SPORTS p. 5

Some BU football players couldn't stay away from the Lone Star State.



• Wednesday | October 2, 2013

Waco parks close as part of government slimdown

By PAULA ANN SOLIS STAFF WRITER

The Army Corps of Engineers closed six Lake Waco parks Tuesday as a result of Monday's gridlock in Congress that resulted in a partial government shutdown.

Midway Park, Speegleville Park, Airport Park, Koehne Park, Bosque Park and Twin Bridges Park all closed indefinitely, said Randy Cephus, the deputy public affairs officer for the Fort Worth District U.S. Army Corps of Engineers.

Without funding, we can't operate," Cephus said. "There are second and third effects. First we shut down the facilities, then people will go through furloughing." Cephus said the Corps did not know

the closures would take place until the last minute.

A few minutes before midnight Monday, Budget Director Sylvia Burwell issued a directive to federal agencies to "execute plans for an orderly shutdown." An estimated 800,000 federal workers face furloughs.

Critical parts of the government such as the military and air traffic control will not close

Cephus said military personnel employed by parks services will also not be affected.

The number of Lake Waco park employees who will be on unpaid leave during this government shutdown is unknown right now, but it will be a large portion of the parks personnel, Cephus said. The most nonessential personnel will go on temporary leave first.

According to a press release by the Army Corps of Engineers, the Corps will not be accepting reservations or allow any new visitors to enter recreational facilities. Those currently camping or visiting Corps sites must leave no later than 8 p.m. today.

Visitors who have already paid for access and those who have made reservations will be given partial or full refunds, according to the Corps' press release.

People with reservations may also hold those reservations for a later date until the government closure is lifted.

Cephus said there is no projected date for independent reopening if the govern-



ROBBY HIRST | LARIAT PHOTOGRAPHEI

The Army Corps of Engineers posted closed signs at Midway Park on Tuesday after the partial government shutdown. Five other federally funded parks in Waco were also closed indefinitely.

ment shutdown is not resolved in the near future.

"Only those things that are critical, involving life safety or public safety, will remain open," Cephus said. "Parks are recreational so they're the first to close." The closure of national parks is among the most visible parts of the partial govern-

SEE PARKS, page 6

Fish fry, games to bring campus together

By Kristin Burns Reporter

The Fish Fry Festival comes to campus to bring free fried fish, carnival games and a "Fry What You Like" contest Thursday at Fountain Mall.

All students are invited to participate activities that include inflatables, games dunking booths and a pie-throwing booth. Food will be served at 6 p.m. and will continue until it runs out.



And the food flies...

Spring freshman Steven Green throws a mix of corn, spaghetti and ketchup at Littleton, Colo., freshman Kristin Bogar on Tuesday on Fountain Mall during Freshman Follies. The food fight is an annual event hosted by Student Foundation to help

Fast food alley can add to BU obesity

By Rebecca Fiedler STAFF WRITER

The United States has gotten more unhealthy in terms of weight. A June 2013 Gallup poll says the obesity rate has risen from 26.2 percent in 2012 to 27.1 percent. Professors at Baylor have researched trends in student eating habits in order to determine what students can do to be healthier.

Dr. Brennan Davis, assistant professor of marketing in the Hankamer School of Business, has performed studies along with various co-authors on health and food. One of these studies, published in 2009, was published in the American Journal of Public Health. "This one found that students who go to schools near fast food restaurants eat a lot more unhealthy food and have higher rates of obesity than students whose schools are not near fast food," Davis said. The study was done concerning high school students, but Davis said he doesn't see why the conclusions drawn from it wouldn't transfer to fast food on Baylor campus. "Proximity to fast food matters," Davis said. A study Davis and others performed last year focuses on psychology. The initial question behind the study was why a restaurant would have one particular effect on people's food choices in comparison to another restaurant. Davis said an individual could go to Quiznos and purchase a healthy meal if he or she wished, or that individual could select a meal at Subway that's unhealthy. However, Subway has a healthy image and Quiznos not as much, Davis said, and the image of a restaurant affects the health choices a person will make when purchasing food there. "What we found is that if you're eating with people, those positioning effects are super strong because you don't

This year, the fish fry is hosted by the Association of Black Students, Kappa Alpha Theta, Kappa Sigma, the African Student Association and the Baylor Activities Council.

"The purpose behind Fish Fry is to really rally all students together of different walks and cultures and to have a nice fun event outside," said Philadelphia junior Chierra Williams, president of the Association of Black Students.

Tomball senior Megan Wilkie is serving as the service and philanthropy chair for Kappa Alpha Theta sorority and is in charge of Theta's responsibilities for the event.

"We work with the other organizations: Kappa Sig, ABS, ASA and BAC," Wilkie said. "We collaborate for most of it, but we focus on the carnival or the board walk aspect of it."

Kappa Sigma is hosting the "Fry What You Like" contest where contestants fry any kind of food, like Oreos or bananas, for the judges to taste.

"The 'Fry What You Like' contest is a contest where groups are given four ingredients to come up with what they think will be the best fried food," Garland senior Jeffrey Sholden of Kappa Sigma wrote in an email to the Lariat.

SEE **FRY**, page 6

freshmen get better aquainted with their peers

South Russell set to become male, female dorm in fall 2015



ICE ATTON | LARIAT PHOTOGRAPHER

South Russell Residence Hall undergoes renovations Tuesday. The dorm will open fully in 2015 and will house both male and female students.

By Maleesa Johnson STAFF WRITER

Construction is well underway in South Russell Residence Hall as Baylor construction crews renovate living and public areas.

The changes being made to the building will ultimately result in both males and females residing in the hall starting fall of 2015. The hall will be open for female residence only in fall of 2014.

Originally, when the residence hall was built in 1967, it only housed female students. South Russell will be modeled after the Living & Learning Center style of residential communities with regard to both genders residing in the same building. It has not yet been determined if the hall will remain a traditional hall or not. Traditional halls house students that are not involved in a Living & Learning program or residential college.

"We don't know what kind of community it will be yet," said Dr. Jeff Doyle, dean for student learning and engagement. "The process will reveal that to us. It will be a male-female community in the fall of 2015, but it could still be just a traditional community like Kokernot is this year."

The second and third floors will be split down the middle with study lounges. At either sides of these lounges, there will be entrances

SEE **RUSSELL**, page 6

SEE FOOD, page 6



WEB

Bets are made and one must lose. Hear about it in this week's "vodcast," Don't Feed the Bears.



NEWS p. 3

Give it all you've got Wednesday in tug of war to benefit the Ronald McDonald House.



A&E p.4

Film professor honored by Hollywood bigwigs for his dedication to education.



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Opinion Wednesday | October 2, 2013

Pedestrians need protection at BU

Baylor students risk their lives for the sake of higher education. Not every student lives on the edge of danger, but there is a high percentage of students who look death in the eye on a daily basis.



Kristin Burns | Reporter

I'm talking about the average student pedestrian on campus. I find it miraculous that the pedestrian mortality rate is as low as it is. Walking from class to class becomes an epic form of the arcade game "Frogger."

Pedestrians have the "right of way." But this does not exist on Baylor's campus.

It is every man for himself. If you make it home in one piece, you have accomplished a phenomenal feat of bravery and heroics.

Every day, I wake up in a cold sweat at the thought of facing the crowds of mopeds, bikes, skateboards, motorcycles, cars and even roller skates.

You must keep your wits about you while walking across the street.

I am a junior, and in the three years I've been at Baylor, I've been clipped by three bikes, a moped and flattened by a freshman on a skateboard.

The odds are definitely not in the favor of the students who choose to brave the sidewalks on their own two feet. Frat guys sit three to a seat on a moped and swerve out of control, ready to end your very life on Fifth Street. Bikers speed through crowds of sorority women, pleased by the sounds of their terrified screams as they leap out of the way.

Has the world gone mad? The Baylor police need to stop cruising 10th Street and start handing out tickets to bikers and skateboarders who do not obey the common laws of propriety. Every day, I'm afraid that I will see an article in the Lariat titled "Freshman in ICU after being hit by three football players on a moped."

I have mastered the art of dodging and leaping to save my own life.

Twice last week, I saved the life of my sophomore friend who has not learned the tricks of the trade.

When will it end?

Last year, I was thrown into the grass by someone who mumbled something like, "sorry, dog" while careening out of control on her long board. How narrowly I avoided death!

I ask my fellow pedestrians to rise up in protest at the lack of common courtesy by those who drive larger vehicles.

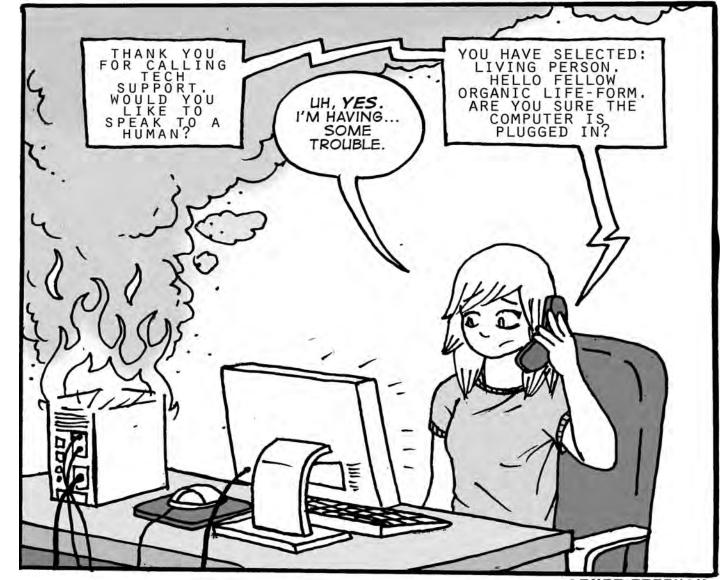
We are not moving targets to be dodged and swerved around. We enjoy life just as much as those who ride Razor scooters through the crowd.

We must protect those who cannot protect themselves. Those who walk to class should not thank the Lord above every evening that they still have their arms and legs intact.

There needs to be accountability for speeds that motorcycles can follow while roaring through campus while the driver flexes their skinny muscles.

Because the majority of students on campus are pedestrians, we need to protect the security of the masses. By doing so, we could protect the lives of thousands of students in the future.

Kristin Burns is a junior professional writing major from Longview. She is a reporter for The Lariat.



ASHER FREEMAN

Amazon customer support sets high bar for competitors

Editorial

Long gone are the days of speaking with an actual human when the Internet service is down or the latest technology gets a glitch.

In most cases, a mere phone call to a company's tech support results in countless automated menu options offered by a recorded voice.

It seems as though technology companies want more than just an arm's length from their patrons. However, Amazon's new Kindle Fire just might make that customer connection again.

Among the three latest tablets by Amazon,

Essentially, this new software puts 24/7

A button within the settings menu con-

tech support in the palm of tablet owners'

nects the user directly with a customer service

representative in a small video box, which can

be toggled around the screen. This is similar

to Apple's FaceTime, but for customer sup-

the new Kindle Fire HDX will reintroduce

that connection with the feature Mayday.

The representative can then answer any questions as well as draw arrows or circles on the screen to guide people on how to resolve their issues.

Amazon CEO Jeff Bezos explained in its reveal that this feature aims to ease the transition into the sometimes overwhelming aspects of this device.

With this feature, Amazon has broken through the digital iron curtain separating user and tech support.

It's important to note that while the tablet owner can see the representative, he or she cannot see the user in return, alleviating any unfortunate and embarrassing situation mimicking Chatroulette, a website setting up random people for video chat.

This addition could be the solution to

many tech companies' problems with custom-

er support, and more technology companies

should adopt face-to-digital-face customer

fessional guide right on the screen to talk a

newbie through their new Kindle or a techni-

However, it does raise some concerns.

on the screen, the company could also have

If Amazon can see what the user is doing

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What's handier than having a trained pro-

monitoring capabilities.

In this case, a tablet owner should have the ability to opt in or out of the service for privacy reasons or general lack of interest.

If users download a different operating system, Amazon should not refuse tech support service and should remain trustworthy to the user.

If Amazon wants to truly make this customer friendly, then it should assist the user to the best of its ability regardless of any software modifications the user has made.

This new feature certainly beats the monotonous phone call a customer must endure for any sort of help, going through a list of options for 30 minutes only to find out the problem he or she has is not supported in that area. A live human helping a confused user is almost unheard of with tech companies, and for Amazon, it puts a face back on the company and adds a sense of friendliness. Although users look for immediacy in this digital age, it's a thoughtful gesture on Amazon to have its tech support take time to help a customer. While it's not exactly bringing back faceto-face communication, Amazon knows how to bridge that gap. More companies should follow its lead.

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The Baylor Lariat welcomes reader viewpoints through letters to the editor and guest columns. Opinions expressed in the Lariat are not necessarily those of the Baylor administration, the Baylor Board of Regents or the Student Publications Board.

The Baylor Lariat is committed to ensuring fair and accurate reporting and will correct errors of substance on Page 2. Corrections

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BU boasts high female enrollment in STEM programs

By Henry Eckels Reporter

Baylor has been recognized as a top U.S. college in furthering women in the fields of science, technology, engineering and mathematics.

Baylor is ranked 46 out of the top 50 U.S. schools recognized for advancing female enrollment in STEM (Science, Technology, Engineering and Mathematics), according to a Sept. 24 report from the Online College Database.

A list of the rankings was created using data compiled from the Integrated Postsecondary Education Data System (IPEDS), which is managed by the United States Department of Education.

The list shows each ranked college's number of STEM programs provided, number of females enrolled in these programs and the percent of females with these majors.

The report indicated Baylor has 413 women enrolled in 61 STEM programs, comprising 50 percent of the total number of Baylor STEM students.

Kathleen Morley, director of institutional research and testing at Baylor, said the information from the Integrated Postsecondary Education Data System is generally accurate.

"IEDPS is the official database for United States colleges," Morley said. "In order for colleges to be eligible to receive federal loans, the colleges have to submit all their enrollment numbers and statistics to IEDPS."

Some students and faculty expressed mixed emotions upon hearing Baylor's rank.

Houston senior Erica Kundrot said she was glad to hear that 50 percent of the students enrolled in Baylor's STEM programs were female, but added that she found it

hard to believe based on her past experiences in mechanical engineering classes.

"In one class I took I was the only girl," Kundrot said. "It seems like 80 percent of the students in engineering are men."

Associate professor in mathematics Oleksandra Besnosova also said she was shocked that half the students were female.

"That is very surprising," Besnosova said.

Others, however, did not express shock at the database's finds. Baylor professor of mathemat-

ics Manfred Dugas was not surprised when he learned of Baylor's high rank.

Dugas said Baylor is high in the rankings because the quality of its programs produces capable students, regardless of gender.

"Baylor has an excellent mathematics program, period," Dugas "It doesn't matter whether said.

the student is a man or a woman."

Professor of Engineering and Computer Science Steven Eisenbarth said although he finds that a large portion of his engineering students are male, he suspects that there are more females in the science departments.

Eisenbarth said the ratio of men to women enrolled at Baylor could contribute to the high percentage of women in STEM programs.

"I suspect that more of the women enrolled in Baylor STEM programs are in science rather than engineering," Eisenbarth said.

Federal databases have found women seeking to graduate college with a STEM degree will have more difficulty acquiring a job in their degree than men.

Although women own roughly half of all jobs in the United States, they make up less than 25 percent of jobs in STEM, according to a report from the United States' Department of Commerce Economics and Statistics Administration. Women graduating college with these degrees are also less likely to

land a job than men. On average, women employed in STEM jobs earn 33 percent more than women in employed in other jobs.

Jobs in STEM fields are expected to expand by 17 percent over the next few years contrasted against an expected 9.8 percent for non-STEM jobs, the report said.

Kundrot said she attributes this to tradition, but added that she expects for the percentage of these jobs owned by women to increase over the years.

"I think that as more women from younger generations graduate from college, they'll pleasantly surprise eager job recruiters in STEM fields," Kundrot said.

CIENCE ECHNOLOGY GINEERING ATHEMATICS PHOTO ILLUSTRATION BY TRAVIS TAYLOR

Baylor Lariat 3

LARIAT PHOTO EDITOR

Annual Autumn Moon Festival brings Asian culture to campus

BY ABIGAIL LOOP Reporter

The Vietnamese Student Association will host its annual Autumn Moon Festival at 7 p.m. Friday in the Barfield Drawing Room located in the Bill Daniel Student Center.

The event is free and open to the public.

Student performances, a lantern lighting, a fashion show and free food will all be part of the festival, and members of the Vietnamese Student Association are excited to show people of the Baylor community the traditions of Vietnamese culture.

"It's really fun to share this with Baylor as Vietnamese people," said Fort Worth junior Elizabeth Do, secretary of the Vietnamese Student Association. "We want to bring this to the Baylor commu-

lanterns to guests for the lighting ceremony, but this vear we're doing something different," Do said. "People will be able

nity and show people what Autumn Moon is."

Do said Autumn Moon is a festival that is part of Vietnamese culture to celebrate full harvest. One of the traditions of the celebration is the lighting of lanterns, which is to celebrate the brightness of the moon this time of year. "In past years,

we've handed out

to make their own lanterns this

be played as well. Arlington senior Nicole Nguyen, president of the Vietnamese Student Association,

said games such as Bo Cue Ca Cop, a Vietnamese board game, will be played at the festival.

"I'm excited to see the turnout since we'll be trying a few different things," Nicole Nguyen said. "We want to see if it'll grow while we spread awareness of the Vietnamese culture?

Nicole Nguyen said in past years when holding the event, the outcome has been good.

This year, they are expecting even more people and want to record the precise number of people who attend.

Besides having traditional Viet-

namese board games and a lantern lighting, skits telling students about Autumn Moon will be put on by members of the Vietnamese Student Association as well as a fashion show to display typical Vietnamese fashion.

Houston senior Angeline Nguyen, a member of the Asian Student Association, said she has participated in the fashion show put on during the festival for the past three years.

"It's important to bring Vietnamese and Asian culture to Waco since there is not a lot of it here," Angeline Nguyen said. "This year I think everyone is more involved and it's going to be great."

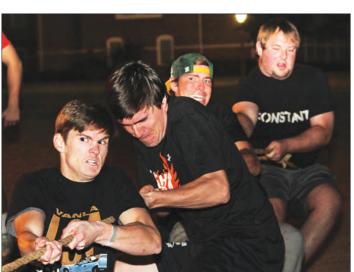
To find out more information regarding the Autumn Moon Festival, email Nicole_Nguyen@baylor. edu or visit the Baylor Vietnamese Student Association's website at baylorvsa.webs.com.

Tug for Tots pulls in fun, games

By Kristin Burns Reporter

Tug for Tots offers students a chance to participate in a tug of war competition, win prizes and listen to Uproar artists at 6 p.m. today on Fountain Mall.

"It's a five-on-five tug of war rnament." said Oklahoma City



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Last year's Autumn Moon Festival featured skits, lanterns and other aspects of Vietnamese culture. People can make their own lanterns and enjoy a fashion show at this year's festival, which will be Friday in the Bill Daniel Student Center.

> year. It's going to be interesting." Along with the lantern lighting, traditional Vietnamese games will

junior MK Tyler, the philanthropy chair for Alpha Delta Pi. "That's where the 'tug for tots' comes in."

Everyone is invited to watch the competition for free. Groups who want to sign up to compete can email Mary_Tyler@baylor.edu to participate. The entry fee is \$10 a person for a team of five members.

"It's a double elimination tournament," Tyler said. "It's just going to be completely random."

There will be games and prizes for students who attend, and Vi-

"It started out as

a little tug o' war

competition, and

now it's a big thing

with music and

carnival games."

MK Tyler | Oklahoma City

tek's will be selling Gut Paks starting at 6:30

p.m. "Everyone should come out and enjoy a Vitek's gut pack, listen to some live music and play some tug of war and carnival games," Houston senior Emma Johnson, president of Alpha Delta Pi, wrote in an email.

Some of the carnival games will be giant Kerplunk and giant Jenga, as well as ski ball and others.

"If you play all the carnival

FILE PHOTO BY DANA DEWHIRST

Students participate in a tug o' war competition at last year's Alpha Delta Pi's Tug for Tots philanthropy event.

games, you get to enter your name for prizes," Tyler said.

Some of the prizes include

homemade cakeballs and gift cards from U-Swirl, 'George's Restaurant, Bar and Catering' and Poppa Rollo's Pizza.

"It's a fun time during the week to have some friendly competition and support a

good cause," Johnson wrote in the email.

All of the proceeds from the event will go to the Ronald Mc-Donald House charity, Alpha Delta Pi's philanthropy.

The Ronald McDonald House

gives the families of children receiving medical treatment a place to live while their child is at the hospital, Tyler said. "The team entries help raise

money, and we also have sponsors every year," she said. "We will be selling T-shirts at the event."

Uproar Records will have three artists at Tug for Tots. Students will have a chance to hear live music from Dreamboat, Scotty Swingler and Amara Oji.

Tug for Tots will give students a fun break to go and watch the tug of war competition, Tyler said.

"I like it because every year, it's just been built upon," she said. "It started out as a little tug o' war competition, and now it's a big thing with music and carnival games."

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All University Fish Fry this Thursday Oct. 3 from 6-10 at Fountain Mall. Free to everyone - fried food, music, booths and games.

Arts & Entertainment

Wednesday | October 2, 2013



TRAVIS TAYLOR | LARIAT PHOTO EDITOR

Dr. Corey Carbonara, professor of film and digital media, received the Nat Tiffen award for the International Cinematographers Guild.

The 'Reel' Deal

Professor awarded for outstanding teaching in film

By Jeffrey Swindoll REPORTER

Dr. Corey Carbonara, professor of film and digital media, was honored by the big leagues in Hollywood over the weekend.

Carbonara received an award for his outstanding teaching in the field of cinematography.

"I was totally shocked and totally humbled when I was told," Carbonara said. "It was surreal."

The International Cinematographers Guild announced on Sept. 19 in a press release that Carbonara would receive the Nat Tiffen Award for his outstanding educational contributions to the art and craft of cinematography.

"It's a huge honor," Dr. Michael Korpi, professor of film and digital media, said. "I can't find you anybody that deserves it more."

Carbonara is one of four recipients in the awards show this year. Included among the other recipients is Julio Macat, whose first film was "Home Alone."

"For me to be on the platwith form someone of caliber, that and, of course, the other two gentlemen who have made a significant impact on cinematography, it's such an honor," Carbonara said.

The presen-

tation will be

part of a three-

the American Society of Cinematographers Clubhouse in Hollywood, Calif. Carbonara said he appreciates how the presentation is done in a very inti-

O n l y

members of

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"I really don't feel that it's as much of an award for me as it is a reflection of *the program here at* Baylor."

mate way

Corey Carbonara | FDM

phy. He said it is a great honor day event organized by the International Cinematographers to receive an award from people he has always looked up to. Guild known as the Emerging Cinematographer Awards.

"It's always been on my The Emerging Cinematogbucket list to go to the ASC rapher Awards started on Fri-Clubhouse," Carbonara said. day with a special luncheon at "Now, to say that I will have breathed that air and received this award alongside other men who have done great things in the field of cinematography is a blessing."

The guild is made up of more than 7,000 members who work in the film and television industry, including directors of photography, camera operators, visual effects supervisors, and all members of camera crews and publicists.

During his 30 years at Baylor, Carbonara has received various awards during his career, including one for his important role in developing the first high-definition television.

"I've been very blessed," Carbonara said. "I really don't feel that it's as much of an award for me as it is a reflection of the program here at Baylor. We have so many students that come out of our department that we are so proud of. Teachers are only as good as the students they produce."

Orchestra prepares for semester shows

By Adam Harris Reporter

It's a new semester and that means a new season for the nationally recognized Baylor Symphony Orchestra.

Maestro Stephen Heyde, director of orchestral activities and conductor-in-residence, will direct the Baylor Symphony in its first performance of the season at 7:30 p.m. Tuesday in Jones Concert Hall, located inside of the Glennis McCrary Music Building.

The concert, which is free and open to the public, will feature a piece by Richard Strauss called "Ein Heldenleben," translated, "A Hero's Life." The piece features six sections and takes the listener through the life of the hero.

"This is somewhat of a megalomaniac piece," Heyde said. "One of ahead of others led Strauss to compose the work in the same key as Beethoven's "Eroica."

Strauss wrote the piece in an attempt to show that he was as heroic as Beethoven, Heyde said.

"He was eventually dissuaded from that opinion, but what he made was a monumental piece," Heyde said.

Waco senior Adrienne Steeley has played cello in the symphony all four of her years at Baylor. Heyde said that all of the members of the symphony must audition again for the next season of the symphony. The ensemble gets together ev-

ery Monday, Wednesday and Friday for about an hour and a half to rehearse for the performance, Steelev said.

"A lot of hard work goes into the

citing piece.

Along with soloists playing throughout the symphony, there is a prominent and extremely difficult off-stage trumpet part, Heyde said.

"In each one of these areas, we have individuals who are very strong, and they're doing an outstanding job," Heyde said.

This year, the symphony plays a virtuosic orchestra piece, something that isn't seen in many university symphony programs.

Daytona Beach, Fla., graduate student Andrew Merideth has been in the symphony since he arrived at Baylor a year ago.

"When I was deciding to go to grad school and thinking about Baylor, a lot of people were wondering why I wanted to go to such a small school," Merideth said. "Now, a year later, we're a nationally recognized program."

interesting role in the composition. Along with playing with the brass, Merideth said the horn accompanies the strings as well and is highlighted by eight different players.

The Strauss piece, which is approximately 50 minutes in length, will be accompanied by a piece from 20th century composer, Tan Dun. The piece, titled "Internet Symphony Eroica," is related to the Strauss piece because Beethoven's "Eroica" also inspired it.

This five-minute piece is driven heavily by its percussion. Heyde said the composition quotes themes found in Beethoven's work and is fused with other themes.

The symphony has been invited to play at the national convention for the College Orchestra Directors Association and was also invited to the Texas Music Educators Association convention this year. Heyde said these invitations led him to selecting the two compositions for the concert.



Baylor Symphony Orchestra will be performing its first concert at 7:30 p.m. Tuesday in Jones Concert Hall.

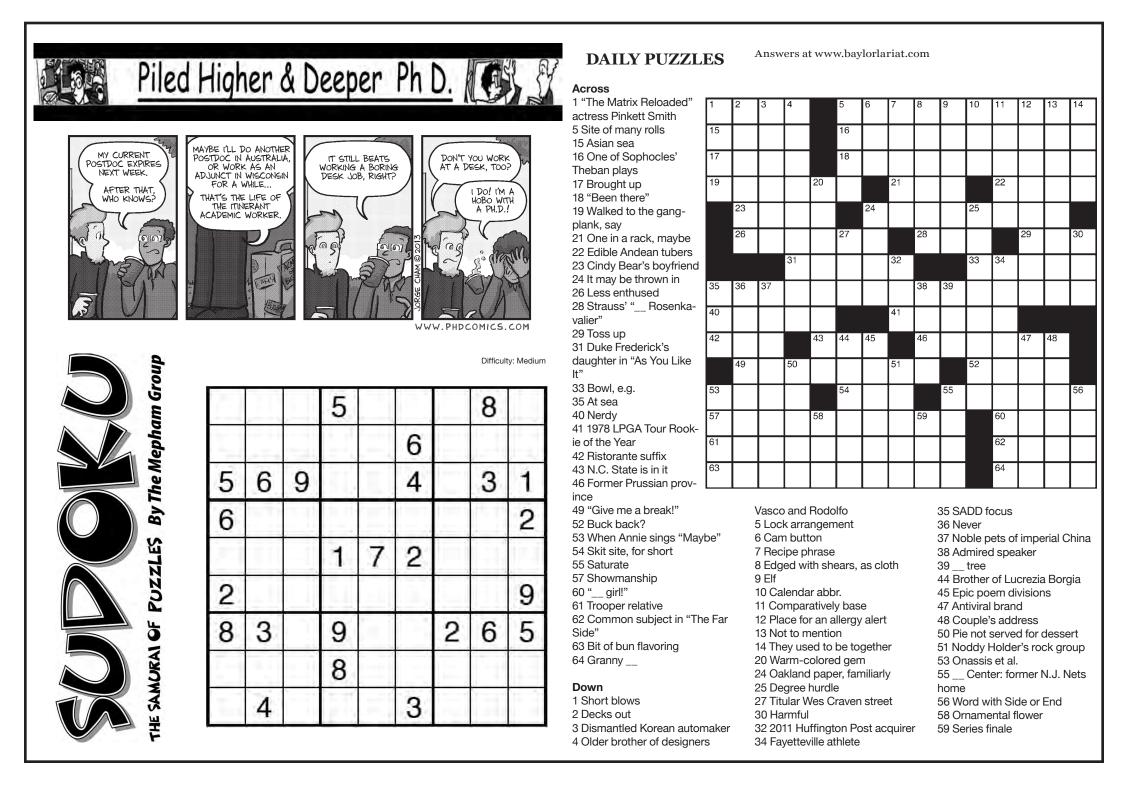
the great themes of the Romantic well," Steeley said. She said she experiod is the artist as the hero."

Heyde said this idea of self

performance outside of practice as pects the concert to showcase the talent of the group through an ex-

Merideth, who plays French horn, said his instrument had an ally wanted something that would two pieces that have a link through highlight the orchestra," Heyde Beethoven." said. "With the Strauss and the

"To play these shows, I re- Tan Dun piece, we're able to play



Sports Wednesday | October 2, 2013

West Coast transfers boost Bears' talent level

By Parmida Schahhosseini Sports Writer

Three players, three paths, one mission. That's how junior running back Lache Seastrunk, senior tight end Jordan Najvar and senior cornerback Demetri Goodson look at it.

Seastrunk, Najvar and Goodson play in different positions, but their common denominator is that they are native Texans who decided to go to West Coast schools and ended up transferring to Baylor so they could be back in Texas.

Each player had a unique journey at different times that led to a period of personal growth, but the trio is ready to leave the past behind and create a new legacy.

"It was a long process, but now I'm here," Seastrunk said. "I enjoyed my humbling process and here I am now."

With the past behind him, Seastrunk is only looking toward the future. Coming off a breakout season in 2012, the running back has received so much hype nationally that the Heisman speculation is buzzing around Baylor again.

Seastrunk has given the offense a spark, as he cuts through defenders making difficult runs look easy. Against University of Louisiana-Monroe, the running back rushed for 156 yards on 10 carries, but it's also the yards after contact that make him stand out. During the same game, Seastrunk broke away for a 75-yard touchdown run. Seastrunk continues to put up impressive numbers this season as he rushed for 417 yards in three games for an average of 139 yards a game. The running back averages 11 yards per carry. Football isn't the only thing on the running back's mind. When asked about

his expectations for Baylor, he was loud and clear.

"To get my college degree first and foremost," Seastrunk said. "In football whatever it may be, to help my team win games."

While questions of his past continue to linger, he won't let it haunt him. With the future in his hands, Seastrunk strives to move on one play at a time.

While the tight end might not generate as much hype as Seastrunk, Najvar has been an integral part of the Baylor offense.

With his blocking and catching ability, he's one of the offense's unsung heroes.

Najvar is a senior on the field, but a graduate student in the classroom. He graduated in May 2013 with a degree in distribution management technology and went to Stanford his freshman year before coming to Baylor.

While Najvar enjoyed his experiences, he realized Stanford just wasn't the place for him.

"I really wasn't ready for what was out there, so far out in a different place and isolated with no family," Najvar said. "It was a good learning experience, but at the same time I'm glad to be back here."

Najvar's impact on the program could be felt as he led Baylor tight ends as a sophomore with 15 receptions for 146 yards and two touchdowns, one of which came in an upset over No. 14 TCU. In 2012, he had three touchdowns, including a rushing touchdown.

Najvar came to Baylor before the rise of Baylor began, but he had a feeling that it was going to be an up-and-coming team after meeting the coaching staff.

"It happened with Coach [Art] Briles and what he represented, " Najvar said. "I was anxious to be a part of that and ever since then I've been pleased with how it all worked out."

With the offensive genius of Briles, Najvar is happy with his decision to transfer and play in this system. Expectations are high this season with goals of winning the Big 12.

"It's been great with how the speed and talent Coach Briles has got here, how guys have developed and there's people buying in. " Najvar said. "I'm excited. I'm especially excited to end with a good note with the talent we have and to see the tradition continue."

As the only current player to transfer from a West Coast Conference school, Goodson had to make the biggest transition after playing basketball for three seasons. Goodson was the starting point guard at Gonzaga during its 68-64 upset over then-No. 9 Baylor.

"The first year it was tough going from basketball back to football," Goodson said. "Now I've been playing for years and the great coaching I've had. This is my third year here, so I'm back to my football days."

Injuries have dampened both of Goodson's seasons, but he has shown promise. Before an injury in 2012, Goodson had 16 tackles and an interception in four games.

With the injuries behind him, Goodson hopes to have a strong season. While he enjoyed his time at Gonzaga, Baylor is home.

"This is all family right here," "The guys are great, the coaches are great and that combines for a great season."

All three players have had different journeys, but each of them will help Baylor strive toward a Big 12 title and beyond.



ROBBY HIRST | LARIAT PHOTOGRAPHER

Junior running back Lache Seastrunk scores a touchdown and points to the sky in Baylor's 70-7 win against ULM on Sept. 21 at Floyd Casey Stadium. Seastrunk has made an impact for Baylor after transferring from Oregon.

Volleyball preparing for match on national television against Texas

Luikart's Foreign Car Clinic

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Volvo, BMW, Mercedes, Volkswagen

By Shehan Jeyarajah Sports Writer

Coming off a tough loss against Iowa State, Baylor volleyball will have to regroup for a nationally televised midweek tilt against the defending national champion No. 4 University of Texas. Baylor eight non-conference matches to push back up to .500 for the season at 8-8. The momentum was halted in a tough straight set loss to No. 25 Iowa State in Ames last Saturday.

Senior outside hitter Zoe Adom leads the Bears with 3.07 kills per set. Sophomore outside hitter Thea Munch-Soegaard has been an all-around player with 2.67 kills per set and 2.65 digs per set. She has missed the last four matches for this team, and is listed as day-to-day for tonight's match. The Texas Longhorns will be an unprecedented challenge for this team.

Texas has dominated Baylor historically, especially in the recent past. The Longhorns lead the alltime series 71-2, and also are on a 22-match winning streak against Baylor.

UT returned three AVCA

blocker Khat Bell earned honorable mention. Eckerman was also named 2012 Big 12 Player of the Year, as well as Big 12 Preseason Player of the Year. On top of all the returners, freshman outside hitter Chiaka Ogbogu was named Big 12 Conference Rookie of the Week for the week of Sept. 23.

kills per set, but Webster is right behind with 3.23 kills per set. Ogbogu is third with 1.94 kills per set and is hitting .387 in 16 sets.

Texas lost a tough opener against then No. 11 Hawaii in Honolulu, but went on to win their next four, including two huge wins against No. 1 Penn State and No. 2 us," sophomore setter Amy Rosenbaum said. "We're learning to play tough in the Big 12."

Texas is the favorite to win the Big 12 once again this season.

"We have nothing to lose," senior defensive specialist Kayci Evans said. "We're just going in fearless against a really good team."

Baylor plays UT at 8 p.m. tonight at the Ferrell Center. The match will be nationally broadcast by ESPNU and free shirts will be distributed to the first 350 fans in attendance.

comes into this match with a record of 8-9, while UT comes in 8-2, including winning all six sets so far in the Big 12.

Baylor exploded into Big 12 play after winning six of the last

All-Americans for their 2013 season: senior outside hitter Bailey Webster and junior outside hitter Haley Eckerman both earned first team honors, while junior middle "We have to prepare hard," head volleyball coach Jim Barnes said. "We've really got to serve tough and play great defense to stop their offense."

Eckerman leads Texas with 3.35

Stanford. UT then lost to Arizona State, but went on to beat then No. 14 Illinois in Champaign and No. 12 Nebraska.

"I think starting the season against two hard teams prepares

Offensive line provides fuel for Bears' attack

By Shehan Jeyarajah Sports Writer

When you watch a Baylor football game, it's impossible to ignore the incredible speed of the offense. The offense has posted huge numbers, averaging 69.7 points per game on the season. The engine behind the success is the offensive line.

Baylor has arguably one of the best offensive lines in all of football, boasting almost 1,600 pounds of total manpower. In fact, the only everyday starting offensive lineman under 315 pounds is senior center Stefan Huber, who weighs "only" 295 pounds. To compare, the University of Texas has one lineman over 315 pounds, and total their line weighs about 50 pounds less.

Through three games, Baylor is top five in rushing yards with 307.0 a game. The Bears lead the nation in passing yards and points for with 444.3 yards per game and 69.7 points per game. Baylor's first-team offensive line has only given up one sack. The line has only committed two total penalties through three games, and none at all on the left side of the line.

"We study, we get to know the guys in front of us, what they do, how they stance, everything," senior left guard Cyril Richardson said. "All we do is practice that over and over again until it's perfect."

Richardson has been called the "best lineman in America" by head coach Art Briles and is a consensus 2014 first-round NFL Draft pick, as well as on the Outland Award watch list. CBS rates him as the 13th overall prospect.

The rest of the starting lineup consists of sophomore left tackle Spencer Drango, Huber, and sophomore right guard Desmine Hilliard. Senior right tackle Kelvin Palmer has started for the injured junior Troy Baker through the first three games. Baker is cleared to play and is expected to bolster an already deep starting line. The offensive skill players appreciate what they have in this line.

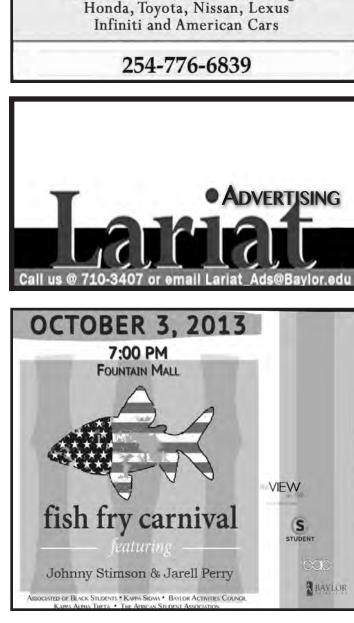
"The offensive line means the world to us," junior quarterback Bryce Petty said. "We've got a lot of good guys up front. Lot of confidence in those guys. They do a lot for us each week. And they set the tone for all of us."

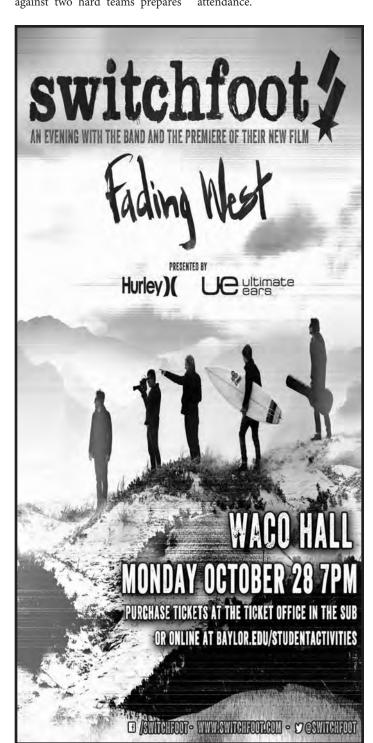
Junior running back Lache Seastrunk agreed with Petty.

"We move as far as the offensive line can go," Seastrunk said. "We can't go if they don't go. You've got a whole bunch of big nasties up front making the offense go. Our whole starting five is just mean."

Offensive lineman is typically one of those jobs on a football field that stays out of the spotlight. As the saying goes, if you don't hear an offensive lineman's name, they're playing well. The lack of recognition doesn't bother them.

"When we get credit is when we make the guys around us look good," Richardson said. "Once we make them look good, we can take pride in that."





PARKS from Page 1 -

ment shutdown.

Late Tuesday, House Republicans tried to amend the current closure by reopening certain areas of the federal establishment. Those areas included the Department of Veterans Affairs, the Park Service and a portion of the Washington, D.C., government funded by local

FRY from Page 1 -

Fish Fry began as an event put on by the Association of Black Students six years ago, Williams said. Two years ago, the event became an all-university event and reached out to involve Kappa Sigma and the Baylor Activities Council.

"BAC is responsible for the logistic side of the event," Houston junior Linda Okali, a program coordinator for BAC, wrote in an email. "We handle tasks such as ordering tents, communicating with risk management, stage and sound reservations and acting as a liaison between the student organizations and Student Activities.

Theta joined the group last year, and the African Student Association was invited to join this year to bring a different cultural aspect to the event, Williams said.

tax revenue.

Senate Democrats opposed this attempt to open select areas and have said Republicans should not choose which agencies will open and which will remain shut.

Reynolds Creek and Airport Beach Parks, also on Lake Waco, were closed before the government

shutdown went into effect for winter break and renovations, respectively. Facilities that are managed by the city, such as Cameron Park, will not be affected.

For information about park refunds, call 1-888-448-1474.

The Associated Press contributed to this story.

"The African Student Association and ABS are alike in some ways, but they come from an African heritage," she said. "We're trying to have smaller African dishes there so people can experience some of their dishes to really learn about another culture here at Baylor."

said.

Baylor.

In a new twist to the event this year, two musicians, Johnny Stimson and Jarell Perry, pop and R&B artists, will perform.

"Normally, we have a jazz band that comes every year, but this year, we wanted to try something a little more contemporary," Williams said. "Through these two artists, we are hoping to reach a variety of students at Baylor to really put on an enjoyable event with music, games and free food."

All of the organizations are col-

lecting proceeds separately. Theta is giving its funds to CASA, and Kappa Sigma is giving its proceeds to the Military Heroes Campaign.

"It raises money for a great cause," Wilkie said. "Our philanthropy is CASA, which is Court-Appointed Special Advocates. It's a great organization. We are raising funds through soliciting businesses and asking them to sponsor the event and through selling T-shirts."

All organizations have worked well together to bring an exciting event to campus, Williams said.

"We really hope to bring everyone together," she said. "We really want to make it an event that everybody can feel a part of and to bridge the gap between minorities and majorities on campus and create a sense of unity."

RUSSELL from Page 1 -

to the residential areas. Females can enter their side upon swiping their student ID and the same applies to males for their side. This is similar to Kokernot Hall.

"Studies have shown that residents living in residential areas like Living Learning Centers do better academically," Doyle said.

The first floor has amenities for residents and their guests, including a lobby and kitchen area.

Residential faculty and chaplain's quarters complete with living rooms, kitchens, bedrooms and laundry rooms are also on the first floor. The front desk is to the left upon entering South Russell. The first floor also features spaces for quiet study.

"South Russell will be designed and built to provide a good atmo-

sphere for academic success," Doyle The laundry area, also on the first floor, will feature a new system that has not yet been introduced to "You can set reserve a time for a

washer online before coming down to do your laundry," said project engineer Josh Farmer. "Then once it's your turn, you swipe your ID and it knows it's you."

In the middle of the first floor lobby there is a stairway leading to the basement. This floor plan is supposed to include a game room, fitness room, study rooms and conference spaces. Farmer said these amenities will be available to all students, not just residents.

The residential living spaces are being refurbished as well. Originally, the walls had pegboards and the furniture was immovable. Once South Russell reopens, it will feature moveable furniture. According to the South Russell student room floor plans, the furniture will be much like the furniture in the East Village Residential Communities, including a bed, desk and set of drawers.

In the midst of the hall's facelift, several artifacts have been uncovered. Since the furniture was never moved, some objects like photos and pieces of paper that slipped behind or under beds were left there. Items included a menu for Smiley's Pizza that at the time offered 15cent root beer and ticket stubs to Baylor Bears games from the '70s.

North Russell will undergo the same renovation process next fall.

FOOD from Page 1 -

want to seem out of place."

If someone eats at Quiznos and thinks the food selection will be noticed by the people he or she is eating with, that person may fear that if they choose a healthy option, they'll stand out when friends choose unhealthily.

With Subway, the individual would feel more pressured because of the restaurant's image to choose a healthier item, thinking that their friends will also choose to do so, Davis said.

When eating alone without the thought that others are watching, he said, people will eat what they feel like eating, based on what the study found. The United States Department of Agriculture provides dietary guidelines on its website.

"The overall environment in which many Americans now live, work, learn, and play has contributed to the obesity epidemic," the guidelines say. "Ultimately, individuals choose the type and amount of food they eat and how physically active they are. However, choices are often limited by what is available in a person's environment, including stores, restaurants, schools and work sites."

The study Davis performed examined Baylor students' choices concerning Penland Food Court and Collins Cafe.

The study asked participating students on a pretest whether Collins or Penland was a healthier place to eat. The students said they perceived Collins as being healthier.

When students were told that they'd be eating alone, they chose dishes that were healthy or unhealthy based on their own personal preference. It didn't make a difference which place they were eating. But when told they would be eating with friends, students chose healthy or unhealthy dishes based on the health stereotype of the cafeteria where they were eating, Davis said.

Davis said he suggests Baylor invite in fast food restaurants with not only healthy options on their menu, but also a healthy image.

"When we're putting our cafeterias in place, when we're making decisions about how to change things, changing the way people perceive a cafeteria matters probably even more than whether or not there are healthier options."

Davis also said having smaller plate sizes is a helpful step to take, because individuals will select less food for a meal and eat less when their plates are smaller.

"My advice is to eat with people, and to eat at places people will perceive as being a healthy place," Davis said. "So, in terms of what Baylor can do, is it can encourage people to eat with others at the healthier places, but at the same time, be mindful of quantities by decreasing plate size."

Dr. Janelle Walter, professor of family and consumer sciences and nutrition sciences program coordinator, said she sees the nation's increase in obesity largely because of a lack of homemade meals.

"The trend has been for people and families to use food outside the home to feed their families meaning pre-prepared foods at the grocery store, going by a deli, picking up food and bringing it home, and some fast foods, but they're not the bad guy," Walter said.

Walter said people have less control of what goes into food when they purchase food that has already been prepared for them.

As decades have passed, the tendency to eat out has grown, she said. Pre-prepared food isn't evil, she said, but it tends to be higher in fat, salt and sugar than homemade food.

Walter conducted research where she asked students about their food choices. She asked them who they've seen prepare food at home, and asked if the students themselves do it, or what's keeping them from doing it. With students who said they don't cook at home, Walter found that the thing they disliked most was grocery shopping. She said what she concludes is that students don't know how to prepare to go grocery shopping.

The United States Department of Agriculture has made large efforts to make dietary planning guides available, Walter said. People need to be educated on what is healthy to cook and eat, she said.

"There is a need for some way to communicate with family members, whether that's through Internet or through club meetings or through some sort of organization where you can share the information on planning healthy meals for your family," Walter said.

She said Baylor's dining halls offer good food for students.

"I think they make a very conscious effort," Walter said of Baylor Dining Services. "They have a website you can go to and look at the nutrients and the calories that are in every serving they put out."

Some food does have high fat at the campus dining halls, Walter said, but the nutritional information is available for students. Walter said the dining halls have fresh fruits and vegetables "galore." If a student chooses to eat cookies and cake, that's their business, Walter said.

"You have to be accountable to what you eat, and you can't blame it on somebody else," she said. "So you know, if you go to any one of those choices in the SUB, there is nutrition information available to you, and you should look at it. You should know."

Walter suggests that people use the government website www.choosemyplate.gov to evaluate the health of what they eat each day and learn how to eat healthfully.

Students can visit dining.baylor.edu to view nutritional information on dining hall foods.



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