But she did try to lower expectations of a strong initial sign-up. "We expect the initial number to be small," Tavenner said.

An internal memo obtained by the AP showed that the administration expected nearly 500,000 uninsured people to sign up for coverage in October, the program's first month. Committee chairman Camp told Tavenner that by his



"I want to apologize to you that the website has not worked as well as it should," she told the committee.

The first senior official to publicly answer questions from lawmakers, Tavenner was pressed not only on what went wrong with the

math, the administration appears headed for less than a fourth of that.

Outside contractors testified last week that there wasn't sufficient time to test the complex online enrollment system, which froze the day it was launched, Oct. 1.

The website is supposed to be the online portal to coverage for people who don't have health plans on the job. Its audience is not only uninsured Americans but those who already purchase coverage individually.

Under the law, middle-class people can qualify for tax credits to make private health insurance more affordable, while low-income people will be steered to Medicaid in states agreeing to expand that safety net program.

ROBBY HIRST | LARIAT PHOTOGRAPHER

A smashing good time

Two-year-old Peter, son of Baylor staff members, joins in Treat Night games set up by students Tuesday night in Brooks Residential College. The toilet paper and soccer ball bowling game was one of many that Baylor faculty, their families and students could participate in.

all sorts of families to enjoy a safe Halloween, but most importantly is a great opportunity to be able step out and share the love of Jesus with the community.

"Church inside the building on Sundays is a great way to get encouragement, but it's really the day-to-day life outside of it that matters," Hill said.

Hill said she feels Christians need to judge for themselves on what is their area in life and opportunity to serve others with the Gospel, and that this does not only apply to Christians concerning Halloween.

Without regard to Halloween, Hill said that a couple she knows ministers to exotic dancers and men that attend strip clubs.

The wife serves the dancers with makeup and toys for their children, while the husband sits in the club and ministers to the men at the club. Hill added that unique ministries like that are not for everyone and the decision is between the individual and God.

Hill said that this a great example of two Christians being able to go into places the may not hear the Gospel message much and shine the light of Jesus in a dark place.

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something that has to be dealt with.

"I personally don't feel too left out of the activities that go on at the Waco campus," said Dallas junior Robin Harris. "I come down when I want to or have the time, and I knew what I was getting into when I decided to go to the nursing school."

Bode said nursing students at Baylor not only struggle with an intense amount of homework and studying, something all college students must deal with, but are also faced with the emotionally challenging aspect of having to leave behind relationships and extracurricular activities that they spent two years establishing and enjoying during their time in Waco.

"The biggest challenge has been time management," Bode said. "There is just so much to do and stay on top of. Working in the hospital, studying and taking tests, trying to maintain a social life and working part time, which a lot of us do, can be overwhelming at times. Not to mention, being separated from our Baylor family in Waco."

Bode said one way of filling this void between campuses would be for the Baylor administration to provide more opportunities for nursing students to travel to Waco.

"I think allowing us more time for big

events like homecoming and Dia del Oso would make us feel more included," Bode said. "They don't prohibit us from going, but they make it pretty difficult to leave Dallas. More Baylor sponsored shuttles going down to the Waco campus more frequently would also help a lot because, as we all know, gas is very expensive."

The physical distance between campuses also makes some nursing students feel as if their work goes unrecognized, Truty said.

Since they are not in Waco, they are unable to frequently interact with the general student population who may have no idea what actually goes on up in Dallas.

In addition to the average tasks of going to classes, doing homework and preparing for weekly exams, a typical week for a nursing student also includes attending clinicals.

On these days, students get a break from the classroom, and spend all day working in hospitals with real patients, doing things professional nurses do on a daily basis.

"My favorite things about the nursing school are the clinical days because we get to be in a real life setting and I feel like I am actually learning the things I need to know to be a good nurse," Truty said.

basic needs for people.

really about creating relationships with them so we can coach them up out of

Gager said he is looking at financial programs to work with that can teach people how to get out of poverty. He may even create his own, he added.

to create a program to help these folks," Gager said.

Shepherd's Heart also offers a clothing ministry, called Things From the Heart Resale, located on Bosque Boulevard. Shepherd's Heart supplies garments to Waco Independent School District children who don't have enough clothes, Gager said. Shepherd's Heart works alongside other organizations that assist those who are coming out of jail, giving them clothes as well. Whatever clothes Shepherd's Heart doesn't give away in charity, it sells through its resale store.

Kathy Wigtil, case manager in Homeless Outreach Services at Waco Independent School District, said vouchers from Shepherd's Heart are distributed to Waco ISD, and the schools' counselors and social workers can give the vouchers to children whose families are in need.

Families can take the vouchers to Things From the Heart Resale and use them to obtain clothes. Waco ISD has serviced 46 children with the vouchers, according to Shepherd's Heart's website.

'There are already almost 700 students that we have identified as homeless," Wigtil said. "By the end of this year it will probably be up to 1,500."

To address clothing need issues at Waco ISD, the district practices school uniform recycling, Wigtil said, but families need other items, especially winter coats

"They're great," Wigtil said of Shepherd's Heart. "We just appreciate them so much."

Baylor has volunteered with Things From the Heart Resale shop. Last month students from the Baylor Leadership Living and Learning community volunteered and helped out with the resale store, Gager said. Last Saturday Baylor fraternity Delta Sigma Pi assisted Gager in setting up the store's upcoming second location in Hewitt, and students from Steppin' Out will also assist Shepherd's Heart this year.

Things From The Heart Resale provides 40 percent of Shepherd's Heart's income, Gager said.

"We survive by community dona-

tions," he said. "We have no grants, no federal funding, and I don't want federal funding particularly, because we're a faith-based organization. For people who will allow us to pray with them, we'll pray with them. I don't want some federal program telling me I can't do that."

Shepherd's Heart is also funded by about 12-14 churches in town, Gager said. The rest of the organization's money comes from individual donations. Gager said 21 churches are represented in volunteers who assist Shepherd's Heart.

"So this is like the body of Christ working together," he said.

Gager wants to eventually be creating jobs in the community, he said, hoping to employ more people in the organization's resale shops, as well as expand the organization and create more jobs.

"I want to help people," he said. "I want to make some change. I feel like that's something I'm supposed to do."

Gager said he wants to help people help themselves.

"We want to be more than just assisting people with food," he said. "We want to help them physically as well as spiritually. We want to find a way to free them from the bondage that they're in."

SHEPHERD from Page 1 -

of this assistance goes beyond meeting

"We find ways to assist them, but it's poverty," Gager said of those in need.

"It's not going to take rocket science

A4 Baylor Lariat

SUSPECTS











WEAPONS







Football Helmet

Football Helmet

Cheer Squad Gatling Gun



Cheer Squad Gatling Gun



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Arts & Entertainment

Wednesday | October 30, 2013

Control of the second s Love Halloween, hate the sugar high?



HALEY DAVIS | REPORTER

candy. We have all done it. Eat piles and piles of candy and later regretted it.

People love Halloween and all the yummy treats, but many feel so unhealthy afterward.

Who says the treat can't be healthy? Here are some Halloween treats that you can enjoy without all the guilt.

Make some homemade ghosts and pumpkins out of fruit.

The ghosts are made out of bananas. Take a banana, peel it and then cut it in half. Then use chocolate chips as the eyes and the mouth. These friendly ghosts are both healthy and delicious.

The pumpkins are made out of clementines and celery. Peel the clementine but leave it

with a crunch of a vegetable.

The healthiest part of a pumpkin is its seeds. One of the world's healthiest foods can be eaten in so many ways. They are full of the mineral zinc. Eat them raw or roast them in the oven for 15-20 minutes.

There is the timeless Halloween game, bobbing for apples.

Sliced apples are a great healthy alternative to candy. To make a plain apple a little sweeter, dip it in dark chocolate or sugar-free caramel. Both of these toping are sweet, but don't add a ton of calories.

I love making baked cinnamon apple chips to help give regular apples a Fall feel while eating healthy," Houston senior Lauren Smith said.



COURTESY OF POPULAR.BLOGSHUBSPOT.COM

Make a spooky popcorn spirit, California sophomore hand. Take a plastic glove and Danizta Romero said. put a piece of candy corn in But if you have still have

a sweet tooth and want some candy, remember everything is OK in moderation. Most fun size candy bars are less than 100 calories, so eating a couple won't tip the scale.

It is possible to have Halloween treats and stick to a healthy lifestyle. Get creative. Make things homemade. Get into the Halloween spirit.

Organ concert set to play haunting sounds of the season

By Adam Harris REPORTER

The sounds of Halloween will fill Jones Concert Hall Thursday evening. The School of Music's organ department will highlight its namesake instrument that has become associated with this time of the year.

This year's performance marks the 23rd annual celebration of Halloween through the demonstration of one of the oldest continuously developing instruments in the music world. Dr. Isabelle Demers is the assistant professor of organ in the department and is coordinating the event.

"We picked pieces that are a little scary, and some of the other ones would be in a fantasy sort of atmosphere and something a little more surreal," Demers said.

The concert will feature nine works and will display seven of the students' work on the instrument. Demers will also play her own organ transcription as part of the Halloween event. Lancaster, Pa. graduate student Michael Groff will

be one of the students highlighted in the performance.

'There are a lot of people performing, and it gives us a chance to show off a lot of the things we're working on," Groff said.

Groff said the organ is often synonymous with Halloween as he sat at the instrument to fill the concert hall with the classic sound of Johann Sebastian Bach's "Toccata and Fugue in D minor."

Demers said songs like this have become a part of the Halloween tradition because of their prevalent use in pop culture. "I don't think there is anything that is more Halloween about the organ than other instruments, but horror movies seem to have given it this feel," Demers said.

Demers, who came to Baylor in August 2012, said the concert will be an opportunity to highlight an instrument with a diverse sound. She said the organ can be played with very little noise, or it can blow the audience out of the room with its volume.

"In some ways people really think of the organ as 'Phantom of the Opera,' and wear capes and it's Halloween music they

only," Groff said. "Even though almost everything we're playing is in the minor key, which is what people think is spooky, it's still really, really beautiful music."

Waco senior Katie Loudermilk, a senior from Waco, is another student who will be featured in the concert and will be playing a piece that features heavy use of the instrument's pedals.

"I'm playing George Thalben-Ball's 'Variations on a Theme of Paganini for Pedals,' and a lot of it's just going to be only my feet playing," Loudermilk said.

The concert will mark Loudermilk's fifth performance in the annual concert.

"It's always been fun," she said. "Even though we switch professors, most things stay the same."

She said the performers will all be wearing costumes, and the audience is invited to do the same.

The organ concert will be at 7:30 p.m Thursday in Glennis McCrary Music Building's Jones Concert Hall. The concert is free to the public, and all are welcome to spend their Halloween listening to an instrument closely associated to the



the tip each finger to make a

finger nail. Then fill the glove

salt so the snack stays lighter.

Candy corn is also gluten free,

so it is a sweet treat without

corn hands allow me to snack

while staying in the Halloween

"I am gluten free, so pop-

Don't add butter or extra

with plain popcorn.

the belly ache.

The trumpets of the organs shine brilliantly in Jones Concert Hall and offer a plethora of haunting and beautiful notes that will be heard Thursday evening at the organ department's 23rd





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33 Tuck away 34 "I've got proof!" 35 Elegantly feminine 36 Infernal 37 Greeting from Down Under 38 Physicians' org. 41 Id controller 42 Chris of "Tommy Boy" 44 Dented 45 Keys in 46 Stravinsky and Sikorsky 48 Native New Zealander 50 Enclose, as pigs 52 Parcel (out) 53 Airline to Amsterdam 54 Xbox 360 competitor 56 Quick snooze

Difficulty: Medium

53 River in a 1957 Best Picture 55 Hero whose catchphrase 57 Work on, as a popsicle

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Sports Wednesday | October 30, 2013

Burns' potential shines bright for Baylor soccer

By Parmida Schahhosseini Sports Writer

Known for her "West Coast Seattle Swagger," good heart and strong work ethic, freshman defender Lindsay Burns is putting her mark on Baylor soccer.

As the season progresses, Burns has earned more and more playing time. As a freshman, Burns has logged 1,080 minutes on the pitch this season for the Bears. Burns has scored two goals, which is rare for a defender, including one that almost spurred a comeback against West Virginia.

"Lindsay's done great," Baylor co-head coach Marci Jobson said. "Lindsay is going to be a heck of a player for this program. You always know what you're going to get from her. You always know she's going to work extremely hard and give everything she has."

Burns was a tri-sport athlete, and excelled in basketball, track and soccer at West Valley High School in Yakima, Wash. In 2012, she was captain of her high school basketball team and led the squad in steals. In track, Burns made state in four events in 2010-2011 and was long jump state champion in 2013. Her involvement in all of these sports has allowed her to become a stronger athlete, which has translated to her ability to play different positions on the field.

"She's really athletic and has adapted well into the system quickly," Jobson said. "We've put her in the midfield and that's not really her position, but she's adjusted to it quite well."

When Burns had to pick a sport to pursue in college, it wasn't much of a choice because of the passion she has always had for soccer. Being part of a team is important, so it is not a surprise that playing alongside her teammates has been her favorite aspect of Baylor soccer.

"Definitely the team, everyone has become one of my best friends," Burns said. "We all spend so much time together and it's the nicest team I've ever been on by far.

This season hasn't been easy for Baylor soccer after the wild success of last season's Big 12 Championship, but Burns credits her teammates on making the difficult moments better. The players treat each other like family, which is why Burns says it's easy for players to encourage each other. Burns has become a reliable player as she continues to improve and perform. Her work ethic coupled with her ability has given Baylor stability going forward.

"I would say she's one of my three most consistent players on my team and for a freshman that's a pretty big thing to say," Jobson said. This has been a period of

growth for Burns as she continues to master the system. Burns has gained mental

toughness throughout the year and strives to learn from her mistakes quickly. Burns has given 100 percent, earning the respect of her teammates.

"She's awesome and she fights really hard in practice and in the games," senior midfielder Kat Ludlow said. "She always wants to learn more, and that's what I like about her. She has this curiosity of wanting to better herself in everything."

Off the field, Burns enjoys reading, but also loves outdoor activities like hiking, which she would do often at home in Washington State. While she misses the mountains and scenery of home, she is enjoying her time in Texas.

With three more years ahead of her, Burns hopes to grow into a better teammate and player. The more she improves, the better she can help the team, and that can lead to achieving team goals. Burns has gained the respect of her teammates because of her play, but it's her personality that stands out the most.

Burns' sense of humor doesn't go unnoticed among her teammates

"She's goofy," Ludlow said. "She's friendly, witty, funny and a very hard worker."



RAVIS TAYLOR | LARIAT PHOTO EDITOR

Freshman defender Lindsay Burns heads the ball against McNeese State on Sept. 15. Burns has logged 1,080 minutes on the pitch this season for Baylor soccer and looks to be one of the centerpieces of the future.



Baylor takes on Kansas in pivotal Big 12 road match

By Shehan Jayarajah SPORTS WRITER

Baylor volleyball struggled early in Big 12 Conference play, but ended the first half of conference play with consecutive wins against Kansas State and Texas Tech. The Bears (11-13, 2-5) will look to turn a corner in a midweek road match against the powerhouse Kansas Jayhawks (16-5, 6-2). The Bears won their last two matches behind a switch at starting setter. Fresheasily sculpted. She wants criticism, which helps us out a lot."

Sophomore outside hitter Laura Jones has been relied on to play all six rotations on the floor in the last six matches after fellow sophomore outside hitter Thea Munch-Soegaard went down with a foot injury. In the two matches since, Jones has posted 3.38 kills per set and 3.25 digs per set, well above her season averages of 2.71 kills per set and 1.21 digs per set.

"I feel good about where we are

the season. The Bears hit .149 and allowed Kansas to hit a robust .363, well above KU's season average of a .259 hitting percentage. Kansas out-blocked Baylor 16.0 to 3.0 and out-dug Baylor 61-50 in the four set match.

"We've been really focusing on serving, blocking and digging," sophomore middle hitter Adrien Richburg said. "The latter two really killed us in the last match against Kansas."

Baylor's top player in that match was Munch-Soegaard with 17 kills and 12 digs. She will not play in the rematch at KU. Jones was the only other player in double-digit kills for Baylor against Kansas. She finished with 11 kills. The Bears finished with 34 total errors compared to 25 from Kansas.

TRAVIS TAYLOR I LARIAT PHOTO EDITOR

Sophomore outside hitter Laura Jones prepares to pass as junior middle hitter Nicole Bardaji looks on in a match against Kansas State on Oct. 23 at the Ferrell Center. The Bears begin the second half of Big 12 play at Kansas.

man Morgan Reed has stepped in and brought a new energy to the team.

"Morgan has been playing really well in practice, and she is just a natural born leader," head coach Jim Barnes said. "When we were struggling, we were looking for a little bit more leadership. With rotations changing due to injury, we thought this was the right time to make a change."

In Reed's two matches, she is averaging 10.25 assists per set, 2.63 digs per set and 0.75 blocks per set.

"It's a little bit different with a new setter," senior defensive specialist Kayci Evans said. "We're all trying to get used to the change, but Morgan takes constructive criticism pretty well. She's as a team," redshirt freshman outside hitter Sam Hill said. "People are stepping up and playing different positions, and we've been succeeding."

Kansas has one of the best defenses in the Big 12 this season. The Jayhawks hold opponents to a .176 hitting percentage, second behind only Texas in conference play. Kansas leads the Big 12 in blocks with 2.86 blocks per set. Out of the top four individual blockers in the conference, three of them are Jayhawks. Junior outside hitter Sara McClinton leads Kansas and is second in the Big 12 with 4.00 kills per set on a .292 hitting percentage.

In the last match against Kansas on Oct. 5 in Waco, Baylor played one of its worst matches of

"We really just need to play clean," Evans said. "If we play our system, then we should be fine. For whatever reason, we always play well at KU. Never at home for whatever reason, but in Kansas. We have a lot of fire after getting beat at home. We're ready to sock it to them."

Baylor will play Kansas at 6 p.m. today at the Horejsi Center in Lawrence, Kan. The match will be televised on ESPNU.



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