### SPORTS p. 5

Soccer beats Oklahoma State 1-0 in last Big 12 home game of the year.



■ Tuesday | October 29, 2013\*

# Volunteers from 28 states serve in West

By Paula Ann Solis Staff Writer

WEST — Anti-poverty workers from across the nation took on new roles Sunday when they put on hard hats and work boots to help rebuild recently devastated

The National Anti-Hunger and Opportunity Corps, an AmeriCorps Volunteers in Service to America program, attended the Hunger Summit at Baylor Thursday and Friday with their sponsor, the New York City Coalition Against Hunger.

After the conference and training, 90 volunteers from 28 states and Washington, D.C., headed to West to demolish ruined school property and clean the area around temporary schools.

"When New York was in trouble after 9/11 and after [Hurricane] Sandy, people from all across America came and helped us. And we're one country and we stand together, so we're honored to be here," said Joel Berg, native New Yorker and executive director of the New York City Coalition Against Hunger. Berg worked alongside the VISTA volunteers in West.

This type of manual labor is not typical for the VISTA volunteers who are more accustomed to outreach work that combats hunger across the nation. However, Berg said the group was excited to do something more direct in contrast to their long-term efforts.

Before the group went to work, West

SEE **WEST**, page 6



Travis Taylor | Lariat Photo Edi

Baylor alumna Austin Rogers helps with clean-up efforts at the West Middle School Sunday in West after the after the Hunger Summit at Baylor.

# Texas abortion limits ruled unconstitutional

By Rebecca Fiedler Staff Writer

U.S. District Judge Lee Yeakel blocked abortion laws Monday that would have gone into effect today, striking down a provision of Texas House Bill 2 concerning admitting privileges of physicians, and limiting another provision of it the bill regarding medicated abortion.

House Bill 2 was passed in July in the Texas Legislature, and would have placed various limitations on abortions and abortion clinics. Planned Parenthood and a collective body of other abortion administering clinics challenged this act on Sept. 26, claiming provisions of the bill are unconstitutional.

"Today there is no issue that divides the people of this country more than abortion," Yeakel wrote in the district court opinion. "It is the most divisive issue to face this country since slavery."

John Pisciotta, director of anti-abortion activist group Pro-Life Waco, said he is not shocked at the ruling because past Texas law limiting abortion administration has been shot down by the courts as being unreasonable, he said.

"I'm not surprised that this has happened," he said. "And the real decision is going to be made. It's going to be delayed some,

SEE ABORTION, page 6

# Cookie highs are addictive

# Study shows Oreos stimulate brain in same ways as drugs

By Rebecca Jung Reporter

Whether you're a twister or a dunker, eating just one Oreo may seem next to impossible. A recent study might hold the clue to this phenomenon.

Research conducted by college students and a professor at Connecticut College has found that "Milk's favorite cookie" is as addictive as drugs, at least to lab rats.

However, the results are only preliminary and merely suggest links between brain activity and diet. The study has yet to be presented or published in a peerreviewed journal.

The research will be presented next month at the Society for Neuroscience

conference in San Diego, Calif.

A press release provided by Con-

necticut College states that the study was designed to shed some light on the potential high fat/high sugar foods have to be addictive.

Dr. Joseph Schroeder, an associate professor of psychology and the director of the neuroscience program at Connecticut College, was the faculty member who oversaw and guided the study.

"Our research supports the theory that high-fat/high sugar foods stimulate the brain in the same way that drugs do," Schroeder said in a press release. "It may explain why some people can't resist these foods despite the fact that they know they are bad for them."

They found that the Oreos activated significantly more neurons in the brains of rats than cocaine or morphine.

SEE **OREOS**, page 6



Travis Taylor | Lariat Photo Editor

### Color me crazy

Participants throw color packets into the air at the Color Me Rad color run Saturday at the BSR Cable Park in Waco. The proceeds from the run benefit the Susan G. Komen foundation.

# Photo Must Payor Tay of Livery Photo Forms

PHOTO ILLUSTRATION BY TRAVIS TAYLOR | LARIAT PHOTO EDITOR

# Site helps kick-start mission work

By Rae Jefferson Reporter

Long before strapping on a pair of Chacos, boarding an international flight and trekking through a foreign country on a mission trip, volunteers are faced with the sometimes daunting task of raising money to fund the trip. One Baylor student is trying to make the fundraising process easier for volunteers by using a precious 21st century tool — the Internet.

Kingwood sophomore Hunter Jones is the co-founder and co-owner, with his

father, of Castingyournet.com, a website that helps users gain monetary support for their mission trips and service proj-

"This is just a way for people to go out and do the work God has called them to do," Jones said. "Our site helps people get financial support and is a way for everyone to contribute to make these trips hap-

Castingyournet.com allows users to have access to support they may not normally have. The website uses the concept of crowdfunding, a business model that relies on donations from outside parties. A person interested in donating to a cause can browse the available project pages and make a donation to any user – meaning donors do not have to personally know page owners to contribute.

"That's the whole point of Castingyournet," Jones said. "It's supposed to generate random donations from a new

The inspiration for Castingyournet. com came from personal experience with

SEE MISSION, page 6

### Inside -

### WEB

Switchfoot blew away fans Monday night in Waco Hall. See the music at baylorlariat.com.



### SPORTS p. 5

A 59-14 win over Kansas shuts out any doubts about Baylor's ability to perform on the road.



### **A&F**. p. 4

Chris Brown released on assault charge after spending a day and a half in jail.



# Airlines neglecting customer comfort

Flying in an airplane these days is a major hassle and relief is not on its way.

Major United States airline companies are removing old, hefty seats in airplane models and replacing them with slimline model seats that will take up less space from front to back.

This overhaul in airplane seats will allow for five to six more seats on each plane. What this means is even less personal space on airplanes will be available for passen-

The new seats will be lighter, but passengers will be even more crammed for space. As if flying weren't already uncomfortable, it's only going to get worse.

The new floor layout with lighter seats and more seats will shrink the size of the aisle. Passengers seated in the aisle should be ready for more shoulder bumps from luggage, people and the service carts.

The reason airlines can get away with penny-pinching and further decreasing comfort is because customers have nowhere else to turn. With no alternatives, airline passengers are forced to endure the discomfort and inconveniences of

The airlines are trying to make all of these changes in a discrete fashion. Southwest's 737s have thinner seatback magazine pockets. Alaska Airlines has smaller tray tables.

In the Airbus A320s from United Airlines, the new seats are going to be an inch closer together from front to back.

In Southwest's new design, the seats are 31 inches apart, which is roughly an inch closer than Southwest's previous model.

The obvious reason airlines are making these changes, in spite of the passenger's comfort, is because it will boost the bottom line economically for corporate airline

United's new seats are 1,200 pounds lighter. Southwest says it is saving about \$10 million per year in fuel spending as a result of these new seats.

When airlines are already succeeding commercially, at what point is it reckless and purposeless to diminish passenger comfort only to save some money? What happened to the belief that the customer always comes first?

Considering the frustrations and hassles of going through TSA and then being cramped in a minuscule cabin with hundreds of other people, why must airline travel be so inconvenient?

Not only is flying physically uncomfortable, but it puts a strong strain on the wallet. In coach, passengers have to pay extra just to purchase a meal or to buy on-plane entertainment systems.

Shouldn't the price of food already be included in an expensive airline ticket?

Sitting next to complete strangers in close quarters is awkward, distressing, vexatious and wearisome. Why can't customers enjoy a reasonable amount of comfort without forking over the big bucks to sit in first class?

Being in an airplane naturally dehydrates the human body because of the depressurized air. So airlines compound the problem by serving beverages in 5-ounce cups. Five ounces of water will not relieve thirst for a multiple-hour flight and it does not adequately nourish the human body.

It's understandable that airlines



ASHER FREEMAN

need to make a profit. But do they have to continue to nickel and dime customers while still making flying more and more of an uncomfortable ordeal?

Boeing's new 787 was originally expected to have eight seats across per row, but now United Airlines uses Boeing's 787 with nine seats across. Each seat is just 17.3 inches wide. Flying is a less than enjoyable task these days. At what point will airline customers demand a better, more comfortable travel environ-

## Government shutdowns can be prevented in future

Danny Huizinga | Guest Columnist

The conclusion of the shutdown episode has brought a flurry of analysis and harsh criticism of Congress. But there's something missing in it all. As tempting as it might sound to fire all of our elected leaders, it isn't just Congress who needs to step up to avoid another government shutdown. It's our responsibility too.

As Americans, we are complicit in these fiscal-cliff theatrics unless we make every effort to sift through the rhetoric and inform our-

Underlying it all is the paradox brought to light by political scientist Richard Fenno. Americans tend to hate Congress but love their own representative or senator. This explains reelection rates of more than 90 percent while congressional approval ratings hover below 10 percent.

Some of this paradox can be explained by "home style," Fenno's phrase that describes how congressmen are able to connect with locals while bringing pet projects and money to their districts. But, to some degree, our consistent reelection of our leaders means they reflect our beliefs rather well.

If this is the case, then, perhaps our leaders are not the whole problem. The hyper-partisan divides and intransigence in Washington are symbolic of our own political preferences. As citizens, community members, friends and family members, we have a responsibility to listen to dissenting points of view. To extend the thinking of Atticus Finch in "To Kill a Mockingbird," if we are not able to "walk a mile in someone else's shoes," how can we expect our leaders to do so?

There is no doubt that some in Washington are only concerned about personal glory, the presidential election or name recognition. These leaders hold only one sacred principle, allowing personal success to trump accurate representa-

tion. However, the duty then falls to us to hold them accountable. It may be difficult, but it is not impossible to vote out an incumbent leader who fails to reflect the true principles of the American people he or she represents.

> Therefore, it is increasingly more important that we make sure our own principles are in the right place.

"Important principles may, and must, be inflexible," Abraham Lincoln famously said. If our principles become specific policies or agendas on

which we refuse to concede, we achieve only deadlock and another shutdown. However, if our principles are grounded in reflection and thoughtful consideration, we will refrain from treating others as if their opinions are inherently worthless or laughable.

This doesn't mean you shouldn't join a side. Parties can prove to be valuable sources of political information, and independents are hardly examples of wise, discerning people. Multiple studies have demonstrated that independents are less-informed politically than those who align themselves with a specific party.

But when four of 10 people can't tell you whether Obamacare is a law and others claim they like the Affordable Care Act better than Obamacare (hint — they're the same), there's a problem. Simply repeating talking points without doing any research of your own will only entrench the congressmen who refuse to com-

If you avoid political discussion with those you disagree with, our leaders will do the same.

If we want to avoid another shutdown and promote responsibility in Congress, we have to step up too. Our leaders won't start talking about the real problems until we do.

Danny Huizinga is a junior Business Fellow from Chicago. He is a guest columnist for The Lariat. Follow him on Twitter @HuizingaDanny.

#### Lariat Letters

### Sexual misconduct codes still lacking

Shelby Leonard's recent coverage of student senator Trenton Garza's proposed amendment to the Sexual Misconduct Code exposed a long-ignored issue at Baylor: how the university's official policies address sexuality. As a former two-term student senator, it is clear to me that Baylor has some well-written codes that affirm its many countercultural views, but no policy so blatantly fails to address reality as does the Sexual Misconduct Code.

Whether the administration admits it or not, Baylor's student body is hardly different from any other academic institution in its cultural attitudes and sexual practices. I contend that Baylor students of all orientations engage in sexual conduct freely and regularly. When I transferred to Baylor, I naively believed that the school was unique, but it actually represents the stereotypical American collegiate environment that is so famous for being a cauldron of intoxication, hormonal urges and

experimentation. While Baylor's reputation as a bastion of social conservatism might lead students to be somewhat discreet in their behavior, it's time for student government to wake up and realize that the Sexual Misconduct Code — even with Garza's emendation – is so inconsistent with real behavior that it has become little more than a reminder of the school's grand ideals.

As a consequence of the code, Baylor has turned a blind eye to the behavior of the student body. Having been foolishly trusted to abstain from sex, students have been left with a deficit of resources (except for pamphlets in the exam rooms at SLC).

Student government and the general administration have a duty to provide for the welfare of all students, including those who engage in sexual activity. As Christians, we are called to "hate the sin and love the sinner," which means that whether or not we approve of what our fellow students

do, we have a moral responsibility to help them when they fall. A transition from blind idealism to honest realism would involve Baylor recognizing that a majority of its students fail to live up to its moral standards.

This admission should lead the school to openly campaign for sexual health by offering information on sexually transmitted infections and HIV/ AIDS, by providing clinics on contraception, pregnancy, adoption and healthy relationships. An institution like Baylor can both hold to its current moral position on extramarital sex and be still address physical realities and health concerns.

In fact, the programs which the school could offer do not need to simply be reactionary; Baylor could be proactive by offering extracurricular sessions that encourage a Christian approach to sex and love.

Ioe Casev Scottsdale, Ariz. senior

### Rule's language irrelevant; Baylor is hypocritical

I truly pity the knots that Baylor I believe Baylor is just as morally upcoaches have to tie themselves in to recruit elite athletes who are gay or lesbian. As a career sports writer (now retired) I know the school has had several gay or lesbians athletes and the coaches have to worry constantly that someone will out them or that they will out themselves and their scholarships will be immediately in jeopardy because of these contrived morals standards held by both the university and the student government. I'll leave aside the fact that I know (and so do the women athletes) that female athletes, especially, are slurred by fans as "lesbian" with great regularity and without regard to their actual sexual

If chutzpah is illustrated by the kid who murdered his parents then expects leniency because he's an orphan, side-down when they, too, create a big problem and then expect not to be held responsible.

Gay students and faculty have been at Baylor since its founding and here we are in 2013 with the student government singling them out for special stigma and condemnation in a labored defense of contrived morality. Where in the Baylor bible does Christ command us to do so?

There is no distinguishable moral difference between straight and gay sinners except those legislated differences created by the holier-than-thou crowd running the university and student body.

I am happy to say there are thousands of Christians who aren't all like that. In fact, I've joined in support of an organization of Christians who

openly declare they are Not All Like That (NALT.org), people who embrace gays and lesbians for the fine people they are and who stand up to this degrading, humiliating cat calling such as the word "deviant" that replaced the word "homosexual" in the recent student government foray into telling the Baylor community who is currently unacceptable to the Lord Iesus Christ.

I look forward to judgment day because I want to see their faces when Jesus turns his back on them as they have turned their back on people of good faith. You know they are creating a problem and then will defend themselves for allegedly doing the Lord's work and, therefore, hold themselves blameless. More orphans who apparently don't own a mirror.

Ray Harwick Cathedral City, Calif.

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The Baylor Lariat welcomes reader viewpoints through letters to the editor and guest columns. Opinions expressed in the Lariat are not necessarily those of the Baylor administration, the Baylor Board of Regents or the Student Publications Board.



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# Arts & Entertainment

Tuesday | October 29, 2013

# Chris Brown freed from custody

By Anthony McCartney AND JESSICA GRESKO ASSOCIATED PRESS

WASHINGTON — Grammy Award-winning R&B singer Chris Brown was freed from custody Monday after facing a judge on a charge that he punched a man who tried to pose in a photograph with

Prosecutors reduced a felony assault charge to a misdemeanor as a District of Columbia judge released Brown, who exited the courthouse to cheers and flashed a peace sign to supporters after more than a day and a half in custody. There was scattered applause in the packed courtroom as the judge set the singer free.

Even with the reduced charge, the assault case represents the latest legal trouble for Brown, who remains on probation for assaulting his on-again, off-again girlfriend Rihanna just before the 2009 Grammy Awards.

The 24-year-old singer and his bodyguard, Chris Hollosy, were arrested early Sunday in front of the the W Hotel in Washington.

A Maryland man told police he had tried to be part of a picture Brown was taking with a woman and her friend when Brown told him, "I ain't down with that gay s---t" and "I feel like boxing," according to charging documents in the case. The man, identified by police as Parker Isaac Adams, 20, of Belts-



R&B singer Chris Brown was arrested early Sunday in Washington after a fight broke out near the W Hotel near the White House. He was freed from custody Monday morning.

ville, Md., said he was punched by both Brown and Hollosy before Brown boarded his tour bus.

Brown denied to police that he punched anyone or had been involved in a confrontation, saying someone had tried to get on his bus "and my bodyguard handled it," according to the documents.

Hollosy told police he punched Adams in the face after Adams tried to follow Brown onto the bus and get to Brown, court documents say.

Adams had a broken nose, police wrote in the court documents. Brown's lawyer, Danny Onorato, said outside court Monday that his client committed no crime.

"We understand that his security acted to protect Mr. Brown and Mr. Brown's property as he was authorized to do under District of Columbia law. We are confident

that Mr. Brown will be exonerated of any wrongdoing," he said.

Bill Miller, a spokesman for the prosecutor's office, said the reduced charges "are based on our current assessment of the evidence gathered to date." He declined to comment further as the case remained under investigation.

Abraham Luakabuanga of Tysons Corner, Va., who runs a small limousine company, said he saw two women and a man approach Brown after he left the hotel and begin taking photographs of the singer.

He said the situation soon devolved into a fight involving Brown and a man who appeared to be his bodyguard. He said he heard words exchanged but declined to give more details.

"I looked at Chris Brown and was like 'Sir, why this?" he said. "To me, it was like, 'You're a star, you have bodyguards.' Things should have been handled differently," Luakabuanga said.

Brown was in Washington to perform Saturday night at an event billed as a "Homecoming Weekend" party at a downtown club. Howard University was celebrating its homecoming, though a university spokeswoman said the party was not sponsored by or affiliated with the school.

Brown is due back in court on Nov. 25. The misdemeanor simple assault charge carries a maximum sentence of six months in jail.

# what's Up?

### >> The Deadzone & Chainsaw Nightmare **Haunted Houses**

From 8 p.m. to midnight nightly until Nov. 2. Exit 345 North Interstate 35 near Elm Mott.

Visitors get scared silly at this double feature Waco haunt. Tickets are \$20.

### >> White Out Glow Party

Doors open at 8 p.m. Oct. 31 at Downtown 301 Event Center, 301 S. Second Ave.

Attendees are told to wear white clothes so they can glow under black lights while listening to live music from DJ Odyssey and D3X. Glow products and face painting will be available.

Pre-sale tickets are available at Ninfa's at 220 S. Third Street — \$10 for 21 and older, \$20 for under 21. Tickets may also be purchased at the door for \$15 for 21 and older. Attendees must be at least 18 years old.

### >> Deck the Halls

The Junior League of Waco will hold a three-day shopping event Friday through Saturday at the Waco Convention Center.

The event will feature more than 75 merchants. Events included are breakfast with Santa, a gingerbread house decorating activity, a motherdaughter and many others.

Ticket prices vary by day and event. For tickets and event details, visit jlwaco.org or call (254) 753-5574.

### YouTube music subscriptions coming soon

By Dawn C. Chmielewski Los Angeles Times VIA McClatchy Tribune

LOS ANGELES — YouTube is poised to launch a subscription music service as soon as December, positioning it to compete with Spotify, Rdio and other digital offerings, according to people familiar with the matter.

The Internet's dominant online video already is the most popular on-demand music offering in the

YouTube even has surpassed radio as the leading way teens and young adults listen to songs.

A subscription service would seek to build YouTube's strength in digital music.

YouTube users already can watch an unlimited number of music videos through an application on their mobile devices, as well as through a browser on their

The subscription service would offer additional features, such as a commercial-free experience and the freedom to store music on a mobile device to listen when not connected to the Internet, according to people with knowledge of the matter who were not authorized to speak publicly.

The YouTube subscription service also would integrate with Google Play Music All Access, which affords subscribers unlimited access to its music catalog, the ability to create personalized radio stations and recommendations based on an individual's taste, these

A spokesman for YouTube said the Google Inc. unit has nothing to

"We're always working on new and better ways for people to enjoy YouTube content across all screens, and on giving partners more opportunities to reach their fans," said a spokesman. "However, we with music videos on the site.

have nothing to announce at this

The news would follow another high-profile event, the YouTube Music Awards, to be held Nov. 3 in New York City. The show is schedule to feature appearances from DJ Avicii, M.I.A., Eminem and Lady

YouTube's global reach would make such a premium service an attractive business for the music companies, which would reap recurring revenues.

It would represent a secondary source of revenue, beyond the proceeds from advertising associated

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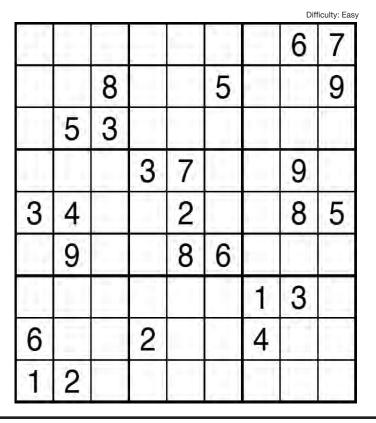
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### **DAILY PUZZLES**

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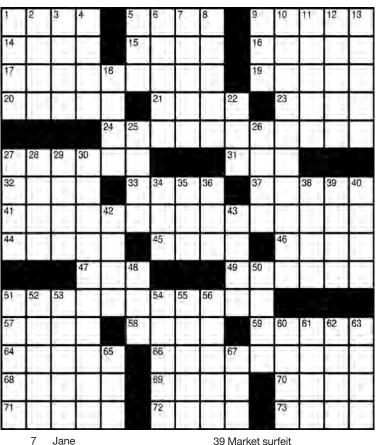
1 Be in sync (with)

2 Febreze target 3 "Fantastic Four" actress Jessica

4 Society newbies

5 Frequency between 300 and 3,000 MHz 6 Island nation near Sicily

Answers at www.baylorlariat.com



7 Jane

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# No. 6 Bears trample Kansas Jayhawks 59-14

By DANIEL HILL SPORTS EDITOR

Unlike Baylor's narrow 35-25 victory against the Kansas State Wildcats on Oct. 12, on Saturday's visit to the Sunflower State, the No. 6 Baylor Bears left no doubt with a convincing 59-14 win against the Kansas Jayhawks.

The Bears answered any concerns about their ability to perform on the road by delivering a display of overpowering offense and an authoritative defensive effort.

The Bears are now ranked No. 6 in the latest BCS standings and sit at No. 5 in the AP Poll. Baylor's 11game winning streak dating back to last season is an all-time school record. With a 4-0 start in the Big 12 Conference, this season marks Baylor's best ever start in conference play.

The prolific Baylor offense racked up 743 total yards, while the Baylor defense limited Kansas to 308 total yards.

'We were ready," senior nickel back Sam Holl said. "When we go on the road, it feels like us against the world. We knew that if we could do our job and get it done early, we had a good chance at having some success."

Baylor, the NCAA's most potent scoring offense, delivered eight touchdowns and a field goal for 59 points. Amazingly, Baylor's 59 points against Kansas is lower than the Bears' average of 63.9 points per game.

The No. 2 passing attack in all of the NCAA, at 417.3 yards per game, was led by junior quarterback Bryce Petty.

"It all starts with the guys up front," Petty said. "I don't think I was even touched tonight, and when you have that kind of confidence, to know you can sit there and go through your progressions, it makes my job a lot easier. Plus, I have some of the most talented players in the nation lining up next to me. They make me look a lot better than I do them."

Petty fired three touchdowns on 20-of-32 passing for 430 yards. Petty also rushed for a touchdown in the second quarter.

"Bryce was about as good as I've ever seen him tonight," head coach Art Briles said. "I mean he was really, really on. To the naked eye, people wouldn't understand, but he checked-down about three times, stuff he has never done all year. I thought our offensive line did a tremendous job of allowing him to have time to throw the ball and I thought we did a good job on both sides of the ball up-front, offensively and defensively."

Senior receiver Tevin Reese caught four passes for 110 yards and two touchdowns, including a 62-yard score where he blazed past the Jayhawks defense.

Redshirt freshman receiver Corey Coleman hauled in two passes for 66 yards. The young Coleman gave Baylor fans a glimpse of the future when he flashed past the Kansas secondary for a 49-yard touchdown reception on a perfectly placed ball from Petty.

But the Baylor offense didn't just deliver through the air. The ground game was an emphasis for the offensive attack as well. The seventh-best rushing attack in the NCAA, at 301.1 yards per game, rushed for 306 yards against the

Junior running back Lache Seastrunk led all rushers in the game with 109 yards on 13 carries and a touchdown.

Senior running back Glasco Martin carried the ball 11 times for 55 yards and one touchdown.

Once Baylor's starters were removed midway through the third quarter, redshirt freshman utility back Shock Linwood was given a chance to shine and he didn't disappoint with 106 yards and two touchdowns on nine carries.

Baylor possesses the No. 6 scoring defense in the nation by allowing 15.9 points per game. Against



Senior running back Glasco Martin stiff-arms a Kansas defender on Saturday at Memorial Stadium in Lawrence, Kan. The Bears defeated the Jayhawks 59-14 and Baylor is ranked No. 6 in the latest BCS standings. The Bears host No. 10 Oklahoma on Thursday, Nov. 7, at Floyd Casey Stadium.

Kansas, the Bears held the Jayhawks scoreless until 4:51 in the third quarter. At that point in the game, numerous members of Baylor's starting defense were already pulled from the game and resting on the sidelines.

Senior defensive end Chris McAllister and sophomore defensive end Jamal Palmer each had one sack. Baylor's aggressive, blitzing style of defense deeply desynchronized the Kansas offense. The Bears had nine tackles for loss

in the contest. Palmer had three TFLs, and senior linebacker Eddie Lackey, senior cornerback K.J. Morton, senior linebacker Brody Trahan, sophomore defensive end Shawn Oakman, sophomore defensive tackle Suleiman Masumbuko and McAllister all had one TFL.

"It's hard to win on the road." Briles said. "It's hard to win at home. It's tough anywhere and that's why as you have a mature football team, the more you grow. These guys have won a bunch of football games. They've done a lot of good things together. So when we get on the field we know what we're doing and we have outcomes that are predictable and that's what you like as a football team."

The No. 6 Bears have yet to play a ranked team this season. That will change in Baylor's next game when the No. 10 Oklahoma Sooners come to Waco for a pivotal Big 12 showdown at Floyd Casey Sta-

The Sooners are fresh off an

impressive 38-30 win over No. 15 Texas Tech.

The 7-0 Bears will have a chance to make a statement against the 7-1 Sooners in front of a national television audience on FS1.

Both Oklahoma and Baylor have open dates this week before meeting on a unique Thursday night stage on Nov. 7. The national audience will be an optimal opportunity for the Bears to impress voters against another top-ranked team in an effort to move up in the BCS standings.



254-710-3407

Baylor senior forward Alex Klein battles with Oklahoma State freshman defender Natalie Calhoun for possession of the ball during Friday's match.

### Baylor soccer defeats Oklahoma State 1-0

By Austin Eck REPORTER

Freshman midfielder Ashley York's early goal led the Baylor Bears soccer team (9-5-3, 2-4-1) to a 1-0 victory over Oklahoma State (6-4-6, 1-2-3) in the final Big 12 Conference home game of Baylor's regular season on Friday.

York found the back of the net iust after the four-minute mark to give the Bears an early 1-0 lead against the Cowgirls.

Baylor's offense outplayed OSU, recording 10 shot attempts and four shots on net.

The goal was set up after an OSU foul gave Baylor a free kick. Senior midfielder Larissa Campos took the free kick. Her attempt landed in front of York, who was able to put the kick into the net. York's goal ended a 12-game score-

id. "I was just in the right place, right in front of the goal."

York's goal tied her with sophomore forward Bri Campos for most goals scored by a Baylor player at five goals. Junior goalie Michelle Kloss earned her ninth shutout of the season thanks to the help of the Bears defense.

"It feels great to get a another shutout, another win," Kloss said. I think the defense was absolutely amazing. They're the ones who help with the shutout."

The defense was needed for a full 90 minutes as OSU was able to put pressure on Baylor.

In the 16th minute of the first period, OSU received two corner kicks. Baylor was able to defend both kicks, which included a save by Kloss on the second attempt.

OSU senior midfielder Kristen team in the country." "It was delivered well," York Kelley had a breakaway shot, but Kloss again made the save to keep the score 1-0.

Baylor's defense stood firm and

the squad kept the Cowgirls out of "We kept our foot on the gas

the whole time," York said.

This was Baylor's first win since Sept. 27 when the squad beat Oklahoma at home 1-0.

"We've had some unlucky stuff going on for us the past couple games between hitting post, calls called back and last minute goals in overtime," Baylor co-head coach Marci Jobson said. "This is great to come out and play a very good team, and to play like that with a lot of energy and a lot of excitement. I think we played really well from minute one to 90, and when we do that we can play with any

For Baylor's seniors, it was their last chance to play at home "We talked to our seniors last

night," Jobson said. "We really challenged them to step up, and I think we needed them to step up. Tonight, they stepped up and played well."

Baylor's focus now shifts to keeping its momentum and energy rolling as the Bears go into their final conference game against TCU.

"People being consistent in their energy and effort is the biggest key for us right now," Jobson

The Bears cannot let their thoughts drift to the upcoming Big

"It's one game at a time right now, we're just focusing on TCU," Kloss said. "Big 12 tournament isn't even in our view yet."

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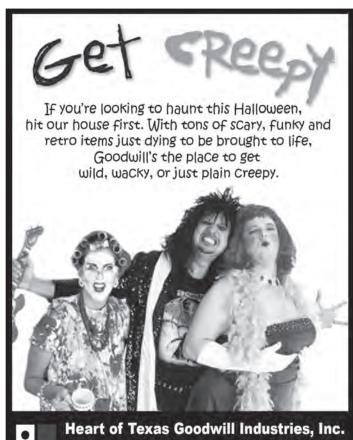
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### WEST from Page 1 -

mayor Tommy Muska greeted the group outside the West High School Football field that just six months ago served as a triage for hundreds of injured residents.

"This recovery is successful in large part because it is a volunteer-driven recovery," Muska said. "There's no way in the world that I can express my gratefulness, my sincere gratefulness for what you're doing here and what everybody else is doing."

Muska worked alongside the volunteers and acted as a shuttle driver, taking volunteers from the elementary school where playground gravel was being laid, and driving other volunteers to the track field where hazardous bleachers had to be demolished. Other volunteers cleared debris near three out of four local schools in West destroyed after the explosion.

The volunteers also planned to transport all the library books from inside West High School, which is set to be demolished mid-November, to a temporary library they were going to build. However, the school was deemed too hazardous to enter, said Susan Copeland, director for the Heart of Texas RSVP volunteer organization at McLennan Community College. RSVP is a nonprofit organization that helps connect volunteers with service organizations. RSVP helped plan the day of service for the VISTA volunteers.

Copeland said despite the fact most of the heavy debris has been lifted and the community overtly seems to be coming together, West still needs volunteers for



Little Rock resident Braeden Hall dismantles damaged bleachers Sunday at the West Intermediate School on Sunday. Hall was a one of the 90 volunteers from 28 states who came out to help rebuild the city.

smaller but still vital jobs.

"There's going to be work to do for years," Copeland said. "There's not the glamorous work left to do, there's the necessary work left to do. A perfect example is these bleachers they're working on today. They have to be torn down. Who pays for that? Who does that? If volunteers don't, then it can't happen, so it's really critical that people continue to work in the area. We can find something for everybody."

Hudy Berhane, a VISTA worker from Buffalo, N.Y., said he was eager to give back after having seen the generosity from around the nation following Hurricane Sandy in 2012.

"The outpour of aid happened so fast," Berhane said. "It just made me happy to be an American and if I have the opportunity to help another place that's been hit I'm very happy to do that and that's how we all feel. But things here in West are look-

ing good, but I'm glad to make it look better."

After five hours of service, Berhane and the other VISTA volunteers helped reduce the amount of work that remains for West clean-up and demolition crews by successfully removing a majority of the boards on bleachers at three fields. Leaving behind just the steel frames, all the fields were cleaner and are now closer to being ready for new, safer bleachers. The playground at West Elementary School was also cleared of debris so the children can enjoy a safer play environment.

Later in Waco, the 90 VISTA workers were treated to dinner and a show at the Waco Convention Center where a West polka dance team demonstrated their Czech roots and gratitude before the volunteers headed off to their volunteer bases around the country

### ABORTION from Page 1

Pisciotta said he believes the provision shot down on Monday will eventually go into effect.

Planned Parenthood representatives were unreachable to comment on the court ruling.

Bushland senior Trenton Garza volunteers with Planned Parenthood and was previously president of Texas College Democrats. Garza said he has not yet been informed of the full extent of the ruling on medicated abortion but is pleased with the ruling on the provision regarding admitting privileges.

"I'm very happy to hear about the injunction," Garza said. "I feel like it's the right constitutional choice."

Garza said he believes the bill was an opportunity for the Republican party to play the game of politics in their favor, which he said he understands, but he also believes it should not be done at the expense of the constitutional rights of women.

The law was going to go into effect today, and Garza said he is glad the ruling happened when it

"Here it is in the nick of time," he said.

The court struck down the provision of House Bill 2 that mandates a physician administering an abortion must have admitting privileges to a hospital within no more than 30 miles from the site of the abortion.

"The act's admitting privileges provision is without a rational basis and places a substantial obstacle in the path of a woman seeking an abortion of a nonviable fetus," the court's opinion stated.

The court decided that there is no rational patient benefit of requiring hospital admitting privileges.

The court based its decisions on established government principles that a woman has the right to have an abortion before the fetus is viable; that a state law that places "undue burden" on the woman seeking an abortion is unconstitutional; and that after a fetus is viable, the state has a right to regulate abortion.

The second provision of House Bill 2 ruled on yesterday concerned medicated abortion. The bill required that women seeking a drug-induced abortion must follow U.S. Food and Drug Administration protocol, which requires that a woman must visit a physician in order for the drugs to be administered.

The court ruled the law is unconstitutional only in certain patient health situations and should not be abolished completely.

"The medication-abortion provisions do not fail constitutional review because of the lack of a specific health-of-the-mother exception," the court opinion states. "Rather, the medication abortion provisions may not be enforced against any physician who determines, in appropriate medical judgment, to perform a medication-abortion using the off-label protocol for the preservation of the life or health of the mother."

Planned Parenthood would prefer a newer protocol endorsed by the American College of Obstetricians and Gynecologists. The newer protocol, termed the "offlabel protocol," lowers the amount of drug dosage for the abortion; adds an antibiotic to combat complications in the procedure; and allows for a woman to administer the abortion herself at home. The off-label protocol also mandates that a woman can wait up to 69 days of gestation for the administration of the abortion drugs, while the FDA's protocol would limit that time period to 49 days of gestation.

No records indicate that any deaths of women have occurred related to the off-label protocol.

House Bill 2 required that FDA protocol must be followed in medicated abortion, with the exception that it allowed for the off-label standards for drug dosage.

"Planned Parenthood asserts that the FDA protocol is not as effective, is more dangerous and has more severe complications and side effects than the off-label protocol," the court opinion states.

Planned Parenthood said the off-label protocol is the safest protocol for medicated abortions, the court opinion states.

"According to the state, the additional visit to the clinic and the additional safeguards in the FDA protocol provide an increase in overall patient safety by increasing physician-patient contact during the medication-abortion process," the court opinion states.

The court ruled that House Bill 2's provision regarding medicated abortion is unpleasant for women seeking an abortion, but it does not meet the standard of what is considered undue burden, as there are alternatives to abortion besides that which is drug-induced, the court opinion states.

#### OREOS from Page 1 -

This correlated well with the results of the behavioral tests, Schroeder said.

Addiction is a chemical reaction within the brain.

"Anytime we have a pleasurable experience we engage the pleasure circuit in the brain," said Dr. Don Arterburn, addictive substance specialist at Baylor. "Dopamine is released from the midbrain to the frontal cortex and glutamate is released down to the midbrain in response. This pleasure feedback system is affected by our genetics, depth of reward, memory of that reward, stress. All of these factors affect craving and the choices we make about how to handle those cravings."

This explains why some people are drawn to sugar.

"Sugar has a high reward in most people's brains and therefore can be addictive if a person habitually used foods high in sugar to deal with stress, pain, boredom and other forms of emotional disregulation," Arterburn said.

The 2010 Dietary Guidelines, jointly issued every five years jiby the Department of Agriculture and the Department of Health and Human Services, recommend limiting total intake of discretionary calories, which include added sugars and solid fats, to 5 to 15 percent of daily caloric intake, yet many Americans continue to exceed these recommendations, according

to research from the Centers for Disease Control and Prevention.

The study was ultimately the brainchild of Connecticut College senior Jamie Hoonahan, who was specifically interested in how the prevalence of high fat/high sugar foods is contributing the obesity epidemic in America.

"Even though we associate significant health hazards in taking drugs like cocaine and morphine, high fat/high sugar foods may present even more of a danger because of their accessibility and affordability," Honohan said in a press release.

Sugar can in fact be an addic-

tion for some people.

"Signs of a problems would be:

an increasing tolerance to sugar where more and more of the substance was needed to achieve the desired effect, withdrawal symptoms if use is discontinued, and continued use despite negative consequences," Arterburn said. "If a diabetic will not change their diet even though they have had negative health consequences, we might suspect an addiction to sugar."

The study was conducted with rats in a maze. On one side they would give hungry rats Oreos, and on the other they would give a control group rice cakes. They would allow the rats to go to the other side, and then would measure the amount of time spent on the side where they were fed Oreos. They

then compared these results with results from a test where rats were given known addictive substances such as cocaine and on the other given saline. These results were comparable in that the rats spent as much time on the Oreo side as they did on the drug side of the maze.

Lauren Cameron, a junior at Connecticut College, used immunohistochemistry, which is a process that measures proteins that mark normal activation in the brains pleasure center.

Kimberly Fontes, senior manager of North American Communications for Mondelez Global LLC, the manufacturer of Oreos, wrote in an email to the Lariat, "Our understanding is that the ac-

tual study has not yet been peerreviewed nor published, or even presented in abstract form. As we have not seen it, nor had any contact with the professor or school where the research took place, we are not in a position to comment on research specifics and/or methodology.

"We would caution against interpreting any results as specific to Oreo cookies, since they appear to be used in this research as a proxy for a non-specific 'sweet' variable.

"While it may seem simple to bucket foods as 'good' or 'bad', the reality is that foods are complex, and encouraging people to enjoy a balanced diet paired with physical activity is most important."

### MISSION from Page 1 -

mission trips and supporting others who were fundraising for trips and projects, Jones said. He and his father decided to pursue Castingyournet.com after thinking of ways to help their church with an Amazon mission trip they could not personally participate in.

"We thought, 'We can do this so others have an avenue," Jones said. "In a way, we're helping by extension. We wanted to do as much as we could to help others."

Jones said he thinks the convenience of online fundraising could be appealing.

"I would like to see it as a tool for Baylor students to use for mis-

sion trips," he said. Having taken trips during high school, Jones said he understands

the challenge of raising money.

"It's really easy to exhaust your

asking the same people every time, and you really just need to find new people."

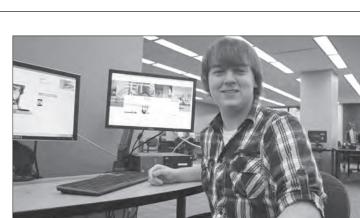
Jones said the website has been

running for about a year, and has helped several projects succeed with fundraising.

"We've had a lot of people get a lot of money," Jones said. "The totals for some projects were in the thousands."

Users can sign up for an account, which includes a Web page with details about the project or trip and that keeps track of the fundraising progress. Sign-up is free, but 5 percent of the total funds collected by the end of each project goes to Castingyournet. com for website upkeep, Jones said.

Papua New Guinea sophomore Stefanie Mundhenk said signing



Trayis Taylor I Lariat Photo Editor

Kingwood sophomore Hunter Jones and his father use their website Castingyournet.com to help users raise money for mission trips and service projects. The pair developed the website to help raise money for a church mission trip they could not personally participate in.

up for Castingyournet.com is also much less time-consuming than traditional fundraising methods like mailing support letters to family and friends, Mundhenk said.

"All you do is put up a picture and a little story about what you're doing," she said.

By default, each project is active for 50 days, although users who desire a shorter or longer project duration can send an email request to have the change made.

Mundhenk is using the website to raise funds for a trip to India planned for this summer, and said Castingyournet.com has been very

Mundhenk said her project is based on the theme of "Shave the Beard." Georgetown sophomore Evan Edwards, a friend of Mund-

henk, is the center of this theme.

"He's been growing this beard for forever and he's really attached to it," Mundhenk said. "He said he would shave it if we can raise \$4,500 for our trip."

Mundhenk's "Shave the Beard"

has earned \$1,105 to date.

Mundhenk said the website's

crowdfunding model has proven to be useful. Being the daughter of missionaries, Mundhenk said she does not have a very large "support group" in the United States.

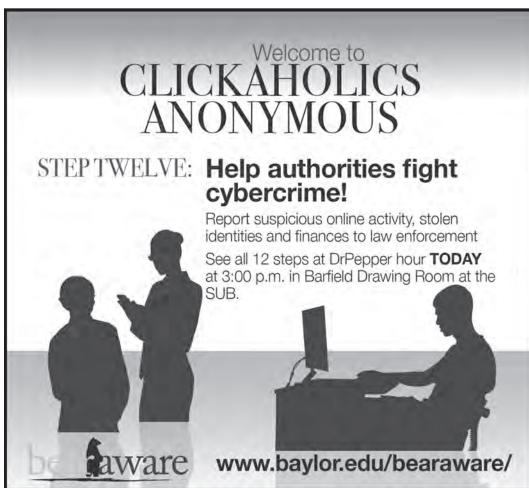
"My problem is that I don't know a lot of people who have money to spare, and because I've gone on trips before, I'm asking the same people," she said. "This opens it up to a wider audience."

it up to a wider audience."

Jones said he does not want for
Castingyournet.com to be popular with just Baylor students, but
would rather like to see the website become well-known within the

Baylor community as a whole.

"I really think, being at Baylor, students and the school itself could get behind us and help send people to do God's work all over the world," he said.





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